

# The *Sojourner's* Truth

www.thetruthtoledo.com

Volume 70 No. 9

*"And Ye Shall Know The Truth..."*

February 2, 2022

## *In This Issue...*

Perryman and the  
Brocks  
Page 2

Tolliver  
Page 3

The Harper/Mandel  
Debate  
Page 4

The Women's Forum  
Page 6

Toledo Excel Conference  
Page 8

Alzheimer's  
Page 10

Mental Health Moment  
Page 11

Book Reviews  
Page 12

Classifieds  
Pages 14-15

## **Mt. Nebo Baptist's First Couple**



*So Many Benefit from Pastor Cedric and First Lady Debra Brock's Commitment*

# Rest In the Storm

By Rev. Donald L. Perryman, Ph.D.

The Truth Contributor

*Strong relationships are essential to [ministerial] success. It's important to actively nurture and build these relationships, as they can see you through.*

**- Stanley Meytin**



For centuries, the Black Church has used the Servant Leadership model to deliver spiritual and social transformation to its members and others experiencing economic, social or personal trauma. But unfortunately, these empathetic but busy and (often bi-vocational) clergy leaders often place others' needs at the forefront of their priorities while ignoring their own needs and health.

In addition, putting the interest of others before self-interest can create a culture of dependency and over-reliance on the leader among those served rather than build community and empowerment.

Without an effective self-care regimen, clergy face such risks as the Superman or Superwoman Syndrome, seeing themselves as able to do it all. It is also easy for leaders to think that nothing will get done without them. In addition, clergy often suffer from Vicarious Trauma, where leaders exposed to traumatic situations become overwhelmed and develop some of the same symptoms as those they minister to.

The Rev. Cedric Brock has led the historic Mount Nebo Baptist Church for 28 years. Brock also shepherds the 60-church Interdenominational Ministerial Alliance (IMA) and works full-time as ombudsman for Toledo Public Schools. I spoke in-depth with Pastor Cedric and First Lady Debra Brock about navigating the deep waters of their ministerial calling and how to bring balance between life's priorities and Black Church leadership.

**Perryman:** What are the significant stress issues facing a pastor of an African-American church today?

**Brock:** First, the commitment of the membership. It's also a challenge dealing with the deaths and turnover. I'd say that we only have maybe four people left from when I first got here.

**Perryman:** How does today's generation differ from the previous one?

**Brock:** The old church would give you the shirt off their backs. We're dealing with a whole different generation and being patient with them. There are a lot of youth, but they're very transient, and their parents are frequently moving around. They may have eight different cell numbers in a year, so we're trying to keep up with them. So, it's important to transition into the new era of social media and understand the church must no longer be just a paper outlet.

**Perryman:** First Lady, what are some issues of stress for you?

**First Lady:** For me, some of the issues of stress are probably more personal. My issues are probably my husband's responsibility for so many things. As he said, a lot of the younger people are not yet groomed to accept the job's responsibilities. So many jobs, the older ones used to see a need, go in and just handle it. So, I get a little concerned more about him because he's over-extending himself at times.

**Perryman:** As a bi-vocational pastor, you have to work during the day, prepare sermons, do Bible study, and perform funerals and weddings. How does such a large workload affect you?

**First Lady:** I think it doesn't affect me now because we've been mar-

ried for some time. But, there were times there were places I wanted to go or things I wanted to do like every other average couple. So, therefore, I had to be unselfish, knowing that's his job, so I dare not interfere with kingdom work. So, the only thing I can do is suggest that he pull back at times because you see when it's going too far as a wife.

**Perryman:** Can you elaborate?

**First Lady:** Now that my daughter is older, it's not as hard. But her growing up, I had to explain things to her. She did not see her dad as much as many of her friends would. I had to explain that he has a dual role. First, he has a secular role, and then his church role.

Whereas often, I'd just tell him, 'Maybe you need to take a little time off or stay home for a bit and then go and do something later.' So, being able to take time to maintain our household.

**Brock:** I have slowed down quite a bit. I don't do as much as I used to because I think we have won a couple of gains when it comes to accomplishments for the little I do. In the past, I would do a lot and make a little, but now I can do less and make more, if that makes sense, because of the experience that you bring to the table.

**Perryman:** If the workload and changes in the church bring stress issues, have they affected your marriage?

**First Lady:** I've been blessed to have my mother as a good role model, as well as having her now give us both excellent advice. She provides me with information on how to talk, when to talk and when not to speak, and my role as a First Lady. So, where my strengths are concerned, that's what I hold onto. My mother has taught me to know that I'm God's child and to walk with my head up high and don't let them see me sweat and don't let them see me talk negatively about my husband.

I think that's been most beneficial even with our marriage. On the flip side of that, growing up, I had a home life, too, with my father being a pastor. So, that allowed me to see how my parents could balance kids, marriage, finances and still entertain us growing up. My daddy stressed the importance of vacations. So, we really were blessed to have people that instilled that wisdom, and more importantly, we listened to them.

**Perryman:** The reason I asked is that pastors, seemingly more than anyone, are asked to give and give and give. Often, we do so much for the congregation and others that we neglect our own home, marriage, or children.

**Brock:** Well, let me put it like this: if I'm going to put some money into the church and do something at the church, I better go home and do something. I've learned to do that. Time has taught me that. It's funny you say that because you just have to know that I know Debra will tell me if I mess up. That's why I appreciate her. She'll let me know, and it ain't up for debate. You have to have some balance, so there are moments that I really have to slow it down and say, 'I better be careful, I better be cool, I'm doing too much, I gotta pull back.'

**Perryman:** Is there anything specific that you two do to keep your marriage fresh or nurture your marriage?

**Brock:** We make sure we do go on vacation. We spend Friday nights going to dinner. I try to buy my wife flowers, to remind her how special she is. Though that's a question, if we were in a counseling session, the counselor would say, 'Cedric, you gotta improve that.' So that's something that we do need to do.

**Perryman:** What do you say, First Lady?



Pastor Cedric and First Lady Debra Brock

## The Sojourner's Truth

Toledo's Truthful African American  
Owned and Operated Newspaper

Fletcher Word – Publisher and Editor

Tricia Hall – Reporter

Rev. D.L. Perryman – Columnist  
Megan Davis – Columnist

Jennifer Retholtz – Webmaster  
Jessica Crans – Layout

A Certified MBE

The Sojourner's Truth, 1811 Adams Street, Toledo, OH 43604

Phone 419-243-0007

thetruth@thetruthtoledo.com

www.thetruthtoledo.com

... continued on page 3



# Do White Parents Want a White Ghetto?

By Lafe Tolliver, Esq

Guest Column

If you have been following the latest buzz about certain communities and now certain legislatures attempting to pass laws, yes...laws that would immunize or inoculate white students from the visceral and intellectual challenges of learning about their true American History and its effects on American culture since 1619.

No, I am not talking about any grade schools or high schools teaching about critical race theory since it is not taught in those complaining school districts that are in high histrionics about their precious Johnny or Suzy being exposed to the full panorama of America's troubled racial and racist past.

I am referring to the latest in the cultural wars in which some white parents are demanding that their school curriculum not contain any information that could tangentially be related to their kids being uncomfortable or feeling any guilt or shame or experiencing bad feelings about what happened in America when slavery was the engine that made America great and a world power.

Imagine if you can, some white kids going to school and having to sit through listening about George Washington Carver, A. Phillip Randolph, Malcolm X or Fannie Lou Hamer or the travails of a Rosa Parks or the assassination of Dr. Martin Luther King Jr. or learning about entrenched and systematic racism in housing, bank lending policies, disparate medical care, employment, military service and a host of other endeavors.

Imagine that poor white child sitting in a classroom having to learn about the history of America, a history thoroughly ingrained with slavery and slave uprisings, massacres, lynchings; and both factual and legal segregation that are still in existence.

Why, they would be scarred for life! They would need anti-depressants and hours on a psych couch trying to "un-ring" the bell that they just heard in a history class or a political science class.

Imagine the shame and guilt they could feel when they learn that their forebears and the US government sanctioned and encouraged such disparate treatment and yet at the same time this budding snowflake listens to glorious 4th of July speeches extolling the freedoms of America but not freedoms for people of color or the indigenous Native Americans.

These are the historical injuries and slights that the white parents want their kids to avoid being exposed to because it raises questions those parents cannot or will not answer because those same parents or grandparents closed their eyes and stopped up their ears when they had a chance to make a difference but did not do so.

So, to avoid unpleasant conversations at the dinner table or at a church meeting, you simply pass a law that allows an aggrieved child and his parent to sue that teacher or school district for such an infliction of emotional trauma upon their poor snowflake, son or daughter.

And to seal the deal, you also demand that the school libraries purge their bookshelves of any reading material that some irate parent deems objectionable to their child because the reading of say, *To Kill A Mockingbird* or *I Know Why The Caged Bird Sings* or *Stamped From the Beginning* would cause them shame, guilt or remorse.

