

The Sojourner's Truth

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"And Ye Shall Know The Truth..."

July 7, 2021

The Election Season Has Started!



Councilwoman Cerssandra McPherson and campaign workers file election petitions

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More Police in Toledo Public Schools?

By Rev. Donald L. Perryman, D.Min.

The Truth Contributor

For too long our education system has been intertwined with the criminal legal system and the results have been tragic, particularly for our most vulnerable students.

- Congresswoman Ayanna Pressley, (D. MA)



Kevin Dalton, president of Toledo Federation of Teachers Local 250, demands that the Toledo Public School Board use American Rescue Plan (ARP) dollars to triple the police presence inside its schools.

The increased police force, Dalton claimed last week in an impassioned social media post, "will not only make schools safer but maintain instructional integrity and create a more effective and efficient classroom environment for our students to learn."

Academic studies, however, provide strong evidence that more police lead to adverse outcomes and make schools less conducive to learning. Often, police presence establishes a conveyor for students of color to be funneled away from graduation or college enrollment and into the criminal justice system.

Although Black students comprise only 44 percent of TPS's 23,000 students, they represent 75 percent of those expelled and 70 percent of those charged with Safe School Ordinance (Juvenile Court) violations, according to publicly available data.

With swirling rhetoric on rising crime and "defund the police" on a collision course to become the ultimate wedge political issue of 2022, I went directly to Dalton to discuss his proposal.

Here is our conversation:

Perryman: Please explain your Facebook comments about tripling the police force in schools.

Dalton: The Toledo teachers call on the district to utilize some of the ARP dollars to enhance the instructional integrity and school system. To be clear, tripling the police presence is part of a long-term strategy to help create systemic change around optics regarding the national narrative on policing.

Perryman: Why triple the police?

Dalton: Many times, when law enforcement is called upon within our schools, everybody is potentially or already in crisis mode. That leads to a lot of negative experiences.

So, our plan concerns creating more positive experiences, not just for the police, but also for the kids and how the kids and police interact. Hopefully this will translate into positive experiences and engagement outside the school buildings and during afterschool hours or even later in life for some of these students.

Perryman: A lot of research concludes that more police result in less positive experiences for kids. There's proposed legislation such as the Counseling Not Criminalization in Schools Act, which suggests that funds be invested in mental health counselors or social workers rather than police. What is your response?

Dalton: I believe we can invest in both. I believe that we can also look at school resource officer training for individuals looking to work inside schools. We can also talk with law enforcement to create a better training model by getting their perspective on our effectiveness or deficiencies.

I've also read some of the research about more police have led to more arrests. Again, in some of the instances, it's because of the training or the lack of communication that needed to occur.

Perryman: Do you have a specific plan for training that will provide de-escalation skills to police and add skilled workers like mental health clinicians, social workers, etc.? Or are you essentially wanting to triple the police first and then wing it the rest of the way?

Dalton: I wouldn't call it winging. First, we want to see because there are ARP dollars across the board coming in from the feds. We also know that there are dollars being specifically designated to address students' mental health issues and families of various communities as well and those dollars are already designated for that. I know that tripling the police sounds very provocative without all the other context that I'm providing. Still, the plan would be to converge these two conversations, and truthfully, we need to be working together with law enforcement.

I want to work with law enforcement and school resource officer (SRO) training people that develop the curriculum and say "okay, where are the deficiencies, where are the opportunities? What could we have done better before you go to the schools?"

On the other side, we absolutely need to do a better job of getting agencies in our buildings that are truly assisting students. Nothing frustrates me more than when I see all these agencies champing at the bit because they think they can make money off our students, but they're really not helping. We have to do a better job of vetting those agencies before coming into our buildings because there are a lot of funds out there that can be accessed. However, they must be accessed appropriately and done correctly following what students and families need. That ensures a much more significant impact, and we would have much fewer discipline issues in and out of the buildings.

Perryman: I spoke with Mayor Wade Kapszukiewicz about your remarks. He doubts that anyone thinks that we should not have police in the schools, which is debatable because CSRN has demanded that police be removed from TPS facilities. In addition, Columbus City Schools and schools in Denver have discontinued their contracts with city police departments. However, our mayor's focus is on having the correct number of law enforcement rather than none, because he feels that there is a role for police in schools if done right. What is the "correct number"?

Dalton: If you look at the national standard for policing, I think they call for 3.4 police per 1,000 people. My goal would be to try to have one law enforcement person per building. That gets us closer to that ratio to provide the opportunity to be more proactive than reactive when it comes to scenarios and positive experiences between law enforcement and students.

Perryman: Have you considered allowing the parents and the students in those communities to decide themselves whether or not they want additional policing?

Dalton: I think it would be very short-sighted if we did not include the community in those conversations. I've done some polling on this, and the numbers were higher than I expected. For example, 77 percent of those registered voters polled support police officers in our schools. Seventy eight percent of Democrats, Republicans, and Independents across the board support officers. Seventy seven percent of whites and 75 percent African Americans indicated support. Probably the most important constituent of the survey though, were school parents, who polled at 79 percent support.

Perryman: Have you considered other effective and evidenced-based disci-



Kevin Dalton

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Just Think About It!

By Lafe Tolliver, Esq

Guest Column

I. Reparations are needed now.

I know, I know...white folks would rather wrestle with a 40-foot anaconda than sit down and have a rational conversation about the need for reparations, including direct cash payments to the affected people of color.

The mental image that they may have of reparations is a long line of people named DeMarcus, Lakeesheyasha, De'breoyanna and Jar-rillious, waiting for a handout and then spending the dough on lotto tickets, back child support and \$300 Michael Jordan footwear.

The need for concrete discussions of hundreds of years of not being compensated for labor, skilled and unskilled; and the shameless denial of fair treatment in housing, education, employment, government benefits and living under the glare of pure meanness for no other reason than being Black, escapes them.

And why does it elude them? Simple. The American history of education has deliberately and with surgical precision excised the laudable history of Black and brown and indigenous people out of the history books.

Those history books were written for the most part by white male historians who were not inclined to include "us" in the existential corpus of knowledge of who made and built America, but they would rather propagate a plethora of stories and incidents that demean and ridicule Black people and their progeny.

History does not write itself. It takes an impartial observer and scribe to observe, weigh, investigate and assess what is and what is not to be able to record what is later presented for purposes of remembrance; and if the recorder has biases against you, for whatever reason, that history will be fraught with errors, lies, half-truths and invented myths.

When Japanese Americans were interned in camps during WWII for fear that they would be a "fifth-column" in the United States, they were eventually awarded reparations for being vilified as traitors and enemies.

Class actions are routinely filed on behalf of aggrieved consumers when commercially-available products cause death or injury and many of the injured parties are awarded millions of dollars for their losses, psychic or otherwise.

But. Somehow. When it comes to assessing the grievous harm and damage done for hundreds of years to the former slaves and their progeny, America gets tongue tied and they suddenly lose the key to the bank.

President Biden knows that if he were to back the concept of reparations, the GOP would act as if their hair were on fire; and the Trump-infested Republican base would howl to the moon and the Democrat Party would lose the shirt off their political back.

