



Volume 67 No. 2

*"And Ye Shall Know The Truth..."*

June 2, 2021

## Brothers United: A Mission Renewed



Jay Black, Pathway CEO

### *In This Issue...*

Perryman with Katy  
Crosby  
Page 2

Tolliver  
Page 3

Revisiting Tulsa  
Page 5

Cover Story:  
Brothers United Is Back  
Page 8

Vegetables  
Page 10

A Mental Health  
Moment  
Page 11

Alzheimer's Issues  
Page 11

Book Review  
Page 13

Classifieds  
Page 15

Da-Vee at the Mall  
Page 16

# Bossing Up

By Rev. Donald L. Perryman, D.Min.

The Truth Contributor

*We do live in a society where there is a severe racial wealth gap. And the people who often are least advantaged in that scheme are black women.*

- Keith Ellison



Katy Crosby, chief of staff for Mayor Wade Kapszukiewicz, will take her "black girl magic" to become the town manager of Apex, North Carolina on June 11. The move will significantly expand her power and influence while nearly doubling her salary.

Despite their incredible contributions, black women have faced formidable barriers in opportunities to advance their economic standing. Black women are paid 35 percent less than white men and 15 percent below white women despite often having more education.

With a reputation for raucous in-house bureaucratic fighting and propensity to stick like glue to the status quo, making substantive change is practically impossible in Toledo. However, in her prestigious new role, Crosby will work outside the political realm to oversee all town departments, lead financial management processes, develop budgets and policies, and evaluate programs.

The town of Apex is a fast-growing suburb of 60,000 near Raleigh and the prominent high-tech Research Triangle Park.

Kudos to the talented Crosby for "bossing up," looking out for herself, and taking her talents from Toledo to Apex, a city that has appeared on several Best Place to Live lists.

Crosby spoke with me about her Toledo experience and her next-level career move. The following is our discussion.

**Perryman:** So, you're leaving us. What's the story behind the move?

**Crosby:** There is nothing negative or anything like that. I'm thrilled working in the mayor's office; it was a great team to work with. The town of Apex operates under a council-manager form of government, and one of my career goals is to become a town manager. It's just a new opportunity that came my way.

**Perryman:** How would you describe your contributions or accomplishments during your three-year stint in Toledo?

**Crosby:** A lot of my work was cleaning up the internal processes, internal controls, and working to improve the workplace culture. I led the Toledo Racial Equity & Inclusion Council formation, doing work towards creating an equitable ecosystem. I helped provide leadership direction and resources toward the investments that we will be making in neighborhoods. I worked with Women of Toledo and mentored several young professionals on career objectives. From the feedback that I'm getting from folks as they send me congratulatory messages, I think my strength has been changing the culture of how the City of Toledo does business. That includes both how it interacts with our community and how we interact

internally. I have strengthened and provided a sense of order to the organization.

**Perryman:** What would you have liked to accomplish here that you didn't fully achieve?

**Crosby:** We have many balls up in the air, and it would be nice to see those things come to fruition. There is nothing that I feel like I failed to do. I feel proud of initiatives like financial transparency/implementing open government; getting the disparity study started; coming up with a three-year plan for human resources; improving our Accounts Payable policies; and developing a performance feedback system and key performance indicators reporting process.

There are a lot of things that I worked on to help strengthen our accountability around how we provide services to the community and the expectations internally. What I've done is set the stage for us to build on a lot of those things so that we can strengthen the organization and provide better services. So, I'm proud of that.

**Perryman:** No regrets at all?

**Crosby:** I don't have any regrets. The mayor has supported everything that I wanted to do. He has done a really good job of relying on his team to figure things out and do what we think is best for the organization.

I appreciate him allowing me to make the equity initiatives and address some of the disparities that exist, and remain open to suggestions, constructive criticism, and guidance. It is important to feel empowered to be open, honest, and speak my mind, especially after everything that happened with George Floyd. I have my own personal feelings that I was dealing with about that, and being free to go to him and talk to him about what I was feeling and receiving his support through the ordeal, I don't have any regrets.

**Perryman:** What advice would you give to your successor as chief of staff?

**Crosby:** There is so much going on from an economic development perspective and within the organization. One of the things that were important to me is that there's a lot of healing that needs to happen internally with the city. I think we're on that path but there's a lot of work to be still done.

The advice that I would offer is to come in, listen, and learn what's already taking place and help to continue to move those things forward. Be mindful of the folks who provide services to our residents every single day and make sure that they're taken care of because if they're taken care of then our residents will be cared for.

**Perryman:** Let's discuss some of the challenges in this job.

**Crosby:** One of the biggest challenges I faced in this job is navigating the relationship with council. There is always an opportunity to improve that relationship. We have to get to a place where council and the administration is a team working towards a common goal, and where there is mutual respect for those roles and responsibilities because Toledo has so much to offer.



Catherine Crosby

## The Sojourner's Truth

Toledo's Truthful African American

Owned and Operated Newspaper

Fletcher Word - Publisher and Editor

Tricia Hall - Reporter

Rev. D.L. Perryman - Columnist

Megan Davis - Columnist

Jennifer Retholtz - Webmaster

Jessica Crans - Layout

A Certified MBE

The Sojourner's Truth, 1811 Adams Street, Toledo, OH 43604

Phone 419-243-0007

thetruth@thetruthtoledo.com

www.thetruthtoledo.com

... continued on page 4



# What Is All The Fuss About?

By Lafe Tolliver, Esq

Guest Column

"Until the lions have their own historians, the history of the hunt will always glorify the hunter." –Chinua Achebe-

You may have heard the recent political dust-up about some GOP Senators blowing a fuse when they were informed that some federal funding would be part of undergirding the epic educational presentation called the 1619 Project.

That award winning project seeks to present historical balance into the previously erroneously but established American narratives of how slavery impacted this country.

The crux of the project is to re-balance the past and refute any racist presumptions that somehow slavery and its impact was just an inconvenient "blip" on America's history; and how White Americans are fed an anemic porridge of half truths and outright lies about America's racial history.

The agitated senators, mostly from the South, are upset because the 1619 Project takes direct hits at their cherished beliefs, inculcated by a teaching corps that blindly fed them falsehoods as youths and young adults, and which that shaped both their nascent personal and political beliefs.

These bBeliefs that fomented a faux history that Southern plantation owners and genteel Southern society was "kind" and "noble" to the transplanted Africans who were kidnapped and forced to become slaves with their skin color being the single determining factor.

White America has a nigh death grip on any positive historical narrative that portrays itself as a benevolent America that who treated those "wretched" African souls as merciful objects of their Christian benevolence.

Some Wwhite historians who treat facts as pliable, corrupted the real history of slavery in America so that White Americans could mentally cope with their abysmal treatment that they meted out to the African men and women and children who landed on these shores from in the year 1619 onward.

The 1619 Project, developed by Nikole Hanna Jones and writers for the New York Times, has won awards for its sane attempt to balance the scales of history and inform its readership, via its documented scholarship, that slavery was the primary dynamico in the amassing of the initial corpus of wealth of this country due to the free and exploited labor of the transplanted Africans.

The 1619 Project illuminates how some early Wwhite historians blatantly disregarded clear facts in order to present a false picture of the actualities of slavery; and this corrupted presentation was, in part, to preserve the image of whiteness being supreme and blackness being of no value.

So, when you hear Southern sSenators bemoaning the 1619 Project as being revisionist ..., it is. It is revisiting and revising and informing educational book publishers that their prior texts of minimizing the horrors of slavery and being dismissive of the economic and cultural contributions of the Africans (later labeled as slaves) needs a monumental redo.

The 1619 Project would indeed be a strange read to those protesting Southern sSenators who were fed a milk and later, a meat diet, that it was the South which was oppressed and was the victim of Northern aggression; and that plantation owners just "loved to pieces" their ever smiling nNigra mMammies and banjo dancing Stepin Fetchits'.

Whenever historians state the obvious facts that the peculiar institution of slavery was modeled to develop a capitalistic country and that the generators of that initial mass wealth, which allowed early America to later become a world powerhouse, were Bblack folks, some Wwhite folks get edgy.

They are edgy because their self-imposed image of being a charitable people to all is being severely questioned by Project 1619.

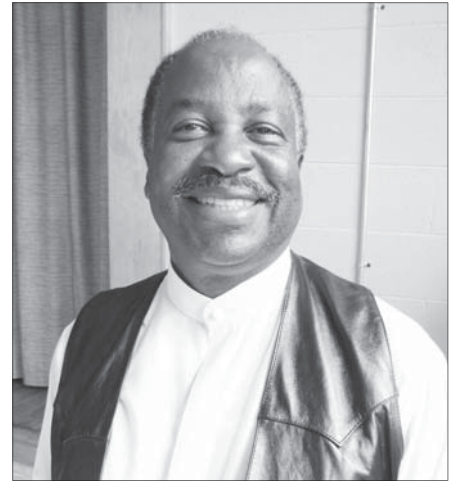
Even after the passage of hundreds of years since 1619, White America has yet to solve its shameful racial history.

