

The Sojourner's Truth

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"And Ye Shall Know The Truth..."

May 25, 2022

Their Business Is Growing Businesses!



PGN Consulting's John Tooson IV and Calvin Brown

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Sequestering Our Annoyances

By Rev. Donald L. Perryman, Ph.D.

The Truth Contributor

We're asking cops to do too much in this country.... Every societal failure we put it off on the cops to solve.... Policing was never meant to solve all those problems.

- David Brown



Another Mental Health Awareness month has come and gone in relative silence.

Meanwhile, thousands of residents languish in jail for minor offenses that can be characterized as a severe emotional crisis or "crimes of homelessness, poverty, or substance-use disorders" – all related to sickness rather than crime.

In many cases, social workers and behavioral health specialists might best serve as first responders. Yet, too often, police encounter the mentally ill via these "nuisance calls," locking them up and sequestering our "annoyances" away in jails or prisons.

This quiet and hidden reality has caused our jails to become de facto mental hospitals, a function jails were not designed and are ill-equipped to perform.

Since 2016, Judge Lindsay Navarre has worked to increase community safety by addressing untreated mental illness. I spoke with Judge Navarre about her work in Lucas County at the intersection of mental health and community safety.

Perryman: Please tell our readers a bit about your background.

Navarre: I was elected as a judge in the Lucas County Common Pleas Court back in 2016. So, I've been serving Lucas County proudly for the past five years as a trial court judge.

I am involved in quite a few efforts on the Criminal Justice Committee. I am a board member of the Criminal Justice Coordinating Council and a co-chair of the behavioral health and criminal justice committee. It's one of the things I do to make our community a safer place.

Perryman: How would you describe your judicial philosophy?

Navarre: That's a great question. I would say that I treat everyone who comes into my courtroom with fairness. I treat them as human beings. I know that nobody should ever be defined by their worst day. Still, I would say that community safety is at the core of every decision I make as a common pleas court judge.

Perryman: What changes would you like to make to our justice system?

Navarre: I have focused my first term on changing our system regarding how we treat criminal offenders who have mental illnesses. I think that so many resources are dedicated to offenders who have substance abuse, which is a good thing. However, I'd like to see as many resources devoted to offenders who have severe mental illness.

Perryman: A majority of serious mental health disorders are not being treated. I know that funds have been scarce for many community mental health treatment centers. Yet, these mental health centers struggle to keep up with the demand for their services. Let's talk about access to mental healthcare and how our jails and courts have become de facto mental healthcare providers themselves.

Navarre: Well, you're absolutely right about that. Two million people with mental illness go to jail in the United States every year. In Lucas County, between 22 to 25 percent of inmates booked in the Lucas County Jail screen positive for severe mental illness. So, jails, prisons and courts have replaced mental health facilities as the primary institutions for treating and housing people suffering from mental health disorders.

Perryman: How has the criminal justice system taken over mental health care?

Navarre: Not to go back too far but, in my assessment and research, the place we find ourselves now really started back in the 1960s with the passage of the Community and Mental Health Act passed by Congress and signed by President John F Kennedy.

That bill was undoubtedly full of good intentions to make sure those hospitalized with mental illness were treated humanely and treated within their communities when appropriate. The act also created financial incentives for states to close their mental hospitals and promised federal funding to provide community-based outpatient treatment.

Perryman: So, what facilitated the problem we have today?

Navarre: Many of these state hospitals closed, but that promised federal funding never came through. That's why we're here. We're now housing large percentages of the mentally ill in homeless shelters, jails, and prisons. So, again, it's tied to funding and connected to access to care.

Perryman: Can you talk about the links between mental health treatment and long-term community safety?

Navarre: As I said earlier, community safety is at the core of every decision I make as a common pleas court judge. But, short-term and long-term community safety are two very different things.

Short-term community safety is easy; if someone presents a danger to our community right now, lock them up. But, 97 percent of incarcerated people get out at some point and re-join our community. This may not be a popular talking point, but they are members of our community. Incarceration is not a long-term solution. So, achieving long-term community safety, especially when talking about criminal defendants who have severe mental illness, takes a multi-faceted, multi-system approach. Breaking a cycle of criminal recidivism can only happen when you address the underlying cause or causes of criminality.

With mental illness, the need is helping to get them on the proper medi-

... continued on page 5



Judge Lindsay Navarre

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Community Calendar

June 2

Kwanzaa Park Neighbors' Meeting: The Padua Center 6:00 p.m. The guest speaker is from the Ability Center and will talk about all the services they provide.

The Darkening of America

By Lafe Tolliver, Esq

Guest Column

"Who knows what evil lurks in the hearts of men?...THE SHADOW DO!"

Remember hearing that somber and somewhat spooky phrase growing up? It was a cautionary line to inform you that what you see on the outside, does not necessarily show the real person but it is there in you, lurking and scheming to get out.

The SHADOW knows the evil and the good that people hide in their innermost thoughts but they are only revealed in the manifestations of their speech and action.

That is what you are experiencing with the current talk of the GREAT-REPLACEMENT THEORY which is now being bandied about by the far-right white supremacy groups; and being echoed by certain GOP talking heads and elected officials, especially Tucker Carlson of Fox News fame.

Replacement theory is not without a prior lineage of other writers producing such racist bilge for the explicit purpose of demonizing people of color and sending clear smoke signals to any anxious white person that they are dire danger of being "replaced" by those "others."

Those "others" have historically been defined as Black, Brown, Asians, Native Americans, immigrants and people who go against the norm in their sexual orientation.

The replacement theory gets its vigor and sustenance from white nationalist and white supremacy groups that believe that those others are reproducing at such a high rate of live births that it is only a matter of time before they reduce a majority ethnic grouping, White Americans, to that of a minority ethnic grouping.

It is fear-based mongering at its finest and espoused by such persons as former president Donald Trump when he said that people who are touting the Nazi line of who is "pure" or not pure, are fine people. Remember his Charlottesville comments?

The replacement theory is a cover or a ruse for fearful White Americans to rally around their guns and to ingest nonsensical conspiracy theories as to the "browning" of America.

Some of those fear mongers even go as far as to state that it is the Democratic Party (of course, along with an undefined Jewish conspiracy) that is manipulating illegal immigration to increase the number of democratic voters.

The replacement theory, both blatantly and subtly, whispers into the ears of fearful people that through inter-marriage and integra-

tion and the accumulation of political power, that the white race will be a minority group in America by the year 2045.

Daresay that some of the fodder for those fears comes with a sense that if Black people get into power, they will try not only to get reparations for slavery but that they will exercise draconian authority over whites for revenge due to the ills and outrages of slavery since 1619.

One of the biggest antidotes to this event happening is that the replacement theory drivers tell white people to increase their birth rate and to stop inter-marrying with people of color.