America has no plans to cough up about \$12-14 trillion (yes, trillion) dollars over any period to compensate Black people for their hundreds of years of free labor, labor that built the critical mass of capital that allowed the US to become a world superpower.

II. BLM matter needs to redirect some of its efforts, money and energy to the embarrassing and sticky issue of Black-on-Black crime. If we say, "Black Lives Matter!" does that include slowing down the pace at which "we" kill and maim each other? If we do not respect and love ourselves, who will and why would they?

If news reports show that we have killed each other over a dispute about a fried chicken wing, or being cut off in traffic or catching the baby's momma with another man or doing drive by shootings at a birthday party that we were not invited to, something is wrong.

No amount of blaming the "white man" will suffice when it is shown that the white man was not the instigator of senseless crime perpetuated by us and against us. You can be poor as a church mouse and still that is no reason to plunge a steak knife in your live-in companion. You can be mad to the world about living in substandard housing but that is no reason to randomly shoot people. You can be rooked out of a profitable drug deal but that is no reason to kill the seller or the buyer.

Unless and until certain people are willing to change their behavior and cancel negative thoughts that they feed into their mind, Black on Black crime will not be abated by any social programming since the change needs to come from within a person and dictated by a moral code that eschews senseless crime and killings. There, I said it.

If you do not view your intended victim as a valuable person made in the image of God (as you were also) and you have no fear of judgment, now or later, you do not deserve to live in community because you have shown that you are unable to be at peace with others.

III. The concept of a BIG LIE...is not new. Not at all. Despite the ongoing blatant lies of former President Trump and his conscience seared followers, the BIG LIE he is floating about that he is a victim of an election theft, is not new.

America fomented a BIG LIE starting from the year 1619 when they invented out of whole fabric the outrageous lies that the Africans brought to these shores were less than human and as such were not entitled to any rights that a white person needed to respect (a one-time actual Supreme Court case law!). From that BIG LIE sprouted slavery, Jim Crow, The Civil War and present day de jure (lawful) and de facto segregation.

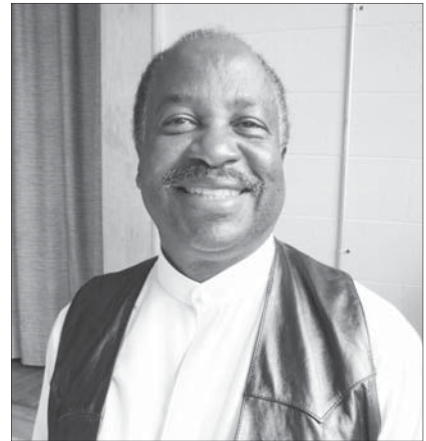
America's original sin was not just slavery but the BIG LIE that people of color were not human and thus, could be enslaved. In Hitler's Germany, the BIG LIE was about Jews being less than human and accordingly, much of the German public was indoctrinated to the point that concentration camps exterminated millions of Jews, gypsies, political dissidents and "other" foreigners.

And the granddaddy of all the BIG LIES? I am glad you asked! Go to the Book of Genesis where the Serpent (The Devil) first convinced Eve and then Adam, that despite God saying to them not to eat from the tree of the knowledge of good and evil or they would surely die, they believed Satan's BIG LIE and the rest is history.

So, in conclusion, a BIG LIE can get traction if it appeals to your "fleshly" instincts or appetites and you will do mental gymnastics in order to justify negative and wayward conduct.

In the above BIG LIE examples, we are still living with the negative repercussions.

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Bill Cosby: America's Father or American Villain

By Rev. Benjamin Green
Guest Column

Well, I have not been one to shy away from a subject, and I don't intend to start now. I know that there will be those who will disagree with me, but what else is new? And from my side of the conversation, I know what the thinking is and why, but the saying still goes, "Two wrongs don't make a right, and in this case, there are 58 of them, ladies and gentlemen men."

Fifty eight wrongs, and not to mention the ones that were not mentioned, including the ones done to his fans, his friends, and especially to his family, with Camille being at the top.

On the surface, the subject appears to be about the rich and the famous getting away with something that no poor person, black or white, could pull off without doing some serious time. But the truth of the matter is, is that there is a 12,000 lb Asian elephant in the room, and I want to talk about the elephant.

The elephant is not about Bill Cosby being rich or famous only, but it's also about his being rich, famous and black for those of us who are black. On the one hand, he is getting away with a serious felony because his pockets are deep. But on the other hand, some see him as getting away with something that he should get away with because of all the rich, white men who have gotten away with so much, while black men have been persecuted, persecuted and even murdered for little or nothing done.

What about this case brings back mixed memories of the O.J. Simpson case? Everything. You knew he murdered those folks but somehow, it was "par for the course."

Perhaps, from a secular perspective, for some, what Bill did could be reasoned as being "payback." If however, his actions were isolated, and pertaining to each victim individually, we might be able to squeeze some



Pastor Benjamin Green

twisted sense of justice out of this.

But there is more than what meets the eye, or eyes for that matter. In fact, a blind man should be able to see what is wrong with this.

Here are my issues:

1. Drugging and raping folks carries the same distain and immorality and color does not make it right, whether black or white. Ask Michael Jackson.
2. What happened to those women, was disrespectful to women anywhere and women everywhere.
3. The subliminal suggestion in this matter that sets women in this country back is the male dominated notion, that these women deserved what

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New York Magazine @NYMag · 11h
35 women speak about being assaulted by Bill Cosby, and the culture that wouldn't listen: nym.ag/1l2ta21

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By Rebecca Marder
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It's July and The Local Political Season Has Started

Sojourner's Truth Staff

Councilwoman Cerssandra McPherson filed her petitions to retain her At-Large seat on Toledo City Council on July 1, 2021. McPherson is one of four council members who were appointed to the city's legislative body in September 2020 when their four predecessors were removed from office after criminal charges were filed against them.

McPherson's priorities are community safety, neighborhood revitalization and youth engagement. "Before and during my time on council, I have worked to get funding in place for youth programs in our community," said McPherson. "If Toledo is to have a brighter future, we need to work together and deliver the types of programs that keep our kids safe and sets them up for a future of success."

McPherson has worked for the Toledo Public Schools for over 30 years, currently as a special education paraprofessional. Her community involvement includes working with the local NAACP, the Toledo Interfaith Mass Choir, service the Toledo Federation of Teachers as a board member, the Toledo Chapter Coalition for Black Trade Unionists and volunteering hours to support candidates and their campaigns.

McPherson is a graduate of Libbey High School and attended the University of Toledo majoring in special education with a minor in social work. She is a member of Braden United Methodist Church where she has served as trustee chairmen, choir president, pastoral care committee, the youth director, among many supportive roles.

"No one issue stands alone," said McPherson. "If we can work together to improve community safety, we can start to focus on the equitable revitalization of our neighborhoods while maintaining affordable rents and increasing homeownership. Toledoans being provided the opportunity to invest in communities, whether it be as homeowners or starting a small business, is good for all of us."



Councilwoman Cerssandra McPherson and campaign aide Cynthia Gibson review petitions paperwork



McPherson submits petitions

Perryman... continued from page 2

plinary solutions such as Restorative Justice or Conferencing Circles? Are you familiar with those?