That is one reason why the issue of reparations is so fraught with fear to many Wwhite people. Reparations would be an explicit acknowledgement that America cursed and abused people of color for hundreds of years; and now for them to economically account for it, is too much of a grasp for this country.

The 1619 Project deftly holds up a mirror to the troubled conscience of this country for its past and current racial sins and petitions for it to atone for its wrongs before it can come out of its racially self-induced coma.

A coma in which America seeks to whitewash or deny its true past and is willing to accept a sanitized history but which that still marginalizes the African; and continues to justify glaring racial inequities based upon their original concoction and propagation of the Big Lie: that America was always the land of the free and the home of the brave.

Contact Lafe Tolliver at [tolliver@juno.com](mailto:tolliver@juno.com)



Lafe Tolliver

## Loans for every need.

- Mortgage Loans
- Home Equity Loans & Lines of Credit
- Home Improvement Loans
- Auto & Motorcycle Loans
- Boat & RV Loans
- Visa Credit Cards

**GLASS CITY  
FEDERAL  
CREDIT UNION**

Toledo • Maumee • Bowling Green  
419-887-1000 • [glasscityfcu.com](http://glasscityfcu.com)

Loans & credit cards subject to credit approval & membership eligibility. NMLS ID #445858.



**We're working for you!**

*Perryman... continued from page 2*

**Perryman:** Please go back and elaborate on the healing that we need and your relationship with council. You also alluded to that challenge when I interviewed you shortly after you arrived in Toledo three years ago.

**Crosby:** I come from a community where there was mutual respect between councilmembers, and there was respect for the professionalism that the administrator brought to the job every single day. I recognize that Toledo is in a different form of government (Mayor-council). Still, in the experiences that I've had in the short time that I've had working in Toledo, one of the things that I hear repeatedly is this us versus them tone between the elected body and the administration. Toledo has to continue to work on that in order to move the organization forward.

I feel that there is sometimes, a lack of appreciation for the work that our senior leadership team does on a daily basis and the barriers we're up against.

**Perryman:** There has been no discussion of police reform in Toledo like in many other cities, so what's up with that?

**Crosby:** You asked me earlier if I had any regrets. I don't know that I would say this is a regret, but the reform process is probably something that I would've done differently.

**Perryman:** Please elaborate.

**Crosby:** What I've seen other communities do and even in my past experience working on community-police relations, we tried to do this, but I think we should've had a facilitator that did not have any stake in the game come in and help us navigate some of these conversations so that we could come up with some meaningful reform recommendations.

There were some things that the mayor did early on that we learned, that we used as practices from other communities. Still, I would've hoped that what you see from Houston and Dayton and some other communities where they produce a document that provided some recommendations and metrics to actually measure performance. I wish we could've come up with a document like that, in the end, to share with the communities so that there was some accountability in place that they could look at regularly.

We tried to navigate the best that we could in terms of being respectful of the folks that we asked to volunteer in those roles and allowing them to do that work, and give them the space to do that work. We're currently

waiting for them to provide recommendations on a path forward while we're also trying to figure out what we can do without giving the impression that we're by-passing or overstepping the task force.

It would've been helpful to have a facilitator with past professional expertise in that work to help move the conversation forward.

**Perryman:** Finally, several high-level employees came to work for the City of Toledo and left shortly after being hired. Is the fact that we are not able to retain employees of color a structural issue?

**Crosby:** I think it's a couple of things. Everybody is looking for good people and good people who have experience navigating the social issues we're dealing with right now. So, if you want to retain folks, you have to make sure that what you're offering is financially competitive, and that's probably one of the biggest challenges that we have internally. When we were recruiting talent and opening up our searches beyond Toledo, our salary ranges are one of the biggest challenges we ran into compared to other cities our size.

African-American talent is being sought after and recruited all over just because people are like, wait a minute, we do need to make sure that we diversify our teams. So, amenities that are offered in terms of being able to network and other social amenities are also important so that people feel like it's a welcoming community. I think that's really important to help people decide whether or not this is a place they want to live and raise a family. That's probably the most significant thing for us internally.

I would also say former employees left at a time where there was a lot of social unrest and every organization was looking for diverse people and so that's really what pulled them away. We were going through some structural changes internally in terms of building up our team and we've finally done that and added staff and more resources to the Diversity and Inclusion department. So, the next person would be set up nicely to be successful.

**Perryman:** Several people have told me that they're sad that you're leaving. How do you respond?

**Crosby:** My heart is full because, internally, I have gotten so many messages from employees that I didn't even realize saw what I did every day. I feel like that means that my heart was in the work, and they know that I was trying to do the best that I could to make Toledo better.

I have met some truly great people in the city, and I appreciate everything. Everybody was very welcoming and allowed me to engage and be part of this community. I'm forever grateful for that and it warms my heart that people saw me as a valuable resource to the community. It means a lot to me.

**Perryman:** Are there any final words you have to the residents of Toledo?

**Crosby:** I would just say this is bittersweet. I really enjoyed working with this team. I can't overstate that, and I really appreciate Mayor Kap-szukiewicz taking a chance on me and allowing me to use my voice and be open and honest about things.

I would just hope that if he gets the opportunity to get reelected people take the time to get to know him and get to know his heart, and understand that he is really about doing the right thing. The mayor is open to constructive criticism and recommendations and this is a massive opportunity for Toledo. We're in an excellent position to grow and be great compared with our peers.

Contact Rev. Donald Perryman, Ph.D. at [drdperryman@centerofhopebaptist.org](mailto:drdperryman@centerofhopebaptist.org)



**R.W. LEADERSHIP**

## Leadership Training

- Time Management
- Personality Profile
- Speed of Trust
- Servant Leadership
- Conflict Resolution
- Team Development

**(567) 703-6272**  
**Regina Mack**

**"Leaders think and talk about the solutions. Followers think and talk about the problems."**

-Brian Tracey

*R.W. Inspires*



# GLASS CITY GRIND

**Saturdays @ 8 AM**  
**Sundays @ NOON**  
**Anytime on VOD**

Find us on:





# Tulsa: 100 Years Later, No Justice for All

By Sojourner's Truth Staff

One hundred years ago, in Tulsa, Oklahoma, on Memorial Day weekend, 19-year-old Dick Rowland, a Black shoe shiner, was arrested and accused of assaulting Sarah Page, a 17-year-old White elevator operator.

Rumors began to spread that he would be lynched as a group of White men gathered at the jail where he was held. About 75 Black men, some armed, also gathered at the jailhouse to make sure that a lynching did not occur. Given assurances by the sheriff that there would be no lynching, the group of Black men were convinced to leave, but returned when they heard the White group had not similarly been dispersed. They were accosted by a group of White men and "all hell broke loose," according to the sheriff.

Twelve people were killed – 10 White men and two Black men – and news of the incident spread around the city. Mob violence resulted and the target was Greenwood.

## The History of Greenwood

Large numbers of African Americans had arrived in Oklahoma during the 19th century, first due to the removal of Native Americans and their forced march west; then during the land rushes in the last decade of the century.

At the start of the 20th century, O.W. Gurley, a wealthy landowner from Arkansas, arrived in Oklahoma as part of the land rush crowd. He moved to Tulsa in 1906 and purchased 40 acres of land on which he would build a rooming house, three two-story buildings and five residences. He also purchased an 80-acre farm in a nearby county.

Greenwood, as the area became known, also earned the moniker of the "Black Wall Street," as it became one of the most commercially successful African-American communities in the country. The area attracted many new residents and visitors, such as Booker T. Washington. New Black arrivals were also enticed by the opportunity to strike it rich in the booming Oklahoma oil fields.

Greenwood Avenue was one of the few streets that did not cross through both black and white neighborhoods, and in 2006, shortly after Washington's visit, the Greenwood neighborhood was formally established. By 1921, it was home to about 10,000 Black residents – Pine Street to the north, Archer Street and the Frisco tracks to the south, Cincinnati Street on the west and Lansing Street on the east.

Hannibal Johnson, author of *Black Wall Street: From Riot to Renaissance in Tulsa's Historic Greenwood District*, writes that the area survived economically by keeping money within the community.

"The district really took off as an economic and entrepreneurial kind of Mecca for Black folks because this was an era of segregation. Black folks were shut out from the dominant white-led economy in what I call an economic detour. In other words, when they approached the gate of economic opportunity at the white dominated downtown Tulsa economy, they were turned away. So they created their own insular economy in the

...continued on page 7



Greenwood after the riot



Men sift through the rubble of the Gurley Hotel



National Guard escorts Black men to internment camp

## A Grant up to \$1,500 towards your Mortgage Closing Costs

### ELIGIBILITY QUALIFICATIONS

- Purchase of a primary residence
- A signed purchase agreement must be presented to reserve funds
- Must meet income eligibility requirements at or below 80% of the area median income<sup>1</sup>
- Property must be located in federally designated low or moderate income census tracts where State Bank lends<sup>2</sup>

State Bank CARE Grant funds are limited, so **APPLY TODAY.**



1900 Monroe Street, Suite 108  
Toledo, OH 43604  
419.508.0806

390 W. Market Street  
Lima, OH 45805  
419.228.3361

Member FDIC | Equal Housing Lender

Program subject to change with or without notice. Other restrictions may apply. Please see lender for complete details. Subject to credit approval.