Yeah, a real study of history can be brutal. Try reading Michelle Alexander's, *The Second Jim Crow* or the *Sum Of Us* by Heather McGee and see if you do not put the book down, now and then, to gather your breath or contemplate what you just read.

Seemingly, some white parents would rather send their snowflakes out into a multi-cultural and diverse ethnic society as clueless as a box of day-old rocks than have them exposed to literature that educates and informs them of American History from a perspective different than boy George Washington chopping down a cherry tree!

But you know what is even a more glaring problem or concern that white society does not wish to acknowledge and that is, what about the Black child in a school system, white or black, that intentionally dismisses or butcher their history as being incidental or of no value or importance?

How many Black kids grew up going to a white school in which you al most "cringed" during Black History Month because you knew that you were about to get a few obligatory paragraphs about George Washington Carver or Crispus Attucks or Benjamin Banneker and that was it! Oh, they would throw in for good measure a sideswipe at "those" African countries in which they claimed the people lived in mud huts and wore bones through their noses.

But, there was no outcry from white parents about such gibberish nor any concern about Black kids feeling, shame, guilt, embarrassment or mental anguish when they had to sit through such classes and feel the white kid

looking at them or snickering at them for having "no history."

Such blatant historical shortcomings in teaching Black History and the effects of slavery on generations of Black kids raised in America did not cause white parents to storm their local school board or libraries demanding fairness and accuracy in historical reporting to benefit Black kids.

So, Black kids suffered for hundreds of years learning under the biting yoke of corrupted historical texts about themselves in America and the history of Africa. That was okay with white society because Black lives did not matter and, more so, in not teaching their white kids the full truths of American History.

The hypocrisy of certain parents to moan to school boards about their Johnny or Suzy being required to sit in a classroom to learn about racial oppression or reading books that challenge them to take an account of what happened in the formations of this country via the capitalistic engine of slavery is beyond comprehension.

So, the next time you hear white parents wringing their hands about their kids being exposed to the writings of Uncle Tom's Cabin or *Black Like Me* or *The Color Of Law*, simply realize that you are witnessing white parents fighting to keep the status quo intact and avoid the task of prepping their kids to not enter adulthood with intellectual foot weights of ignorance and folly.

Contact Lafe Tolliver at [tolliver@juno.com](mailto:tolliver@juno.com)



Lafe Tolliver

*Perryman... continued from page 2*

**First Lady:** It's very challenging. I would like to have more of his time, and I know there are some things that he and I can improve on, and we need to make that commitment. We do little things. We watch a movie together at home, which is important, and we make sure that we eat dinner together every night. I don't care how busy we are; we both call each other and say, 'Are you on your way home? I'll wait till you get here.' So we try to do that and watch something off the TV that can be a little thought-provoking and give our ideas and stuff like that. But, as I said, there is always room for improvement.

**Perryman:** Have you ever felt like quitting pastoring?

**Brook:** It's the church, you give of yourself so much, and there are moments that you say, 'man, I can't take this no more.' Not as much as I used to, I do have to say that. But there was a time during my first 10 years I wanted to quit. Every Sunday, I didn't want to go down there. To the membership, I was just a little boy. I was young, my wife was young, and they'd continue reminding me of that, so I had to keep focused on my assignment. Sometimes I want to quit now because we got control of it, but now I wish I had the old congregation back so they can tell me what to do. No, that's just something that you go through. But now, I know, understand, and appreciate the blessings of taking care of God's business.

*...continued on page 7*



**University of Toledo**  
**Upward Bound Summer**  
**PROGRAM**

**HIRING HIGH SCHOOL INSTRUCTORS FOR THE FOLLOWING SUBJECTS**

Math, Science, English, American Gov't, African Amer. History, Economics, Spanish

**UToledo Upward Bound Summer Program**  
Dates: June 6 - July 14, 2022  
Approximately 16 hours per week, \$25/hour.

**Individuals Interested Should**

Email: Letter of Interest, Resume, 3 References & Certification to [progers@utoledo.edu](mailto:progers@utoledo.edu)  
Place Upward Bound Summer Instructor in email subject line.

**For more information call (419) 530-3811**

# Mandel and Harper Debate During Virtual Townhall

By Tricia Hall

Sojourner's Truth Reporter

Traditionally, debates during the primary voting season are held within the same political party, but the hybrid debate held on January 27 didn't follow that usual format. Instead of hearing from just the two declared Democratic candidates who are running for the U.S. Senate seat to represent Ohio, or the host of Republicans vying for their party's nomination, this debate offered an unusual lineup.

Last week's debate featured Republican Josh Mandel, a diehard Trumpster, and progressive Democrat Morgan Harper.

The first question that should be raised is how did we, the Ohio voters, end up with this debate pairing? The list of Republican candidates includes over 10 individuals and according to Ohio-based news sources Josh Mandel is the front-running GOP hopeful, and Morgan Harper is currently behind the Democratic front-runner Congressman Tim Ryan.

Both candidates stayed true to the core values of their voter base. Starting with the opening statement and through the 90-minute debate, Mandel called out Democratic candidate Tim Ryan repeatedly and mentioned the phrase, "America First," which is one of former President Trump's campaign slogans.

Mandel, a former state treasurer, has tacked hard to the right in the primary, pushing election conspiracies and racist rhetoric to appeal to the Trumpers — and to Trump himself for a potential endorsement. Mandel has done much of his campaigning in evangelical churches.

"I'm pro-God, pro-gun, pro-Trump, and I will fight in Washington with the Constitution in one hand and the Bible in the other," Mandel said.

"The radical left is trying to teach our kids to hate America. The radical left is trying to erase American history and teach that America was founded to keep the history of slavery alive. In 1776 our founders were promoting freedom and liberty. In Ohio and in our country, the radical Biden administration is attacking our freedom and liberty. There's only one candidate that is standing up for human liberty, freedom of individuals and Trump's America first," said Mandel.

Harper sparred against Mandel while mentioning several talking points

that align more with the progressive side of the Democratic Party like the six members of the U.S. House of Representatives known as 'The Squad.'

Harper challenged now-Congressional Black Caucus

chair Joyce Beatty (D-Ohio) in a 2020 Democratic primary. She ran with the backing of Justice Democrats, the group that helped Democrat Alexandria Ocasio-Cortez, a Squad notable, defeat a New York City incumbent to win her congressional seat in 2018.

"We need to be aware of the concerns as we extend into crypto currency and we need to understand the environmental impact. First, we need to elect officials that are focused on solving the climate crisis and not interested in taking the money from those who started this crisis. People who recognize economic opportunities and will create investments, who will create jobs, green energy jobs even for those with just a high school diploma," said Harper.

Mandel continued to attack Ryan for his lack of participation in the debate, mentioned that race and gender was the underlying reason for Ryan's absence and even claimed that Democrats in general mistreat black voters. His comments about this received little applause, but more shocked verbal responses.

"Tim Ryan is a wimp and afraid to debate Morgan. If Morgan was a white male, Tim Ryan would have debated her. These established Democrats have trampled on black people and have left them behind. Tim Ryan ignoring Morgan is a perfect example of that. The established Democrats have taken Morgan for granted and have done this to black voters for generations. Once I'm nominated, I plan to set records for black votes received. The same people who tried to stop Trump are trying to stop me," said Mandel.

Harper never hesitated to speak over the permitted debate time and even directly responded to Mandel which wasn't appreciated by the event moderators. However, her response to Mandel speaking for the Black community received a little bit of laughter and a large audience applause.

"What we don't need is Josh speaking for us, radical Republicans don't have our best interest at heart. We don't need to focus on who's established or not, but what is the future for the state of Ohio," said Harper.

Mandel continued repeating the same Ted Cruz and Newsmax talking

... continued on page 5



Josh Mandel



Morgan Harper

**R.W. LEADERSHIP**

**Leadership Training**

- Time Management
- Personality Profile
- Speed of Trust
- Servant Leadership
- Conflict Resolution
- Team Development

**(567) 703-6272**  
**Regina Mack**

**"Leaders think and talk about the solutions. Followers think and talk about the problems."**

~Brian Tracey

*R. Winspires*

**GLASS CITY GRIND**

**Saturdays @ 8 AM**  
**Sundays @ NOON**  
**Anytime on VOD**

Find us on:

# Nina Turner Announces Campaign for Congress in 2022 Midterm Elections

"I'm running for Congress because greater Cleveland deserves a voice for change in Washington—a leader who is on the side of the people, not out for the powerful or out for themselves." - Nina Turner

Last week, former State Senator Nina Turner announced she will run for Greater Cleveland's U.S. Congressional district in the 2022 midterm elections. Though the congressional maps are not final, Turner is more committed to serving her hometown and will mount a campaign to represent the newly redistricted Cleveland-based seat.

"When we look over the course of last year, families are still struggling—with higher gas and food prices, stagnant wages and shrinking benefits, while corporations make record profits. We can get an agenda through Congress that puts working families first but it is being blocked by a handful of holdouts. Obstruction of the Democratic agenda is hurting greater Cleveland and as the next Congresswoman, I am going to fight back."