Tragically the white male shooter at the TOPS supermarket in Buffalo believed that by killing 10 Black people that he would either spark a "race" war or instill fear in the hearts of Black people that wherever they went, they could be subjected to being shot and killed.

Since America has never totally acknowledged its racial history of suppression nor made proper amends for it, this racial animus will continue until the hate stain that stamped America in the year 1619 to present date is resolved.

The replacement theory keeps the hate alive and well and when people do its obnoxious bidding, it simply revives racial wounds that have never healed.

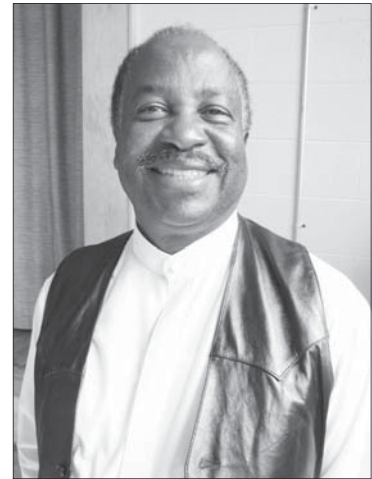
Compounding the problem is that whenever there is a chance of a real dialogue around or about race, the fear mongers appear and denounce any such discussions as non-productive or attempts at shaming whites who still want to deny the real history of America.

When proponents of the replacement theory are not immediately debunked or censured, they feel emboldened to continue with spreading such rot and it has now infected the halls of Congress.

Even there, the comforters and supporters of that theory are not reined in or chastised for fear that their "base" will rise up, defend them and denounce any condemnation of that racial virus.

To say the least, we are living in interesting times.

Contact Lafe Tolliver at tolliver@juno.com



Lafe Tolliver

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Congressional Black Caucus Commemorates Second Anniversary of George Floyd Murder

Last week, Congressional Black Caucus Chairwoman Joyce Beatty and members of the Congressional Black Caucus issued the following statement:

"Two years ago, we watched in horror for 9 minutes and 29 seconds as George Floyd's life was taken, and his last words, "I can't breathe," resonated as a national call to action. People of all races took to the streets to demand accountability and reform and the Congressional Black Caucus led the way forward. Congressmember Karen Bass introduced the George Floyd Justice in Policing Act — intended to prevent and remedy racial profiling and excessive use of force with overwhelming support from the Congressional Black Caucus — and it passed in the Democratically led House," said Congressional Black Caucus Chairwoman Joyce Beatty. "While this legislation has not yet made its way to the President's desk, I am proud President Biden will mark the anniversary of George Floyd's death by signing an executive order that promotes accountability, raises standards, increases

transparency, and reforms the criminal justice system.

This EO:

- * Delivers critical reforms necessary to ensure accountability in policing, raise standards, and provide transparency through data collection.
- * Bans chokeholds and imposes a new standard for use of force.
- * Creates new tools to screen and vet officers
- * Restricts the use of no-knock entries and requires public documentation of all such entries.

Beatty continued: "This executive action does not negate the responsibility of my colleagues in the Senate to pass meaningful police accountability legislation. We cannot allow those who stand in the way of progress to prevent us from answering the call to take the action we can on key issues. Abolish the filibuster. It's time to legislate like our lives and our country depend on it.

NOMINATIONS ARE OPEN!

20 UNDER 40 Leadership Recognition Program Seeking Nominations by June 30

It's time to nominate an over-achiever! Nominations for the 27th annual 20 Under 40 Leadership Recognition program that salutes young, dynamic leaders under the age of 40 are accepted through June 30, 2022.

The 20 Under 40 program focuses on individuals in northwest Ohio and southeast Michigan who have distinguished themselves in their careers and/or as volunteers in their community.

Nominating is a fast and easy way to recognize deserving young leaders. To submit a nomination, go to www.20under40toledo.com and complete the

electronic form by Wednesday, June 30, 2022. A nomination requires only the nominee's name, company or organization, and email address. To be eligible, candidates must be under 40 years of age as of June 30, 2022. (Born before June 30, 1982.)

The 2022 Recognition Program will take place at The Valentine Theatre on Tuesday, October 25, 2022. The 2020 and 2021 awardees will be recognized during the program, as well as Alumni celebrating 5 (2017), 10 (2012), 15 (2007) and 20 (2002) year anniversaries. For the 27th consecutive year, Chrys Peterson, former WTOL news anchor, is serving as master of ceremonies.

The 20 Under 40 sponsors include Eastman & Smith, Fifth Third Bank, Plante Moran, The Andersons, The University of Toledo, and Dana Incorporated. Partners include Buckeye Broadband, Media Partner; Leadership Toledo, Community Partner; and Telex Communications, Inc., Founding Partner. UlrichPinciotti and THREAD Marketing Group serve as Creative Partners.

Supporting community organizations include EPIC Toledo, Imagination Station, The Toledo Repertoire Theatre, The Toledo-Lucas County Public Library, Toledo Alliance for the Performing Arts, Toledo Museum of Art, Toledo Opera, Toledo Rotary, Toledo Zoo, and the Valentine Theatre. These community organizations provide tickets/discounts/gifts to candidates and/or recipients.



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Perryman... continued from page 2

cation and keep them on that medication long-term. It's also filling in some of these gaps that exist, such as housing stability, peer support, and getting them on Medicaid or Medicare to qualify to get this medication and be able to afford it.

Perryman: All of those things are very, very important. Yet we continue to have incidents at the school in Uvalde, Texas and Buffalo, New York, at the grocery store. We're finding guns getting into the hands of perhaps mentally ill people. How do we address that?

Navarre: Well, the first thing I'd say is we have too many guns. We have 400 million guns in this country. We have more guns than we have citizens, so not to get too political, but guns are a common factor. I saw something today that in all of the mass shootings throughout the last few years with high fatality rates, an AR-15 was used. So why aren't our legislatures talking about that? Why aren't they talking about who has access to these guns and why there are so many of them?

I think it's also important to talk about access to mental healthcare and creating a culture where we destigmatize the conversation around mental illness. We should not look at it as a weakness when somebody seeks treatment. Let's look at it as a strength when someone identifies that they need help.

Perryman: What can you do as Judge Navarre to increase community safety and facilitate treatment or access to mental health?

Navarre: In Lucas County, we have made tremendous strides as a leader nationwide in criminal justice reform. Specifically, when it comes to better treating those who have mental illness.

Last month, Lucas County was recognized as an "innovator county" by the national Stepping Up Initiative. That means that they've recognized Lucas County as accurately identifying who has mental illness disorders in our jails, collecting and sharing that data to better connect these individuals to treatment and services, and using that data to inform our local policies and practices.

Perryman: Are these your initiatives or the county's initiatives you're supporting?

