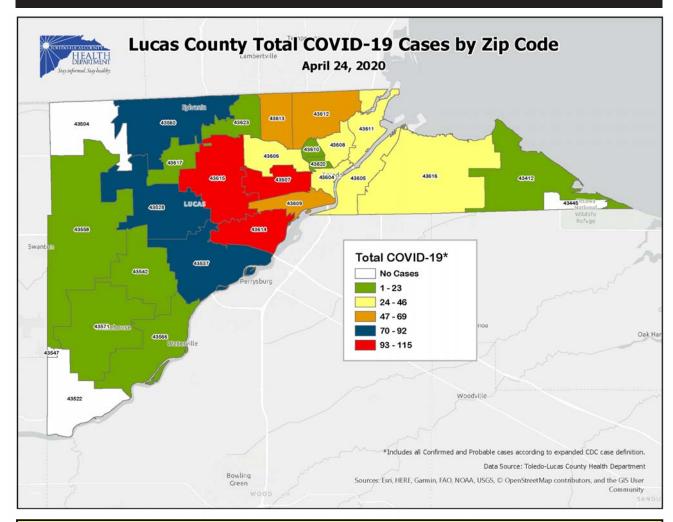


Volume 61, No. 4

"And Ye Shall Know The Truth..."

April 29, 2020



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Good News in Bad Times

By Rev. Donald L. Perryman, Ph.D.

The Truth Contributor

What the people want is very simple. They want an America as good as its promise.

- Barbara Jordan



The news of the appointment of Rosalyn Clemens as the new Director of the Department of Neighborhoods for the City of Toledo is a welcome arrival, bringing renewed hope and fresh opportunities to a community more attuned to messages of loss.

The former Senior Manager for Redevelopment and Revitalization at the Redevelopment Authority of Prince George's County Maryland brings a distinguished 20-year track record of utilizing strong partnerships to execute impactful projects which build wealth in underserved communities.

Clemens recently announced a multimillion-dollar CDBG and ESG funding opportunity for nonprofits, churches and small businesses. I spoke with the newly-appointed Director concerning the grant's specifics and her philosophy towards working with community stakeholders.

Perryman: Congratulations on the appointment. Did you take the position formerly held by Amy Odum?

Clemens: Yes, I was initially hired as the Commissioner of Housing in October and was asked to transition into her position as Director of Neighborhoods, actually about 2-1/2 weeks ago.

Perryman: Welcome to Toledo then.

Clemens: It's been a rollercoaster since I got here, lots of things to do, lots of needs, but I'm happy to serve because I think Toledo has great potential, but it's just that we've got a lot of work to do here. So, I'm here, and I'm hoping to work with you guys as partners to make some changes happen here.

Perryman: What is your philosophy on faith-based partnerships?

Clemens: I am asked the question repeatedly of what is the collaborative role of the black churches in Toledo, what you guys are doing, and how we can help you become receptive to working together. I think the black churches are a powerful tool and a pillar in our community, so determining how the Department of Neighborhoods can help is something that I am very interested in and become engaged.

Perryman: What kind of faith partnerships have you worked with in the past?

Clemens: One of the things that the black churches have done in Prince George's County is a collective empowerment group where they come together as a body for financial empowerment and financial leverage with their resources. They came together negotiating, backing transactions, negotiating loans for their membership. They are using the force and negotiation tools they've managed to put in place based on the collective economic power of their membership and of their deposits. Are similar efforts here in the City of Tolledo?

Perryman: There is one thing that I've been pushing with the mayor is a diversity study that identifies where spending is going or not going. The study will support our case that black businesses and other black institutions are not

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getting their fair share.

Clemens: I see. Are you talking about construction contracts?

Perryman: I'm talking about everything from construction to purchasing goods and services to social services as well.

Clemens: That's a reasonable effort. I think anecdotally, without having the data, it's probably the case that there are disparity and structural inequities. I think I can say anecdotally from what I've seen I would say that black institutions are not getting their fair share. Now, the question is why? And, what do we need to make sure this is in their minds and where are the weaknesses in the supply or food chain? Where are the gaps or defects? So I think the issue for us as black people is I'm sure we have to document the extent of the inequity, but fixing or directing those things that drive the inequalities is the hard work that we need to do. Nobody's going to do that for us because we have to push for these things to happen.

Perryman: Exactly, and that has been my focus. Let's talk about the CDBG funding project you have announced.

Clemens: Okay, the COVID dollars, we pushed to get the application process up and running. It is an all-electronic application. Any nonprofit can apply, you have to have your 501c3 though, but we've waived the requirement that you have to have been employed for three years. Faith-based groups are also eligible, and any group that has groups that are serving small businesses to help them become more stable and resilient after the pandemic can also apply. The process is very streamlined. Either you apply for retro pay at shelters or facilities for isolation. You can use the money for testing services, buy office supplies, personal protective equipment, or prevention. If you have a food kitchen and you're giving out food, providing housing stability, direct financial assistance to help people from becoming evicted. So, there's an array of things to respond to the human needs that have come up as a result of COVID, so we want as many people to apply because this funding has a minimum request of \$10,000 and I think the maximum offer is \$500,000. If you've got a small proposal under \$10,000, and we think it is an exceptional need, we will also

Perryman: Who will make the final decisions on who and what gets funded?

Clemens: The decision will be made by my staff and my team on the merits of the proposals. We do have a public process that is required by HUD, so certainly watch out for that when the public hearing will be scheduled. Because of the pandemic, it'll be a virtual public hearing where we'll set up so people can call in with their comments, etc., and then the city council will have to approve the recommendations.

Perryman: What are you hoping to achieve with this initiative?

Clemens: I hope to get help to the folks who are out here providing services to the community during this pandemic. Whether it is additional staffing that they need because they're not getting many volunteers to do their work, if they have had to buy personal protective equipment for their staff to do the services that they usually deliver to the community, I hope we can get them some help. If you are a shelter needing to isolate folks and possibly rent additional space or isolate some of your population; If you are seeing families that are potentially displaced because they can't pay their rent and need to provide direct financial assistance to prevent homelessness; If you are a church and opened up your doors to folks that are doing those things, I'm hoping that you can get some of this funding.

Perryman: Usually, CDBG only reimburses for expenses already spent, is that the same policy here?

Clemens: Yes, unfortunately, however, folks can submit for reimbursement for expenses that have already been incurred as a result of the pandemic -

Perryman: - Which is still a burden for many...

Clemens: Yes, I understand. And that's something that I would like to work with the city to address. It is a challenge for certain nonprofits to front the money, and that's one of the discussions I want to have with some of our banking partners to provide cash for these opportunities and receive CRA (Community Reinvestment Act) credits.