Dalton: I absolutely am familiar and a big advocate. Restorative practices, socio-emotional learning, morning circle, all have some of the same intentions. I think what we need to do as a school district and, quite honestly, as a community, is to identify a program that works and make it part of the everyday language of what we're trying to accomplish. Then, we can implement it for Toledo Public Schools specifically. It can't be just words alone or just a one-and-done training. It has to also come with the resources that go along with these programs and require follow-through. Too often, we try to do something, and it doesn't have the follow-through. People then become very impatient with it because they don't feel that there's any reciprocity with the energy being given to try to do these things.

Perryman: So where do we go from here? There's a recent legal settlement

between TPS and the U.S. Department of Justice, Civil Rights division that addresses disparate impact in discipline for black, children of color, and children with disabilities.

How do we tie together your intentions with your institutional shortcomings while also improving cultural competence?

Dalton: That's a great question. Let me say first what we can't do. We can't look for an excuse not to do something better for our kids. With that being

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Perryman... continued from page 5

said, I think we take advantage of the resources and opportunities we have now. We look at the resources that we have currently allocated internally to see if there is a more effective and efficient way to distribute those.

We need to do a better job of not reevaluating, but evaluating the training that we do, the resources that we spend, and those really meeting the priorities that our families and students need. If they're not, then let's blow it up, bring it back together and create a system that does.

Perryman: Speaking of evaluation, is there something that you can promise or put at the top of your priority list?

Dalton: Sure. You might call it a promise, but one of the commitments that I will make is that we're not going to propose plans and/or implement things without talking to pretty much everyone. If there's going to be pushback, at the end of the day I want to know about it because if you don't know about it, it's a sure sign for an obstacle later.

The commitment would be to put together these plans and identify priorities. We're going to make sure that we're doing polling, market research, and meeting with groups and reaching out. That would be our commitment.

Perryman: So, how can community groups tangibly measure your commitment?

Dalton: You can come back in six months and say, 'Kevin, you never did talk to Scott Sylak at Mental Health Board. Kevin, you never did talk to faith leaders about what's going on with the churches.' You can go back and check and see if we're pushing for professional development around cultural competency and how we're engaging that. That would probably be one great way to know if we're actually doing what we say we're doing.

Perryman: Finally, there's also research that shows that there are school districts located in high crime areas in other cities similar to Toledo that have had zero arrests. Some of these districts have police in the schools without the discipline disparities that we see locally.

Kapszukiewicz also concedes that too many police in schools can heighten anxiety and make learning difficult.

So, to me, the solution appears to be a matter of culturally competent input from the community and strictly defining the role that the police officers will play. Those aforementioned, other drama-free school districts are not allowing

law enforcement to get involved in disciplinary issues. Police only intervene when someone brings a gun to school or somebody's life is in danger. That is, perhaps, a reflection of quality leadership on the part of the police department as well.

Dalton: I'm always open for conversation because I need to know where everyone's at on issues on behalf of our members. I engage our teachers a lot. I try to engage the community a lot. I try to do my background, my research before going out and saying something too flippant. Sometimes I get the better of myself, you know how that goes, but at the end of the day, we want awesome classrooms for awesome kids and awesome communities.

Contact Rev. Donald Perryman, PhD, at drdperryman@centerofhopebaptist.org

Bill Cosby... continued from page 4

they asked for. No wonder it's so hard to get predators prosecuted!

4. Bill was a role model, for not only blacks. He restored a great degree of faith in white people who, because of his status, believed that black folks were people too.

This may not have been the sentiment of many whites but that, my people, is not part of my discussion, and neither does it justify anything.

5. Not to mention that Bill denigrated many young black comedians because of their language, when what he did was far worse than a few swear words. And what are swear words anyhow, other than a dirtier version of something else. "Shit" and "do do" may be spelled differently, but they both smell exactly the same.

6. How about the many young kids and babies who grew up on "Fat Albert" and the gang. Fat Albert was not just Fat Albert, he was Bill Cosby. How can we set a good example for our young people, if we are going to be bad examples for our young people?

No, Bill played to the right side of chauvinism, whether it was his intention or not. No, this was not a step in the right direction for women anywhere. And future purposes, those of you who are delighted that he seems to be getting away with murder, you'd better hope that the exact same thing happens to you because Bill's case has set a precedence.

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The Long Term Impacts of COVID-19 on the Local Community

By Paul Hubbard and Fletcher Word

The U.S. economy is back on track, it appears, with a very solid jobs gain report for June – 850,000 new jobs. The health crisis appears to be improving greatly with about 67 percent of adults having at least one vaccine shot and the numbers of new cases at the lowest since the start of the crisis.

However, for those millions of individuals who contracted the virus – 34 million, they face the prospect of long-term concerns both from a health standpoint and an economic one.

Dr. Aditi Nerurkar, a physician and lecturer on global health and social medicine at Harvard Medical School, has spoken of a study, published last week, which is the first one to compare brain scans both before and after a diagnosis of COVID-19. The researchers found a “loss in grey matter” in three areas of the brain.

“We’re seeing a shrinkage in the study in three main areas and these areas are responsible for taste, smell, memory and emotion,” said Dr. Nerurkar.

The anticipated long-term economic impact on individuals may be equally devastating. It’s an impact that the University of Southern California’s Sol Price School of Public Policy anticipated in a 2020 report as the pandemic was peaking.

“The revenue impact was manifold,” the report noted of the widespread economic devastation that was anticipated. “New COVID-19 care costs were far outstripping the available insurance coverage patients would like have; hospitals were seeing massive spikes in labor costs, overtime and procurement; elective surgeries which have long been a reliable profit stream disappeared as just about every appointment was cancelled to redirect staff and resources.”

Such long-term effects have been and will be felt particularly hard in Black and Brown communities across the nation.

According to the New England Journal of Medicine African Americans constitute 13 percent of the U.S. population but account for 20 percent of COVID-19 cases and more than 22 percent of COVID-19 deaths; Latinos, at 18 percent of the population account for 33 percent of new cases nationwide. Nearly 20 percent of U.S. counties are disproportionately Black and these counties have accounted for more than half of COVID-19 cases and almost 60 percent of COVID-19 deaths nationally.

In Lucas County, just as in the nation as a whole, the Black community has been devastated by COVID-19 and if individual examples are any indication, the devastation will continue for those unfortunate enough to have contracted the disease yet fortunate enough to have survived.

Suzette Cowell, CEO of the Toledo Urban Federal Credit Union, is aware of the issues both personally and professionally.

Cowell contracted COVID-19 in March 2020 and was infected so severely that she was admitted to the hospital and intubated for a week and a half. After recovery, for many months the fatigue plagued her, limiting her ability to work for more than a few hours a day and, now, after more than a year later the “brain fog” still persists, she says – the memory loss that Dr. Nerurkar has described.

Financially she has been hit hard as well. Although well insured, her care resulted in a “lot of doctor bills; a lot of specialists and a lot of different kinds of tests,” that insurance did not cover. Fortunately, she had lots of family who were able to step in and take care of her in the immediate aftermath of release from the hospital when she couldn’t walk or care for herself. The financial burden and the long-time health issues

persist however.