Navarre: We've been doing a few different things, specifically in Common Pleas Court. I spearheaded an effort to change how we treated those with mental illness on probation with our courts. And provide a better, more comprehensive resource to supervise them and give them the resources they need to achieve long-term recovery from their mental illness.

I did that because we saw those in the common pleas system who had serious mental illness failing on probation across the board. When we dug into this, we found that many of these people were not stable. They were not actively treating their mental illness with medication. They had housing instability, didn't have a sound support system, and didn't know where their next hot meal was coming from.

So, it was pretty dense of us to expect that they would follow through with that, treat their mental illness, and were going to get better. Instead, we were setting them up for failure.

Perryman: How did you address the problem?

Navarre: We brought in Unison Health, a community health center, as a partner. They've given us access to one of their FACT teams. We call this our Felony FACT team. It provides comprehensive care for people on probation for the Lucas County Common Pleas Court. FACT includes peer

support, housing assistance, and ensures medication compliance. In addition, they have someone who will specifically work with clients to assist with Medicaid or Medicare. FACT also provides rides and transportation to treatment and peer support classes.

We're seeing much more success when we set clients up with wraparound services that treat these individuals as a whole person.

Perryman: Were these precisely your initiatives?

Navarre: That specifically was my initiative, my works. As both a common pleas court judge and the behavioral health and criminal justice co-chair for the criminal justice coordinating committee, I did that. I also worked in conjunction with Unison and our probation department. So, it was my brainchild, but I had a lot of help in making it happen and successful.

Perryman: Mental health is not talked about enough. As we reach the end of mental health awareness month, is there any message you want to communicate to our general population?

Navarre: Yes. I can't take credit for it, but it's a quote from the movie 'The Joker.' The lead character struggles with serious mental illness.

At one point in the film, he writes in a notebook that 'The worst part about having a mental illness is people expect you to behave as if you don't!'

So, I try to keep that in mind because we often impose standards and expectations on this population that just don't fit. We have to be mindful of that if we're ever going to find real solutions for them.

When I'm working with someone as a judge, it is essential to understand that their brains might work differently from mine.

Contact Rev. Donald Perryman, PhD, at drdperryman@enterofhope-baptist.org

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Better Together – A Juneteenth Celebration

By Paul Hubbard

Guest Column

The Maritime Academy of Toledo is holding a community celebration in honor of Juneteenth. The event will be held on Thursday, June 16 from 4 p.m. to 7 p.m. at 803 Water Street in downtown Toledo. The goal of this event is to bring the community together, to overlook our differences and to celebrate all we have in common. The event will have fun activities like bounce houses, boat rides, free food, face painting, local community vendors and fun for the entire family.

The Maritime Academy of Toledo takes great pride in recently being named one of the most diverse schools in Ohio. The staff and faculty understand the importance of not only teaching students the basics of a strong educational foundation but also how to live and interact with people who may seem different than themselves. This has been made even more important coming off the isolation many experienced during Covid.

The Maritime Academy works hard to prepare their students for the next chapter in their lives whether entering the workforce, furthering their education, or joining the military. To do this they breakdown the generational barriers to success that often seem overwhelming to a young person. As stated in their tagline, "Freedom to Succeed," each student is given every opportunity possible to succeed. This can come in the form of one-to-one tutoring and other special help they may need with their course work.

Classes at The Maritime Academy range from the core subjects such as Math, English Language Arts and Science to culinary, welding, carpentry and general maritime studies. The school facilities include a world-class ship simulator that teaches the students how to properly operate a large ship including docking at one of many ports around the world. Also unique to the school is its own indoor pool. The pool is used for general physical education as well as safety training for a maritime career.



The school's Superintendent, Aaron Lusk, is dedicated to having several of these events a year. He feels that it is the school's purpose to not only provide a quality education to some of the most marginalized people in our community, but to provide a safe and caring environment to both the students and the community at large.

Please plan to attend and help The Maritime Academy prove that we are better together and when one of us succeeds we all succeed.

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Editorial

Racial Violence, Hate Crimes, and “Us”

By John E. Warren, PhD, Publisher

The San Diego Voice & Viewpoint

The recent slaughter of Black people at the TOPS Grocery Store in Buffalo, New York carries a number of messages for those who are paying attention, even in our grief.

First, we see another young white male, convinced that it's okay to arm himself and seek out people of color to kill for no reason other than who they are. We saw this at Mother Emanuel Church in South Carolina where a young white male entered a Black Church and killed nine people in a Bible study.

We saw a white male in Texas drive several hours to a Walmart Store and target and kill Mexican shoppers for no reason other than their ethnicity. We saw a young white in San Diego County go to a Jewish Synagogue with the intent of killing many, and killing one worshiper.

We have seen another church in Texas, at a different time, have 27 worshippers killed on a Sunday morning, without race or ethnicity being a factor. They were all White. We also saw that the very next day, two Sundays ago, six people were shot while at church in Laguna Woods, California with one fatality. We are told there have been more than 200 mass shootings so far this year. Hate Crimes are on the rise.

Now, the real question is: “What do we do about it.?”

The answer depends on who you are, not where you live. There are no safe places left. If you are Black, one of the first things you notice is that White mass shooters appear to be taken alive, even with guns in their hands. While



John E. Warren

Black men seem to get shot for the slightest police encounter such as an air freshener hanging from a rearview mirror or a simple traffic stop. The White teenager in Michigan who shot and killed classmates was taken alive.

The killer of the worshippers at Mother Emanuel Church in South Carolina was taken to a McDonald's during his extradition back to South Carolina because he was hungry. The Buffalo shooter had been to the store the day before and a Black man bought him a soda because he was thirsty. His response to that person: “Will you be here tomorrow?”

We saw White Supremacists rally support around Rittenhouse after he killed two people during the Minnesota protest and we saw the judge manipulate the jury so that he was acquitted. Now, what is the point of all this? A reminder so that you will begin to think seriously about the Racial Violence, Hate Crimes, and how this affects each of us, as well as our options.

Second, let us realize that there is a connection between whether or not we vote and the attention, funding, and respect we receive as members of the national community. We can't stop those who are elected to office or hold the public trust with badges and uniforms from being racist, but we can stop them from gaining and holding office and we can vote them out of office. But we have to care enough to focus on the long-term outcome which will remove such people if we vote and let it be known that we will be voters from now on.

Third, we must come to grips with the fact that we are targets at all times, whether shopping, praying, or just going about our daily lives. This does not mean we live in fear, but in awareness for ourselves and those around us. We must discuss, develop and teach “active shooter plans”; start observing those who are observing us and consider arming our households, not carrying weap-

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TAKING YOU PLACES

PGN Consulting: Determined to Help Grow Minority-Owned Businesses

By Fletcher Word

Sojourner's Truth Editor

If you are a business owner and you need assistance with matters such as insurance issues, government compliance, human resources, sustainable technologies and/or risk assessment, PGN Consulting may be just the outfit you need to call.