Perryman: Historically, the Department of Neighborhoods can often take

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COVID-19: 'The Equalizer' Highlights Our Inequities. Racism Should Be Declared a Public Health Crisis

By Lisa McDuffie, President/CEO YWCA Northwest Ohio Guest Column





Act Now - Go to IRS.gov - A Message from Social Security Commissioner Andrew Saul

Action Needed for Social Security Beneficiaries with Dependents and Who Do Not File Tax Returns to Receive \$500 Per Child Payment

"Social Security beneficiaries and Supplemental Security Income (SSI) recipients who don't file tax returns will start receiving their automatic Economic Impact Payments directly from the Treasury Department soon. People receiving benefits who did not file 2018 or 2019 taxes, and have qualifying children under age 17, however, should not wait for their automatic \$1,200 individual payment. They should immediately go to the IRS's webpage and visit the Non-Filers: Enter Payment Info Here section to provide their information.

Social Security retirement, survivors and disability insurance beneficiaries with dependent children and who did not file 2018 or 2019 taxes need to act by Wednesday, April 22, in order to receive additional payments for their eligible children quickly. SSI recipients need to take this action by later this month; a specific date will be available soon.

By taking this proactive step to enter information on the IRS website about them and their qualifying children, they will also receive the \$500 per dependent child payment in addition to their \$1,200 individual payment. If beneficiaries in this group do not provide their information to the IRS soon, their payment at this time will be \$1,200. People would then be required to file a tax year 2020 tax return to obtain the additional \$500 per eligible child.

I urge Social Security and SSI recipients with qualifying children who do not normally file taxes to take action now. Immediately go to IRS.gov so that you will receive the full amount of the Economic Impact Payments you and your family are eligible for.

People with Direct Express debit cards who enter information at the IRS's website should complete all of the mandatory questions, but they may leave the bank account information section blank as Treasury already has their Direct Express information on file.

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Additionally, any new beneficiaries since January 1, 2020, of either Social Security or SSI benefits, who did not file a tax return for 2018 or 2019, will also need to go to the IRS's Non-Filers website to enter their information as they will not receive automatic payments from Treasury."

National Park Service Awards \$7.7 Million in Grants to Historically Black Colleges and Universities

Grants will preserve historic structures on HBCU campuses in 12 states

The National Park Service (NPS) today announced \$7.7 million in grants to 18 projects in 12 states for the preservation of historic structures on campuses of Historically Black Colleges and Universities [1] (HBCUs). Since the 1990s, the National Park Service has awarded more than \$60 million in grants to over 80 of the remaining active HBCUs.

"These grants help us to honor the legacy of HBCUs in serving our nation's higher education needs," said National Park Service Deputy Director David Vela, exercising the authority of the director, "Funding awarded this year will help preserve 18 historic properties on HBCU campuses in 12 states, many of which are listed in the National Register."

Projects funded by these grants will support the physical preservation of National Register listed sites on HBCU campuses to include historic districts, buildings, sites, structures, and objects. Eligible costs include prepreservation studies, architectural plans and specifications, historic structure reports, and the repair and rehabilitation of historic properties according to the Secretary of the Interior's Standards for Archeology and Historic Preservation.

Congress appropriates funding for the program through the Historic Preservation Fund [2] (HPF). The HPF uses revenue from federal oil leases

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Virtual Townhall focuses African American Community

By Tricia Hall

Sojourner's Truth Reporter

The Coronavirus has disrupted the lives of Americans since the first case was reported. The Lucas County Health Department has confirmed 1029 cases and confirmed 65 deaths linked to COVID-19 as of Friday, April 24. In order to address concerns of the African-American community, the Toledo Lucas County Health Department hosted a virtual town hall meeting moderated by Doni Miller, CEO/president of Neighborhood Health Association

The topics of the 90-minute townhall meeting included unemployment, financial services, job training and housing. The panelists provided up-to-date statistics, specific responses to related questions and contact information.

Panelists included: Tonia Saunders, Workforce Development for Lucas County director; Kathy Tucker, Northwest Ohio Homeownership Development Agency executive director; Shaulonda Jones, Local Initiatives Support Corporation program assistant; Kimberly Hall, Lucas County Job and Family Services director; and Aisha Sleiman, Advocates for Basic Legal Equality staff attorney. Audience attendees were invited to submit questions throughout the meeting by using the Facebook Live chat feature.

"Tonight, we are talking about the economic impact of COVID on our community. It was just 12 short weeks ago that the US economic picture was bright and unemployment at a 50-year low. When that virus hit the country, our world changed," explained Doni Miller.

We're aware that we still have eligible Ohioans who are waiting to receive their benefits, but the system has been overwhelmed by the number of claims. I won't rest until everyone who qualifies, receives unemployment benefits," explained Hall.

Lucas County Job and Family Services statistics, as of April 18, 2020

- Over 100,000 jobless claims were filed,
- Almost one million total claims since mid-March,
- Over \$900 million paid to over 300,000 Ohioans.
- Claims processed so far, exceeds number of claims processed in past two years.
- March claims: 79 percent Caucasian, 11.5 percent African Americans, 5 percent Hispanic, and 4.5 percent other,
- Benefit claims are retroactive, 1099 and part-time employees are also eligible.
- "There are barriers like transportation, daycare, background checks and drug screening issues that impact employment. I encourage job seekers to take advantage of this time and address those barriers. Our office is open, and we can assist you. Take this time to understand what your stimulus dollars can be used for and think about the job market. Once the closed businesses reopen, it will be a competitive job market. Ohio has 14 percent unemployment right now," explained Tonia Saunders.

Services offered by OhioMeansJobs.

· Online job assessments,

- Online GED classes offered by Owens Community College,
- On-on-one resume assistance, application assistance or mock interviews via conference call or Skype,

"We specialize in helping people navigate the home buying process. When this pandemic happened, we had to deal with two critical factors: consistent employment and additional guidelines have become stricter. We have clients who were pre-approved before COVID but may no longer qualify because of new guidelines for the next 90 days. We have to realize that banks



Doni Miller

are taking on a lot of risk right now, but those changes impact the clients that we serve," explained Tucker.

"We have seen more clients that need assistance with unemployment, navigating budgets due to income changes, and how to access other resources that they qualify for now. The Finance Opportunity Center is here for the community and offers free services. You will always work with the same coach. So, don't be embarrassed, you paid into this system and why not utilize the assistance," said Jones.