Cowell leads an institution that serves a host of individuals in the minority community and she sees first hand the widespread impact the virus has had both physically and financially on those she serves. She estimates that the credit union has lost about 400 members to COVID-19 in the last year and a half – that’s 400 deaths in the community or about 10 percent of the membership.

Grant money from government and private sources is coming to the credit union but little of it can be earmarked for individuals who are in the recovery mode – the ones most affected both physically and financially.

Helen Cooks, PhD, retired professor at the University of Toledo and founder and former director of Toledo Excel, contracted COVID-19 in November 2020. As a result of that disease, she then fell victim to Guillain-Barre Syndrome, a disorder of the immune system where the nerves are attacked by immune cells that causes weakness and tingling in arms and legs.

Cooks cannot walk and is wheelchair bound due to the impact of both diseases.

In a discussion about available monies, such as the \$183,000,000 Toledo is set to receive from the federal government and the American Rescue Plan, Cooks questioned why a portion of the funds are not earmarked specifically for victims of the disease.

“If it wasn’t for victims of COVID-19, there would not be any money coming into Toledo,” she said noting that insurance doesn’t cover food, rent, some medication, some transportation, adult day care, some personal physical assistance. In addition, there are additional costs for day care for victims’ kids, out-of-pocket expenses, unemployment issues and a host of other expenses and loss of normal family activities such as education.

Cooks went to a nursing home after leaving the hospital and was given the wrong medication – also too much of the wrong medication. When she sought to go home, her insurance became an issue because it didn’t cover her necessary adult day care at home, even though being home was less expensive than being in a nursing home.

“There should be a special pot of COVID-19 money set aside for the victims and their families to cover those expenses,” she said.

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A Mental Health Moment

A Hawaiian Practice of Self-Love and Forgiveness

By Bernadette Joy Graham, MA, LPC, NCC

Licensed Mental Health Therapist

The Truth Contributor

Many of our emotional challenges have to do with lack of self-love and forgiveness. Sometimes forgiving ourselves is the most difficult and we can carry it as a burden throughout our lifetime. I recently returned from a seminar in Chicago and had the opportunity to meet individuals from all around the United States in various disciplines of helping professions. I greatly enjoyed learning how other practitioners provided service to others. What I found to be significant for emotional health is called Ho'oponopono (pronounced HO-oh-Po-no-Po-no). This is an ancient Hawaiian practice of forgiveness and functions as both a communication concept for reconciliation and a tool for restoring self-love and balance.



Ho'oponopono consists of four phrases to restore self-love and balance for both the individual saying the prayer or mantra depending upon how an individual identifies. "I'm sorry, please forgive me, thank you, I love you." These phrases are repeated over and over with an intended person in mind who may have caused you pain, suffering or unhappiness but also provides forgiveness for the one repeating the prayer or mantra. In short, it is a form of self-love, something we could all use a little more of as we go through this thing called life.

The word ho'oponopono translates to "cause things to move back in balance" or to "make things right." Those who utilize this form of prayer or mantra find it powerful in cleansing the body of shame, guilt and negative memories. The things that often keep our minds fixated on negative thoughts. Take a mental health moment and reflect on your own self-love or lack of, assess any guilt, anger or pain you may be holding onto that others brought into your life and what you may have brought into other's lives.

We can all learn new ways to love from others, we just have to be willing to

...continued on page 13




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Thanks to a Pollinator

By Patrice Powers-Barker, OSU Extension, Lucas County

The Truth Contributor

Pollinators are responsible for one out of every three bites of food we take. Pollination is important for plant reproduction and food production. Has it been a while since you've taken a botany class? Here's a basic reminder of the importance of pollination. From OSU Factsheet on Attracting Pollinators to the Garden: Pollination is the movement of pollen from the male part (anther) of one flower to the female part (pistil) of another flower. Without pollination, most plants can't make seeds and fruits. Many plants are wind pollinated but others rely on animals, primarily insects, to carry pollen from flower to flower.

Plants and pollinators have a valuable working relationship. If pollination ensures a bountiful food supply, what foods are we talking about? Five major crops rely heavily upon insect pollination: almonds, apples, blueberries, melons and squash.

Some additional foods produced with the help of pollinators include: strawberries, chocolate, peaches, figs, cucumbers and tomatoes. In addition to those fruits, vegetables and nuts, there are other crops that rely on pollinators. Alfalfa is pollinated by insects and is a staple food in a cow's diet. From the cow, we enjoy milk as well as cheese and yogurt. Sunflowers and canola require pollination for the seeds and oil for cooking.

Around the world, pollinators help pollinate plants like: almonds, apricots, apples, avocados, bananas, beans, beets, blackberries, blueberries, broccoli, cabbage, carrots, cauliflower, cherries, coconut, cranberries, cucumbers, eggplant, figs, grapes, grapefruit, kiwi, lemons, limes, mangos, melons, okra, onions, oranges, papaya, peach, pear, peppers, plums, pumpkin, raspberries, strawberries, squash, tangerines, tomatoes, turnips and zucchini. In addition to herbs, spices, sesame seeds, and vanilla, other favorites that rely on pollinators include coffee and chocolate.

In Ohio, pollinators are primarily insects such as bees, butterflies, moths, beetles, wasps, and others. In addition, hummingbirds are pollinators. Certain bats are also pollinators, especially in tropical and desert areas, but none act as pollinators in Ohio.

Without pollinators, what would we eat? Technically, if we look at the standard American diet that is high in grain-based desserts like cakes and donuts with a lot of sugar, the main ingredients for those foods do not rely on pollinators. What's the problem? Well, that's not a healthy diet and our bodies deserve a variety of healthy foods.

A few years ago, a team of researchers determined that the foods that offer us the most nutrition diversity come from foods that are pollinated by animals such as insects, bats, bees and birds. This should not be a huge surprise since we know that plant foods like nuts, fruits and vegetables are high in nutrients like vitamins and minerals A, C, and E, lycopene, calcium, fluoride, and iron. This variety of nutrients keeps our bodies healthy. So, we really don't want to try a diet that deletes foods that rely on pollinators.

For my summer meals, I will slow down to appreciate and enjoy all of the food that is on my plate, thanks to the work of pollinators. I will search out some recipes featuring ingredients that rely on pollinators. The Pollinator Partnership offers an online cookbook with a selection of foods including

the following courses: appetizers, salads, entrees, desserts and cocktails/drinks. Picture the hard work of pollinators when you enjoy salsa and guacamole or apple spinach salad, beef kabobs with a rainbow of vegetables and vanilla ice cream with berries. The following recipe is



from the National Honey Board:

Honey Lime Fruit Salad

INGREDIENTS

- 4 cups strawberries, sliced
- 3 kiwis, peeled and sliced
- 1 cup green grapes
- 1/4 cup honey
- 1 lime, juiced