<sup>1</sup>As updated annually by the FFIEC (Federal Financial Institutions Examination Council).

<sup>2</sup>Property must be located in a census tract within the following counties: Allen Ohio, Allen Indiana, Defiance, Delaware, Franklin, Hancock, Lucas, Madison, Union, Williams, and Wood. Actual amount applied at closing.

**Join Us!**  
Every Sundays at 5:30 p.m.  
Let's FELLOWSHIP together - Acts 2:42

**Dr. John W. Williams, Pastor**

**Eastern Star Missionary Baptist Church**  
2102 Mulberry Street, Toledo, Ohio 43608  
(419) 726-1180, FAX: (419) 726-6240  
E-mail: EasternStarMBC@aol.com  
Website: www.drjwilliams.org

“I Was Just Thinking...”

# Awaiting Chauvin Sentence, Pundits Still Analyzing George Floyd's Purpose

By Norma Adams-Wade

Founding Member of the

National Association of Black Journalist

Texas Metro News Columnist

George Floyd, a blank piece of paper, unlearned characters in the Bible. George Floyd was just a nobody. Right? Laws would call him a criminal. A blank sheet of paper is just paper. Right? Its status rises when something important is written on it. Unlearned Bible characters, with no wealth or titles, were simple peasants but continue to intrigue Bible scholars and believers. Just a this, just a that – and then, something happens to change the narrative and history.



Norma Adams-Wade

Floyd, of course, became a cause célèbre when he died Memorial Day, May 25, 2020, during an arrest. Derek Chauvin, at the time a Minneapolis police officer, pressed his knee on Floyd's neck for more than nine minutes while the 46-year-old was handcuffed on the ground repeatedly saying “I can't breathe.” Floyd died under the officer's knee. A bystander videotaped the killing, posted it on social media, and global protests erupted, plus shrill calls for police reform policies.

Media widely reported the prophetic words of Floyd's then six-year-

old daughter, Gianna “Gigi” Floyd, who acknowledging the global outpouring, proudly proclaimed on social media, “Daddy changed the world!” A jury, 11 months later on April 20, 2021, unanimously found Chauvin guilty on three charges: second-degree unintentional murder, third-degree murder, and second-degree manslaughter. The former 19-year veteran officer is set to be sentenced June 16.



George Floyd

Meanwhile, news headlines continue to chronicle new deaths of African-Americans at the hands of police – one that happened and was widely reported on the day of Chauvin's verdict. Ironically, Chauvin's sentencing date is three days before African-Americans, across the nation and particularly in Texas, will celebrate Juneteenth. The date commemorates June 19, 1865 when enslaved Africans in Texas learned two years late that the government had legally ended slavery in the nation.

Some pundits see social justice parallels between Juneteenth and Chauvin's sentencing. In the meantime, society has changed, drastically, brought about largely by just an ordinary man -- flawed, off-course and maybe destined for the demise the world witnessed on camera and social media. KARE TV 11, in Minneapolis where Floyd was killed, investigated the legal fallout that followed the murder of the Fayetteville, NC native who grew up in Houston.

The station's research shows that the proposed George Floyd Justice in Policing Act – a police reform bill that passed the Democratic-led House March 3, 2021 and is stalled in the Senate -- is among a ballooning numbers of police reform laws spurred by Floyd's murder. KARE 11's investigation quotes Amber Widgery, Principal (or leader) of the bipartisan National Conference of State Legislatures that tracks national, state and local police reform bills.

Widgery was quoted in mid-April as saying that since Floyd's May 25, 2020 death, 111 new policing reform laws have passed, about 1,600 others still are pending, and nearly 50 bills and resolutions bear Floyd's name. The fallout from the Floyd death, has been monumental and life-altering – making true young Gigi's proclamation. Lawmakers, scholars, news pundits, clerics, and corporate leaders have put forth their interpretations of what it all means and how to make policing more fair and safer. The world may never know why the 2020 death and life of the flawed, alleged criminal have had such an impact.

Those blank sheets of paper – whether papyrus, parchment, scrolls or bamboo – that have shaped government: the Magna Carta, Declaration of Independence, U. S. Constitution, and Bill of Rights to name a few – ultimately became national treasures when written upon. And those blemished, Biblical characters who originally were nobodies -- Moses, Rahab, Peter, Paul, Mary Magdalene, and the uneducated fishermen disciples, to name a few – are names cemented in national memory. Will Floyd's legacy be that he changed policing? Maybe time will tell.

*Norma Adams-Wade, is a proud Dallas native, University of Texas at Austin journalism graduate and retired Dallas Morning News senior staff writer. She is a founder of the National Association of Black Journalists and was its first southwest regional director. She became The News' first Black full-time reporter in 1974. norma\_adams\_wade@yahoo.com*

BOOK NOW.  
TRAVEL WHEN  
YOU'RE READY.



EUGENE F. KRANZ

TOLEDO EXPRESS

AIRPORT

WWW.TOLEDOEXPRESS.COM



*Tulsa... continued from page 5*

Greenwood district and blossomed because dollars were able to circulate and recirculate within the confines of the community because there was not much of an option, given the segregation that existed here and elsewhere."

"Greenwood was an incredibly vibrant and energetic place," says Scott Ellsworth, historian and author of *The Ground Breaking*, a historical investigation into the Tulsa massacre. "There were 35 restaurants. There was an equal number of grocery stores and meat markets. There were a dozen churches ... two African-American schools, a black public library branch and an African-American hospital."

Such prosperity did not go unnoticed in the white community especially as the Ku Klux Klan was gaining power and influence. Voting restrictions in the form of poll taxes and literacy test for Black voters were the norm and were regularly upheld by the state courts.

"You have a really successful Black business community across Frisco tracks, literally across the track from downtown Tulsa," says Johnson. "You have white people, some of whom are not doing well economically, who can look across those tracks and see Black people in homes, driving cars, furnishing their homes with pianos, women wearing furs, all the trappings of economic success. And so there's that dissonance between what these people think ought to be, based on white supremacy, and what actually is. And one of the ways to harmonize that dissonance is to bring the Black folks down a peg through violence."

### The Memorial Day Weekend Massacre

The White mob turned its destructive violence on Greenwood and wreaked havoc on the community over the Memorial Day weekend.

On May 31, 1921 and into the following day, the White mob destroyed Greenwood. The attack was carried out not only by the mob on the ground but also by private aircraft dropping bombs on the district.



*Viola Fletcher testifies before Congress*



*Smoldering ruins of African-American homes*

An estimated 300 people were killed, about 1,200 homes were burned to the ground along with at least 60 businesses, all the churches, a school, the hospital and the public library, according to a report by the Human Rights Watch. At least \$1.5 million in damages – about \$32 million in today's dollars – were claimed, but that is said by experts as an underestimation.

More than 800 people were hospitalized and as many as 6,000 Black residents were interned by the National Guard. About 10,000 residents were left homeless.

The years following the Tulsa massacre were filled with ... silence. Many survivors left Tulsa and those who stayed in the city, both Black and White residents, stayed silent for decades. The massacre went unacknowledged in local and national histories and news reports.

In 1996, 75 years later, a bipartisan group in the state legislature formed the Oklahoma Commission to Study the Tulsa Race Riot of 1921 and ultimately recommended a program of reparations for survivors and their descendants. A park memorializing the victims was dedicated in 2010 and in 2020 became part of the Oklahoma school curriculum.

Recently, several survivors testified before the United States Congress about the events of 100 years ago, among them Viola Fletcher.

On May 31, 1921, Viola Fletcher was seven years old. The 107-year-old survivor said this to Congress two weeks ago:

"I will never forget the violence of the white mob when we left our home. I still see Black men being shot., Black bodies lying in the street. I still smell smoke and see fire. I still see Black businesses being burned. I still hear airplanes flying overhead. I hear screams. I have lived through the massacre every day. Our country may forget this history, but I cannot. I am 107 years old and I have never seen justice. I pray that one day I will. I have been blessed with a long life and have seen the best and the worst of this country. I think about the terror inflicted upon black people in this country every day."

## DENTAL Insurance

Medicare does not cover dental care<sup>1</sup>. That means if you need dental work done, it can cost you hundreds or even thousands of dollars out of your own pocket.

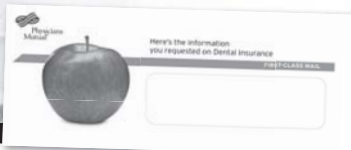
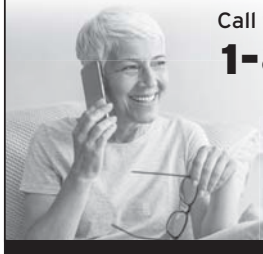
Get Dental Insurance from Physicians Mutual Insurance Company. It helps cover over 350 procedures – from cleanings and fillings to crowns and dentures.