When PGN Consulting (Personal Growth Network) opened its doors for business more than three years ago, the basic concept was to connect small businesses with employee benefits and insurance packages, to help them in all areas of human resources and government compliance, says Calvin Brown, co-founder and chief operating officer. "That was the founding function of the company."

Insurance was, in fact, the long-time specialty of John Tooson IV, co-founder and chief executive officer. During his career as a CEO with over 30 years of experience in all facets of sales, management and operations, Tooson has specialized in group life insurance, individual disability income insurance, life insurance annuities, IRAs, business valuations, to name a few.

So PGN provides health and welfare actuarial services, benefits consulting for self-insured and fully-insured plans and a wide range of health insurance products.

"Employers need the right strategic partner and advisor to help them manage both their short-term cost control challenges as well as the longer-term issues of health program management, compliance, employee engagement, accountability, health and well-being. We deliver better outcomes – both to your benefits program and your employees," reads the company's profile.

However, as with many companies in recent years, during which they dealt with the effects of the COVID pandemic, PGN found it necessary to pivot and expand their services, says Brown.

The company went into distribution of a variety of products, such as apparel and paper goods, handmade and durable goods, hooking up with items provided by Ace Hardware for example.

Then came the third leg of the company's operations: logistics – acquiring two warehouses, connecting contractors and suppliers, moving products.

"So many moving targets," says Brown. "We have partners that we can plug into our many platforms."

The company's client base has also expanded given its increasingly diversified services – a variety of transit systems in the public sector, nonprofit agencies and for-profit businesses.

Now PGN has entered an entirely new phase and is diversifying even more, Tooson says, as the company starts PGN TV, a business streaming channel with a goal of "working with large companies across the country, interviewing CEOs and procurement officers to explain to minority-owned businesses and to provide knowledge so they are allowed to grow."

Minority businesses, says Tooson, are not necessarily "small" businesses in the sense that they are destined to remain small. Business owners, with assistance, can "scale up and develop generational wealth," he adds. PGN TV hopes to help such businesses scale up and "open their businesses up to the world" through the use of platforms such as Roku, iPads, iPhone and all the other methods and devices that are so readily available today.

PGN TV will help create commercials and podcasts and help such small businesses grow by opening up markets for their products and services "across the country and the world," says Tooson.

Tooson, in the past, has managed an account base of major corporate clients representing \$20 million in annual revenue with multiple product lines. He excels in generating leads, networking and developing new and exciting relationships.

Brown, a graduate of the University of Toledo, has years of experience working in such areas as human resources, labor relations, compensation, benefits administration and diversity/inclusion and retirement plans – with both private firms, non-profits and government bodies – such as the City of Toledo for a number of years.

"Our goal is to help your business become more profitable," declared these two experienced businessmen when they created PGN in March 2019. The goal hasn't changed but the ways in which they can assist other businesses have become ever more diverse and varied.



John Tooson and Calvin Brown

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The Fair Housing Center will be a leading visible force in preventing, correcting and eliminating discriminatory housing practices. To achieve our vision the center works as a trusted community resource, engaging in education and outreach, advocacy for anti-discriminatory housing policies, mediation, research and investigation, and enforcement actions.



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MISSION

The Fair Housing Center is a non-profit civil rights agency that promotes housing choice, the creation of inclusive communities, and the protection and expansion of fair housing rights to support communities free of housing discrimination.

The work that provided the basis for this publication was supported by funding under a grant with the U.S. Department of Housing and Urban Development. The substance and findings of the work are dedicated to the public. The author and publisher are solely responsible for the accuracy of the statements and interpretations contained in this publication. Such interpretations do not necessarily reflect the views of the Federal Government.

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Grow a Recipe Garden

By Patrice Powers-Barker, OSU Extension, Lucas County

The Truth Contributor

Gardening is an activity for all ages, abilities, and backgrounds. Every growing season is a new experience, so it doesn't matter if you are just starting out or if you've been gardening for generations. Vegetable, fruit, and herb gardens – or edible gardens – can provide enjoyment as a hobby and can also provide fresh food for the table.

I'm not suggesting that you must grow all of the food you eat but I am encouraging you to consider joining a community garden or CSA (Community Supported Agriculture) or grow a few plants in your own yard or containers.

You do not have to have a 20x20 foot lot to grow a vegetable garden. In one 4x4 foot garden bed you could grow a nice variety of a few plants. Even a large container, 18 inches across could hold a pepper plant and letter plants. You can enjoy the health benefits of gardening, even if it's on small scale.

Last month we talked about using herbs to season food without adding extra sodium. Growing a small herb garden (in the ground or in containers) is a great way to do a little gardening and enjoy a lot of flavors. What ways do you currently flavor your favorite recipes? Basil, rosemary, and oregano love the warm weather and can be planted anytime now that we are past the threat of frost.

Do you like garlic? Spicy foods? There are so many varieties of hot peppers that you would be amazed! Herbs can be used to season and garnish food for fresh flavor. They can also be used in other ways such as using the scent of lavender for calmness or refresh by drinking herbal teas or herb-infused water. You can even grow a stevia plant to sweeten your tea.

In addition to fresh food, gardens offer us other health benefits. For example, more research is showing the health value of people being outside in nature. In fact, one "prescription" for nature for health benefits is to spend 20 minutes a day outdoors. Research shows that people who spend at least

2 hours in nature each week report better health and wellbeing. The garden is one of many outdoor spots to enjoy nature.

Now, the plants do need a little bit of tender loving care. Plant them in a spot where they will get plenty of sunlight – ideally six to eight hours a day. Either test the soil in the ground or use potting soil for containers to make sure you have the ideal growing conditions.

Most vegetables need an average of one inch of water a week. If it rains an inch, over the week, they will probably have what they need. In the middle of the hot summer days, you will want to check to make sure that the soil is moist and that the plants are not dropping over. This is just a quick refresher for those who have not gardened in a while. If you have questions about vegetable gardens, you can call the Lucas County Horticulture Hotline with gardening questions on Mondays and Wednesdays from 10am – 1pm at 419-578-6783. Or go online to go.osu.edu/familygarden.

I encourage you to think about some of your favorite recipes, ingredients and/or the produce that you buy most often at the store. Can you grow any of those vegetables or herbs? When thinking about menus or recipes, some different garden themes could be: Pizza garden (tomatoes, peppers, herbs), Salsa garden (tomatoes, onions, peppers, cilantro), Salad garden, or Edible



...continued on page 12

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A Mental Health Moment

A World at War...Mental Health...Where Do We Begin?

By Bernadette Joy Graham, MA, LPCC, NCC, CCHt, Licensed Mental Health Therapist

The Truth Contributor

In the state of Massachusetts, sits McLean, a Harvard Medical School affiliate. There is a large focus of serving the African-American community and they even addressed an historical fact on their website that Dr. Martin Luther King, Jr. had severe depression during many portions of his life yet refused psychiatric treatment due to the stigma attached; a stigma still attached today on societal mental health issues.