FOC locations:

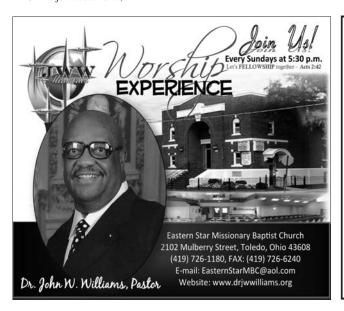
- Lutheran Social Services, 419-243-9173
- Pathway, 419-242-7304
- NeighborWorks, 419-691-2900
- ProMedica, 567-585-0059

"We need to start building a movement, this is a really unique time. In crisis we can create great policies. This is the time that we can all work together to push for actual programs that work, like a rental assistance and eviction type moratorium. Housing court hearings will start up after May 30t, and your landlord doesn't have to work with you but consider talking to your landlord," said Sleiman.

Contact information:

- NOHDA, 419-243-3734, Bderden@nohda.org
- Ohio Department Job and Family Services, unemployment.ohio.gov, 1-877-644-6562
- $\bullet\,ABLE, LegalAidLine.org, 419-724-0460$

The series will feature a new weekly topic from now until May 28t. Moderators include Charles Mack, Will Lucas, Doni Miller and Wendi Huntley. "The purpose of this series is to educate and provide resources. Black Americans are taking a disproportionate hit economically and physically from the pandemic," said Catherine Crosby, City of Toledo chief of staff.



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Ohio Updates Application Process for Energy Assistance Programs in Response to COVID-19

The Ohio Development Services Agency (Development) and the Area Office on Aging of Northwestern Ohio, Inc. are working to help keep Ohioans safe during this time of emergency. Recently, Governor Mike DeWine declared a state of emergency regarding COVID-19, and Ohio Department of Health Director Amy Acton, M.D., MPH has issued orders to limit social interactions to prevent the spread of COVID-19.

Effective immediately, Ohioans who are enrolling in the Percentage of Income Payment Plan Plus (PIPP) for the first time, applying for Home Energy Assistance Winter Crisis Program, or have limited income, are no longer required to visit a local Energy Assistance Provider in order to complete an application. Those wanting an application mailed to them may contact the Area Office on Aging at 419-382-0624.

Ohioans can visit www.energyhelp.ohio.gov to start their application and upload the required documents prior to their appointment. If you do not have access to the internet and/or cannot upload your documentation, the local Energy Assistance Provider can complete your application over the phone. For a list of required documentation or to schedule an appointment call, Pathway at 419-242-7304.

"Working with our local providers, we have been providing Ohio families with the support they need to manage their energy bills, and now this support is even more important," said Lydia Mihalik, Director of the Ohio Development Services Agency. "The online application, in a normal scenario, makes it easier to apply and reduces the length of an in-person appointment, but now it is providing a bridge to assistance

during an incredibly difficult time."

Development will also extend the Winter Crisis Program (WCP) until May 1, 2020 to align with the Public Utilities Commission of Ohio's extended Winter Reconnect Order and the regular Home Energy Assistance Program (HEAP) will be extended until June 1, 2020.

Development's Interactive Voice Response phone lines will not be available, however Ohioans may continue to call (800) 282-0880 and select option 2, to be transferred to their local Energy Assistance Provider.

The Home Energy Assistance Winter Crisis Program helps incomeeligible Ohioans pay their heating bills and can assist with fuel tank placement, fuel tank testing and furnace repair. Ohioans must have a gross income at or below 175% of the federal poverty guidelines to qualify for WCP and HEAP assistance. For a family of four the annual income must be at or below \$45,062.50. Ohioans must have a gross income at or below 150% of the federal poverty guidelines to qualify for PIPP. For a family of four the annual income must be at or below \$38,625.00.

Ohioans that have a regulated utility and have been issued a disconnect notice are eligible for a one-time WCP benefit if they have not already received a WCP or regular HEAP benefit.

For more information about the features of the Winter Crisis Program locally and what is needed to apply, contact the Area Office on Aging at 419-382-0624. Additional information can also be found at www. energyhelp.ohio.gov or by calling (800) 282-0880.



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College of Medicine and Life Sciences Researchers Set Focus to COVID-19

Special to The Truth

In response to the worldwide outbreak of COVID-19, researchers in The University of Toledo College of Medicine and Life Sciences have swiftly pivoted their focus to projects aimed at thwarting the pandemic.

UToledo scientists are pursuing new treatments, searching for biomarkers that could help physicians better understand disease progression, exploring the body's immune response to the virus, and investigating the intricacies of the virus itself in hopes of helping build a vaccine.

A research task force led by a pair of veteran medical scientists in the College of Medicine and Life Sciences has been established to foster collaboration and share resources and ideas across the University. More than 100 individuals — including faculty from the UToledo colleges of Pharmacy and Pharmaceutical Sciences, Nursing, Health and Human Services, Natural Sciences and Mathematics, and Engineering — have joined the conversation.

"Our faculty have really stepped forward to tackle the COVID-19 pandemic in a meaningful way," said Dr. Christopher Cooper, dean of the College of Medicine and Life Sciences. "Ultimately, COVID-19 will be solved by innovative scientists who figure out how we effectively treat and prevent this."

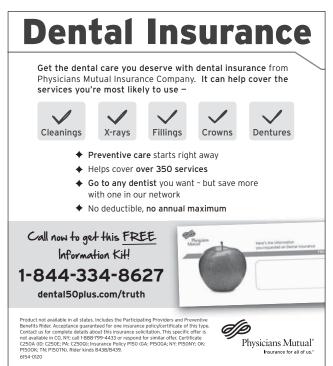
The UToledo Medical Research Society on April 17 approved \$25,000 in funding to each of three projects in the College of Medicine and Life Sciences to jump start research aimed at confronting COVID-19.

Two of those projects are for clinical trials of drugs that might reduce the severity of symptoms.

Dr. Cheryl McCullumsmith, professor and chair of the UToledo Department of Psychiatry and the co-chair of the COVID-19 research task force, is investigating whether fluoxetine, a commonly prescribed antidepressant, might be a novel treatment able to prevent serious complications from COVID-19.

The drug, sold under the brand name Prozac, has previously been shown to block expression of a cell-signaling protein called Interleukin-6 that can trigger an overwhelming immune response called a cytokine storm. In COVID-19, cytokine storms can prove fatal.

"Fluoxetine has extraordinarily strong evidence in its action as a blocker of IL-6 and cytokine storms in both animal models of infection and in human illness such as rheumatoid arthritis and others," McCullumsmith said. "This project aims to prevent serious outcomes such as hospitalization, respiratory failure and death in people when they are first infected with COVID-19. The goal is to use an existing drug in a new way to prevent serious complications of COVID-19 during the time it will take scientists to develop more lasting solutions, such as vaccines and antiviral treatments."



In the second project, Dr. Elissar Andari, assistant professor of psychiatry, is moving to test whether oxytocin, a non-steroid hormone known for its role in sociality and attachment, can reduce hyper-inflammation and boost T-cell counts to help the body fight off COVID-19.

