Toledo Honors Senator Edna Brown

Paula Hicks Hudson, Senator Edna Brown, Willie Ann Moore

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African Americans and Caribbean blacks experience mental health episodes with greater severity and persistence than whites or others. Yet we are losing the battle to stress, anxiety, depression and other mental health issues while hiding behind cultural masks such as “not airing our dirty laundry” or refusing to “put our stuff in the streets.”

The truth is that major depression and mental illness, according to former Surgeon General David Satcher, MD, Ph.D., “are not an attitude problem nor a character weakness or spiritual weakness.” Although they may reflect the attitude or character, mental illness is related to chemical changes in the brain and is not something “that you can just snap out of it.”

What we should also understand is that mental illness is an issue in which touches all of our families or someone we know. Last year the Lucas County Mental Health and Recovery Services Board (MHRSB) served 32,000 people in 2017 in order to save lives, lead individuals to recovery, and help clients and their families overcome the shame of pain by sharing the emotional burden of mental health disease. Thirty percent of these served were African Americans and another six percent were Latino. Ten thousand of the 32,000 were youth.

The MHRSB, now in its 30th year, is currently running Issue 11, a renewal levy to continue promoting health and saving lives. I spoke with MHRSB executive director Scott Sylak, to discuss the levy and issues of mental health.

Perryman: It’s good to speak to you today. Can you begin by telling us about the Issue 11?

Sylak: Well, Issue 11 is a 1-mill levy. It is not a new tax. It will generate $1.1 million dollars for local operating expenses. The $7.1 million is actually about 28 percent of our entire operating budget. It is helpful to know that 93 cents of every dollar that the Mental Health Recovery Services Board brings in is returned to the community agencies to provide services that include mental health, addiction and gambling prevention, treatment and support services.

Perryman: What are some of the agencies that the MHRSB funds?

Sylak: Many of the agencies that we fund are very familiar to the people in our community, while they might not connect us with them. These are organizations such as Unison, Harbor and Zepf, Nev Concepts, Rescue, St. Paul’s Emergency Shelter, and many others. The services that we provide, the contracts that we let, actually fund about 90 units of housing support for the mentally ill, another 200 units of recovery housing, detox services in our community. We have employment programs for individuals who have mental health disorders. We also fund criminal justice services. We feel that many with behavioral health disorders are better treated in the community than locked up and that there are many ways to hold people accountable for their behaviors. Encouraging treatment over incarceration is certainly one of those ways when it is appropriate because we know that the cycle of arrests and incarceration will not be broken unless we can move people to recovery so that they can become valued members of the community and contribute back to their community so that they can maintain connections to their community, their families,

**Community Calendar on page 4**
Thousands of “Horse Faces” Show up at Trump Rallies!

By Lefte Toller, Esq

Guest Column

In a scene not to be believed, at a recent Trump rally in West Virginia, thousands of “horse-faced” women appeared. They came in both packs and they came singly but all were white horse-faced women braying and snorting to an invisible rhythm of political and sexual desolation.

The horse-faced white women appeared in glittering mascara and torn jeans and they also came outfitted in stylish dresses with mascaraed fingernails and wearing faux pearls.

The horse-faced women were both aging grandmas and younger women wearing college sweatshirts and flip flops and with their hair tied back in swishing ponytails.

Their elongated horse-like white faces showed years of being bred to look like horses and their flaring nostrils and wide set eyes shown that their breeder, Donald Trump, was successful in his attempt to dehumanize women so that they thought less of themselves and more of him.

And as horses are wont to do, they gathered themselves in groups to chat up what was about to take place. The older horse-faced women were somewhat silent as the younger horse-faced women pawed the ground and neighed; and watched the dark blue curtained doors for the soon appearance of their horse trainer, Donald Trump.

Among some of the larger groups of horse-faced women, there were shrills and shouts of laughter as some of the dominant horse-faced women told stories of how they came to be horse faced.

A blond filly by the name of Hester tossed her long mane and gazed the crowd with a story of being told by her parents that she would amount to nothing in life because her teeth were so large.

In the same grouping, Anna, a tawny mare of some considerable years weighed in with her story of being a breeding mare and how proud she was of birthing over 18 colts.

None of the horse-faced women looked directly into the eyes of their male folk since that was a sign of disrespect and that was something that a horse-faced woman just did not do!

These horse-faced women shared a common litany of being emotionally trampled upon and of being rode had. Hard enough to break their spirits and hard enough to for them to seek out anyone who could give them a temporary bump in their abysmally low estimation of themselves.