The campaign released an announcement video, "WHY I'M RUNNING" to highlight the challenges working families are facing during this third year of the pandemic and the competing priorities before Congress.

"America is at a crossroads, wrestling between two futures. Do we sacrifice the poor, the working poor, and the barely middle class to protect the ultra-wealthy? Or do we treat our people as America's greatest asset and ensure everyone has a real chance to live a good life?"

The video pans through scenes of working families of all backgrounds and across industries. It recognizes the struggles and challenges faced by working people in Greater Cleveland and goes on to address the fierce urgency in providing material solutions to the problems that have burdened Northeast Ohioans for decades.

It also points to immediate threats faced by voters since the last election—from inflation and school closures to the GOP assault on reproductive health and voting rights.

The video ends with a call to action urging voters to choose a fighter who will advocate on their behalf and who will push for solutions that match the

scale of the problems.

"These are unprecedented times. Our leaders can't settle for 'just enough'. They must fight for what we deserve."

Nina Turner, the oldest of seven children, grew up in a working-class family in Cleveland's Lee-Harvard community. Nina Turner is a former Cleveland City Councilmember, State Senator for Ohio's 25th district and assistant professor. She co-chaired the Ohio Task Force on Community-Police Relations after which she served as the Chair of Engagement for the Ohio Democratic Party and focused on building Party infrastructure and support for Democrats across the state. Nina Turner earned an associate's degree from Cuyahoga Community College and a bachelor's and a master's from THE Cleveland State University. Nina Turner is nationally known for her work championing progressive values such as a \$15 an hour living wage, Medicare for All and expanded public education from Pre-Kindergarten to College during the Bernie Sanders Presidential campaigns of 2016 and 2020.



Nina Turner

## Mandel and Harper... continued from page 4

points, with a personal story about his family, repeating the Cruz' comments about completing the border wall and securing the nation. While Harper's response received mix reviews from in-person attendees.

And he got more than a little weird during the debate. "I do not believe in separation of church and state. There's no such thing. The founders of this county, the Founding Fathers, they did not believe in the separation of church and state. When you read the United States Constitution, nowhere do you read about the separation of church and state. It does not exist," he said, receiving a gasp from the audience.

"We should finish the wall the former President Trump started, as long as there are veterans living under bridges we shouldn't spend a penny to house immigrants. Every time illegals come into our country, it becomes harder for Americans especially blacks and Hispanics to get those jobs," Mandel said.

"All of us should have an immigrant story. We care as Ohioans and as Americans. We need to ensure that there is comprehensive immigration reform that creates a path to citizenship, not building walls. We need to stay focus on the reality that American is a country of immigrants. This wall is a joke, go to YouTube, Josh will do whatever needs to be done as a mini-Trump," replied Harper. "The real waste of money is the wall, that was a pet ego project of Trump. Yes, Josh, freedom is a value in this country and bedrock principal of what America is all about, but you have no idea what it's all about," she added.

The debate was held hybrid on social media channels of the two moderators Cassie Young of Matter News and Don Wolvin of Awake America Ohio. For additional information about the two candidates, visit their website [www.morganharper.org](http://www.morganharper.org) or [www.joshmandel.com](http://www.joshmandel.com).

Take the next step to homeownership with our Community Home Loan



YourStateBank.com  
877.867.4218



JacQuelon C. Wilson  
Community Development  
Mortgage Loan Originator  
C 419.508.0806  
NMLS 1638079

JacQui.Wilson@YourStateBank.com



930 W. Market Street  
Lima, OH 45805  
1900 Monroe Street, Suite 108  
Toledo, OH 43604

**Worship EXPERIENCE**

Join Us!  
Every Sundays at 5:30 p.m.  
Let's FELLOWSHIP together - Acts 2:42

**Dr. John W. Williams, Pastor**

Eastern Star Missionary Baptist Church  
2102 Mulberry Street, Toledo, Ohio 43608  
(419) 726-1180, FAX: (419) 726-6240  
E-mail: [EasternStarMBC@aol.com](mailto:EasternStarMBC@aol.com)  
Website: [www.drjwilliams.org](http://www.drjwilliams.org)



# Local Women Empowerment Organizations Sponsor Virtual Workshop

By Tricia Hall

*Sojourner's Truth Reporter*

Several community organizations collaborated to sponsor a virtual workshop titled, 'Effective Entrepreneurial & Leadership Management Forum.' The workshop was held on January 26 starting at 7:30 pm and moderated by Laycee Horn, a member of Alpha Kappa Alpha Sorority Incorporated.

The workshop begun with official greetings, information about the sponsoring organization and the reading of each panelist's bio. Attendees were encouraged to post questions in the virtual chat feature that the panelists could answer throughout the forum.

"Good evening. We're so excited to have you join us tonight. It's important to support our entrepreneurs and black businesses. Our sorority and other collaborative organizations take pride in organizing this forum. Enjoy this evening of stories," shared Treva Jeffries, EdD, president of Alpha Kappa Alpha Sorority, Inc.

"We're exciting to hear from these entrepreneurs. It's important for us to help and support them," explained Pattie Poston, National Association of Negro Business and Professional Women's Club Maumee Bay Club president.

The panelists were introduced individually, answered moderated-directed and audience-submitted questions, and shared information during the event. The panelists were: Stephanie Kynard, Clyde Kynard, Timiko Kiner, Tyra Smith and Crystal Taylor.

Stephanie Kynard is founder and CEO of Kynard's Child Development Center, a five-star rated facility which opened in 2001. The facility provides care for children ages six weeks to 13 years of age. She earned her M.Ed from Findlay University.

"I owned the center 20 years ago to develop children and strengthen fami-



Laycee Horn



Tyra Smith



Pattie Poston

lies. That's my job, to teach the children because they are our future," explained Stephanie Kynard. She even addressed an audience question about how to deal with a challenging family. "When they don't have the same vision for my business. We all have our own definitions of a development center and what a daycare center is too. I'm developing your child, as a whole, with the adults too. These children don't sleep all day, they have a schedule that includes classes. If they can't line up with my vision for my facility, after giving them all that I have within me, at that point, it's time to ask them to leave the facility."

Clyde Kynard, a Toledo native, is CEO and founder of Kynard Enterprise

*... continued on page 7*

The Truth

## Art Gallery



*The finest art by local artists such as Harry Terrell and Mack Walton*



Fashion and jewelry by:  
**The Gallery's  
Autumn Gineen**



Our visitors will find: a variety of outstanding items:  
Art Jewelry • Fashions • Fragrances &  
Event Space Available

**Open Tuesday – Friday 10am to 5 pm  
Saturdays by appointment**

**1811 Adams Street - 419-243-0007**

*Local Women... continued from page 6*

LLC with over 23 years of business marketing and sales experience.

"I started early and started sweeping up hair at the beauty salon. I would run errands for the clients while they got their hair done. I learned early that it's important that you are consistent and treat people nice. My passion has and is still working with people. I had a lot of ideas, but always wanted to serve people. It's important no matter what I'm doing, that I do my best. The biggest challenge being an entrepreneur is uncertainty. My life and my family's life could be changed, so don't let fear force you to not act. Always research new ideas, but don't expect perfection," shared Clyde Kynard.

Timiko Kiner, owner of A Cultivated Beauty which offers premier treatment, prevention and management programs for hair. The salon also offers nails and skin care by licensed independent contractors in a private, affordable and personalized setting.

"I've been a hair stylist for 24 years and decided to take a leap of faith and open my own salon. Most of the time, hair stylists just do hair, but there's more than just standing behind the chair. I had to learn on my own, even bumped my head a few times. I want to encourage young hair stylists. Be passionate about your work and reach out for help. Covid did impact my business because we had to close. We couldn't work remote or from home. However, once we were allowed to reopen, I worked everyday and then we flooded and I lost my business. But a year later, we're back because you can't stop no matter what happens," explained Kiner.

Tyra Smith, a Toledo native, is president and CEO of Pathway for Successful Leadership Inc. which provides positive programming for troubled and disruptive youth.

"It's not easy to be an entrepreneur or leader. Leadership starts with the ability to be led. In order to have 56 employees, I had to learn their jobs first. I was comfortable in the medical field, but when God speaks to you it's time. The biggest challenge is knowing what is really for you. You have to know your steps and test your faith. If it's from God, you'll know. You have to push through and know that God will provide a building and provide employees," shared Smith.

Crystal Taylor is president and CEO of Crystal Clear Communications with 20 plus years of management and marketing experience. She provides various services that refine strategies to help nonprofits and entrepreneurs scale up and grow.

"I'm keen on seeing opportunities and knowing when to stay the course and when to shift. If you're interested in being an entrepreneur, you'll need to be flexible and work with diverse populations. You have to know the why of your business because it's not about the money. It's about taking care of elderly parents or raising kids or whatever is your reason," shared Taylor. She also addressed a audience question about dealing with challenging clients. "People have to want to learn. If we're in a partnership and working towards a goal, we have to progress. If we're not progressing, the partnership may not be right for me. I will help them find the best option because I'm not an employee."