"Oxytocin is safe and has been prescribed clinically for more than 50 years," Andari said. "We believe the mechanisms by which this drug can have a potential is through its known anti-inflammatory effects, as well as through its protective and pro-immune responses. Oxytocin also has known interaction with the ACE2 system, which is the receptor host of the virus."

Both clinical trials are planned to begin after receiving final approval from the University's Institutional Review Board.

The third project granted seed funding from the Medical Research Society will go to a project overseen by Dr. Matam Vijay-Kumar, associate professor in the Department of Physiology and Pharmacology.

Vijay-Kumar is investigating flagellin — a bacterial component previously shown to eliminate viral infection — as a possible way to harness innate immune responses to fight the novel coronavirus that causes COVID-19. His project is also aimed at identifying biomarkers that can help clinicians diagnose the early and late stage biomarkers.

"We expect flagellin will serve as an effective therapeutic to restore impaired early anti-viral immune responses, prevent viral entry, and protect against lung and heart damage," Vijay-Kumar said. "Additionally, we will investigate to what extent DNase I, an enzyme used to treat cystic fibrosis patients, will offer protection against virus-induced lung pathology at late stages.

The Medical Research Society was created in 2014 by a group of community donors to support biomedical research at UToledo. Seed funding from the society has helped provide early data to leverage major grants from nonprofits and federal funding agencies. To date, UToledo faculty have received more than \$5.1 million in external funding for projects initially supported by the society.

"It is wonderful to see the engagement of our community leaders who support the Medical Research Society and who have funded three of the projects that are aimed at this scourge," Cooper said. "This funding will allow our researchers to fast-track these crucial projects."

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Need-based Scholarship Application Deadline Extended to May 29, 2020 to

The Northwest Ohio Scholarship Fund (NOSF) has extended its lottery application deadline to Friday, Mary 29, for the 2020-2021 school year for need-based scholarships up to \$2,000 for private schools and \$750 for homeschool expenses. NOSF is currently accepting applications for the 2020-2021 school year for grades Kindergarten through eighth for children to use at a nonpublic school or for homeschool expenses. Families need to reside in Allen, Crawford, Defiance, Erie, Fulton, Hancock, Henry, Huron, Lucas, Ottawa, Paulding, Putnam, Richland, Sandusky, Seneca, Van Wert, Williams, Wood or Wyandot Counties.

NOSF is a partner with the Children's Scholarship Fund (CSF) and awards need-based scholarships to provide parents with a choice for their child's education. Since 1999, the Northwest Ohio Scholarship Fund has awarded a total of \$13.8 million in scholarships to 16,000 students, part of that includes \$4.6 million in matching funds from CSF. All funds raised locally by NOSF are matched by the Children's Scholarship Fund and are used for scholarships in NW Ohio.

The Northwest Ohio Scholarship Fund is the only privately funded need-based scholarship program in Northwest Ohio that awards scholarships to children who do not qualify for an EdChoice Voucher. Eligible families are required to demonstrate their financial need as measured by standards similar

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COVID-19 Update: Testing in Lucas County Expanded

Lucas County Commissioner Tina Skeldon Wozniak, Toledo Mayor Wade Kapszukiewicz and Toledo Lucas County Health Commissioner Dr. Eric Zgodzinski were joined by community and corporate partners on Tuesday, April 21, 2020 to announce new opportunities for residents to receive CO-VID-19 testing in Lucas County.

"While we are continuing to abide by the Governor's order to stay at home until at least May 1, we must plan for the future," Commissioner Wozniak said. "The roadmap to recovery from COVID-19 calls for testing to be an important highway because it will give us the much-needed data to safely move forward."

Five new testing sites will open in the coming days and weeks in Lucas County. Details of the sites are listed below.

ProMedica's Vice President of Quality and Patient Safety Dr. Brian Kaminski indicated that it is key for symptomatic people to be tested whenever possible. "In our current state of the coronavirus pandemic, testing is most appropriate for individuals experiencing symptoms of COVID-19. Developing an understanding of disease prevalence in our community is dependent upon prioritizing and testing individuals who feel they may have symptoms of the disease. Community members who are currently experiencing a fever of 100.4 Fahrenheit or greater, with cough and/or shortness of breath can seek a test at one of these sites," he said.

RITE AID

Drive-thru testing at the 7225 Airport Highway location began Monday, April 20 and will run through the end of May. You must have an appointment and the test is FREE. Eligible populations include Healthcare Facility Workers with symptoms, patients 65 years of age and older with symptoms, patients with underlying health conditions with symptoms, and First Responders with symptoms. You can get pre-screened and set up an appointment by using www.riteaid.com.

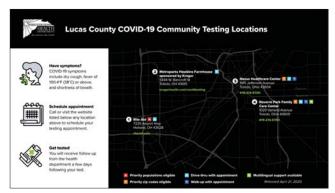
KROGER

Drive-thru testing sponsored by Kroger will take place at Metroparks Hawkins Farmhouse, 5434 W. Bancroft Street in Toledo. Testing will run from April 23-April 25 and is FREE. Anyone with COVID-19 symptoms is eligible for a test. You must have an appointment. You can get pre-screened and set up an appointment by visiting krogerhealth.com/covidtesting.

WALMART

Drive-thru testing sponsored by Walmart will take place at Metroparks Hawkins Farmhouse, 5434 W. Bancroft Street in Toledo. Testing will run from Wednesday, April 29 through the end of May or as demand requires. The test is FREE. Anyone with COVID-19 symptoms is eligible for a test.





You must have an appointment. You can get pre-screened and make an appointment at

www.MyQuestCOVIDTest.com

NEIGHBORHOOD HEALTH ASSOCIATION

Drive thru and walk up testing is available at two locations through NHA. Beginning on Monday, April 27, you can be tested at Nexus Healthcare Center at 1415 Jefferson Ave or Navarre Park Family Care Center at 1020 Varland Ave (this site will have Spanish speakers available). Eligible populations include Anyone with COVID-19 symptoms living in these zip codes 43602, 43604, 43605, 43606, 43607, 43608, 43609, 43610, 43611, 43620 and parts of 43528 (Spencer-Sharpels). You must have an appointment. To be pre-screened and get an appointment for either location, call 419-214-5700.

For information on COVID-19, please visit www.LucasCountyHealth. com . The 24/7 Lucas County Community COVID-19 Call Line Numbers are: 419-251-4000 (English only)and 419-291-5355 (multilingual). The public is asked to call 419-213-4161, press 4, and leave a message to report COVID-19 related concerns such as non-essential businesses operating, essential businesses not adhering to guidelines, or crowds gathering. The Ohio Department of Health COVID-19 website is www.Coronavirus.Ohio.Gov and the Ohio Department of Health hotline is 1-833-4-ASK-ODH (1-833-427-5634).