Horse-faced mothers brought their young, spirited and developing horse-faced daughters. They wanted to properly initiate them into the fellowship of other horse faced women so that they could develop a sense of belonging.

This huge political convocation including thousands of horse-faced women was a huge success for the GOP and their effort to have women acquiesce to the rules and favors of the dominant men folk.

For these women to be called “horse face” by Donald Trump was not offensive in the least but a mark of pride since it showed that their trainer, Donald Trump, was noticing them and that is what counts... being noticed!

Matter of fact, when he called the porn star, Stormy Daniels, “Horse Face” they excused his behavior because they too have been called that name and worse.

They were willing to overlook his boorish behavior because they were trained well to respect their trainer in spite of their questions of him.

After all, when Donald Trump used the moniker “horse face” it was meant to convey to them that he was using that pejorative title as a ploy to cover over a lot of T.AKE News. That the left liberal media establishment was trying to shove down their long threats.

It was now the awaited time! The curtained doors next to the high rise stage parted and in walked their trainer, Donald Trump to thunderous applause and raucous cheering from the now exuberant horse faced women.

This was no time to be timid nor silent! Donald Trump was their chosen buttress against the marauding hordes that were trying to turn their beloved country over to mob rule by the Democrats.

The audience, a virtual sea of white faces wearing MAGA hats, was delirious in the welcoming of their leader to a solid red ribbed state.

So what he called Stormy Daniels, “Horse Face” So what that the term was once stern or caustic, but not now: in the mouth of Donald Trump it was used to label their enemies hit to them, it was no taken as an insult.

... continued on page 12
Mayor Wade Kapszukiewicz Signs Into Law an Ordinance Funding Four Social Service Agencies

The following is the mayor’s letter regarding Ord. 263-18, the $200,000 appropriation of CDBG funds for four social service agencies (Family House, YWCA Domestic Violence Shelter, Nexus Health Care, and Toledo Urban Federal Credit Union).

October 19, 2018
Greetings:

After careful consideration, I have signed Ordinance 263-18. Both Council members and my administration agree that whenever we have the chance to draw down available federal dollars to meet obvious social service needs on our community, we should do so. No one can argue with the need to find more funding for domestic violence prevention, affordable health care, credit-building services and emergency housing in the City of Toledo.

But while Council and my administration share these goals, it is equally important that we do so in a way that is fair, consistent, and most critically, does not jeopardize future federal funding for these obvious needs.

After the quick passage of the Ordinance, over the past few days, my administration has taken steps to confirm with the Department of Housing and Urban Administration if these organizations can receive funding in this manner. Clarity is lacking in the ordinance regarding the availability of funds in the account that Council identified for these expenditures. Council also did not identify with any specificity the eligible program activities to be carried out by these organizations with CDBG dollars. The administration cannot exceed the public service activities caps for the relevant CDBG funding years.

Even with these open questions, I signed the ordinance because I share its goals and its spirit. But if required federal processes and procedures were not followed, it is possible that these worthwhile local organizations may not be able to receive these funds – despite my signature.

No doubt, that would be a disappointment to all of us. But regardless of the outcome of the ordinance there is a larger issue that must be confronted. Council members and my administration must work together now to fully understand the federal funding allocation process before any other decisions of this kind are made. We cannot put all of these funds in jeopardy by being too cavalier with the rules.

As we quickly approach the 2019-2020 CDBG funding cycle, we must take the time to become knowledgeable of the types of eligible activities that can receive CDBG dollars and the proper manner of identifying eligible organizations, the different types of federal dollars available, and the requirements and responsibilities of organizations when they accept these dollars. We must also become familiar with the CDBG process regarding public participation, which includes specific dollars for public notices and hearings. The requirement for public engagement establishes the role of residents and elected leadership in the decision-making process. The Department of Neighborhood and Business Development is ready to begin that review with you and I hope you will take it seriously.

I am in agreement with the goals of the ordinance, which is why I have signed it. But, let my larger point be clear. I will not allow future ordinances to become law if there is any risk that our federal funding ad general fund will be in jeopardy as a result. I hope we can use this occasion of this ordinance to learn together the proper processes to follow. And I sincerely hope that we are able to provide these much needed dollars to these incredible organizations.

Sincerely

Wade Kapszukiewicz

Ed. Note – the ordinance cited by the mayor was written and proposed by Councilman Larry Sykes who made the following comments to The Truth afterwards: “I appreciate it – it was the right thing for the mayor to do. I’m happy for the people it’s going to serve – you can’t beat the mission of these organizations.”