The ladies of the National Sorority of Phi Delta Kappa, Inc. Beta Gamma Chapter; YWCA of Northwest Ohio; Top Ladies of Distinction; National Association of Negro Business and Professional Women's Clubs of Maumee Bay and Toledo; and Alpha Kappa Alpha Sorority Inc. sponsored the workshop.

National Sorority of Phi Delta Kappa, Inc. was incorporated in 1923 as an educational nonprofit founded by educators desiring a sisterhood among teachers and to promote the highest ideals of the teaching profession. The local chapter, Beta Gamma was chartered in 1952 and currently under the leadership of Jacqueline Quinn.

*Perryman... continued from page 3*

**Perryman:** When you feel like quitting now or get emotionally down, how do you deal with that directly?

**First Lady:** Luckily, I've been blessed to have my mom and sisters. My sisters and I are extremely close, and I can turn to them. I'm kind of to myself a lot. So, I don't have workplace friends or anything like that. And, relationships at the church, I kind of keep those - I keep the church separate.

**Brook:** It's stressful, Pastor, but as you know, that's life, and you just keep moving and don't let it get too close to you. You can't wear it to bed. So don't take it home, but leave it at the 9-5. However, they're calling you at 10:00 at night. So, you still must know when to cut it off.

**Perryman:** Thank you both!

Contact Rev. Donald Perryman, PhD at [drdnperryman@centerofhopebaptist.org](mailto:drdnperryman@centerofhopebaptist.org)



Timiko Kiner Fisher



Stephanie and Clyde Kynard



Crystal Taylor

The YWCA of Northwest Ohio serves women and children, provides support for victims of violence, breast cancer support, advocates for racial justice and supportive housing. The current president is Lisa McDuffie.

Top Ladies of Distinction Inc. was chartered in 1964 to enhance and enrich the lives of youth and adults through community-based programs and projects. The local chapter is under the leadership of Mary McKinley-Reed, president.

The National Association of Negro Business and Professional Women's Club, Inc. was founded in 1935 as a national non-profit organization to promote and protect the interests of women business owners and professionals. The community has two clubs, Maumee Bay and Toledo Club. The Toledo Club's signature program is the Cotillion Debutante Ball under the leadership of president Tyra Smith; Maumee Bay's signature program is the HBCU College Tour under the leadership of president Pattie Poston.

Alpha Kappa Alpha Sorority, Inc. was founded in 1908 to cultivate and encourage high scholastic standards, promote unity and friendship among college women, study and alleviate problems concerning girls and women, and be of service to all mankind. The local chapter, Zeta Alpha Omega Chapter was chartered over 70 years ago and currently under the leadership of Treva Jeffries, EdD, president.



# IMA Installation of Officers

By Dawn Scotland

Sojourner's Truth Reporter

The Interdenominational Ministerial Alliance (IMA) held its installation of officers Sunday, January 30 at Mt. Nebo Baptist Church. The speaker for the evening was Rev. Kenneth Flowers, Senior pastor of Greater New Mount Moriah Baptist Church in Detroit, Michigan.

Rev. James H. Willis, of St. Paul Missionary Baptist Church, served as the presiding officer of the ceremony. The spirit-filled celebration was led in worship by Mt. Nebo's praise team.

Opening prayer was given by Janice Carson. The scripture for the evening (Luke 18:35-43) was read by Rev. Bill Harris of Rapture Ministries. Pastor Damon Horton led the offering.

Rev. Le Roy Williams, first vice president of IMA, introduced the speaker, Rev. Flowers. "It is an auspicious honor," said Williams, "whenever you introduce someone who carries on the legacy of leadership in our community." Flowers' message was "Open Our Eyes Lord" (Luke 18:35-43) and can be viewed on IMA's Facebook page.

Bishop Pat McKinstry led the installation ceremony, "When I look upon your faces, I know that your faces represent all of us in this city..." she addressed the members of IMA. "I have no doubt that in 2022 we are going to see some turn around (in the city)."

The 2022 officers of IMA are Pastor Cedric Brock (Mt. Nebo Baptist Church), President; Rev. Le Roy Williams, First Vice President; Tim Clark (Harvest Christian Life Center), Second Vice President; Pastor Damon Horton (Corinth Baptist Church), Secretary; Otis Gordon (Warren AME Church), Treasurer; Pastor Shirley Sparks (Walls AME Zion), Chaplain; Bill Harris (Rapture Ministries) Parliamentarian; Pastor Robert Birt (Glass City Church), Sergeant at Arms; Bishop Pat McKinstry (Worship Center Church), Advisor; Dr. Rev. James H. Willis, Sr. (St. Paul Missionary Baptist Church) Advisor.

The invocation was given by Pastor Timothy Clark of Harvest Christian Life Center. Following the invocation came remarks by IMA president Rev. Cedric Brock. The benediction was given by Flowers.



Rev. Cedric Brock, president of IMA, gives remarks



Speaker Rev. Kenneth Flowers of Detroit, Michigan



The IMA

**"You must never be fearful about what you are doing when it is right."**

**Rosa Parks**

**TARTA is proud to continue to support equality as it celebrates Black History Month**

**TARTA**  
TAKING YOU PLACES





# Toledo Excel's 38th Annual Conference for Aspiring Minority Youth

By Dawn Scotland

Sojourner's Truth Reporter

Toledo Excel hosted its 38th annual Conference for Aspiring Minority Youth Saturday, January 29 at the University of Toledo Lance-lot Thompson Student Union Auditorium. The event featured gospel recording artist Isaiah Templeton and keynote speakers Hill Harper and Jeff Johnson.

Students, parents, and community leaders gathered at the University of Toledo to engage in a four-hour morning conference hosted by Toledo Excel in partnership with Owens Corning. The longstanding event, organized by the scholarship program, has been ongoing since 1985.

Alexis Means of 13abc served as the mistress of ceremonies while Excel students read introductions for guest and speakers. Toledo Mayor Wade Kapszukiewicz, Damain L. Pryor (interim assistant dean of Student Services and Leadership Programs at the University of Toledo) and Marcio Saundri of Owens Corning all gave acknowledgements of the special event.

Following acknowledgements, David Young, director of Toledo Excel, introduced a special guest on the program. Helen Cooks, PhD, founder of Toledo Excel, walked onto the stage to a standing ovation to give remarks.

"I'm happy to be here this morning... more happy than you'll ever know", said Cooks, who survived COVID twice, as well as Guillain-Barré and was paralyzed last year. Now Cooks was able to walk on stage to give remarks. Under her leadership and guidance the Toledo Excel program has served over 1500 students since 1988 and has alumni all over the world.



Sheila Cook, Jeff Johnson and Theresa Quinn



Helen Cooks



Hill Harper speaks to Toledo youth



Jeff Johnson and David Young



The first keynote speaker for the morning was award winning journalist Jeff Johnson. He provides regular content on The Root and the nation-

...continued on page 13



419-243-6163  
toledofhc.org

"The lenders kept asking me for additional documents. I quickly provided them, but they still needed more. It took so long, I lost the house to another buyer."

If you suspect unfair mortgage lending practices, contact us.



Michael D. Ashford  
Lucas County Recorder



The Lucas County Recorder's Office works to make sure the legal documents you rely on are up-to-date.

## Some of your most important documents include

- ◆ Mortgages
- ◆ Real Estate
- ◆ Land Contracts
- ◆ Liens
- ◆ Certificate of Transfer
- ◆ Deeds
- ◆ Plats
- ◆ Military Service Discharge
- ◆ DD-214 Forms
- ◆ Military Service I.D. Cards
- ◆ Medicaid Recovery Form
- ◆ Powers of Attorney
- ◆ Health Care Power of Attorney
- ◆ Living Will Declaration

We work to protect your home  
and your greatest asset.



Contact us. We're here to help.

Lucas County Recorder  
One Government Center / Suite 700  
Toledo, OH 43604  
Phone: (419) 213-4400 / Fax: (419) 213-4284  
Website: [co.lucas.oh.us/Recorder](http://co.lucas.oh.us/Recorder)

# Despite African Americans' Fear of Research Bias, Alzheimer's Experts Deliver a Call for Wider Participation in Clinical Trials

Special to The Truth

The statistics are real: African American seniors are twice as likely as White Americans to get Alzheimer's disease.

But according to the Alzheimer's Association's 2021 Alzheimer's Disease Facts and Figures report, among all Americans, African Americans have less interest in clinical research trials to prevent or slow the progression of Alzheimer's disease.

That will have to change to ensure that new Alzheimer's and dementia drug treatments are effective for all individuals who fit the targeted medical diagnosis.

Dr. Rebecca M. Edelmayer, Senior Director of Scientific Engagement for the Alzheimer's Association, said, "We know that there are gender, racial, and ethnic disparities that exist in Alzheimer's prevalence. This is due to a constellation of reasons that are both fundamental and unique. But we also know that historically less than 5 percent of dementia trial participants are individuals from underrepresented populations. Equity in dementia diagnosis, treatment and care requires inclusion in dementia research, so that the discoveries we make will benefit all."