The front page of their website asks the question "How can we break mental health barriers in communities of color?" The website offers countless programs that address many mental health issues such as treatment by conditions (anxiety, depression, bi-polar, schizophrenia, trauma, PTSD and much more), as well as treatment broken down into for children and adolescents, treatment for young adults and treatment for older adults.

Toledo offers a number of mental health programs and facilities so I do not believe it is a matter of lack of program. We are dealing with an historical beast – stigma which no program seems to be able to resolve. I recently read on a billboard that "Mental Health is Health." I could not agree more but it does not help for example when an employer offers medical coverage but delineates mental health meaning the employer has to pay out of pocket for mental health care or has to meet a high deductible or co-pay.

On any given day when you ask someone "how are you today?" They respond with the typical "Oh I'm okay." Firstly, no one wants to be seen as not okay and secondly the person asking would probably prefer not to hear someone's life's problems on how depressed they feel or how their anxiety is consuming their job performance. We have all at some point put on a mask just to get through the day or the situation and we continue to do so because it works... for a while. By the time someone "loses it or snaps," the damage has already been done.

I applaud the individual(s) who developed the concept that mental health is health as it is a significant start to rid our world of this stigma. McLean's website is <https://www.mcleanhospital.org/essential/how-can-we-break-mental-health-barriers-communities-color>. It provides quite a bit of information for individuals needing care, for families, providers and educational institutions needing information. It is a non-profit organization that accepts donations like many non-profit organizations here in Toledo. Maybe, it has pieces we are missing here or just does things differently and/or better. I did not see outcome potentials for success rates so I do not feel it fair to comment on better or worse in comparison.



All of us came into this world with our own set of genetics based on family history and then there is the unfortunate reality of drug/alcohol abuse of pregnant women and disparities among again minority health care of pregnant mothers and babies who do not live past a year. If you come from a family line of high blood pressure, chances are you are more likely to develop it at some point in your life. The same goes for if one of your parents are diagnosed with schizophrenia, bi-polar or attention deficit disorder you will be at a greater risk of being diagnosed. The difference lays in a range of factors of what one views as health. An individual is more likely to get an early diagnosis of high blood pressure yet ignore the signs and symptoms of the mental health issues. Both are inevitable yet only one seems to be taken seriously and affordable than the other.

Take a mental health moment and ask yourself where do we begin? where do you begin in assessing and caring for your health – physical and mental. While Ohio seems to have much better gun laws than Texas, we still need much improvement with healthcare especially mental healthcare. For starters, individuals who are offered healthcare through, say, a new employer, please take the time to ask the questions about mental healthcare... *is it included, how much is the deductible and co-pay, how many visits do I get and even further, what would be my prescription cost if medication management is needed for a specific mental health diagnosis short or long term?*

We cannot change the fact that the world is at war in many capacities but until we come together, stand together to remove the stigma of mental health and costs, we may all need a new mask to wear to cover what we are so fearful others may see. War causes much stress, trauma, defeat and death. Innocent children do not need to die, suicide and drug overdose rates do not need to continue to rise.

We need to rise together, take off the masks and realize none of us are perfect and start with the people and places who can change to meet our needs. Let's focus on the solutions not all the problems. Dr. King may have suffered with depression but it surely did not stop him from acting on changing the world.

Bernadette Graham is a Licensed Professional Mental Health Counselor, National Certified Counselor and Certified Grief Recovery Specialist. She is also a Certified Clinical Hypnotherapist. Provide feedback or reach out at graham.bernadette@gmail.com For appointment information please call 419.409.4929. Available for team building, employee empowerment in motivation and better understanding mental health in the work place. Accepting new clients ages 13 and older.

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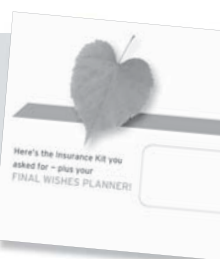
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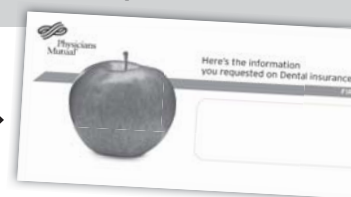
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Mercy Health's Mobile Mammography Van Visits Area Locations

As Mercy Health continues to evolve to better meet the needs of our patients and community, we are pleased to announce the region's first mobile mammography unit has visits scheduled throughout the region.

The mobile mammography unit is customized for patient convenience and will deliver 3D mammograms to women age 40 and older. It is equipped with the newest 3D technology and offers patients the option of self-compression, meaning the patient will have the ability to control the compression once they are in position.

The unit will make access to mammography services easier as well as increase capacity. It will offer safe and easy screenings at convenient locations throughout the 21 counties in northwest Ohio and early diagnosis of breast cancer has proven better outcomes.

Friday, June 3, 9:20 a.m. - 3:20 p.m.
Tiffin Community Health Center
1344 Seneca Avenue, Tiffin, OH 44883

Thursday, June 9, 9 a.m. - 4 p.m.
YWCA Event at Glass City Church of Christ
901 Hoag Street, Toledo, Ohio 43607

Friday, June 10, 9 a.m. - 4 p.m.
Mercy Health - Jefferson Family Medicine
2200 Jefferson Avenue, Toledo, OH 43604

Tuesday, June 14, 9 a.m. - 4 p.m.
Mercy Health - Oregon Clinic/Bay Meadows Family Medicine,
3851 Navarre Avenue, Oregon, OH 43616

Wednesday, June 15, 9 a.m. - 4 p.m.
Mercy Health - Franklin Family Medicine
2213 Franklin Avenue, Toledo, Ohio 43620

Thursday, June 16, 9 a.m. - 12 p.m.
Helping Hands at St. Louis
443 6th Street, Toledo, Ohio 43605
Friday, June 17, 9 a.m. - 4 p.m.
Mercy Health - Waterville Primary Care
1222 Pray Boulevard, Waterville, OH 43566

Tuesday, June 21, 9:40 a.m. - 3:40 p.m.
Bryan Community Health Center
228 South Main Street, Bryan, OH 43506

Wednesday, June 22, 9 a.m. - 4 p.m.

Old West End Community Health Center.