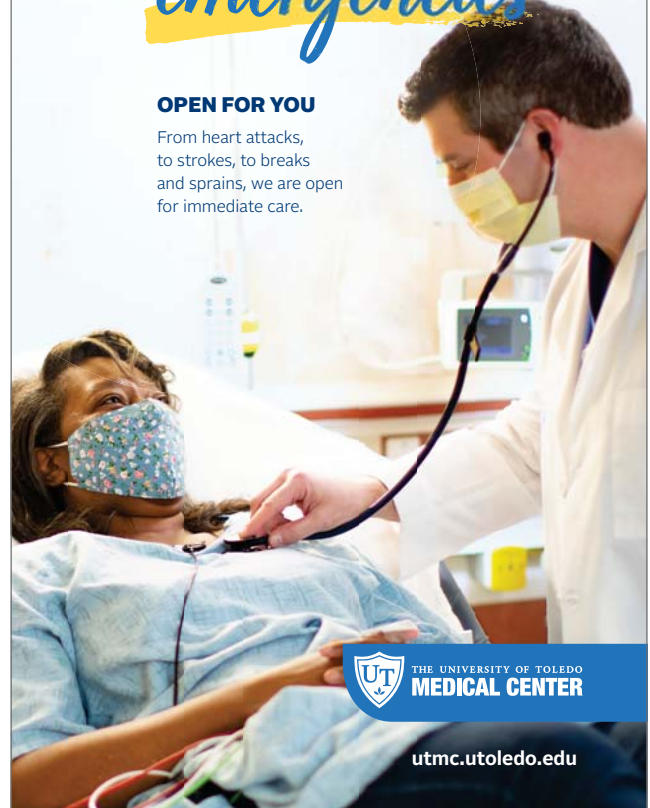
DIRECTIONS

- In a large bowl, combine the strawberries, kiwi and grapes.
- In a small bowl, stir together the honey and lime juice.
- Pour the honey-lime mixture onto the fruit and stir well.
- Serve and enjoy!

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Safely Returning to Diabetes Care One Visit at a Time

Special to The Truth

Collectively, we've all paused to assess and adjust as we navigate a new normal amidst the COVID-19 pandemic. Unfortunately, yet understandably, this has included a pause in consistent medical care for some. Nearly half of Americans surveyed by the Kaiser Family Foundation say they or a family member have skipped or delayed medical care because of the COVID-19 pandemic, which led to worsening conditions for many.

Among people with diabetes, according to an American Diabetes Association (ADA) and Thrivable survey, almost half delayed seeking the routine medical care they need to manage their condition during the pandemic, mainly because they feared COVID-19 exposure. Yet delaying care and not regularly seeing a healthcare provider can increase the risk for serious complications for people with diabetes. Furthermore, the Journal of the American Medical Association reports that the added stress from COVID-19 and avoiding the doctor can have tremendous psychological effects on people with diabetes that can ultimately impact how they manage their condition.

That's why it's important to know there are options to return to care safely, including in-person and telehealth visits. If you or a loved one lives with diabetes, developing a plan to safely return to care and resume consistent visits with your health care providers to check A1C levels can help maintain appropriate treatment and care. Contact your healthcare provider's office to determine which type of visit, whether in-person or telehealth, is right for your return to care.

In-Person Visits

During an in-person appointment, you and your healthcare provider can discuss A1C levels, diabetes management and treatment plans in the office as usual. If you are going to an in-person appointment, ask the office about

its current process and recommendations for returning.

The CDC also has guidelines to protect yourself during the visit, including interacting with as few people as possible, keeping at least six feet of distance between you and others, wearing a mask and washing hands frequently.

Telehealth Visits

Telehealth services have emerged as a way to triage, evaluate, and care for patients without relying on in-person visits. During the pandemic, 40 percent of people with diabetes reported telehealth services made it easier to manage their diabetes, according to the ADA.

You should ask your doctor's office whether an in-person visit or a telehealth visit is best for you.

During a telehealth visit, you can talk to your healthcare provider about A1C levels, diabetes management and your treatment plans as usual. To inform this more holistic conversation, you should get your A1C tested at an on-site facility or use an at-home A1C test. For more tips and resources on how to prepare for a telehealth appointment, visit <https://lillydiabetes.com/telehealth>.

It can also be helpful to connect with those who share your experiences. Join the conversation and encourage others to return to care by sharing how you're safely returning to your regular healthcare visits to manage your diabetes – whether in-person or virtually – using #ReturnToA1C on social media.

Courtesy StatePoint

Black history is an essential part of the history of our nation, our communities and our company. Black associates have been key members of the Rudolph Libbe Group team since our earliest years. In a series of articles this year, we are celebrating the contributions of current associates and retirees, and expressing our gratitude to them for being a part of the Rudolph Libbe Group. This month, we also celebrate Juneteenth National Independence Day as a federal holiday commemorating the end of slavery in the United States.

—Bill Rudolph, Chairman, Rudolph Libbe Group

Lakeith Jefferson, a warehouse associate at GEM Inc., credits his father, Willie Jefferson, for his decision to choose a construction career. Willie Jefferson worked 42 years as a laborer and operator at Rudolph Libbe Inc. before retiring in 2007.

Lakeith worked in other industries before joining construction. "I've worked in restaurant management and in a hospital. The money's a lot better here. At other jobs, you're doing the same things all the time, but this is spontaneous. There are some jobs where you hate going to work. I love coming here."

The work offers plenty of variety, but it's also demanding. On the hard days, he stays positive.

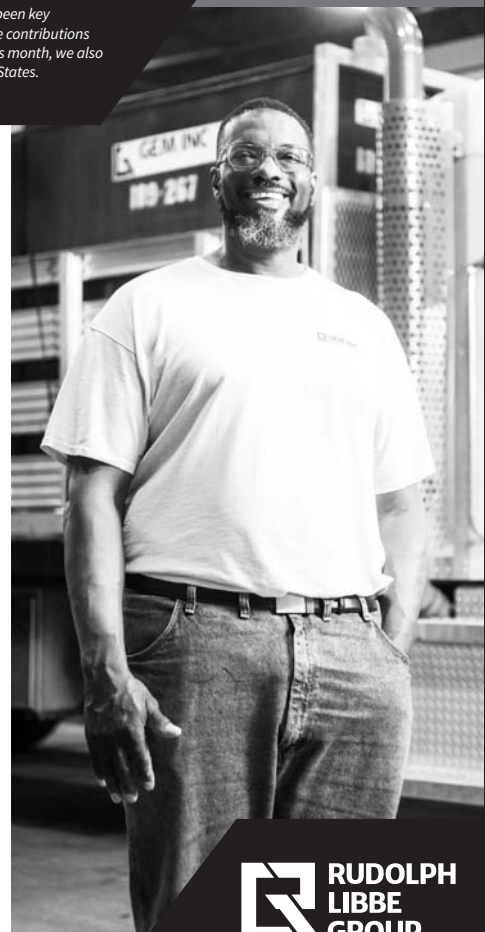
"It's a mindset. I come here in a good mood, even if something goes wrong. If you come in sad, you're going to be sad all day."

Just as it was for his father, racism is a constant. Not at work, they both say, but in their personal lives. His 75-year-old father describes standing in his own front yard in a predominantly white neighborhood when a police officer stopped to ask if he lived there. Leaving for work in the early morning, he would often notice a police car following him. It stopped after he had lived in the neighborhood for a while.

At nearly 50, Lakeith has had similar experiences. "It's rough. It can be bad sometimes. There's nothing here [on the job], but the police will follow me if I go out to lunch. I've been stopped for having tinted windows. I was stopped coming back from Cedar Point."