For example, Dr. Babak Tousi, head of the clinical trials program at the Cleveland Clinic Lou Ruvo Center for Brain Health, said he is not sure how the new Alzheimer's drug, Aducanumab/Aduhelm, would work for African Americans and Hispanic Americans because there were so few diverse individuals in those drug clinical trials.

"We don't know what the barriers are," Dr. Tousi said. "We always encourage in every trial that more minorities, more diverse populations are a part of the study," he said. "Hopefully that is something we will achieve more for future trials."

Those issues and others will be discussed at a February 24 virtual statewide event "The Future of Alzheimer's Research and Treatment" sponsored by the Alzheimer's Association. The free webinar, which will be from 5-6:30 p.m., will feature a panel of distinguished researchers from Ohio, Michigan and West Virginia led by Dr. Edelmayer, who is based in Chicago. Pre-registration is required to receive the event link. To register, go to: <http://alz.org/R10Future>.

Dr. Edelmayer said "we're learning more and more that early detection and accurate diagnosis will be the key to hopefully reducing risk and developing the most effective treatment strategies that will help everyone." That is important because historically African Americans are diagnosed late, which limits treatment options.

According to the Alzheimer's Facts and Figures report:

- Nearly two-thirds of African Americans (62 percent) believe medical research is biased against people of color
- Only half of African Americans (53%) trust a future cure for Alzheimer's will be shared equally

Eric VanVlymen, Regional Leader for the Alzheimer's Association in Ohio, said the Association is actively working to address those perceptions by developing community partnerships to be able to serve more diverse individuals and launching clinical trials that require a higher level of participation by diverse individuals.

In terms of access to future treatments, the Alzheimer's Association is currently lobbying the Centers for Medicare & Medicaid Services to change its draft coverage decision on Aduhelm - calling the decision one that further exacerbates disparities among women, African Americans and Hispanic Americans.

Aducanumab / Aduhelm targets amyloid in the brain, with amyloid being one of the hallmarks of Alzheimer's disease. But Dr. Edelmayer said, "there are over 100 different types of drugs, unique approaches that are not anti-amyloid and many of them are in the pipeline today in phase one, phase two, and phase three trials."



Alzheimer's Clinical Trials Story

"You may see in the future someone taking an anti-amyloid plus an anti-tau treatment plus something to help with neuroinflammation," she said.

The Alzheimer's Association is leading two major clinical trials with a strong focus on diverse participation. The New IDEAS Study, which is investigating the impact of a brain amyloid PET scan on clinical care outcomes, is recruiting 2,000 Latinos and 2,000 African Americans. Also, the U.S. Study to Protect Brain Health Through Lifestyle Intervention to Reduce Risk (U.S.POINTER) study is a two-year clinical trial studying the effects of multi-component lifestyle interventions on risk of cognitive decline in a diverse population in the United States.

Individuals interested in finding out more about clinical trials can go to the Alzheimer's Association's TrialMatch®, which is a free matching tool for research studies and treatment trials for Alzheimer's and other dementias.

## Statement by President Biden on 14.5 Million Americans Signing up for Health Insurance

Health care should be a right, not a privilege, for all Americans. And one year into my Administration, we are making that right a reality for a record number of people—bringing down costs and increasing access for families across the country.

Today, I am proud to announce that since November 1<sup>st</sup>, 14.5 million Americans have signed up for quality, affordable health coverage, including more than 10 million who enrolled through HealthCare.gov—the highest numbers ever produced in an open enrollment period. New data from the Centers for Disease Control and Prevention shows that one in seven uninsured Americans got covered between the end of 2020 and September 2021, with lower-income Americans gaining coverage at the highest rate.

This did not happen by accident. The American Rescue Plan did more to lower costs and expand access to health care than any action since the passage of the Affordable Care Act. It made quality coverage more affordable than ever—with families saving an average of \$2,400 on their annual premiums,

...continued on page 11

**DIXIE** Auto Leasing  
Toledo, OH

5880 N. Detroit  
**Month to Month Leasing**  
419-476-8674

WE ARE A FULL SERVICE BUSINESS

**Bernadette Joy Graham, LPC, LLC**  
Licensed Professional Counselor  
National Certified Counselor  
Certified Grief Recovery Specialist

419.409.4929  
[graham.bernadette@gmail.com](mailto:graham.bernadette@gmail.com)  
[www.bjgrahamcounseling.com](http://www.bjgrahamcounseling.com)  
3454 Oak Alley Court Suite 300  
Toledo, OH 43606

**Welcome Home to Sylvan Lakes Apartments!**

Our elegant apartments feature spacious bedrooms with ample storage, high ceilings and breath-taking views! Stop in today to see our beautifully landscaped grounds, resort-like swimming pool and clubhouse with its fully-equipped fitness center. Located just west of King road off of Sylvania Ave.

**Sylvan Lakes**  
Apartment Homes

4045 A Langston Place, Sylvania, Ohio 43560  
P: 419-842-8480 E: [investekmanagement.com](mailto:investekmanagement.com)



Health Section • Health Section • Health Section • Health Section • Health Section • Health Section • Health Section • Health Section • Health Section

## A Mental Health Moment

## Grief and Change

By Bernadette Joy Graham, MA, LPC, NCC, CCHt, Licensed Mental Health Therapist

The Truth Contributor

The true definition of grief is: the normal and natural reaction to a loss of any kind. Most people associate the word grief with death and while it can be one of the most difficult types of loss there are many other experiences, we encounter throughout our lifetime in which we grieve.

Unfortunately, over a lifetime we encounter many, many, many losses that we will sweep under the rug, put on a good face and believe "we will just get over it." (That will never be the case)

Some losses we may incur are death of a pet, moving, empty nest, legal problems, starting school, graduating from school, end of addictions, major health changes, retirement, financial changes – positive or negative, holidays and death of a former spouse. This is not an exhaustive list but what you may see as common through each is they all involve change. Many individuals find change difficult, demanding and outright uncomfortable.

I receive countless calls from potential clients about seeking help due to the loss of a loved one from death. Some reach out immediately, some reach out months to years later and some reach out while they wait and anticipate the death of a loved one such as from terminal cancers or other health problems that have left the person a time frame of three weeks to six months.

First and foremost, I commend the individual for reaching out to address her pain and suffering. It takes great courage to call upon a stranger seeking help. I very quickly let her know that I empathize with her broken heart. I do not tell her I know how she feels because she already knows how she feels and it probably is not good.

Many people do go through various stages, in no particular order, and often cycle back through for sometimes months and years to come. Shock and denial may cause an individual to feel numb in addition to the significant pain... a pain that no one would wish on their worst enemy.

Regardless of your type of loss, change will happen whether you decide to be a part of that change or not. While death is finite, many find it the most difficult to move on with their lives. There are no replacements of people. When an individual loses a spouse, he will either remain widowed or he may remarry but he will forever carry on the memory of his first spouse. If he lost a spouse through a divorce, again he has a choice to remarry or remain single but the memory will forever be a part of his life.

When working with individuals who have experienced grief and loss through a series of small and slow steps, I assist them in creating a new perspective of their future. The griever must be open to change because it is the only step



toward her living a fulfilled life regardless of the loss.

Many individuals ask why graduating, marriage or becoming a new parent could be considered a grief related experience. Again, it's due to a change in one's lifestyle. Yes, it is a most wonderful accomplishment to graduate, to get married and have a child but many individuals find themselves experiencing symptoms of depression and or anxiety because it is new and different and can cause fear and doubt about their ability to this new way of life.

Everything and everyone have a beginning and everything and everyone has an ending. If you feel you are struggling emotionally, mentally and even physically due to a change in your life, please reach out to a professional provider sooner than later. Over time, many changes will build up leaving us to feel overwhelmed and saturated in pain that can cause continued feelings of defeat. You do not have to feel broken nor do you have to give up on your life plans. Grief is the price we pay for love. *"In a word there are three things that last forever, faith, hope, and love but the greatest of them all is love." 1 Corinthians 13*

*Bernadette Graham is a Licensed Professional Mental Health Counselor, National Certified Counselor and Certified Grief Recovery Specialist. She is also a Certified Clinical Hypnotherapist. Provide feedback or reach out at [graham.bernadette@gmail.com](mailto:graham.bernadette@gmail.com) For appointment information please call 419.409.4929 (Appointments available on Tuesdays and Fridays only). Office location is 3454 Oak Alley Ct. Suite 300 Toledo, OH 43606 [www.bjgrahamcounseling.org](http://www.bjgrahamcounseling.org) Available for team building, employee empowerment in motivation and better understanding mental health in the work place. Accepting new client ages 13 and older.*

## President Biden... continued from page 10

and four out of five consumers finding quality coverage for under \$10 a month. As a result, millions of our fellow Americans have now gained the security and peace of mind that dependable health insurance brings.