2244 Collingwood Boulevard, Toledo, OH 43520

Thursday, June 23, 9 a.m. - 4 p.m.
Mercy Health - Swanton Primary Care
22 Turtle Creek Drive, Swanton, OH 43558

Friday, June 24th, 9 a.m. - 4 p.m.
Toledo Lucas County Public Library - Holland Branch
1032 South McCord Road, Holland, Ohio 43528

Saturday, June 25th, 11 a.m. - 2p.m.
Mind, Body & Spirit Fair at Corinth Baptist Church

2283 Putnam Street, Toledo, Ohio 43620

Tuesday, June 28, 9 a.m. - 4 p.m.
Halim Clinic / Mercy Health - Spring Valley OBGYN & Midwives
6855 Spring Valley Drive, Holland, OH 43528

Wednesday, June 29, 9 a.m. - 4 p.m.
Starbright Primary Care
28555 Starbright Boulevard, Perrysburg, OH 43551

Thursday, June 30, 9 a.m. - 4 p.m.
Mercy Health - Perrysburg Primary Care & Walk-In
1103 Village Square, Perrysburg, Ohio 43551

Please note, while mammogram screenings may be covered by insurance, for best coverage, please verify if Mercy Health - St. Charles Hospital is an in-network provider with your insurance carrier. If you are uninsured or underinsured (have high deductibles), we have financial need-based assistance programs available to help you. If eligible, you may qualify for a no-cost mammogram. Call 419-696-5839 for more information.

Screenings at the Mercy Health Mobile Mammography unit are by appointment only - call 833-MAMM-VAN to schedule your screening on the mobile unit.

To view the full list of dates and locations, visit mercy.com/toledomobilemamm

Talk with your doctor about when you should have a screening mammogram. Screening mammograms are usually a covered benefit with most insurance carriers.

If you need more info call:
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OR
Orlando Smith
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Grow A Recipe Garden... continued from page 10

Flower Garden (nasturtiums, borage, purple chive blossoms). Growing some of your favorite produce won't eliminate the need to go to the grocery store but it might save a few dollars when you make your food shopping trips.

Once June hits, the weather is getting too warm right now to plant seeds for cool weather crops like lettuce, spinach, cilantro, and radishes. All of those plants handle the cool weather in the spring or fall, better than the hot summer. For those plants that only like it cool, the good news is that those seeds can be planted again in the late summer for a fall harvest.

For more details about the fall vegetable garden, visit go.osu.edu/fallveg or call the Lucas County Horticulture Hotline, listed above. The other good news, is that many other greens, like collards or kale, can grow through the heat and be ready for a fall harvest. If you want to get some warm weather crops in like tomatoes, peppers, squash, and cooking greens, get the transplants in the garden now for a tasty treat later this summer.

Bernadette Joy Graham, LPC, LLC
Licensed Professional Counselor
National Certified Counselor
Certified Grief Recovery Specialist

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Black Boy Smile: A Memoir in Moments by D. Watkins

By Terri Schlichenmeyer

The Truth Contributor

Honesty is the best policy.

That's what they say, anyhow. The truth will set you free, that's another one. But then there are those little lies that get you by, social ones to avoid hurt, the-check-is-in-the-mail whoppers that avoid trouble, and you start to wonder about this policy thing. Sometimes, as in the new book *Black Boy Smile* by D. Watkins, lying is surviving.

It might not have been the first time D. Watkins lied, but the lie he told when he was about to start school was the first one he remembers: he stood up for a friend whose Game Boy was stolen. When adults asked how D. got hurt, he didn't tell them that a bigger boy beat him up. Instead, he said he "fell down playing basketball."

He didn't want to go away to summer camp when he was nine. He didn't want to leave his friends in his east Baltimore neighborhood, but his mother lied and said his cousins were going. At camp, he lied to get into the cabin where he thought his cousins would be, and he lied about being experienced with girls. When he left, he was overjoyed to escape, but not before lying about returning the following year.

He lied for his father, when they couldn't get a "hack" to take them home on a rainy night. He denied that his father was a junkie, knowing that his Dad was shooting up. He said he was "straight" (meaning all good) when his cousin was murdered, but he was devastated inside. He omitted the fact that he was dealing drugs when he spoke with his dad later. He lied to women, he fibbed to friends, he lied to his mother, to a nurse, and to himself.

And then someone left him a book that changed his life. He discovered things about himself that pointed him in a direction he wanted to go. He met a woman who loved him and taught him to love. And though he didn't totally give up sins of omission, he learned the unpolished truth about telling

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mistruths.

The title of this book should give you one big clue about its content. That last word, it's true: *Black Boy Smile* will make you smile, too.

Reading this memoir is like going through a pile of pictures with author D. Watkins. Here's a snapshot, taken when he was small. Here's a bunch, taken his summer at camp and boy, that was wild. Here he is as a teen, a friend, a drug dealer. Early tales



Black Boy Smile author, photo courtesy Shaun Champion

invite readers to laugh at the typical-kid-ness of it all; later ones make us shake our heads at what might've happened and the lies that kept it all going. Each is told in a relaxed manner that lets readers know that not all lies lead to bad things.

Without being a spoiler, that's something you can count on. Don't peek ahead, but *Black Boy Smile* has the sweet kind of ending you want in a memoir, and that's the honest truth.

Racial Violence... continued from page 7

ons so as to fuel the violence and efforts on the part of some to start a race war. We must rethink how and where we spend our money. We don't have to accept "redlining" and targeted zip codes when we can question and avoid doing business with those who use such tactics against us, even if we have to be inconvenienced in our spending.

The political primary season is upon us and those who are against us are stacking the ballots and preparing for what they hope will be a political future that gives them more power. This week's key primary is in Pennsylvania and on June 7, 2022, it will be California's turn. "Us" can make a difference now and change the national mood which is encouraging racial violence and hate crimes.

Where are you on this?

John E. Warren, PhD

Publisher, CEO

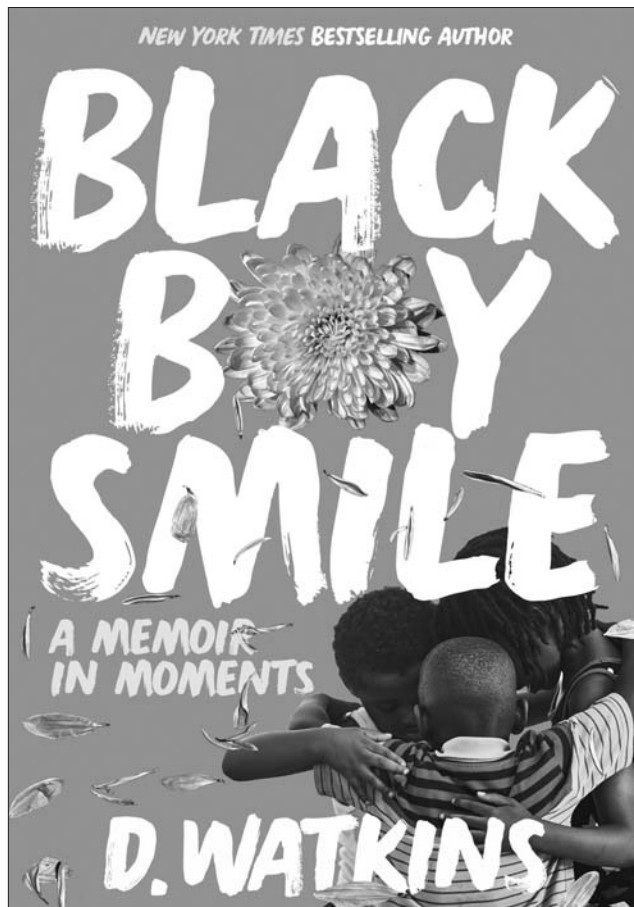
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**LEGAL ADVERTISEMENT FOR PROPOSALS
TOLEDO-LUCAS COUNTY PORT AUTHORITY
TOLEDO, OHIO**