Creating a Daily Care Plan for Someone Living with Alzheimer's Disease

For people living with dementia or Alzheimer's disease, routines and reminders can be critical for helping them to live their best life possible.

Because of COVID-19, unpaid caregivers are spending more time with their loved ones and possibly more time doing direct care. Creating a daily care plan for someone with Alzheimer's disease can provide needed structure and allow more time to spend on satisfying activities for both.

Pam Myers, Program Director for the Northwest Ohio Chapter, said "We know that caring for a person with Alzheimer's or another dementia poses special challenges for caregivers, who are often providing this care alone. Establishing a daily plan around activities, meals, and medication delivery can be effective in providing support to the person living with dementia and decrease stress for the caregiver."

In the United States, 83 percent of the help provided to older adults comes from family members, friends or other unpaid caregivers. Nearly half of all caregivers who provide help to older adults do so for someone living with Alzheimer's or another dementia.

Eric VanVlymen, Ohio Regional Director of the Alzheimer's Association, said a daily plan could consist of:

- Social time, such as having tea together or watching the person's favorite old shows together
- Cognitive engagement, such as word search, puzzles or anything that keeps the mind busy
- Physical activity, based on ability, like taking walks or senior sittercise activities
- Hobby time, which depends on the person's direct interests (remember they may need to be modified based on current abilities)
- Meal time, which can be important markers in a person's day
- Nap time, because it is important to give them time to relax

Caregivers should also remember what times of day the person functions best, to leave ample times for meals, bathing and dressing and regular times for waking up and going to bed, he said.

During this pandemic, written or verbal reminders about things like the need to wash your hands thoroughly and why social distancing is important could help everyone in the household to stay healthy. The National Institute on Aging suggests the best way to help someone with Alzheimer's or dementia take their medicine safely and correctly is to understand the medicines

they take, track the amounts, watch for side effects, and use pillboxes with alarms that remind a person to take the medication.

Alzheimer's disease is a fatal brain disease that cannot be prevented, cured or slowed. As the disease progresses, the abilities of the person will change. As that occurs, creativity, flexibility and problem solving, will be important as caregivers adapt their daily routine to support these changes.

One last thing - remember to make time for yourself, or include the person living with dementia in activities that you enjoy. As a caregiver, it is important to take care of yourself so that you can take care of your loved one.

For more information about how to write a plan, go to https://www.alz. org/help-support/caregiving/daily-care/daily-care-plan. Myers said, "If you would like help developing a care plan for your loved one living with Alzheimer's or dementia, our staff can assist you." During regular business hours, you can reach the Northwest Ohio staff by calling 419-537-1999. Help is always available 24/7 at our Helpline 1-800-272-3900.

About the Alzheimer's Association

The Alzheimer's Association leads the way to end Alzheimer's and all other dementia – by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support. Our vision is a world without Alzheimer's and all other dementia. In Ohio, more than 600,000 Alzheimer's caregivers provide care for more than 220,000 loved ones impacted by Alzheimer's disease. Visit alz.org or call 800.272.3900.

National Park... continued from page 4

on the Outer Continental Shelf, providing assistance for a broad range of preservation projects without expending tax dollars.

Projects receiving grants this year will preserve stories, resources, and places like the Samuel T. Graves Hall at Morehouse College in Atlanta, GA; the University Memorial Chapel at Morgan State University in Baltimore, MD; and the Historic Carnegie Library at Livingstone College in Salisbury, NC.

For more information about the grants and the Historically Black Colleges and Universities program, please visit https://www.nps.gov/preservation-grants/HBCU/index.html [1]. Applications for \$10 million in FY2020 funding will be available in the fall of 2020.

Scholarship... continued from page 8

to the Federal School Lunch program.

Interested families can find more information about the program and other state-funded scholarships on the NOSF website at or apply for NOSF online.

For more information please contact Northwest Ohio Scholarship Fund at (419) 720-7048.

Perryman... continued from page 2

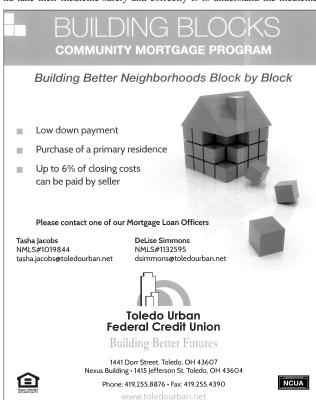
90 days or longer to reimburse for expenses. For that reason, many excellent nonprofit organizations choose to forego the CDBG process.

Clemens: One of my priorities has been to make sure that we can turn our financial requests for reimbursement or turn our financing projects around in a more timely manner. I can assure you that under my watch, we're not going to take 90 days to process a request for reimbursement. It's just not going to happen because I'm working internally to make sure that we're more efficient. The other thing is that we are going to make sure that once the council approves the CDBG awards that we get those contracts out as quickly as possible. So, we know that we have a lot to do, but I think we've got commitment and staffing in place now to make the process more efficient than it has been.

Perryman: What records and other requirements are necessary to apply?

Clemens: Of course you'd have to do a work plan, you'd have to do a budget for what you're asking for, a staffing budget, supplies budget, all of those things. You then, have to document expenditures and have receipts and invoices for what you're trying to reimburse. And with staffing, you have to have payroll records.

Perryman: How about monitoring?



Is UT Ready to Admit John Rudley into Its Hall of Fame?

Sojourner's Truth Staff

Within weeks, The University of Toledo Athletic Hall of Fame Committee will meet, discuss nominees and vote on this year's inductees to the Hall, Dozens of Toledo community members have stepped up to nominate John Rudley, PhD, to the Hall. Their nomination letter, addressed to Brent Red, chairman of the UT HOF Committee and signed by Birdel Jackson, III, a UT Trustee and class of 1968; Vincent Davis, UT MBA Class of 2003; Ray Wood, president of the Toledo Chapter of the NAACP, reads in part:

"John was recruited by the revered basketball coach Bobby Nichols and served as the co-captain of the basketball team which is now considered one of the best teams to ever represent the University, the 1966-67 Mid-American Conference Championship team.

"Coach Nichols recruited John Rudley because he was the point guard and floor leader of the greatest basketball team in the history of Michigan High School basketball. He distributed the ball in a manner that made his team and teammates outstanding as Benton Harbor won the Class A state championship two years in a row and averaged 90 points a game before the 3-point shot.

"John was a leader while starting four years on the basketball team. After he graduated in 1970, he was a leader in his chosen profession of accounting. John was employed by the U.S. Department of Education and served as a special assistant to the Secretary of Education during the Bush "41" Administration. John served as Vice Chancellor for Business and Finance for the sixth largest system postsecondary education in the nation, the Tennessee Board of Regents. He was a leader while serving as CFO for the University of Houston and then interim Chancellor of the four campuses of the University of Houston System. John was a leader while serving as the President of Texas Southern University.