For Americans who live in California, Kentucky, New Jersey, New York, Rhode Island, and Washington, DC—places with their own health insurance marketplaces—the opportunity to secure that peace of mind extends through January 31<sup>st</sup>, and I urge you to take these last few days to sign up for quality, affordable coverage. In the meantime, as long as any American lies awake at night, wondering how they're going to pay their medical bills, my Administration will keep fighting to lower costs and expand health coverage even more—including through my Build Back Better agenda.

## DENTAL Insurance

If you've put off dental care, it's easy to get back on track. Call Physicians Mutual Insurance Company now for inexpensive dental insurance. Get help paying for the dental care you need. Don't wait.

**Getting back to the dentist couldn't be easier!**

**CALL TODAY**  
**1-844-334-8627**  
**Dental50Plus.com/truth**

Get your  
**FREE**  
Information Kit



Product not available in all states. Includes the Participating (in GA: Designated) Providers and Preventive Benefits Rider. Acceptance guaranteed for one insurance policy/certificate of this type. Contact us for complete details about this insurance solicitation. This specific offer is not available in CO, NV, call 1-800-969-4781 or respond for similar offer. Certificate C250A (ID: C250E; PA: C250Q); Insurance Policy P150 (GA: P150GA; NY: P150NY; OK: P150OK; TN: P150TN). Rider kinds: B438, B439 (GA: B439R).

## GUARANTEED Life Insurance up to \$15,000.00

Cash to help  
pay your  
funeral,  
medical bills  
or other final  
expenses.

Modified Whole Life Insurance from Physicians Life Insurance Company

- Guaranteed acceptance ages 45 to 85\*
- No medical exam, no health questions
- Lock in your rate for life

Call for your FREE Information Kit  
**1-855-961-2209**  
or go to [life55plus.info/truth](http://life55plus.info/truth)

► Plus – you'll also get a **FREE**  
**Final Wishes Planner!**



\*Ages may vary by state. Guaranteed for one of these life insurance policies.  
6236 Benefits reduced first two years. Insurance Policy L770 (ID: L770ID; OK: L770OK; TN: L770TN).

Black History Moments • Black History Moments • Black History Moments • Black History Moments • Black History Moments

# Immortal Valor: The Black Medal of Honor Winners of World War II by Robert Child

By Terri Schlichenmeyer

The Truth Contributor

You'd need that pin to get in.

Put it on your chest and you'd get access to an exclusive club. The pin tells the world what you did, that you were elite, that you acted with honor. If you earned the pin, you'd wear it with pride. In *Immortal Valor* by Robert Child, it's a beribboned thing that you'd defi-

c.2022  
Osprey Publishing /  
Bloomsbury  
\$30.00  
288 pages

nately deserved.

Almost since the birth of this country, soldiers who have exhibited bravery above and beyond their normal duties have been given medals for military merit. Says Child, almost 3,500 Medals of Honor have been awarded so far in the history of America; "Less than 3 percent... have been awarded to... African Americans..." Of the 500 Medals of Honor awarded for service during World War II, just seven of them went to Black soldiers.

That may not be a surprise. Racism was an everyday occurrence then and Black soldiers "knew only segregation" which "meant inequality." Even so, the men in this book didn't let racism stop them from serving their country. It didn't stop them from exceptional acts.

Charles Thomas was working at Ford in Dearborn, Michigan, when he was drafted into the Army. In the midst of battle in Climbach, France, Thomas was injured but continued to lead his men.

If Vernon Baker hadn't seen much racism at home in Wyoming, he surely saw it after he enlisted in the Army. It was never as blatant, though, as it was when a white officer was given credit "for the actions [which Baker] performed..."

Willy James was killed trying to reach "his fatally-wounded platoon leader." Edward Allen Carter Jr. was 15 years old and living in Shanghai with his missionary family when he volunteered to fight with the Chinese; four years later, he visited the American embassy and asked to be assigned to Abyssinia with the American troops.

George Watson lost his life attempting to save one. Ruben Rivers went into the Army with his younger brother. John Fox left a prestigious college to attend one with an ROTC program, so strong was his desire to serve...

So what makes these men unique? Author Robert Child explains the rest of the story: in 1993, a study showed that these men didn't get the honors for which they were recommended. It took another four years before they finally received their medals, more than five decades after wars' end. Child tells readers how this happened; he also says that other men are still waiting.

That all makes *Immortal Valor* part irritation, part history. The former lies waiting, wrapped in small biographies of those men, Jim Crow tales,

and stories of valor so long unrecognized. The latter could be a bit of a challenge for civilians: along with tales of American society, it's a lot of battles-and-dates information that, even so, pulses with adrenaline, blood, screams, and jaw-dropping bravery.

Go into *Immortal Valor* knowing this and you'll burst with outrage and pride at nearly every word. Especially for veterans and their families, this is a book to pin down.

**LeafFilter**  
GUTTER PROTECTION

**CLOG-FREE GUTTERS OR YOUR MONEY BACK GUARANTEED!**

BEFORE LeafFilter  
AFTER LeafFilter

**15% OFF**  
YOUR ENTIRE LEAFFILTER PURCHASE\*  
Exclusive Offer - Redeem By Phone Today!

**ADDITIONALLY**

**10% OFF SENIOR & MILITARY DISCOUNTS**

MADE IN THE USA

**PLUS!**

**THE FIRST 50 CALLERS WILL RECEIVE AN ADDITIONAL 5% OFF**  
YOUR ENTIRE INSTALL!

**FINANCING THAT FITS YOUR BUDGET!**  
\*Subject to credit approval. Call for details.

CALL US TODAY FOR A FREE ESTIMATE  
**1-866-275-2715**

**Promo Code: 285**  
Mon-Thurs: 8am-11pm, Fri-Sat: 8am-5pm, Sun: 2pm-8pm EST

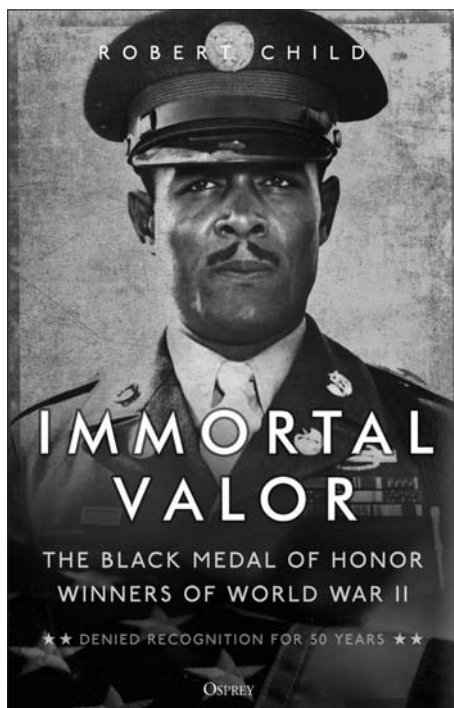
\*The leading consumer reporting agency conducted a 16 month outdoor test of gutter guards in 2010 and recognized LeafFilter as the "#1 rated professionally installed gutter guard system in America." CSLB# 1035795 DOP# 1010783658-5501 License# 7656 License# 50145 License# 41354 License# 99330 License# 128344 License# 218294 License# 603 233 977 License# 2102212986 License# 2106212946 License# 2705132153A License# LEAFFRNB222 License# WV056912 License# WC-29998-H17 Nassau HIC License# H01067000 Registration# 176447 Registration# HIC 0649905 Registration# C127229 Registration# C127230 Registration# 366920918 Registration# PC6475 Registration# H0731804 Registration# 13VH09953900 Registration# PA060383 Suffolk HIC License# 52229-H

**C. KRUEGER'S**  
FINEST BAKED GOODS

**ONLY \$19.95**  
+ FREE SHIPPING  
with code: hearts22

Half Dozen Valentine Cookie Sampler #856A

**1.877.804.7449 | www.CKruegers.com/gift41**





Black History Moments • Black History Moments • Black History Moments • Black History Moments • Black History Moments

# Unexpected Bravery: Women and Children of the Civil War by A.J. Schenkman

By Terri Schlichenmeyer

The Truth Contributor

You really want to help.

Another pair of hands is a good thing, right? You're determined to pitch in, even when they tell you "no." Even when they don't know where to assign you. Even if the job is dangerous, you're not sitting it out. As in the new book *Unexpected Bravery* by A.J. Schenkman, no way you're not getting involved.

Back in 1865, when the population of the United States was around 32 million people, four million of them were "human beings owned as property." This was a problem, so there was war in which "roughly six hundred thousand soldiers perished..." A surprising number of those soldiers never should've been on the battlefield: they were children too young for battle or they were women, for whom military service was "illegal."

Young Johnny Clem ran away at age 10 to enlist in the 3rd Ohio Volunteer Infantry. They may have tried to send him home, but Clem was undaunted: he instead joined with 22nd Michigan Infantry and became a drummer. Officially, he became a soldier in 1863.