NOTICE IS HEREBY GIVEN that Sealed Bids will be received by the Toledo-Lucas County Port Authority for all labor, material, insurance, and equipment necessary for the Component 2: Reconstruction of Dock Face Phase 3 Rebid project located at Facility One, 3518 St. Lawrence Dr., Toledo, Ohio 43605, in accordance with the approved plans and specifications, to the Port Authority at One Maritime Plaza, Toledo, Ohio 43604.

The "Component 2: Reconstruction of Dock Face Phase 3 - Rebid" project consists of:

WATERFRONT: Removal of old fendering system, supply and install new fendering, repair sheet pile wall, and create new drainage openings in the sheet pile wall. Remove and replace the sheet pile concrete cap.

DOCK SURFACE: Remove existing crane rails, remove pavement to 50 feet from sheet pile wall, removal electrical manholes and conduit, furnish and install new drainage, backfill and new pavement. Pavement will also be required between tracks in the areas of the track where there are turnouts or switches. In addition, tie backs, as directed on the drawings, should be completely dug up so that they may be inspected.

A portion of the existing storm system will need to be reworked including a lift station. This will require excavation, new pipe, manholes, backfill and discharge through the sheet pile wall. The electrical power for the lift station is to be coordinated with the electrical contractor.

RAILROAD TRACK: Track is to be removed and replaced, including ballast. Precast concrete crossing panels will also be installed along the tangent portions of the track.

The base bid for the dock surface and rail would be too non-perform replacement between 0+00 and 2+50 and also 37+00 to 41+60. The alternate for this area would be to remove and replace as indicated.

PHASING: The Port of Toledo operations will continue through construction. As such, the dock face reconstruction will be completed in sections along the dock. All work must be completed in a section of the dock (including rail and pavement) prior to moving to the next section. The drawings currently show 5 phases to complete the dock restructuring. The order and location of these phases are indicated on the drawings, however, Toledo-Lucas County Port Authority and Midwest Terminals of Toledo Inc., may reorder the phases during construction to fit the shipping schedule. **GENERAL:** This is a lump sum bid. All quantities shown on the bid sheet are to be verified with the plan documents by the bidder. The sum of the line items may not add up to your total lump sum fee. These unit prices are to be used in the event of an owner directed change to the contract documents.

This project is funded through a U.S. Dept. of Trans. Maritime Administration (MARAD) PIDP grant and an Ohio Maritime Assistance Program grant (MAP). The engineer's estimate for Component 2: Reconstruction of Dock Face Phase 3 - Rebid combined total is approximately \$13,200,000.00. The Base bid is approximately \$11,800,000.00, and Alternates 1 through 6 are approximately \$1,400,000.00. Bids that are in excess of 10% above the engineer's estimate would be considered non-responsive. This project may be awarded by the Toledo-Lucas County Port Authority at its sole discretion.

Sealed bids will be received at the Port Authority's administrative offices, 1st floor reception area at One Maritime Plaza, Toledo, OH 43604, until Wednesday, May 25, 2022, 1:00 PM, at which time and place all bids will be publicly opened and read aloud via conference call. Conference call-in information will be shared in addendum no. 1.

Only qualified contractors are eligible to submit bids for this project. Contractor qualification status must be in force at the time of bidding, at the time of award, and through the life of the construction contract.

Plans, Specifications, Instructions to Proposers, and Forms of Proposal and Contract are on file and may be obtained by either (1) obtaining hard copies from Becker Impressions, 4646 Angola Road, Toledo, OH 43615, phone 419.385.5303, during normal business hours, or (2) ordering from Becker Impressions, via their website www.beckerplanroom.com at the cost of reproduction.

Please note there will be an on-site pre-bid meeting for this project for all prospective bidders on Monday, May 16, 2022, at 10:00 AM, with a site visit immediately following. Prospective bidders interested in attending should contact Tina Perkins (TPerkins@Toledoport.org) at Toledo-Lucas County Port Authority prior to Friday, May 13, 2022, at 10:00 AM. A maximum of two (2) individuals per bidder with valid identification and proper personal protective equipment (PPE) will be permitted to attend. Attendees should meet at the stone parking lot next to the main gate at George Hardy and St. Lawrence Dr. Attendance is suggested, but not mandatory. Please submit all questions to the Port Authority, Tina Perkins at TPerkins@Toledoport.org by Wednesday, May 25, 2022, at 10:00 AM local time. Additional information can be found at www.toledoport.org

Thomas J. Winston
President and CEO
Toledo-Lucas County Port Authority

Public Notice

Program of Projects

TOLEDO AREA REGIONAL TRANSIT AUTHORITY
5307 FEDERAL FISCAL YEAR 2022 PROGRAM OF PROJECTS

Total Funds Available for 2022 Capital Projects Section 5307: **\$7,743,213* after split**
*Does not include the allocations of Sections 5339

Activity	Fed Share	Total Price
Capital	\$7,743,213	\$9,679,018
<i>Preventive Maintenance</i>	\$4,056,771	\$5,070,964
<i>Hardware</i>	\$766,309	\$957,887
<i>Software</i>	\$936,599	\$1,170,749
<i>Misc. Equipment</i>	\$600,000	\$750,000
<i>Support Vehicle</i>	\$499,200	\$624,000
<i>Renovation/Rehab</i>	\$299,099	\$373,874
<i>Vehicle Replacement</i>	\$585,235	\$731,544
Total Section 5307 funded items	\$7,743,213	\$9,679,018

Written public comment on the proposed Program of Projects will be accepted by the Toledo Area Regional Transit Authority until the close of business on June 10, 2022. All comments shall be addressed to Laura Koprowski, CEO, Toledo Area Regional Transit Authority, P.O. Box 792, Toledo, Ohio 43607-0792. Comments received by the closing date will be considered in preparing and carrying out the program. An opportunity for a public hearing will be afforded if requested in the comments.

This program will become final and will be submitted to the Federal Transit Administration on completion of the public participation process unless amended by the action of the Board of Trustees of the Toledo Area Regional Transit Authority.