He worries about his 19-year-old son's safety. "I gave him a talk. If he's pulled over, I've told him, 'Don't do a lot of moving. Listen to what they say.' He'd be nervous, so I've told him, 'Don't make sudden moves. Be aware of your surroundings.'"

Treating others with decency and kindness is important. On the job, he believes in helping the younger generation be successful. "One thing about construction is when someone comes in who's new, the people who are getting old and ready to retire kind of dog them. You should show them the ropes instead of dogging them. I'm going to be 50, so I'm not too old to relate to them. I still believe in just being positive."



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ProMedica Community Events in July

ProMedica will offer the following community events in July:

ProMedica Summer Concert Series

The ProMedica Summer Concert Series Presented by Coors Light has returned for weekly concerts after a summer without music. There will be weekly concerts through September featuring a variety of musicians, local and national, and musical genres, including alternative, country, pop, rock, R&B, soul, bluegrass and hip-hop. General admission and VIP seating options are available, prices may vary. Tickets are available at promenadeconcerts.com.

Friday, July 9 - Collective Soul

Friday, July 16 - Koll & The Gang

Friday, July 23 - 38 Special with Pat Travers

Friday, July 30 - Warrant with Winger

Gates open at 5 p.m.

Promenade Park

400 Water Street, Toledo, Ohio 43604

Fostoria Fit

Get ready to workout with the Geary Family YMCA & ProMedica Fostoria Community Hospital. This class is free and open to the community. Held in the Greenspace provided by ProMedica Fostoria Community Hospital, this class will include cardio, HIIT, strength training, and stretching. Any level of fitness is welcome! Grab a swag bag and come sweat with the energetic instructors of the Geary YMCA. Please contact Becky Bouillon, Becky.Bouillon@ProMedica.org for more information. Registration is not required for this event.

Mondays, July 12, 19, 26

8 a.m.

ProMedica Fostoria Community Hospital

Outdoor Green Space

501 Van Buren St. Fostoria, Ohio, 44830

Throwback Movie Night

New this year are the ProMedica Throwback Movie Nights, presented by ProMedica Federal Credit Union. While Family Nights cater to the youngsters, Throwback Movie Nights are great for young adults and the young at heart. These movie nights will have pre-movie entertainment with a DJ, food trucks

and beverage trucks. The Garden at Focaccia's will also offer pre-party exclusive packages. Entertainment begins at 5:30 p.m. with music by Book That DJ, food trucks, beverage garden and more! The event will be first-come, first-serve as in previous years.

Thursday, July 15 - Jurassic Park

5:30 - 7 p.m. - Entertainment

7 p.m. - Movie Starts

Promenade Park

400 Water Street, Toledo Ohio 43604

Outdoor Family Movie Nights

ProMedica's Family Movie Nights, presented by Paramount Advantage, continues this summer! Pre-event features will start at 5 p.m. and will include food trucks, music in the park and photo meet and greet by Laurel's Princess Parties, LLC. Family Movie Nights will also allow moviegoers to receive their dose of the COVID-19 vaccine. Designated social distancing spaces will be available throughout the park for attendees to enjoy the movie from. The spaces will be first come, first serve. Event staff and volunteers will be available to assist guests in the social distancing spaces throughout the park.

Saturday, July 17 - Beauty and the Beast

Saturday, July 31 - Cars

5 - 7 p.m. - Entertainment

7 p.m. - Movie starts

Promenade Park

400 Water Street, Toledo Ohio 43604

Stroke Support Group

ProMedica Stroke Network hosts monthly support groups that discuss timely topics of importance to those affected by a stroke. This month's support group will be an in-person meeting at the ProMedica Flower Hospital Conference Center. Melissa Miller, from the Balance and Mobility Center, will lead the group in a discussion regarding balance issues after a stroke. For more information or to sign up for the event, please contact Melinda Hendricks-Jones, Melinda.Hendricks-Jones@ProMedica.org or Mary Britton, Mary.Britton@ProMedica.org.

Tuesday, July 22

4 p.m.

ProMedica Flower Hospital

... continued on page 12



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ProMedica... continued from page 11



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Safe Kids Greater Toledo Virtual Safety City

Safe Kids Greater Toledo at ProMedica Russell J. Ebeid Children's Hospital will hold a virtual safety city. The virtual education will be provided in the form of videos from community partners throughout the Greater Toledo area. Incoming kindergarteners will receive education on a variety of different safety topics. The topics covered will include safe practices

with fire, water, animals, police, bikes, school buses, railroads, booster seats, pedestrians and more. Registration will include an informational packet, fittings for a free bike helmet and entry into a drawing to win a new bike. For more information, please contact Payton Bowyer, Payton.Bowyer@ProMedica.org, or call 419-291-3344.

Monday, July 26 - Sunday, August 1

This event is virtual, please contact Payton for more information.

The health and well-being of our community are of

the utmost importance to ProMedica. ProMedica will continue to monitor the prevalence of COVID-19 within the community and will follow the guidance of state and local health officials to determine the necessary safety protocols that need to be in place at in-person events.

... continued on page 13

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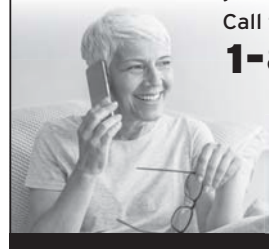

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Leaving Breezy Street: A Memoir by Brenda Myers-Powell with April Reynolds

By Terri Schlichenmeyer

The Truth Contributor

Sometimes, you just gotta get out.

You need a weekend in a remote cabin or high-end spa. You gotta get out of those clothes at days' end. You need a breath of fresh air, new scenery, something to distract you. Sometimes, you need to get out for your sanity. Other times, as in the new book *Leaving Breezy Street* by Brenda Myers-Powell (with April Reynolds), you need to get out for your life.

They told her that her mother loved her very much.

Little Brenda Myers had to take her aunts' words for it; her mother died before Brenda could walk, and so she was raised by her grandmother. Ma'Dea's home was safe and warm, nobody ever went hungry, but the woman couldn't keep Myers from being molested, starting when Myers was just four years old.

It continued: at 10, she was removed from Ma'Dea's house due to alcoholism and physical abuse; a year later, the uncle who took her in began molesting her. Myer returned to her grandmother's house, "from the frying pan to the fire," where she endured the least egregious trauma until she got pregnant.

At age 14, she realized that she needed money to raise an infant.

On Good Friday, 1973, she took the train to downtown Chicago and turned her first tricks. She came home with "almost four hundred dollars."

Ma'Dea, she says, "didn't ask one question."

That was the beginning of years of horrors. Myers was captured by a pair of "Gorilla pimps" who beat her to control her; though she was a minor, they took her across state lines and raped her until she didn't care. She escaped, returned to the streets, sold herself for cash, a place to stay, clothing, and eventually, drugs, when all she really wanted was nurturing.

"Folks tell me, ain't all that happen to you," she says. "I wish it hadn't... I wish to God I was lying my head off."

Here's a warning, so take it seriously: if you like your memoirs sweet and tender, back away from this one. *Leaving Breezy Street*, the title of which refers to the alter-ego and pseudonym author Brenda Myers-Powell used for work, is anything but warm and fuzzy.