As a slave, Susie King Taylor learned to read and write and was quietly educated by a series of teachers because her grandmother saw her intelligence. In 1862, at age 13, Taylor was asked to teach freed African Americans living on an island just off the coast of Georgia. She taught children by day and adults at night, and she later took on nursing duties and cared for the wounded of the 33rd United States Colored Infantry Regiment.

Lyston and William Howe both joined with the Union when they were teens, first as drummers. Officials accused Cuban-born Don Mauricio Sanchez of being a Confederate spy; he wasn't, but his teenage daughter, Lola, was. Fifteen-year-old Rashio Crane died in Andersonville Prison, a POW. Albert D.J. Cashier fought for three years in the 95th Illinois Volunteer Infantry but kept a secret for the rest of his life. And, says Schenkman, at least one unnamed woman died on the battlefield, fighting while pregnant.

Imagine any average pre-teen you know, maybe your child or grandchild. Now imagine him or her on the battlefield, guns blazing, cannons blasting, and you'll understand what'll sit just off to one side of your mind while you're reading *Unexpected Bravery*.

Indeed, the stories that author A.J. Schenkman shares are relatable, in the sense that we all know brave women, and children the same age as the

c.2021  
Globe Pequot  
\$19.95 / higher in Canada  
191 pages

buffs and unique-story lovers need *Unexpected Bravery*. You can't help but like it.

\* \* \*

Historians looking for more will want to find *The Lost History of the Capitol* by Edward P. Moser (Lyons Press, \$27.95) This sweeping, but very engrossing, book takes readers from 1790 and the founding of the capital city, through some of the landmark bills and decisions made in the Capitol, to last January and the riot that breached the building.

## Aspiring Minority Youth... continued from page 9

ally-syndicated Rickey Smiley Morning Show and worked with Steve Harvey on his New York Times best seller, *Act Like A Success*, *Think Like A Success*. Johnson, a Toledo native, University of Toledo alumnus and graduate of the Toledo Excel program credits Toledo Excel for his successes.

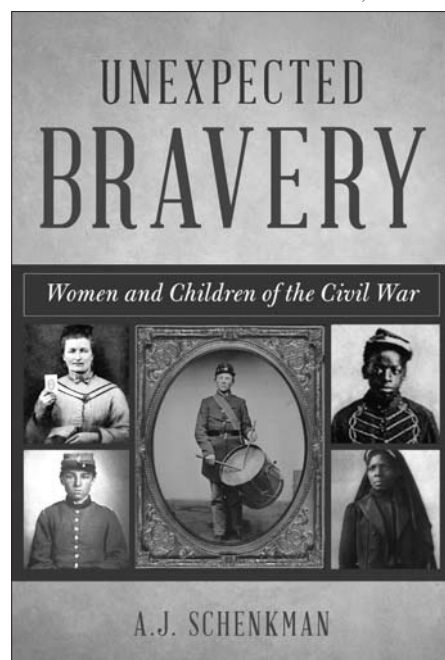
In lieu of a traditional speech, Johnson let the youth of the city have the opportunity to speak. Johnson brought youth on stage from all over the city to talk about pressing issues facing our community and how they would solve them. The students spoke about the lack of individuality, gun violence, mental health among other topics. "You are not leaders of the future...", said Johnson. "You're leaders in this moment."

Isaiah Templeton, Dayton-native and gospel recording artist sang his single entitled "This Life." The singer has worked under the tutelage of Smokie Norful.

Hill Harper, actor, youth advocate and bestselling author spoke about the importance of manifestation. "The amount of energy you apply is to something is critical... we live our lives with way too little energy... we're not living with enough energy to manifest the change."

Harper gave parents and student a blueprint to manifest success in their life. Following Harper's speech students were able to engage with the author in a Q&A session. Currently, Harper stars in ABC's #1 television drama, *The Good Doctor*.

"Since it began in 1988, TOLEDO EXCEL, a scholarship incentive program at The University of Toledo, has been striving to prepare students for success in college. EXCEL involves student members of groups under-represented in higher education—including African, Appalachian, Asian, Hispanic and Native Americans—in pre-college academic programs to increase their self-esteem, cultural awareness of diversity, and civic involvement. Among EXCEL's services to high school students are Saturday School, Summer Institutes, tutoring, academic retreat week-ends, campus visits, advising for strategic admissions and financial aid, and ethnographic field studies in the U.S. and abroad." (source: u.toledo.edu)



soldier-kids about which he writes. Yes, it's jaw-dropping but let yourself be amazed, too, at the reasons for why these women and kids went to war. Schenkman's explanations are a boon for readers who are not fans of textbook history; instead, he tells individual stories without a lot of dates-and-battles info. You get enough to anchor each tale—and with what you'll learn, that's really enough.

And yet, it's not. This book may send you looking for more, because it's eye-opening and well-told. Civil War

America's urban community alternative station!

iHeartRADIO

Entrepreneurs  
Independent Artist & Producers  
Actors  
Sports  
Fashion  
Book Authors  
Educators  
Community Awareness  
Health Awareness  
Safety Awareness

With your host  
**DeVonn**  
aka The Musical Teddy Bear!

Jam Packed Emagazine Morning Show!

**All Genres Welcome!**

"We Make Stars Happen!"  
Independent Music & Majors welcome!

**www.blackbeatmusicgroup.com**

Call in days Monday 12 noon - 2pm & Wednesday 12 noon - 2pm  
# (712) 770-4010 use access code 760462

# CLASSIFIEDS

Page 14

February 2, 2022

## RUDOLPH LIBBE INC RUDOLPH LIBBE GROUP

JOB POSTING

**Job Title:** Tool Room Associate  
**Location:** Rudolph Libbe Inc.-Walbridge, Ohio

Rudolph Libbe Inc. (RLI) offers a complete range of project contract delivery methods including general contracting, design/build and construction management. Based in Toledo, Ohio for more than 60 years, RLI is part of the Rudolph Libbe Group of companies with offices in Cleveland, Columbus and Lima, Ohio, and Plymouth, Michigan. For additional information, visit [RLGBuilds.com](http://RLGBuilds.com).

Rudolph Libbe Inc. is in search of a Tool Room Associate whose responsibilities will include loading and unloading trucks, emptying gang boxes, equipment and materials, and overall support of our yard personnel. A High School Diploma or General Education Degree (GED) required. Previous Tool Room and Forklift experience a plus.

Interested parties should apply on our website at [www.rligbuilds.com/careers](http://www.rligbuilds.com/careers).

Rudolph Libbe Inc. is an Equal Employment Opportunity Employer.

### NATURAL RESOURCES STAFF

Metroparks is hiring Natural Resources Conservation Assistant. HS diploma. Some training or coursework in environmental sciences or NR management preferred. \$13.00/hr. Lead NR Conservation Assistant \$14.25/hr. Up to 40 hours a week. Go to [www.MetroparksToledo.com/careers](http://www.MetroparksToledo.com/careers) to view the job description and apply online. EOE

### GRANTS ADMINISTRATOR/OFFICE MANAGER

The Fair Housing Center is seeking an energetic, critical thinker who can manage multiple projects. This position is a key administrative role and is responsible for coordinating the development, administrative management, reporting, and closeout of grants. This person will ensure that the Center's grant management activities are executed professionally, efficiently, and on schedule. This position also performs office management duties and regularly interacts with the Board of Directors. The Fair Housing Center offers competitive salary and benefits package.

#### SKILLS REQUIRED

Qualifications: To perform this job successfully, an individual must be able to perform each essential duty satisfactorily. The requirements listed below are representative of the knowledge, skill, and/or ability required. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

- Excellent written and oral communication skills; exceptional interpersonal skills, a focused listener.
- Advanced MS Office skills, including Excel.
- Strong organizational and project management skills that reflect ability to perform and prioritize multiple tasks seamlessly with excellent attention to detail.
- Ability to take initiative and manage projects assigned through completion with minimal supervision.
- Ability to work effectively independently and as a highly resourceful team player under pressure and within deadlines.
- Creative and innovative thinker, who actively presents new opportunities, proposes solutions and recommends best practices.
- Ability to anticipate challenges and effectively resolve potential issues through creative problem solving.
- Ability to work creatively and with flexibility in a fast paced environment while maintaining high work standards.
- Ability to develop rapport and engender trust.
- Exhibits a positive attitude and professional demeanor.

#### Education and Experience Requirements:

2+ years of applicable grant administration experience, required. Experience in foundations, nonprofits, human resources and finance highly desirable. Bachelor's Degree preferred.

The Fair Housing Center is an equal opportunity employer.

Please send resume and cover letter detailing qualifications to [HR@toledofhc.org](mailto:HR@toledofhc.org).