- See any dentist you want, but save more with one in our network
- No deductible, no annual maximum
- Immediate coverage for preventive care

Call to get your FREE Information Kit

**1-844-334-8627**

dental50plus.com/truth



<sup>1</sup> "Medicare & You," Centers for Medicare & Medicaid Services, 2020

Includes the Participating (in GA: Designated) Providers and Preventive Benefits Rider. Product not available in all states. Acceptance guaranteed for one insurance policy/certificate of this type. Contact us for complete details about this insurance solicitation. This specific offer is not available in CO, LA, NY; call 1-800-969-4781 or respond for similar offer. Certificate C250A (ID: C250E; PA: C250J); Insurance Policy P150 (GA: P150GA; NY: P150NY; OK: P150OK; TN: P150TN); Rider kinds B438/B439 (GA: B438B). 6255

## FINAL EXPENSES



**Check this off your to-do list!**

**Guaranteed, modified whole life coverage from Physicians Life Insurance Company that's affordable and easy to get.**

- Guaranteed acceptance for ages 45 to 85\*
- No medical exam! No health questions!
- Lock in your rate for life

**Call for a FREE Information Kit.**

**1-855-961-2209**

**>> www.life55plus.info/truth**

\*Ages may vary by state. Guaranteed for one of these life insurance policies. Benefits reduced first two years. Insurance Policy L770 (ID: L770ID; OK: L770OK; TN: L770TN). 6238

# A Father Is the Cornerstone of the Family

Meet Jay Black Jr.

Special from Brothers' United

Pathway Inc. Brothers United Program has served Toledo Lucas County Ohio for over five years having helped over 2,016 fathers who have more than 5,000 children. Our commitment is to serve fathers in Lucas County with workshops in Fatherhood, Healthy Relationships and Economic Stability. We are doing this through our newest program BU2.0 We also assist with child support - from paternity to arrears and any other barriers fathers may face.

We are hi-lighting Jay Black, Pathway Inc. CEO as an outstanding Father.

*"To me, Fatherhood means being a recognized leader in your family and, most important to me at least, is being a positive role model for your children."*

Jay Black is the CEO of Pathways Inc. He has been a strong advocate for the work around Fatherhood since before coming into his new position, but even more so now as he acknowledges and supports the work of Brothers United.

As a father of two sons himself, Mr. Black reflects on why the role of Fatherhood is so important to him.

*"I'm a firm believer that children can't do something if they've never been taught. I always took teaching my boys seriously because I couldn't expect them to know what to do if I never taught them. We spent a lot of time, me and their mom, teaching them what, at the time, we thought were the right things. They'll tell me from time to time that some of the stuff they were taught stuck with them. And they're both adults now, but it stuck with them even until today. And I could also say that about my parents and my grandparents. Some of the principles and life values that they taught me way back when still remain with me today, and I in turn taught some of those same values and perspectives to my boys."*

At 23 years old, Mr. Black became a father and his life began to change. At the time, it was a change that challenged him, but today he recognizes it as a change that altered his life for the better.

*"I was an adult in age, but a child in experience and outlook. I was ill-prepared to be a father. In fact, I was a kid myself. I went from being a boy to a father in a matter of weeks. My whole perspective changed. It wasn't about me anymore, it was all about my son and I saw life to be much more serious. Before having him, I was carefree and did what I wanted to do*



Jay Black

*when I wanted to and really didn't have a serious outlook on life at all. But when he came on the scene, unexpectedly I might add, I was not prepared, so God used him to wake me up and to see the seriousness of life. All of a sudden I had this little boy in my hands that I was ill-prepared to number one, be a father to; number two, be a role model for; and number three, take care of."*

Though becoming a father didn't come easy to Mr. Black, he soon realized his need to step up and take full-responsibility as a man.

*"I made a personal vow to my son and myself because he didn't ask to be here, but all of a sudden he was. I made a personal vow to get my stuff together and try to be the father that I didn't have, although I did have a father in the home."*

Mr. Black grew up in a two-parent household, but talked about how he and his father didn't have a close relationship due to his father being an alcoholic.

*"I never wanted to be my father to my kids. I wanted to have a better relationship with my kids than I did with him, and I do. Not that he was a bad guy, but he was never taught how to be a leader, so how could he teach me to lead my family? I knew beyond the shadow of a doubt that he loved me, even though the only time he told me he loved me was when he was drinking. But there was no doubt in my mind that he loved me and he protected his family furiously. That's where I got it from."*

Regardless of his father's alcoholism, Mr. Black still believed that having him in the home held a positive impact.

*"He was a good provider and he was in the home every night, even after a drunken binge. The fact that he was in the house, I wouldn't do certain things because if I did, I knew that he would come down on me. In a round-about way, he shaped my positive outlook on Fatherhood because I wanted to be the father to my kids that he wasn't to me and again, I don't hold that against him because he never knew his father so he couldn't teach me how to be a man. But thanks be to God, I was able to teach my boys how to be men, how to be independent and although neither one of them have kids yet, when they do, I'm confident that they'll be strong leaders in their homes and in their children's lives."*

After having kids of his own, Mr. Black and his father grew a closer relationship.

*"He used to tell me: 'You don't understand what I'm telling you today, but when you have your own children, you'll see it.' And that turned out to be true."*

Mr. Black's personal experiences with fatherhood has led him to highly praise the work that Brothers United has done and continues to do for father in the community.

... continued on page 9



## Grape Vineyard Establishment Workshop

Thinking about starting a vineyard, but not sure how to get started?

The Agriculture Incubator Foundation (AIF) Farm is collaborating with Central State University Extension to host a Grape Vineyard Establishment Workshop. AIF is dedicated to promoting the development, advancement, and appreciation of agriculture systems in NW Ohio.

- Learn how to install the posts and anchor the end row
- Learn how to space the vines
- Learn how to install the wires
- Learn about different cultivars of grapes that grow well in Northwest Ohio

### Presenter:

Michelle Wallace, Agriculture and Natural Resource Extension Educator, NW Ohio

**When:** Saturday, June 26, 2021

**Time:** 10am—12pm

**Where:** Agriculture Incubator Foundation Farm (AIF)

13737 Middleton Pike,  
Bowling Green, OH, 43402

**Cost:** Free

**Registration:** <https://forms.office.com/r/3vehbTbMhh>

Central State University, an 1890 Land-Grant Institution, is committed to the full inclusion of all people, and does not discriminate on the basis of age, ancestry, race, color, disability, gender identity or expression, genetic information, HIV/AIDS status marital or family status, military status, national origin, political beliefs, religion, sex, sexual orientation, or veteran status. If reasonable accommodations are needed, please contact the Department of Human Resources at 937-376-6540. Affirmative Action/Equal Opportunity Institution.

Central State University Extension | 1400 Brush Row Road | Wilberforce, OH 45384 | (937) 376.6101 | CentralState.edu/csuxextension  
Central State University is an Equal Opportunity Institution.





Jay Black... continued from page 8

"I am a strong advocate of the Brothers United Program. I recognize the need for it because not everybody had the chance at fatherhood that I did. I never knew any other man in my life but my father. A lot of kids can't say that. They don't even know who their father is or they may not have any relationship with their father," Mr. Black said.

"The father is the cornerstone of the family. When you take the father out of the equation, all sorts of bad things can happen. BU helps put the father back into the equation, and I'm saying that as long as they're not abusive and they're trying to do the best they can, that can only yield positive results. I thank God that my father was in my life, even to the extent that he was because I'm convinced that I would have turned out a lot differently had he not been in my life."

When asked what final words Mr. Black wanted to leave with, he said this:

"I want to issue a challenge to all the young fathers, or even older fa-

thers, going through the Brothers United program. One of the goals that I set for myself in terms of being a father to my children is this: kids didn't have a say so of being here first of all, and second of all they didn't have a say so in who their parents are. So I always had a goal that if my boys had the choice to pick their parents, they would pick me. And I'm happy to say that if you asked them if they had the opportunity to choose from all the fathers that were available would they pick me, and they'd tell you, 'Yeah, I'd pick my dad because he's a standup guy and he's always been there for us. Even though we don't agree with what he says all the time, at least we know he has our best interests at heart in every case and all the time.'"

For more information on BU2.0 please call (419) 279-0798.



## Statement by President Joe Biden on the First Anniversary of George Floyd's Murder

"Today, in the Oval Office, I met with George Floyd's family.

"Although it has been one year since their beloved brother and father was murdered, for the family – for any family experiencing a profound loss – the first year can still feel like they got the news a few seconds ago. And they've had to relive that pain and grief each and every time those horrific 9 minutes and 29 seconds have been replayed.

"Yet the Floyd family has shown extraordinary courage, especially his young daughter Gianna, who I met again today. The day before her father's funeral a year ago, Jill and I met the family and she told me, 'Daddy changed the world.'

"He has.

"His murder launched a summer of protest we hadn't seen since the Civil Rights era in the '60s – protests that peacefully unified people of

every race and generation to collectively say enough of the senseless killings.

"Last month's conviction of the police officer who murdered George was another important step forward toward justice. But our progress can't stop there.

"To deliver real change, we must have accountability when law enforcement officers violate their oaths, and we need to build lasting trust between the vast majority of the men and women who wear the badge honorably and the communities they are sworn to serve and protect. We can and must have both accountability and trust in our justice system.