It. Is. Brutal.

But then again...

At the risk of being a spoiler here, there's a happy ending or four in

this memoir, including the empowering, steely, and emotional update on Myers-Powell's life today, a tale-within-a-tale that'll make you teary-eyed. Those tears will happen partly out of relief because whew! what Myers-Powell tells is like some kind of horror story but the monsters are real – yet, curiously (and much to a reader's chagrin), she respects her past and leaves a lot unsaid.

That doesn't include celebrities, whose names pepper this memoir.

Just bear in mind that this book is packed with profani-

ty but there's also a laugh or two, in a dark kind of way. Still, if you want a tale that'll drop your jaw every few pages, "Leaving Breezy Street" is the book to get out.

* * *

If you're in the mood for more memoir, look for *Somebody's Daughter* by Ashley C. Ford. It's the story of growing up with a father in prison; missing him, loving him from afar and not getting the whole story of his incarceration – until the story's spilled and the reckoning arrives...



Brenda Myers-Powell

Mental Health Moment... continued from page 8

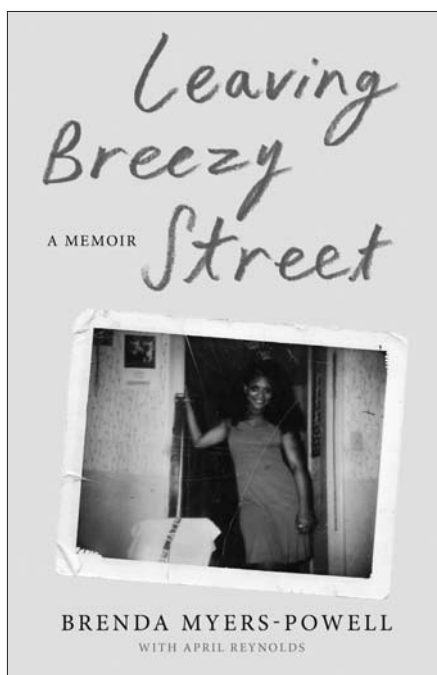
utilize an open mind. If that is you, try ho'oponopono, it may just be a new way to love yourself and step up your forgiveness.

"I'm Sorry, Please forgive me, Thank you, I love You."

Bernadette Graham is a Licensed Professional Mental Health Counselor, National Certified Counselor and Certified Grief Recovery Specialist. She is also a Certified Clinical Hypnotherapist assisting with weight loss and smoking. Provide feedback or reach out at graham.bernadette@gmail.com. For appointment information please call 419.409.4929 (Telehealth is available for ongoing and new clients at this time as well as in person appointments available on Tuesdays and Fridays only). Office location is 3454 Oak Alley Ct. Suite 300 Toledo, OH 43606 www.bjgrahamcounseling.org

ProMedica... continued from page 12

ProMedica is a mission-based, not-for-profit health and well-being organization headquartered in Toledo, Ohio. It serves communities in 28 states. The organization offers acute and ambulatory care, an insurance company with a dental plan, and post-acute and academic business lines. The organization has more than 49,000 employees, 12 hospitals, 2,500+ physicians and advanced practice providers with privileges, 1,000+ healthcare providers employed by ProMedica Physicians, a health plan, and 330+ assisted living facilities, skilled nursing and rehabilitation centers, memory care communities, and hospice and home health care agencies. Driven by its Mission to improve your health and well-being, ProMedica has been nationally recognized for its advocacy programs and efforts to address social determinants of health. For more information about ProMedica, please visit www.promedica.org/aboutus <<https://www.promedica.org/Pages/about-us/default.aspx>>.



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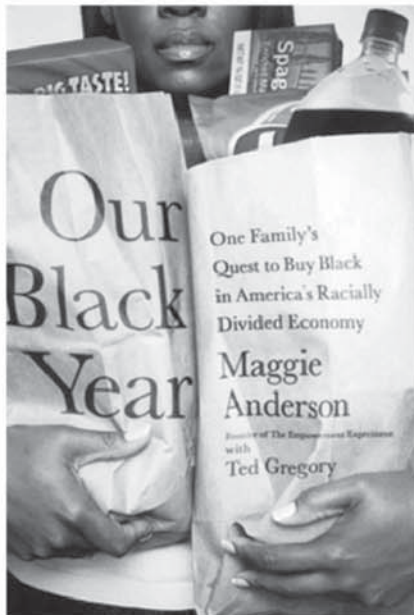
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Tina Butts
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419-450-3325
24 HOURS



CRUSADERS for CHRIST CHURCH Presents **Youth & Young Adult 4th Sunday**

Have you been feeling the nudge to develop your life more spiritually but aren't quite sure how to begin? If so, this theme-enriched and spirit-filled experience is designed just for you. Visit us on Facebook - I have a special video message for the serious pursuer!

Youth & Young Adult 4th Sunday

When: Every 4th Sunday
Time: 11:00 am
Where: Crusaders for Christ Church
910 Woodville Rd.
Toledo, Ohio

Facebook icon: Crusaders for Christ Church • www.crusadersforchristchurch.org

Attention Seniors:
House(s) For Rent.
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ADS POSTED ONLINE AT:
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Free Wi-Fi
BOOK YOUR EVENTS NOW!

CLASSIFIEDS

July 7, 2021

Page 15

MORTGAGE LOAN ORIGINATOR

Toledo Urban Federal Credit Union is seeking an experienced Mortgage Loan Originator. The MLO performs all mortgage loan processing activities including receiving, evaluating, and reviewing loan applications; obtaining and verifying necessary information; preparing documents for underwriting and closing review; and communicating loan status to all involved parties. A successful candidate will be dependable, an approachable team player with a personable and professional demeanor, a desire to learn and driven to achieve outstanding results. Previous experience with a Credit Union is preferred. To apply, please email your resume to ZCollins@ToledoUrban.net with the subject line MLO Applicant.

INVITATION FOR BIDS IFB21-B007 GLENDALE TERRACE SITE IMPROVEMENTS

Lucas Metropolitan Housing (LMH) will receive sealed bids for Glendale Terrace Site Improvements. Received in accordance with law until July 21, 2021, 3:00 PM ET. see documents: www.lucasmha.org; 201 Belmont Ave., Toledo, OH 43604; or 419-259-9446 (TRS: Dial 711). Affirmative Action and Equal Employment Opportunity requirements (Executive Order #11246). This contract opportunity is a Section 3 Covered Contract and any Section 3 Business Concerns are encouraged to apply.