### Public Bid Advertisement (Electronic Bidding) State of Ohio Standard Forms and Documents

**Project #1130-21-234**  
Classroom Renovations Project  
The University of Toledo  
Lucas County

**Bids Due:** 2:00pm, February 22, 2022; through the State's electronic bidding system at: <https://bidexpress.com>

**Combination of EDGE Participation and Supplier Diversity Goal:**  
15.0% of contract

**Domestic steel use is required per ORC 153.011.**

Contract	Estimated Cost
General Contract	\$1,059,000.00
Alternate #1	\$432,217
Alternate #2	\$129,524
Alternate #3	\$94,054
Alternate #4	\$94,054
Alternate #5	\$114,640
Alternate #6	\$62,880

**Pre-bid Meeting:** February 8, 2022, 10:00am, Plant Operations Building - Room 1000, The University of Toledo, 1135 East Rocket Drive, Toledo OH 43606

**Walk-through:** A walk-through of the project sites is scheduled for February 8, 2022 immediately following Pre-bid meeting.

**Walk-through Location:** Plant Operations Building

**Bid Documents:** Available electronically at: <https://bidexpress.com>

**More Info:** Project contact: Damian Henri, Bostwick Design, Phone: 216-337-6295, E-mail: [henrid@bostwickdesign.com](mailto:henrid@bostwickdesign.com)



### CLASSROOM AIDE

**Status:** Part-Time

**Start Date:** As Soon As Possible

**Hourly Rate:** Starting \$15/hour

**Hours:** Monday through Friday, 2:30-7pm

#### ABOUT US:

Center of Hope Family Services, Inc. is a 501(c)(3) nonprofit corporation founded in 1997. Our mission is to improve the life outcomes of adults, children, and families in urban settings.

ELEVATE is an after-school program for students in kindergarten through eighth grade. This center is a part of Center of Hope's 21<sup>st</sup> Century Community Learning Center, which is funded by the Ohio Department of Education. In 2011, Center of Hope was rated as a High Quality Center and model for tutoring programs, statewide. Center of Hope received the 2018 Ohio Department of Education Statewide Summit for Enrichment Education, 21<sup>st</sup> Century Community Learning Center Award in Student Reading/Literacy Improvement. Dr. Perryman and Center of Hope was also awarded 2018 Excellence and Innovation Award for innovative programs. In 2017, Center of Hope was 1 of only 3 21<sup>st</sup> Century Community Learning Centers funded, and in 2019, Center of Hope was the only Toledo 21<sup>st</sup> Century Community Learning Center funded by the Ohio Department of Education.

#### SUMMARY:

Provides daily supervision of children, taking steps to ensure that all children remain physically and emotionally safe.

1. Facilitates academic and recreational activities that contribute to the care, growth and development of children needs.
2. Facilitates a safe, calm, nurturing, and non-disruptive environment.
3. Assists with record keeping duties.
4. Assists in preparing and maintaining program materials.

#### REQUIRED QUALIFICATIONS:

##### Education:

Required High school diploma or general equivalency diploma (GED). Associate degree or equivalent in Education, Social Work, or related field (Preferred).

##### Experience:

One to three years experience working with children and adults (Preferred).

##### Background Check:

Must be able to pass state and national background checks.

To apply, please email your resume to [emaas@cohfs.org](mailto:emaas@cohfs.org).



# CLASSIFIEDS

February 2, 2022

Page 15

## CONSTRUCTION TECHNICIAN LUCAS COUNTY ENGINEER

The Lucas County Engineer's Office is accepting applications for a Construction Technician. The Construction Technician is responsible for engineering and construction work of considerable difficulty requiring the application of engineering and construction techniques, procedures, and criteria.

Qualified applicants must possess a Bachelor's degree in Civil Engineering (BSCE), or a four-year degree in Construction Technology, or closely related field. Required experience includes engineering plan design, and specification development; local, state and federal standards and regulations; and working with the public in a governmental setting. Two (2) years prior work experience in public utility, sidewalk, waterline, road, storm, and sanitary sewer construction including one year of practical work experience in the field inspection of those facilities is preferred. Licensed Professional Engineer in the State of Ohio or the ability to obtain an Ohio Professional Engineer License is preferred. An equivalent combination of relevant education and work experience may be substituted for the above qualifications. Must possess a valid State of Ohio Driver's License.

Full-time with benefits. A full job description is available at [www.co.lucas.oh.us](http://www.co.lucas.oh.us). Click on the link for "Jobs", and select "Construction Technician". Interested applicants may apply by completing an online application at the above link, or a current resume may be submitted to [EngineerResumes@co.lucas.oh.us](mailto:EngineerResumes@co.lucas.oh.us) through Friday, February 11, 2022.

*The Lucas County Engineer is an Equal Opportunity Employer.*

## HEALTH WORKER/INFANT MORTALITY SPECIALIST

Full-time (40-hour) position Healthy Connections Community Health Worker/Infant Mortality Specialist. Must be certified as Community Health Worker. Minimum of 1 year experience in community-based case management/outreach is required; self-motivated, and great interpersonal skills. Responsible for recruitment, outreach, care coordination, maintain an active caseload of 30, consistent client contact and follow-up. Knowledge of community agencies and resources. Excellent organizational and time management skills required. Bachelor's Degree in public health, social work, or related field required. Salary: \$19.00 per hour. Benefits available.

Submit resume to [admin@ywcanwo.org](mailto:admin@ywcanwo.org)

## GROUND MAINTENANCE ASSISTANT

Metroparks Toledo is hiring for seasonal maintenance staff. Must be 18 or older with high school diploma or equivalent and valid driver's license. \$12.00/hr. Up to 40 hours a week. Duties include cleaning and facility and grounds maintenance. Employment varies through December based on need. Go to [www.MetroparksToledo.com/careers](http://www.MetroparksToledo.com/careers) to view the job description and apply online. EOE

## CAMP/PROGRAMMING STAFF

Metroparks is hiring for the following programming seasonal positions: Cultural Programmer (Canal Boat, Providence), Environmental Education (Camp, Wildwood), Camp Inclusion (Camp, Pearson), Outdoor Skills (Activities, Oak Openings). Some college coursework in education, biology, recreational therapy, outdoor recreation, or related program and valid driver's license required. \$12.00/hr. Up to 40 hours a week. Go to [www.MetroparksToledo.com/careers](http://www.MetroparksToledo.com/careers) to view the job description and apply online. EOE

## CREW TECHNICIAN

NeighborWorks Toledo Region (NTR) has immediate openings for hardworking Crew Technicians who want to start or continue their careers in home energy conservation and grow with the company. This is a full time, permanent opportunity with plenty of room for growth. Our crews are the backbone of our organization, and we take pride in training and promoting our team members into Crew Leaders and Inspectors. We pay for all necessary training and certifications!

NTR is Toledo's leader in affordable housing and community development. We work to create opportunities for lower-income people to live in affordable and energy-efficient homes in safe, sustainable neighborhoods. Join our growing organization that is passionate about working together to save energy and reduce costs, one home at a time!

### Responsibilities:

- \* Insulating and weatherizing homes
- \* Using cellulose to dense pack walls
- \* Installing fiberglass in attics
- \* Air sealing attics and basements
- \* Installing roof vents
- \* Diagnostic testing and analysis
- \* Assist with other tasks as directed

### Compensation and Benefits:

- \* Crew Technicians start at \$17 per hour
- \* Full medical, dental & vision insurance provided
- \* Paid time off (personal and sick time)
- \* Paid training and career advancement opportunities

### Qualifications:

- \* Valid driver's license preferred
- \* Reliable transportation
- \* Previous insulation or light carpentry experience is preferred
- \* Must be able to lift up to 60 lbs
- \* Comfortable in confined, sometimes cluttered conditions
- \* Comfortable on tall ladders and rooftops
- \* Must be able to pass a background check

Learn more at [www.nwtoledo.org/career-opportunities](http://www.nwtoledo.org/career-opportunities)

## FILL IN RECEPTIONIST

The YWCA of Northwest Ohio is seeking a fill in receptionist to cover vacation, sick and personal time for regular staff in a 24-hour facility. Must be able to work all three shifts, weekends and holidays and be available during the summer to cover vacation. Must have an Associate's degree minimum, background in switchboard, public contact, receipting money, bulk mailing and copying. Must be reliable, dependable, and able to follow directions and work with little supervision. Experience in a social service environment is helpful. \$15.00 per hour. Submit resume to [admin@ywcanwo.org](mailto:admin@ywcanwo.org) or mail to YWCA of NWO 1018 Jefferson Ave. Toledo, OH 43604

**Call to place your ad:**

**419-243-0007**

**[www.TheTruthToledo.com](http://www.TheTruthToledo.com)**

# Help us help you.

We have been working to combat COVID-19 for nearly two years. We are overwhelmed. Our hospitals are packed with COVID-19 patients. Most are not vaccinated.

It's heartbreaking to see our family members, friends and neighbors getting sick and dying when there is a way to protect yourself and the people you love.

But it's not too late. The moment you receive the vaccine, your body begins producing antibodies which combat the COVID-19 virus and its variants.

We ask you to get the vaccine.  
It's tested. It's proven. It works.  
And if you have the vaccine, get your booster.

We are your doctors, nurses and health care workers.  
We save lives every day. Help us by saving yours.