"The negotiations on the George Floyd Justice in Policing Act in Con-

... continued on page 13

**GENERAC**

**Prepare for power outages with a Generac home standby generator**

**REQUEST A FREE QUOTE!**  
**877-925-0512**

**FREE**  
7-Year Extended Warranty\*  
A \$695 Value!

Offer valid February 15 - June 6, 2021

**Special Financing Available**  
Subject to Credit Approval

\*To qualify, consumers must request a quote, purchase, install and activate the generator with a participating dealer. Call for a full list of terms and conditions.



**LeafFilter**  
GUTTER PROTECTION

**CLOG-FREE GUTTERS OR YOUR MONEY BACK GUARANTEED!**

BEFORE LeafFilter AFTER LeafFilter

**15% OFF**  
YOUR ENTIRE LEAFFILTER PURCHASE\*  
Exclusive Offer - Redeem By Phone Today!

**ADDITIONALLY**

**10% OFF SENIOR & MILITARY DISCOUNTS**

**MADE IN THE USA**

**PLUS!**

**THE FIRST 50 CALLERS WILL RECEIVE AN ADDITIONAL 5% OFF\*\***

**FINANCING THAT FITS YOUR BUDGET!†**

**CALL US TODAY FOR A FREE ESTIMATE**  
**1-866-275-2715**

**Promo Code: 285**  
Mon-Thurs: 8am-11pm, Fri-Sat: 8am-5pm, Sun: 2pm-8pm EST

\*The leading consumer reporting agency conducted a 16 month outdoor test of gutter guards in 2010 and recognized LeafFilter as the "#1 rated professionally installed gutter guard system in America." CSLB# 1035795 DOP# 10783658-5501 License# 7656 License# 50145 License# 41354 License# 99338 License# 128344 License# 218294 License# 603-233-977 License# C102212986 License# C106212946 License# 2705132153A License# LEAFFNWB22JZ License# WV056912 License# WC-29998-H17 Nassau HIC License# H01067000 Registration# 176447 Registration# HIC 0649905 Registration# C127229 Registration# C127230 Registration# 366920918 Registration# PC6475 Registration# IR731804 Registration# 13VH00953000 Registration# PA069383 Suffolk HIC License# 52229-H

# The Truth HEALTH



## Fresh Start This Month

By Patrice Powers-Barker, OSU Extension, Lucas County

The Truth Contributor

There is an outdated food rhyme that claims, "fresh is best." While fresh fruits and vegetables can be great, there are some examples when they might not be the best choice. For example, if fresh produce is not available, canned and frozen can be great options. Have you ever opened the crisper drawer in the refrigerator and discovered some very old fruits or vegetables? Forgetting about fresh produce is not the best. When you do have fresh produce, the best idea is to eat it while it's still fresh!

This month is National Fresh Fruit and Vegetable Month. For many, it is the perfect time to harvest or buy local, fresh produce. Where we live, the garden and farm season is not quite in full swing but it has started for the year and it will be offering many more options as the month and summer goes by.

If you do have a good option to include fresh produce from the garden or farmer's market, it can taste really good! The main goal of observing National Fresh Fruit and Vegetable Month is to increase the amount of fruit and vegetables during your day.

The following tips are from Michigan State University. This month,

- Make a point of buying more fruits and vegetables
- Purchase convenience sizes, if this will help you eat more fruits and vegetables
- If you need to stretch the budget, buy the larger package and divide fruit or vegetables in snack size servings, such as a handful of cut up carrots or baby carrots, washed snap peas, or cubed watermelon and store in an airtight container or bag
- Make a tray or plate of fresh fruit and/or vegetables and leave in the refrigerator, so you have a healthy snack available while fixing a meal, sitting in front of the television or just wanting to munch on something

• If you don't enjoy all types of fruits and vegetables, experiment to find the ones you enjoy most and incorporate them into your diet

- Include fruit in dishes such as yogurt, salads, cereal, ice cream and other desserts
- Incorporate vegetables in dishes such as soups, stews, pies, wraps and sandwiches

What fruits, vegetables and herbs are fresh in the local gardens and farms right now? June is a good month to look for fresh, local strawberries! Look for springtime produce like all types of greens and lettuces, asparagus, beets, broccoli, carrots, radishes and many fresh herbs like parsley, chives and mint. Rhubarb is a common perennial fruit, meaning it comes back every year. It's known for being very tart on it's own but can taste delicious in baked goods like bread or pies.

If you usually eat rhubarb in sweet, baked goods, this tangy soup might sound unusual but it is tasty. It comes from the Ohio Farm Bureau at <https://ofbf.org/recipes/red-lentil-and-rhubarb-soup/>. The recipe specifically calls for "red" lentils but you can substitute with whatever type or color of lentils are on the grocery shelf. You can choose to garnish with fresh cilantro that is growing in gardens now.

### Red Lentil and Rhubarb Soup

Makes 6 servings

#### Ingredients

- 1 tablespoon olive oil
- 1 medium onion chopped
- 1 carrot peeled and chopped
- 1 stalk celery leaves attached
- 2 cloves garlic chopped
- 1 1/2 teaspoons cumin
- Pinch allspice
- 4 cups chicken or vegetable stock
- 2 stalks rhubarb cut into 1/2-inch pieces
- 1 cup red lentils cooked and drained (follow

the cooking directions on the bag or box)

Salt and black pepper

Optional garnishes: sour cream or crumbled feta cheese, chopped cilantro

#### Directions

Heat the oil in a large heavy pot over medium heat. Add the onion, carrot and celery and sauté for 8 minutes until soft. Add the garlic, cumin and allspice and sauté for an additional minute.

Add the chicken stock and bring to a boil. Add the rhubarb. Reduce the heat to medium low. Cook for 15 minutes before adding the cooked lentils. Once heated through, season to taste with salt and pepper.

To serve, ladle the soup into shallow bowls and optional garnish with a dollop of sour cream or cheese and sprinkle with the cilantro. Note: If a smoother soup is preferred, transfer the soup in batches to a blender and puree until smooth.

You won't typically hear me comment, "fresh is best" but I will remind you to be on the lookout for the best, fresh options this month. If fresh produce is not available, there is nothing wrong with enjoying a side of canned, frozen or dried fruits or vegetables. When fresh produce is available, many people find that fresh often *tastes* best.





**Auto Leasing  
Toledo, OH**

5880 N. Detroit  
**Month to Month Leasing**  
419-476-8674

**WE ARE A FULL  
SERVICE  
BUSINESS**





**Bernadette Joy Graham, LPC, LLC**  
Licensed Professional Counselor  
National Certified Counselor  
Certified Grief Recovery Specialist

419.409.4929  
[graham.bernadette@gmail.com](mailto:graham.bernadette@gmail.com)  
[www.bjgrahamcounseling.com](http://www.bjgrahamcounseling.com)  
3454 Oak Alley Court Suite 300  
Toledo, OH 43606

**Welcome Home to Sylvan Lakes Apartments!**

Our elegant apartments feature spacious bedrooms with ample storage, high ceilings and breath-taking views! Stop in today to see our beautifully landscaped grounds, resort-like swimming pool and clubhouse with its fully-equipped fitness center. Located just west of King road off of Sylvania Ave.

**Sylvan  
Lakes  
Apartment Homes**

4045 A Langston Place, Sylvania, Ohio 43560  
P: 419-842-8480 E: [investekmanagement.com](mailto:investekmanagement.com)



Health Section • Health Section • Health Section • Health Section • Health Section • Health Section • Health Section • Health Section • Health Section

## A Mental Health Moment

# Ways to Improve Your Mental Health

By Bernadette Joy Graham, MA, LPC, NCC, Licensed Mental Health Therapist

The Truth Contributor

The month of May in the United States has been observed as Mental Health Awareness Month which began in 1949. Mental Health America (MHA) organization started Mental Health Awareness Month in efforts to bring awareness and education to the public about mental illnesses and the importance of mental health. Social media, mainstream media and even films are utilized to spread concerns about depression, schizophrenia, bipolar disorder and suicide.



Negative attitudes and misconceptions (stigma) surround mental illnesses have often led to a nonchalant attitude or passive concern to one's mental health. As individuals, we can often place our overall health after concerns for achievements and social status. If it were not for mandated physicals for one's employer or school, many would not even consider a visit for a medical check-up.

Unfortunately, medical insurance in the United States often falls short of meeting the needs of our society such as the cost as well as the coverage. For example, many medical policies do not include mental health coverage or limited with high deductibles or co-pays for visits. Overall, historically, the topic of mental illness has been shunned, laughed at as "crazy" and viewed as some odd anomaly that if someone was diagnosed as mentally ill, it was bad luck, bad genes or just too bad.

Progress is being made slowly but surely and mental health can feel personal, as it should, but not so personal that it keeps us from reaching out or asking for some help especially after this latest pandemic. So, if you can't afford medical insurance or if mental health is not covered in your plan or maybe you still have a personal hang up with talking to a stranger about how you feel, there are organizations that offer some assistance – free of charge.