"Clearly, Dr. John Rudley had been a leader on and off the court and exemplifies the leadership qualities deserving of the recognition by the University of Toledo Athletic Hall of Fame. We believe that many of the Hall of Fame members who attended our university during the 1965-67 years and know "Rudd" would be proud to have Dr. Rudley as a fellow member of our Athletic Hall of Fame."

The letter is also endorsed by an all-star lineup of Toledo notables including former mayors Carty Finkbeiner, Mike Bell and Paula Hicks-Hudson, ministers Robert Culp, James Willis, Willie Perryman, along with dozens of members of Rudley's fraternity - Omega Psi Phi, among others.

Rudley has penned his own letter to the HOF Committee, writing in part:

"Similar to my high school honors, the championship program at UT was considered the greatest basketball program in UT history. My job, playing with a number of excellent shooters, was to distribute the ball to 'the hot hand', and keeping everyone's head into the game. As sophomores (freshmen were not



Teammates John Rudley and Bob Miller

eligible back then) we won the Mid-Am championship with a record of 23-2. Over the next three seasons our team won 71 percent of our games. I averaged 12 ppg and 5 rebounds per game. Assists were not officially counted back in those years. I believe I was right around double digit average in assists with my job being 'the ball distributor.' I was elected co-captain both y junior and senior years. Two of my teammates, Steve Mix and John Brisker, played on the professional level. Steve played a number of successful years and John led the fledgling ABA in scoring his rookie season."

The University of Toledo's grudge against John Rudley, his supporters claim, has gone on far too long. It's a grudge that started in the 1960's and seemingly persists to this day, preventing his entry into the Hall of Fame.

...continued on page 12



THE OHIO STATE UNIVERSITY

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running water

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Before eating food

needed

· Before and after caring for

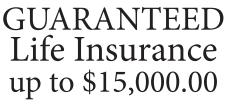
· During food preparation as

If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry.

For more info, visit: www.cdc.gov/coronavirus/2019-ncov







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Congressional Black Caucus and NNPA Demand Stimulus Inclusion

By Stacy M. Brown, NNPA Newswire Senior Correspondent @StacyBrownMedia

Congressional Democrats reached an agreement with the Trump administration on an interim coronavirus emergency relief package that provides support and fixes to the Paycheck Protection Program (PPP), as well as increased funding for emergency disaster loans and grants, hospitals, health care providers and testing.

Senate Majority Leader Mitch McConnell (R-Ky), without consulting Democrats, had initially tried to push through a bill that would have increased funding for PPP without providing any critical fixes to the program.

The GOP proposal would have done nothing to aid the most vulnerable small businesses and wouldn't have provided any additional funding to our health care system or testing.

Thanks to the efforts of the Congressional Black Caucus (CBC), Democrats have secured \$60 billion in new Small Business Administration PPP funding dedicated to small lenders and community-based financial institutions.

They've also secured \$50 billion for the SBA's Economic Injury Disaster Loan (EIDL) program, which will allow approximately \$300 billion in loans to small businesses.

Additionally, in large part because of the efforts of the CBC, Democrats have secured \$10 billion for the SBA's Emergency Economic Injury Grant program, \$75 billion in emergency money for our health system, and \$25 billion to increase testing and contact tracing capabilities.

The Senate passed the legislation at the end of last week.

"While this bill does not address all current needs of the coronavirus crisis, it is a major improvement and will help millions of Americans and our front-line workers," Rep. Joyce Beatty (D-OH), stated on a conference call with the

Black Press of America on Tuesday, April 21.

"Under the leadership of CBC Chair Karen Bass, the CBC has been on the frontlines, and without us, there would be no one fighting for our communities," Beatty stated, adding that the CBC recognizes that more needs to be done. They will continue fighting for additional funding for working families and those who need it most in the next coronavirus package.

"Rep. Maxine Waters (D-CA) made sure that there was a carve-out in this package for small community banks and credit unions, which ensures that there's an opportunity for them to take care of their customers," stated Rep. Gregory Meeks (D-NY).

"The EIDL program will benefit many small and African American businesses as we move forward," Meeks said.

Rep. Robin Kelly (D-IL) said the Trump administration has "proven time and again that we cannot trust them."

Kelly said the CBC continues to work to make sure that crucial data that includes race is collected during testing and tracing of the pandemic.

"Through this bill, we do target hospitals in some of the most needed areas, and as we focus on CARES part 2, we need data to make the best policy decisions. Lives are at stake, so we need to act quickly," Kelly stated.

Rep. Dwight Evans (D-PA) said the CBC has always understood that blackowned and other small businesses "are the backbone of America."

"We have constantly worked together to try and make things happen," he stated.

"Under Karen Bass' leadership, we all understood that the CBC was not going to leave our constituents out. It's not possible to conduct business if people are not healthy and safe," Evans stated.

John Rudley... continued from page 11

Those Super Sophs – when they won that championship in 66-67 – had frayed a bit by the time they were seniors. Brisker, a volatile mix at best with Nichols had left the team. Calvin Lawshe had suffered a serious knee injury and his career was over. In early 1969, the coach learned that Bob Miller had been skipping classes, confronted him on that fact, ordered him to start attending and suspended him from the team when he learned that Miller had skipped again.

Rudley joined protesters at mid court before the next game – several dozen black students and teammate Jim Miller – and walked out of the gym, missing one game. The team finished in the doldrums – 13-11 and fifth in the MAC.

It was a trying time for black athletes – the second half of the 1960s. When Muhammad Ali spoke up, became a member of the Nation of Islam and denounced racism and the Vietnam War, a standard of behavior was set. A symbol of heroism has been accepted, almost universally.

Within a few years, Ali regained the chance to continue fighting, gained and reclaimed the heavyweight crown and earned plaudits as an American hero.

Tommie Smith and John Carlos raised their fists in the air on the Olympic podium when the U.S. National Anthem was being played. As the decades have passed, that symbol of protest against racism has become an iconic portrait of two heroes' decision to sacrifice everything for a cause much larger than their personal ambitions.

Football's Jim Brown and basketball's Bill Russell spoke out against oppression, injustice and racism and spent time with protesters, such as Ali, seconding his calls for change. Years later, Russell and Brown, both in their pro sports' Halls of Fame, are remembered fondly for their athletic exploits as well as their involvement in various causes.

However, for John Rudley and his teammates, who formed the core of a University of Toledo basketball team that went 23-2 in 1966-67 and won the MAC Championship, no such redemption and accolades have been forthcoming. In-



Rudley and supporters: (Left to right) Ardenia Jones-Terry, Jeff Rollins, Theresa M. Gabriel, Crystal Ellis, Vince Davis, Terry Crosby, Ray Wood, John Rudley, Bob Miller, Carty Finkbeiner, Willie McKether, Pete Culp, Tom Duncan

deed that 1966-67 team, during Rudley's sophomore year, has been called the best team that has ever taken the court at UT and, for too many at the university, it's as if they never existed.