Laura Koprowski, CEO

**INVITATION FOR BIDS
IFB22-B003 LEAD HAZARD ELIMINATION –
BIRMINGHAM TERRACE & PULLEY HOMES**

Lucas Metropolitan Housing Authority (LMH) will receive sealed bids from General Contractors for the for the removal of Lead Base Paint and Improvements at selected locations in Lucas County. Received in accordance with law until June 6, 2022 at 3:00 pm. See documents: www.lucasmha.org; 435 Nebraska Avenue, Toledo, OH 43604; or 419-259-9446 (TRS: Dial 711). Affirmative Action and Equal Employment Opportunity requirements (Executive Order #11246). This contract opportunity is a Section 3 Covered Contract, and any Section 3 Business Concerns are encouraged to apply.



RUDOLPH LIBBE GROUP JOB POSTING

The Rudolph Libbe Group is a one-stop provider of construction and consulting services that range from site selection and financing to ongoing facility management. RLG, comprised of Rudolph Libbe Inc., GEM Inc., GEM Energy, Lehman Daman and Rudolph Libbe Properties, operates as one team. For additional information, visit RLGbuilds.com.

We are in search of an individual with an understanding of mobile devices to fill our **Mobile Device Technician** position. This individual will understand the differences between Android and iOS operating system and how to support both as well as subsequent versions. An understanding of the configuration of cell phones, tablets, and connectivity devices such as MiFi's and cradle points is required.

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Toledo Opera Selects Resident Artists for 2022-2023*

Toledo Opera will welcome Julia Swan Laird (soprano), Imara Miles (mezzo soprano), Brendan J. Boyle (tenor) and Matthew Payne (baritone) and Steven Naylor (pianist) as Resident Artists for the 2022-2023 season.

All five will serve as touring artists for the Opera on Wheels program which travels extensively, visiting local educational institutions and bringing live opera to the furthest reaches of the Toledo area. Annually, the program is performed for 20,000 students from Findlay to Ann Arbor and Sandusky to Archbold.

This season, the traveling production will be a newly adapted children's opera, which sources its music from Gilbert and Sullivan's *The Pirates of Penzance*. Joshua Borths of Capital University is adapting the score and writing the libretto. James M. Norman, Toledo Opera's co-artistic Director and Director of Production, will direct the production. "Continuing a decades long tradition, I look forward to working with the next generation of opera artists who will call Toledo Opera home next season. This group is absolutely fantastic," shared Norman.

The five will also perform Toledo Opera's fifth and sixth installments of Opera Outdoors. Opera Outdoors is a series of pop-up live performances at outdoor community hubs throughout Toledo. Vocal selections from the classical repertoire, along with musical theater and other American standards will be heard in the fall of 2022 and the spring of 2023.

The Resident Artists will also sing smaller roles in Toledo Opera's mainstage productions of *Suor Angelica/Cavalleria*, *The Merry Widow*, and *Celebrazione del Coro* which are slated for this season.

Delaware native Julia Swan Laird is a young and promising artist who graduated from Arizona State University with a Master of Music degree in Opera Performance. Since receiving her Master's, Laird has sung mainstage roles with companies across the United States such as Opera West!, Piedmont Opera, Opera Delaware, Baltimore Concert Opera, and Tulsa Opera, and is a member of the North Carolina Opera chorus. In July 2022, she will perform Menotti's *The Telephone* with Pittsburgh Festival Opera. Equally at home in the concert hall, Laird was a featured soloist for the American Institute of Musical Studies (AIMS) in Graz, Austria and performed excerpts from *Der Rosenkavalier* and *Rigoletto* with the AIMS Festival Orchestra. She was awarded the 2018 Warren Hoffer Art Song Scholarship at ASU, for which she performed a recital comprised of Libby Larsen compositions on the theme of the female perspective. Winterthur Museum featured Laird's recital as the opening event for its 2020 Women's Suffrage Centennial Celebration. She has been a Resident Artist with the Mount Desert Summer Chorale in Bar Harbor, Maine, and a soloist with the St. Joseph on the Brandywine Choir and Chamber Ensemble in Delaware and the Choral Society of Durham and Pro Cantores Orchestra in

North Carolina.

Laird placed fourth in the 2019 AIMS Meistersinger Competition and third in the 2019 American International Czech and Slovak Competition. She has been a finalist with the Saltworks Opera Competition, Pittsburgh Festival Opera Mildred Miller Competition, and MIOpera Competition, and the first place winner at Arizona NATS, Cal-Western Regional NATS, and North Carolina NATS.



Julia Swan Laird



Imara Miles

Hailed for her expressiveness and lush sound Imara Miles, mezzo-soprano, is originally from the Washington, DC area. With experience in both operatic and musical theater repertoire, Miles has been a featured performer in shows such as *Il Barbiere di Siviglia* (Berta), *The Drowsy Chaperone* (Title Role), *Gianni Schicchi* (Zita), and *Little Women* (Cecelia March) to name a few. As a graduate of York College of Pennsylvania (B.A.) and Indiana University (M.M.), she has been a young artist of programs such as The Glimmerglass Festival, Grant Park Music Festival, Pensacola Opera, and will soon be joining both Des Moines Metro Opera and Toledo Opera as an Apprentice Artist and Resident Artist, respectively.

Her past awards and recognition include being a finalist for the Jette Parker Young Artist program with the Royal Opera House, a semi-finalist for The Ryan Opera Center with the Lyric Opera of Chicago, Encouragement award winner from the Metropolitan Opera's Laffont Competition, and a semi-finalist in the George Shirley Vocal Competition. Ms. Miles' upcoming credits include Lily (Porgy & Bess) with Des Moines Metro Opera, Nettie Fowler (Carousel) with Pensacola Opera, and Marcellina (Le Nozze di Figaro) with Knoxville Opera.

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-**Abraham Lincoln**



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- **Martin Luther King Jr**



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Co-hosted by the Yellow Springs Juneteenth Committee, the National Afro-American Museum and Cultural Center and the Daughters of the Underground

JUNE 19TH -- 8AM START

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<https://bit.ly/yswalk2022>

The Yellow Springs Juneteenth Committee in partnership with Daughters of the Underground is hosting a walk from Wilberforce to Yellow Springs, on Sunday, June 19th from 8am to 1pm to honor the Ohio Underground Railroad in celebration of Juneteenth. JOIN US! TO register for the 10-mile walk go to <https://bit.ly/yswalk2022>.

The walk will end at the John Bryan Center, 100 Dayton Street, Yellow Springs with an afternoon free Juneteenth celebration on the lawn of the Bryan Center from 1pm to 4pm with food for sale by Blue Smoke Blaire's BBQ-Delicious Down Home Barbecue, music by Radio Basim, the World House Choir, and other presentations. You can help cover event costs by going to www.the365projectys.org, patron donations of \$100-\$499 and sponsor donations of \$500 and up greatly appreciated and will be acknowledged in event materials.