Each year, the Mental Health America organizations provides a toolkit dedicated to a theme of that year. The month of May has passed but mental health far reaches 31 days. For 2021, the toolkit was named #Tools2Thrive "providing practical tools that everyone can use to improve their mental health and increase their resiliency regardless of their personal situation." Topics and tools covered "Adapting after trauma and stress, Dealing with anger and frustration, Getting out of thinking traps, Processing big changes, Taking time for yourself, Radical acceptance."

The #Tools2Thrive website is user friendly and provides information on how to handle life stressors that are realistic and DIY (do it yourself) type prompts in both English and Spanish. Take a mental health moment to assess your thoughts and feelings about mental health, your mental health and where you stand. Even if you feel to be in optimal mind, body and soul take some time to review the information provided at the website to help loved one's and others.

Don't allow the lack of coverage or financial issues keep you from being the best version of you. In addition, realize that while life presently may be "okay," unexpected issues will arise when least expected. I can't help but urge, that if you need more help beyond a toolkit, reach out for additional assistance. While there may be pitfalls, there's always additional support. Ask your medical provider for a referral, seek support from your community, your employer, school or even health department. "You don't have to see the whole staircase, just take the first step." Dr. Martin Luther King, Jr.

Bernadette Graham is a Licensed Professional Mental Health Counselor, National Certified Counselor and Certified Grief Recovery Specialist. Provide feedback or reach out at [graham.bernadette@gmail.com](mailto:graham.bernadette@gmail.com). For appointment information please call 419.409.4929 (Telehealth is available for ongoing and new clients at this time as well as in person appointments available on Tuesdays and Fridays only). Office location is 3454 Oak Alley Ct. Suite 300 Toledo, OH 43606 [www.bjgrahamcounseling.com](http://www.bjgrahamcounseling.com)

# Taking Care of the Ones You Love More African Americans Face Being Dementia Caregivers as Their Loved Ones Age

Guest Column

Ohio State Rep. Stephanie Howse remembers the series of odd behaviors that kept raising questions about her mother: potato chips in the freezer; her mother visiting a friend and couldn't find her way back to the highway; a personality shift that was uncharacteristic.

An only child, Rep. Howse, D-Cleveland, talked with her mom. "'Ain't nothing wrong with me, everybody forgets stuff,'" she remembers her mother saying. Howse was thinking: "I am not just going to stand by and see something going on with my mom and not intervene," she said.

Both she and her mother are used to the public eye. Rep. Howse serves the district her mother, Former Rep. Annie L. Key, represented. She's tried to be open about the struggles she has faced as a caregiver. "Many times as an elected official, a public person, it can be very embarrassing for people to know your business or the turmoil in your home," she said. "But I just felt at a point that I just didn't have that luxury. I can't afford not to do anything to help my mom," Howse said.

Since the time that Howse learned her mother had mild cognitive im-

... continued on page 12

The Truth

# Art Gallery



The finest art by local artists such as Harry Terrell and Mack Walton



Fashion and jewelry by:  
The Gallery's  
Autumn Gineen

Our visitors will find: a variety of outstanding items:  
Art • Jewelry • Fashions • Fragrances & Event Space Available

Open Tuesday – Friday 10am to 5 pm

Saturdays by appointment

1811 Adams Street - 419-243-0007

Health Section • Health Section • Health Section • Health Section • Health Section • Health Section • Health Section • Health Section • Health Section

### Dementia Caregivers... continued from page 11

pairment and now vascular dementia, she has dealt with hiring in-home care, financial struggles, placement of her mother in an assisted living facility, stress. Being a dementia caregiver is a lot. Add to that the fact that Alzheimer's disease and dementia are not discussed openly in the African-American community and that contributes to isolation.

"I just think that we don't talk about it even in our environments, even at church we don't talk about it," Howse said. "Culturally speaking a lot of us are in a mindset of 'we keep family business in family business. We don't need everybody in our business and we are going to deal with it the way we are going to deal with it.' But that prevents people from sharing their story and just seeking some of the resources and support," she added.

On June 24, the Alzheimer's Association is hosting a free statewide virtual forum called "Empowering African Americans in Navigating Dementia Care." With one in three seniors dying of Alzheimer's or another dementia and African Americans being twice as likely to get Alzheimer's or dementia than white individuals, being a caregiver is something more African Americans face.

"We know that when caregivers are armed with education about the disease, support and a good care plan it helps them and their loved one," said Melissa Dever, program director for the Alzheimer's Association. "We are intentionally reaching out to provide practical tips on recognizing the disease, obtaining a diagnosis and navigating care needs after a diagnosis."

To register for the caregivers' forum, people can call the Alzheimer's Association's 24/7 Helpline at 800.272.3900. At the event, participants will hear from a physician who specializes in geriatric medicine, a caregiver, and the managing ombudsman of Pro Seniors, which helps seniors with long-term care and legal issues.

Part of the discussion will be how to know the difference between Medicare and Medicaid benefits when considering home care options and long-term care needs. "As a black caregiver, the financial pressure that has been put on me at times, it is only God for real," Howse said. She said at her mother's facility, she had to use the family's funds to pay for two years before her mother became eligible for Medicaid. "We've got to have some real conversations on financial planning," Rep. Howse added. "I really want to be able to be a source of support for people," she said.

While she said her mother's personality has changed since the diagnosis, she is thankful that her mother can still communicate and is still mobile. She said she sees a therapist once a month to help process the stress. "I have constantly had a counselor to talk through stuff," Rep. Howse said. She said during this journey as a caregiver, she has learned to put herself first "so I can be what God wants me to be and needs me to be at any time. It has helped me in my journey as a caregiver."

Howse said she first tapped into the Alzheimer's Association for some social engagement programs for her mother. While she said her mother has not really accepted her diagnosis, "she knows it is an issue and she knows it is a problem."



State Rep. Stephanie Howse and mother

While being a dementia caregiver is challenging, Howse is driven by her love for her mother and said she will continue to seek the best care for her. "I think it is irresponsible to let someone that you love just do things because that is what they want to do when you know that they do not have the mental capacity to necessarily make decisions that are in their best interest," she said.

## Fedor Applauds Passage of Covid-19 Relief Funding for Schools

### Senator Fedor speaks about House Bill 170 on the Senate floor.

Last week, state Senator Teresa Fedor (D-Toledo) applauded the Ohio Senate's passage of House Bill 170, which appropriates federal Covid-19 relief dollars to schools across the state.

"It has been three months since we passed a version of this bill back in March," Fedor said. "School districts have already started requesting these funds from the state to combat both the school funding shortfall and the coronavirus pandemic's detrimental effects on education. It is imperative that we get these relief dollars to Ohio schools as soon as possible. Parents, teachers and students in the communities that we represent are depending on us."

House Bill 170 appropriates a total of \$787 million to the Ohio Department of Education to provide additional federal emergency relief funds to public and nonpublic schools. These funds will help schools offer programs to address learning loss and keep learning environments safe and healthy.

In addition to funding for schools, House Bill 170 also appropriates \$7 million of dedicated funds for fiscal year 2021 to the Adjutant General for coronavirus relief efforts and \$173 million of federal funds to the Department of Health for Public Health Emergency Response for fiscal year 2021.

"Our schools do so much more than educate our students," Fedor said. "They connect students with resources that help with trauma and provide social-emotional support. Nearly 50% of children live in poverty, and in many cases, schools provide the only meals some children get in a day. They provide a superior service to our children and continued to do so in the face of a once-in-a-lifetime crisis. As this is the last week of the 2020 pandemic school year, these dollars are coming just in time."



**Ms. Ronda**  
Independent Beauty Consultant

**If you love yourself call me.**  
**Let's transform your life.**  
**920-550-8968**  
**Email: msiamjafra@gmail.com**  
**Website: www.jafra.com/rcoger**

**When You Look Good, You Feel Good.**



**Discover the beauty within.**



# The Secret History of Home Economics by Danielle Dreilinger

By Terri Schlichenmeyer

The Truth Contributor

You've had a lot on your plate this past year.

Lock-downs, virtual classes, and stay-at-home orders weren't all bad, though; the hunker-down was an opportunity for a new hobby. Knitting busied your fingers. Reading engaged your mind. Newly-discovered baking skills literally added to your plate and, as in *The Secret History of Home Economics* by Danielle Dreilinger, Great Grandma would be proud.

Our nation wasn't but a few decades old when it became very clear that some citizens were lacking resources, to the point of "disadvantage." Women, for example, were generally solely in charge of the home and everything about it, and that often made for a hard life. By the 1870s, though, help was coming: Ellen Swallow, a "country girl" with an astounding drive to learn insisted on studying the growing new field of science. She then made it her life's work to use what she'd learned to better the lives of women.

Margaret Murray Washington saw the same need, but in a different way: born just before the Civil War ended, she knew that Black women likely already possessed housekeeping skills and needed no further instruction there. Washington, wife of Booker T., instead pushed for the creation of "domestic science" classes at Tuskegee, believing that a formal degree would ensure racial equality.

The idea of domestic science (or "home economics," as it was later called) was not without detractors but ultimately, emphasis was placed on science and economics. Women learned efficiency in daily chores, but they also learned ways to save money and fix everything from cloth-

c.2021  
Norton  
\$27.95 / \$36.95 Canada  
348 pages

ing to appliances; food safety, gardening, sanitizing, and healthy cooking. Professional home economists reached out to women to enhance communities. Women reached out to county professionals for tips during peacetime and war.