PUBLIC BID ADVERTISEMENT (ELECTRONIC BIDDING)

State of Ohio Standard Forms and Documents Project # 1130-21-232 Building Envelope/Waterproofing Project The University of Toledo Lucas County Bids Due: 2:00pm, July 20, 2021; through the State's electronic bidding system at: <https://bidexpress.com> EDGE Participation Goal: 15.0% of contract Domestic steel use is required per ORC 153.011. Contract Estimated Cost General Contract – Roof Replacement Alt G-1 Sculptural Studies Alt G-2 Health Education Building \$1,000,000.00 \$3,600.00 \$456,000.00 General Contract – Window Replacement and Facade Cleaning \$600,000.00 \$XXX,000.00 Pre-bid Meeting: July 6, 2021, 10:00am, Plant Operations Building - Room 1000, The University of Toledo, 2925 East Rocket Drive, Toledo OH 43606 Walk-through: A walk-through of the project site is scheduled for July 6, 2021 immediately following Pre-bid. Walk-through Location: Plant Operations Building. Bid Documents: Available electronically at: <https://bidexpress.com> More Info: A/E contact: Christopher Dewey, Phone: 216-241-2220, E-mail: cdewey@vaakins.com

REQUEST FOR PROPOSALS RFP21-R012 TENANT SCREENING SERVICES

Lucas Metropolitan Housing (LMH) will receive proposals for Tenant Screening Services. Received in accordance with law until August 3, 2021, 3:00 PM ET. see documents: www.lucasmha.org; 201 Belmont Ave., Toledo, OH 43604; or 419-259-9446 (TRS: Dial 711). Affirmative Action and Equal Employment Opportunity requirements (Executive Order #11246). This contract opportunity is a Section 3 Covered Contract and any Section 3 Business Concerns are encouraged to apply.



SALES REP WANTED

Not just any sales rep! But a sales rep who recognizes a unique opportunity. An opportunity to represent two different media – print and broadcast. It's media – different types of media. Media with broad comprehensive appeal in today's marketplace. To learn more about this opportunity, call 419-243-0007

Legal Notice

Bids will be received by Lucas County Department of Job & Family Services (LCDJFS) until 2:00 p.m. July 23, 2021 for the selection of Vendor(s) to provide Non-Emergency Medicaid and Title XX Transportation Services for eligible LCDJFS clients. Submitted bid packets must be completed according to the specifications and provisions outlined in the Request for Qualifications. The contract period will be from approximately October 1, 2021 through September 30, 2022.

No bids will be accepted after 2:00 p.m., July 23, 2021; bids that are submitted via any method other than that described in the RFQ will not be accepted.

The Request for Qualifications will be available on July 7, 2021 and can be downloaded from the Lucas County Department of Job & Family Services websites Quick Links Tab at <https://www.co.lucas.oh.us/858/Job-and-Family-Services>

An electronic Question & Answer period (Q&A) will be from July 7, 2021 to July 15, 2021. PARTICIPATION IS OPTIONAL BUT IS HIGHLY ENCOURAGED. Questions for the Q&A must be submitted in writing to LUCAS_FISCAL@jfs.ohio.gov. The posting of the Q&A will be on July 16, 2021. If any changes are made to the RFQ as a result of the Q&A, an addendum to the RFQ will be added to <https://www.co.lucas.oh.us/858/Job-and-Family-Services> address noted above.

This notice is posted, as of July 7, 2021, at <https://www.co.lucas.oh.us/858/Job-and-Family-Services>

The right is reserved to reject any and all bids. By order of the Board of County Commissioners, Lucas County, Ohio.

Tina Skeldon Wozniak - President

Pete Gerken - Commissioner

Gary Byers - Commissioner

Bid. 48-21-RFQ-01- Reissued

PUBLIC NOTICE

COMPREHENSIVE HOUSING STRATEGY & 10-YEAR PLAN

To all interested agencies, groups, and persons:

The City of Toledo is seeking comments on its Draft Comprehensive Housing Strategy and 10-Year Plan to be submitted to Toledo City Council on August 10, 2021. The Comprehensive Housing Strategy and 10-Year Plan has been developed in partnership with Enterprise Community Partners, Inc. An Advisory Committee, which included City departments, existing affordable and market rate housing development entities, neighborhood organizations, City residents, major employers and other housing stakeholders, helped to craft the plan.

Key goals of the CHS include:

- Develop City Housing Profile;
- Develop recommendations and action items;
- Assess local Housing Initiatives (Housing repair/lead remediation; Homebuyer unit production; Rental units preservation and production; Homeownership assistance; Public housing; Homelessness prevention; Year 16 LIHTC scattered sites Initiative; and Vacant and abandoned residential property utilization);
- Assess housing development barriers; and
- Develop a 10-Year Action Plan sequencing recommendations and actions as short term (1-3 years), medium-term (3-6 years), and long term (6-10 years).

The Department of Neighborhoods will be holding a Public Meeting to review the Draft Comprehensive Housing Strategy on June 30th, 2021 @ 6:00pm on Zoom: (<https://toledo-oh-gov.zoom.us/j/83341389320>). The meeting will be recorded and posted to the City's website the following day.

The Draft Comprehensive Housing Strategy and 10-Year Plan will be available for review beginning Wednesday, June 30th, 2021, on the City's website:

Department of Neighborhoods
One Government Center, 18th Floor
Downtown Toledo, Jackson & Erie Streets
website: <https://toledo.oh.gov/departments/neighborhoods>

The City of Toledo will also receive comments from the public in writing beginning Wednesday, June 30, 2021 through Friday, July 30, 2021, at the following address:

CITY OF TOLEDO
DEPARTMENT OF NEIGHBORHOODS
Comprehensive Housing Strategy and 10-Year Plan
ONE GOVERNMENT CENTER, SUITE 1800
TOLEDO, OHIO 43604
Or by email at neighborhoods@toledo.oh.gov

The Department of Neighborhoods will present the Comprehensive Housing Strategy and 10-Year Plan to Toledo City Council on August 10, 2021 @ 2pm.

For reasonable accommodations or additional information, please contact Jackie Olds, Administrative Assistant, at 419-245-1405 or via email at jacquelyn.olds@toledo.oh.gov



16th AFRICAN AMERICAN FESTIVAL
Celebrating Our History, Health and Education

UPCOMING EVENTS



**Toledo Urban
Federal Credit Union**
Building Better Futures



23
JULY

Prayer Breakfast

Date: Friday, July 23, 2021
Time: 8:00 AM
Location: Glass City Metropark Pavilion 1001 Front Street, Toledo, OH 43605
\$10 Tickets available at Toledo Urban Federal Credit Union
- 1441 Dorr St, Toledo, OH.
Honorees: Lee Campbell, Zahra Collins, Michael Day Sr, & Bishop Larry Mack

24
JULY

African American Parade

Date: Saturday, July 24, 2021
Time: Kickoff at 10:00 AM - 12:00 PM
Parade Location: Dorr & Detroit
Festival: 2:00 PM
Location: Promenade Park, 224 Water Street, Toledo, OH 43604

Dj Money Knox
Emcees:
Alexis Means
Big Trice

African American Festival

Date: Saturday, July 24, 2021
Time: 2:00 PM
Location: Promenade Park, 224 Water Street, Toledo, OH 43604

FEATURING:
Shirley Murdock
Lyfe Jennings
Jay Rush
Bobby G

Lakeside
The Zapp Band
Tim Cunningham

Tickets for the festival are \$20 for General Admission and \$50 for V.I.P. (special seating), on sale now and available at Toledo Urban Federal Credit Union and all TicketMaster.com.
 For More information about this year's festival or for Sponsorship, Vendor, Advertisement and Parade Participation please call 419-255-8876 or email AAFestival@ToledoUrban.net

NO EXCHANGES/NO REFUNDS ON TICKETS

Sponsored by:

Lucas County Commissioners