Rudley went on to graduate school, a career as a certified public accountant, a second stellar career in academia as the interim president of the University of Houston and then an eight-and-a-half-year tenure as president of Texas Southern University, retiring three years ago.

Now, once again, he has a chance at entering the UT Hall of Fame and gain some well-earned local recognition for a college athletic career well played and a life well-lived.



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When We Do Harm: A Doctor Confronts Medical Error by Danielle Ofri, M.D.

By Terri Schlichenmeyer
The Truth Contributor

You felt wonderful.

Never better. In the peak of health, fit as a fiddle – until you weren't. Then you were achy, miserable, feverish, nauseous. Blame a virus, but is that the case? Or, as in the new book *When We Do Harm* by **Danielle Ofri**, is modern medicine the culprit?

c.2020 Beacon Press \$26.95 / \$35.95 Canada 272 pages

In 1999, the Institute of Medicine released a shocking report claiming that up to 98,000 patients die each year in the U.S. from medical errors. Wondering if that's high, low or spot-on, Ofri, a physician at New York's Bellevue Hospital, decided to "get to the bottom of this."

To begin: how do mistakes happen in the first place?

"Sicker patients have many more treatments... than the average person," she says, and "the sheer number of moving parts... nearly guarantees that there'll be at least one thing... that doesn't go as planned."

Electronic medical record-keeping can be a reason for mistakes. If medical personnel are not given ample time to think, simple human error can cause missteps. Being too careful and experiencing alarm fatigue can both be surprisingly large problems. Diagnostic tests can give wrong answers or yield too much information; short-staffing can be a big issue; and racism happens, even if someone has no outward bias.

But, there's good news: nurses are empowered now more than ever before, as are patients. Instituting checklists has also helped in many places, such as operating rooms. Interns and residents are no longer required to work long hours with no sleep, and medical knowledge gets better every day.

So what can the average patient do to lessen the chances of being on the wrong side of an error? Pay attention to your nurses, says Ofri; they are front-line personnel. Know your medical history. Demand your doctor's un-

divided attention at medical appointments and know what questions to ask. Bring someone with you, if you can. And look overseas at Denmark – they have one key thing figured out.

Admit it: at some time in the past weeks, the thought of illness has entered your mind a time or two. This book will give you a lot more to think about.

Don't think that When We Do Harm is a lot of blame-passing, though. By considering all possibilities and holding a mistake of her own up for examination and castigation throughout this book, author Danielle Ofri offers not excuses but reasons for why things go wrong in a medical setting, which could help medically-minded readers to feel better and do better. Don't rest, either: later chapters dive back into reality by discussing the elephant in the room, which is the possibility of malpractice lawsuits. These two sides balance this book nicely, even before further underscoring drives home the points Ofri makes as she shares two major, dry-mouthed and heartbreaking story-arcs that are illustrative, impactful, relevant, and downright painful.

Not just for medical personnel, *When We Do Harm* is accessible for anyone who is or has ever been a patient. It's neutral, thoughtful, insightful, it reads like a thriller that's narrated, and that's pretty wonderful.

Perryman... continued from page 10

Clemens: We will, obviously, come out to monitor the impact of your proposal, how many people you have served. If it's personal protective equipment, how many of them, how many people. If its shelter operation, what's the impact, how many people you isolated, what was the cost of the isolation facility, what was the cost of retrofitting the isolation facility? If it's for testing, how many people did you test and what was the outcome? And, because the national objective is to address COVID-19, an urgent need, we will be working with HUD to give us more detail of the monitoring requirements.

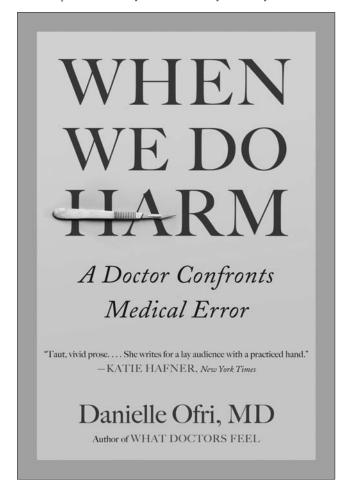
Perryman: Please elaborate on the funding priority listed to provide outreach to vulnerable populations?

Clemens: I am very concerned about the disproportionate impact that the pandemic is having on the African American community. So, I would like to see proposals that address this need and help to minimize this pandemic on the African American community.

Perryman: Finally, the pandemic has also affected houses of worship, many who, like individuals and small businesses, face massive expenses trying to remain viable. Are church operational expenses an eligible use of the funds?

Clemens: Well, I think if I'm not mistaken, I think nonprofits could also apply for the EDLs, the small business assistance fund. I would say that utility expenses would not be an eligible use for CDBG, but I will certainly research it. I think churches have employees and staff, and I believe it would be an allowable use and suitable program for the Enterprise Development Loan program.

Contact Rev. Donald Perryman, PhD, at drdlperryman@centerofhopebaptist.org















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www.TheTruthToledo.com and www. ToledoBlackMarketplace.com



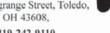
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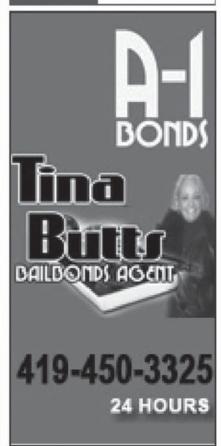




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April 29, 2020

Page 15

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HORTICULTURAL TECHNICIAN

Metroparks Toledo has an opening for a full time Horticultural Technician to provide operational support and encourage community involvement for Toledo Botanical Garden. HS degree or equivalent required. Associate's preferred. Moderate level of hands-on horticulture experience required with some experience directing volunteers or leading group activities. Valid driver's license required. 40 hrs/week. \$13.50/hr. Full benefits. Go to www.MetroparksToledo.com<http://www.metroparkstoledo.com/> to view detailed position description, job requirements and to apply. EOE

EMPLOYMENT OPPORTUNITIES

Lucas Housing Services Corporation (LHSC), an affiliate of Lucas Metropolitan Housing Authority (LMHA), located in Toledo, OH is seeking experienced applicants for the following position: Assistant Community Development Program Manager. For complete details, visit https://www.lucasmha. org/219/Careers, Deadline: 03/16/20. This is a Section 3 covered position. HUD recipients are encouraged to apply and are to indicate on the application if you are a LMHA Public Housing client or Housing Choice Voucher Program participant. Persons with disabilities are encouraged to apply. NO PHONE **CALLS**. Equal employment opportunity shall be afforded to all qualified persons without regard to age, race, color, religion, religious creed, gender, military status, ancestry, disability, handicap, sexual orientation, genetic information or national origin.