By the 1970s, feminism swept across the country and home-ec "seemed practically to break loose from a corset." It became clear that such things weren't just for women; still, by the end of the decade, home ec was becoming more quaint than quintessential.

Says Dreilinger, it's high time we bring it back.

There's one important thing you'll fully understand after you've read *The Secret History of Home Economics*: our foremothers were not to be trifled with. They were watchful, highly desirous of education, progressive, ingenious, and humble about their ignorance. In short, as author Danielle Dreilinger shows, Great Grandma was fierce.

Home Ec, as it turns out, wasn't originally just the homey, cooking-sewing-baby-care classes like those you had in high school. Adult women, both professionals and everyday housewives, fought hard to gain opportunities for all homemakers and to turn the job into one with esteem. Those warriors came from surprising corners to do that, and how they did it is a story complete with embedded racism, Eleanor Roosevelt, two women who were "essentially married to each other," and practice-babies.

Readers of women's history will love this book, as will general historians, feminists, and anyone with an interest in domestic arts. There's still work to do, so find *The Secret History of Home Economics* and dish it up.

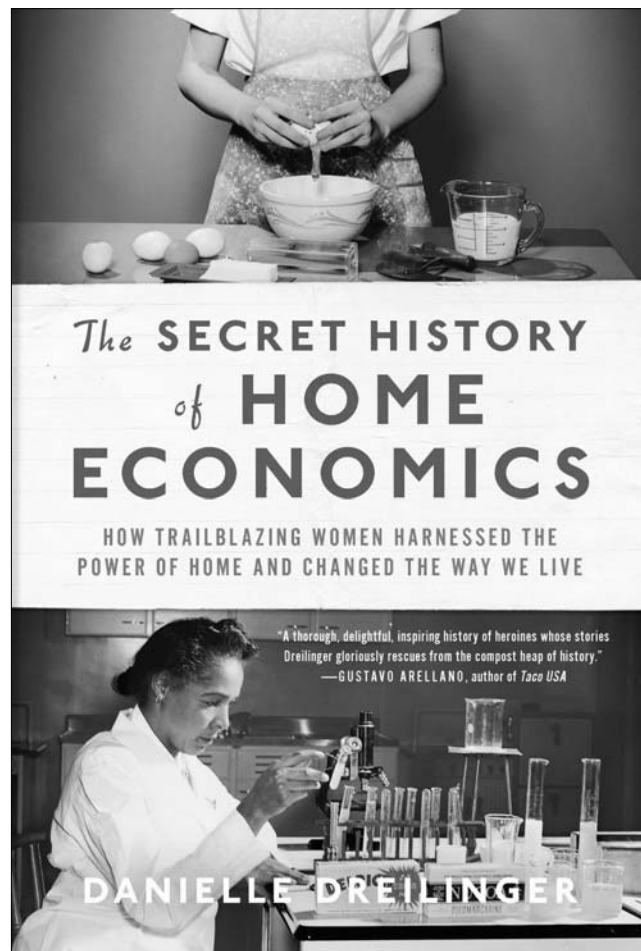
George Floyd Statement... continued from page 9

gress are ongoing. I have strongly supported the legislation that passed the House, and I appreciate the good-faith efforts from Democrats and Republicans to pass a meaningful bill out of the Senate. It's my hope they will get a bill to my desk quickly.

"We have to act. We face an inflection point. The battle for the soul of America has been a constant push and pull between the American ideal that we're all created equal and the harsh reality that racism has long torn us apart.

"At our best, the American ideal wins out.

"It must again."



America's urban community alternative station!

With your host  
**DeVonn**  
aka The Musical Teddy Bear!

Entrepreneurs  
Independent Artist & Producers  
Actors  
Sports  
Fashion  
Book Authors  
Educators

Jam Packed Emagazine Morning Show!

All Genres Welcome!

"We Make Stars Happen!"  
Independent Music & Majors welcome!

www.blackbeatmusicgroup.com

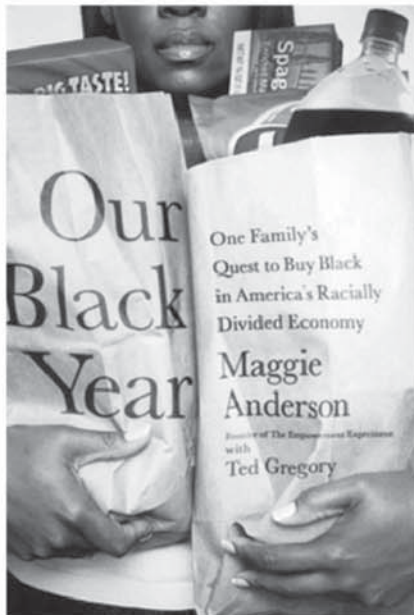
Call in days Monday 12 noon - 2pm & Wednesday 12 noon - 2pm  
# (712) 770-4010 use access code 760462



**THE TOLEDO BLACK**

# Market Place

Toledo's First Online Source for African-American Owned Businesses (419) 243-0007



**Our Black Year**

One Family's Quest to Buy Black in America's Racially Divided Economy

Maggie Anderson  
Founder of The Engagement Experience with Ted Gregory



**LITTLE GENERATION DAY CARE**

419-724-7920



**NEED A RIDE?**  
TRANSPORTATION COMPANY

1.855.475.RIDE(7433)



**Truth Art Gallery**  
and Event Center

1811 Adams Street • Toledo, Ohio 43604

ADS POSTED ONLINE AT:  
www.TheTruthToledo.com and  
www.ToledoBlackMarketplace.com



**POZATIV PROMOTIONS**  
Making Your Marketing Dream a Reality

Monique Ward  
Owner/CEO

c 419.870.8757  
b 347.692.8481

f Pozativ Promotions, LLC  
pozativpromo@gmail.com



**"THE GATHERING PLACE"**

Nothing but PURE FUN!

5235 Hill & Reynolds @ Meadowbrook Plaza, Toledo, OH 43615  
419.320.8571 or 419.322.4462  
Hours Open Thursday - Sunday @ 7 PM

Wedding Receptions, Book Signings, Birthday Celebrations, Retirement Parties, Board Game Tournaments, Special Celebrations, and much more!

Annual Membership available and receive priority bookings, church and organizational bookings welcomed  
Free Wi-Fi, Light refreshments available, Safe and secured lighted parking, Accommodations for parties up to 45,  
Standard booking fee for Profit and Non-profit, Event Planner available upon request  
Catering Referral Services Available upon request  
"Come and enjoy comedy, spoken word, music talent and more!"

**BOOK YOUR EVENTS NOW!**



**Child Care**  
Footprints Day Care and  
Pre-School,  
3215 Lagrange Street, Toledo,  
OH 43608,  
419-242-9110



**Ruby's**  
KITCHEN


803 N. Reynolds  
msrubyskitchen.com



**A-1 BONDS**

**Tina Butts**  
BAIL BONDS AGENT

**419-450-3325**  
24 HOURS



**CRUSADERS for CHRIST CHURCH** Presents **Youth & Young Adult 4th Sunday**

Have you been feeling the nudge to develop your life more spiritually but aren't quite sure how to begin? If so, this theme-enriched and spirit-filled experience is designed just for you. Visit us on Facebook - I have a special video message for the serious pursuer!

**Youth & Young Adult 4th Sunday**

When: Every 4th Sunday  
Time: 11:00 am  
Where: Crusaders for Christ Church  
910 Woodville Rd.  
Toledo, Ohio

Facebook icon: Crusaders for Christ Church • www.crusadersforchristchurch.org

Attention Seniors:  
House(s) For Rent.  
Two Bedroom  
Call (419) 708-2340



**Charleston House of Toledo**  
A Premiere Consignment Shop for the  
Economical Conscious Woman

STOP BY AND SEE OUR LARGE  
SPRING AND SUMMER SELECTION  
Sizes small to plus - excellent prices

Designer Suits and Dresses  
Elegant Hats - Name Brand Shoes  
Open 10:00 a.m. - Tuesday thru Saturday  
4055 Monroe Street - Toledo, Ohio  
419.472.4648

ADS POSTED ONLINE AT:  
www.TheTruthToledo.com



**"THE GATHERING PLACE"**

Nothing but PURE FUN!

5235 Hill & Reynolds @ Meadowbrook Plaza  
Toledo, OH 43615  
419.320.8571 or 419.322.4462  
Hours Open Thursday - Sunday @ 7 PM

Wedding Receptions, Book Signings, Birthday Celebrations,  
Special Celebrations, and much more!

Annual Membership available and receive complimentary  
Bookings Church and Organizational Bookings welcomed  
Free Wi-Fi

**BOOK YOUR EVENTS NOW!**



# CLASSIFIEDS

June 2, 2021

Page 15

## SALES REP WANTED

Not just any sales rep! But a sales rep who recognizes a unique opportunity. An opportunity to represent two different media – print and broadcast. It's media – different types of media. Media with broad comprehensive appeal in today's marketplace. To learn more about this opportunity, call 419-243-0007

## NOTICE TO BIDDERS

SEALED PROPOSALS for bidding on **Metroparks Toledo – Swan Creek Connector Trail, 4301 Airport Hwy., Toledo, Ohio 43615** – PID 107469 will be received; opened; and read aloud at the Metropolitan Park District of the Toledo Area, Fallen Timbers Field Office, 6101 Fallen Timbers Lane, Maumee, Ohio 43537 **Friday, July 2, 2021 at 12:00 p.m.** local time.

THE SCOPE OF WORK consists of construction of a 10 foot wide shared use path through Swan Creek Preserve Metropark. The new 10 foot wide path will consist of approximately 2,100 feet of aggregate path, 5,600 feet of asphalt, 580 feet of box beam "boardwalk" plus overlook, 2 steel truss bridges over Swan Creek, piling foundations with concrete caps, and concrete abutments. General construction includes clearing and grubbing; erosion control; storm drainage; aggregate and asphalt pavement; segmental retaining wall; concrete abutments and pier caps; steel pilings; steel truss bridges with concrete deck; box beams with concrete topping; railings. Bidders may obtain copies of plans, specifications, contract documents and plan-holder's list through Newfax Corporation, 333 West Woodruff, Toledo, Ohio 43604 between 8:30 a.m. and 4:30 p.m., Monday through Friday (check made payable to Newfax Corporation) or via the Newfax Digital Plan Room at [www.newfaxcorp.com](http://www.newfaxcorp.com). Newfax can be contacted at 419-241-5157 or 800-877-5157. A non-refundable fee of \$35 is required for each set of full-size documents obtained. For additional information, please contact Jon Zvanovec @ 419-360-9184, [jon.zvanovec@metroparkstoledo.com](mailto:jon.zvanovec@metroparkstoledo.com).

EACH BIDDER MUST FURNISH either (1) a bond for the full amount of the bid or (2) a certified check, cashier's check or irrevocable letter of credit in an amount equal to ten percent (10%) of the bid with its bid. The successful bidder must furnish a 100 percent (100%) Performance Bond and a 100 percent (100%) Labor and Materials Bond.

The bidder must be an Ohio Department of Transportation (ODOT) pre-qualified contractor. Pre-qualification status must be in force at the time of bid, at the time of award, and through the life of the construction contract. The Disadvantaged Business Enterprise (DBE) goal for this project is minimum nine percent (9%).

No bidder may withdraw its bid within thirty (30) days after the actual date of the opening thereof.

THE BOARD OF PARK COMMISSIONERS OF THE METROPOLITAN PARK DISTRICT OF THE TOLEDO AREA reserves the right to reject any or all bids, and to waive any informality in bidding.

By order of the Board of Park Commissioners  
METROPOLITAN PARK DISTRICT OF THE TOLEDO AREA  
David D. Zenk, Director

### Public Bid Advertisement (Electronic Bidding) State of Ohio Standard Forms and Documents

Project # 5002-21-1872  
Mulford Library Renovations  
The University of Toledo  
Lucas County

**Bids Due:** 2:00pm EST June 22, 2021; through the State's electronic bidding system at: <https://bidexpress.com>

**EDGE Participation Goal:** 15.0% of contract Domestic steel use is required per ORC 153.011.

<u>Contract</u>	<u>Estimated Cost</u>
General Contract – Mulford Library Renovation Project	\$494,000.00

**Pre-bid Meeting:** June 8, 2021, 10:00am – 11:00am via Webex. The Webex address is: <https://utoledo.webex.com/join/tracey.brown>

**Walk Through:** A walk through of the project site is scheduled for June 8, 2021 at 2:00 p.m.

**Walk Through Location:** Raymon H. Mulford Library, 3025 Library Circle., Toledo Ohio, 43606

**Bid Documents:** Available electronically at: <https://bidexpress.com>

**More Info:** Project contact: Sonny Hamizadeh, Poggemeyer Design Group, Phone: 419-352-7537, E-mail: [SHamizadeh@Kleinfelder.com](mailto:SHamizadeh@Kleinfelder.com)

## EMPLOYMENT OPPORTUNITIES

Lucas Metropolitan Housing (LMH) and its affiliate Lucas Housing Services Corporation (LHSC), located in Toledo, OH is seeking experienced applicants for the following position(s): Compliance Coordinator, Maintenance Mechanic III, Renovation Specialist and Resident Advisor (LHSC). For complete details, visit <https://www.lucasmha.org> and click on Careers. Deadline: 06/13/21. This is a Section 3 covered position. HUD recipients are encouraged to apply and are to indicate on the application if you are a LMHA Public Housing client or Housing Choice Voucher Program participant. Persons with disabilities are encouraged to apply. NO PHONE CALLS. Equal employment opportunity shall be afforded to all qualified persons without regard to age, race, color, religion, religious creed, gender, military status, ancestry, disability, handicap, sexual orientation, genetic information or national origin.



## MANAGER OF MEMBERSHIP AND SPECIAL PROJECTS

Metroparks Toledo is looking for a qualified individual for a Manager of Membership and Special Projects position. The person in this position will inspire people to become lifelong supporters of Metroparks Toledo by planning and administering special donor programs and donor experiences including memberships, special events, memorial and tribute opportunities. College degree in Business, marketing, sales or equivalent level of education and work experience required. Moderate level of experience in development/fundraising/sales, donor engagement or comparable field and experience managing projects in these areas. Full-time with benefits. Go to [www.MetroparksToledo.com/careers](http://www.MetroparksToledo.com/careers) to review entire job description and apply. Applicants must submit an online application and resume. EOE

## DIRECTOR OF GIVING

Metroparks Toledo is looking for a Director of Individual and Corporate Giving. Bachelor degree or equivalent level of work experience required. Moderate level of experience in development/fundraising/sales, donor engagement field, managing projects in these areas. Minimum of five years of experience. Full-time with benefits. Go to [www.MetroparksToledo.com/careers](http://www.MetroparksToledo.com/careers) to review job description and apply. EOE



### Job Posting

Based in Toledo, Ohio since 1982, GEM Inc. is a singular contracting resource providing mechanical, electrical, structural steel and boiler work for process manufacturing and industrial customers. GEM is part of the Rudolph Libbe Group with offices in Cleveland, Columbus and Lima, Ohio; and Plymouth, Michigan. For additional information, visit [RIGBuilds.com](http://RIGBuilds.com).

GEM Inc. is seeking a Warehouse Bench Repair Associate in its Walbridge, OH warehouse. As a member of our team your responsibilities will include testing and repairing electric, pneumatic, and hydraulic tools coming in from jobsites and other tool room duties as assigned.

High school diploma or general education degree (GED) required. Previous tool room and small power tool repair experience a plus. Forklift certification a plus.

GEM Inc. is an Equal Employment Opportunity Employer.

Interested candidates may apply at [www.rigbuilds.com/careers](http://www.rigbuilds.com/careers).



### JOB POSTING

Rudolph Libbe Inc. (RLI) offers a complete range of project contract delivery methods including general contracting, design/build and construction management. Based in Toledo, Ohio for more than 60 years, RLI is part of the Rudolph Libbe Group of companies with offices in Cleveland, Columbus and Lima, Ohio, Ithaca, New York and Plymouth, Michigan. For additional information, visit [www.RIGBuilds.com](http://www.RIGBuilds.com).

We are seeking an **Accounting Assistant** at our Rudolph Libbe Inc Walbridge, OH office. This associate will report to the Accounting Manager.

Job responsibilities include accurate and timely billings, reconciliation of customer A/R balances, and assisting in month end closing cycle. Must have working knowledge of accounting principles, strong computer skills, and sales and use tax knowledge. At least 2 years accounting experience in the construction industry preferred.

Interested parties should apply on our website at [www.rigbuilds.com/careers](http://www.rigbuilds.com/careers).

Rudolph Libbe Inc. is an Equal Employment Opportunity Employer.

# Da-Vee Designs: A New Gift Boutique Opens at the Mall

*Sojourner's Truth Staff*

You need stuff? This little shop around the corner has stuff!

Some great stuff and just about something for every occasion – African art, jewelry and clothing, to name a few items. Do you need a bit of home décor? Or even more importantly, do you need a gift for someone – a special someone, a special occasion?

Or perhaps you might want to sample some African tea or coffee or experiment with some of the spices and cooking oils when you uncover some recipes from Benin or Togo.

David and Verna Stovall opened Da Vee Designs last Friday at Westland Franklin Park Mall to kick off the Memorial Day weekend and the shop immediately drew a crowd of intrigued Mall shoppers. And with good reason. The

shop is chock full of goodies – from Africa and from local artists and artisans.

Candles, soaps, incense – all kinds of home décor and art. Father's Day is coming on pretty soon and we have a pretty good idea just where to start looking ....



David Stovall



Verna Stovall



**After I get my shot?  
Unlimited hugs!**

The COVID vaccine is safe and available at vaccination sites around Northwest Ohio.

**Your shot is waiting.** Schedule your appointment now @ [vproject.org](https://vproject.org)

**VPROJECT**

Victory over COVID-19 through vaccination