DEPUTY DIRECTOR OF EMERGENCY SERVICES/EMA DIRECTOR LUCAS COUNTY

Lucas County Emergency Services is accepting applications to fill the position of Deputy Director of Emergency Services/EMA Director until filled. Additional information regarding the duties is available on the Lucas County web site (www.co.lucas. oh.us). Click on "Apply for a Job" and then select "Deputy Director of Emergency Services/EMA Director" from the list to read more or apply.

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ADVERTISEMENT FOR PROPOSALS TOLEDO-LUCAS COUNTY PORT AUTHORITY TOLEDO, OHIO

NOTICE IS HEREBY GIVEN that Sealed Bids will be received by the Toledo-Lucas County Port Authority for all labor, material, insurance, and equipment necessary for the 2020 Facility 3 Cell 1 Improvements project located in Oregon, Ohio 43616, in accordance with the approved plans and specifications, to the Port Authority at One Maritime Plaza, Toledo, Ohio 43604. The engineer's estimate is approximately \$1,133,124.20.

Bids will be received at the Port Authority's, 1st floor reception area at One Maritime Plaza, Toledo, OH 43604 until Friday, May 15, 2020 at 9:00 AM, at which time and place all bids will be publicly opened and read aloud. Due to travel and business restrictions imposed by the State of Ohio as a result of the spread of the COVID-19 virus, the Toledo-Lucas County Port Authority (TLCPA) has announced the Bid Opening for the 2020 Facility 3 Cell 1 Improvements project will be conducted remotely with all bids opened and read aloud via conference call. Conference call-in information will be shared in addendum no. 1.

Plans, Specifications, Instructions to Proposers, and Forms of Proposal and Contract are on file and may be obtained by either (1) obtaining hard copies from Becker Impressions, 4646 Angola Road, Toledo, OH 43615, phone 419.385.5303, during normal business hours, or (2) ordering from Becker Impressions, via their website www.beckerplanroom.com at the cost of reproduction.

Please note that there will be a pre-bid meeting for this project for all prospective bidders on Tuesday, May 5, 2020 at 10:00 AM. This meeting will be held online via Go-To-Meeting video and conference call audio. Prospective Bidders interested in joining the Pre-Bid meeting should contact Paul Munn via email (PMunn@manniksmithgroup.com) at Mannik & Smith Group, prior to 5:00 PM on Friday, May 1, 2020, for a copy of the meeting invitation. The invitation will be distributed via email on Monday, May 4, 2020, and will provide all necessary log-in and call-in information to join the meeting. In addition, a site visit will be held on Tuesday, May 5, 2020 at 2:00 pm. Attendance is suggested, but not mandatory. 4-wheel drive vehicles are recommended. Assemble at the east truck entrance to the Walleye Power, LLC, Bay Shore Power Plant at approximate street address 4901 Bay Shore Road, Oregon, Ohio 43616. Please submit all questions to the Port Authority, Tina Perkins, at TPerkins@Toledoport.org by Friday, May 8. 2020 at 10:00 AM local time. Additional information can be found at www.toledoport.org

Thomas J. Winston
President and CEO
Toledo-Lucas County Port Authority

MANOR HOUSE PROGRAMS AND EVENTS ASSISTANT

Metroparks Toledo is looking for an outgoing individual to provide excellent customer service for park visitors and program participants through positive and engaging experiences. The Manor House Programs and Events Assistant position is located at Wildwood Preserve Metroparks. Must be at least 18 years of age and have a valid driver's license. Must have completed some college course work in history, education, communication, or related program or equivalent work experience. Some experience in customer service, and public speaking. Experience leading public programs preferred. Seasonal position through December. May include some weekends, holidays, and evenings. Up to 35 hours per week. \$9.47/hr. Go to www.MetroparksToledo.com<http://www.MetroparksToledo. com> to review complete job description and to apply. EOE

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Abundant Life of Perrysburg is accepting applications for its subsidized apartment communities. Abundant Life #1 offers independent living for senior citizens 62 years of age or older and individuals 55 or older with a physical impairment. Abundant Life #2 is a supportive living complex for people 62 and older. To apply individuals must meet the age and annual income requirement of no more than \$25,200.00 for one person or \$28,800.00 for two people.

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The Truth Art Gallery Presents "Everlasting Colors," An Exhibit

Portraits, colors and nature! The Truth Art Gallery is presenting an exhibit by two of the Gallery's favorite artists over the last few year - Mack Walton and Gabriele Orza.

From May 1 to June 31, the Gallery is presenting paintings by these two artists online and at the Gallery - by appointment only until the shelter-in-place

Toledo artist Mack Walton has been presenting his portraits and scenic displays of the world around him for decades. It's his life, it's his passion. And it has been for over 50 years.

Walton, a Toledo native who attended Scott High School, started painting in 1966 when he won a contest and took a correspondence course. After that he was hooked, says the Vietnam veteran who joined Jeep in the late 1970's and remained in factory work there until his retirement in 2001.

Mack developed a procedure and a following among his fellow employees at Jeep by transferring photographs to oil canvas. He estimates that he painted over 100 portraits during his 25-year Jeep career.

That kept him fairly busy, he recalls, nut it also limited his ability to reach for a broader audience. "I didn't have time to sell myself," he says. And as any successful artist will freely admit, an artist must have the ability to pay attention to the business side of the art business.

Mack eventually ventured into street scenes, landscapes and still life - all of which are on exhibit on The Truth Gallery website and in the Gallery itself by appointment.

Gabriela Orza, a Detroit-area resident is a native of Romania who developed her skills and talents studying for a masters degree in art at the Academy for Visual Arts in Cluj, Romania.

Since her arrival in the United States several decades ago, Gabriela has developed and expressed that talent in a variety of sites in southeastern Michigan - an art teacher at High Point and the Kensington School of the Arts; an art director at the Palace Stone Gallery in Auburn Hills, for example. She has worked in oil, mural paintings, ceramics and as a book illustrator and author. She has also held over two dozen personal exhibits and has presented her art

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Recently, inspired by the work of Spanish painter Jose Royo, Gabriela has been expanding her art repertoire by working, as does that Spanish master, with light and bursts of color somewhat reminiscent of the French impression-

Gabriela has about a dozen of these recent works on display at the Gallery and on our website.

The online video and exhibition catalogue and price list for "Everlasting Colors, are posted on The Sojourner's Truth website at thetruthtoledo.com



Orza's Mother Love

Walton's Autumn Landscape





Walton's Coltrane



Orza's Yellow Roses



Orza's Woman with Roses by the Sea