Community Calendar

October 26
Lourdes University 2018Career Expo, Internship & Job Fair: 1 to 3:30pm; Franciscan Center; Two employer panels – Plant and Corporate Operations 1:30 to 2:30 pm, Accounting, Finance and Insurance – 2:30 to 3:30 pm; 419-824-3704 or career@lourdes.edu

October 28
Calvary MBC 89th Church Anniversary: “A Church Founded on Faith Inspired by Hope and We Give Thanks;” 4 pm; Guest Church Filipilians MBC of Lima and Pastor B. LaMont Monford
Indiana Avenue MBC Trunk or Treat: 4 to 6 pm; Games, music, face painting, horse rides

October 31
Braden UMC All Saints Day Celebration: 6 to 8 pm; Costumes welcome dinner provided

November 3
Epworth UM Church Arts and Crafts Bazaar: 9 am to 4 pm; Over 60 vendors – cards, jewelry, books, glass works, toys, etc

November 7
Effects of Addiction on Our Families and Communities: 6 pm; Question and answer session with community leaders; Robinson Elementary; Become part of the solution to end addiction in Lucas County
Issue 10: Sheriff Tharp Believes A New Jail Is Absolutely Necessary for Lucas County

By Fletcher Word

Sojourner’s Truth Editor

Sheriff John Tharp has been in office for six years but very little has changed in his assessment of the jail that his office oversees. “When I started I saw that we needed a new jail,” he recalls. “It was in dire straits – so many repairs needed – in the pipes, the roof leaking, the cold floors, the steamed windows. The situation is not good for the people who have to live here and also for the employees – it’s not good.”

In fact, there is virtually nothing about the facility that pleases the sheriff, including the way it’s built. “It’s built like a hotel,” he says. “With large foyers on each floor, a lot of wasted space with wings to the left and right.” Those wings, says Tharp, mean that officers cannot have direct supervision over all the inmates in their care.

So almost immediately after he came into office, Tharp started beating the drums for a new facility. He came up with a downtown location in order to bring it to the Lucas County Commissioners for their consideration. He and his staff took a look around and saw what they thought was an ideal location that would be convenient and would also beautify the large part of downtown – walking paths connecting courthouses, a pond here and there.

When the plan made sense, he took it to the commissioners for their appraisal and, as he said a serious look at it, he says. And their serious look included an estimate of the financial costs. Those costs analyses placed the possibility of building a new jail downtown well out of reach. Tharp realized as the downtown expenses were explained “It was way beyond affordable,” says Tharp. “Just paying for a parking lot, we would have had to pay for the lot and then for the owner’s investment of loss income over the years.”

After dealing with the financial problems of staying downtown, the sheriff had to come with grips of the relative inconvenience of relocating the jail to the far reaches of the city. For his officers, the convenience of being downtown comes primarily from the ease of transporting inmates, as they do now, without having to place them in vehicles. However, if the jail had been built at his initially preferred location downtown, says Tharp, his deputies would still have had to transport inmates via vehicles rather than walking them as they do now.

“Whether it’s from a football field away or seven miles, we still have to bus them,” he notes. “And [in the area away from downtown] there’s ample parking and room to add on if necessary.”

On the other hand, as he surveyed the other law enforcement officials – state, federal, Lucas County – who have to use the jail, he heard overwhelming support for a new facility and the location wasn’t much of an issue. Most could see significant advantage from not having to deal with downtown traffic and the difficult wait times the old facility presents.

In addition Tharp is very excited about the Behavioral Health Solution Center, the facility that will be used to place those individuals who are impaired due to mental illness or drug abuse and may not have committed crimes. As a longtime street cop, Tharp remembers how often he would have to confront someone who might be mentally impaired and was conflicted with the fact that he had no other resort than to take him or her to jail.

“Many, many times I would run into a situation like that,” he recalls. “Now an officer will have a place to take such an individual.”

A new facility is what the sheriff has been working toward for all these years. “I gotta get our people into a new jail; I gotta get our inmates into a new jail.”

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Notre Dame Academy Announces Open House & High School Placement Test Events

On Sunday, November 11, Notre Dame Academy (NDA) will hold an Open House on the Notre Dame Academy Campus (3335 W. Sylvania Toledo) from 11:00 am to 2:00 pm.

Enjoy a private tour lead by a parents, students, and alumnae, meet NDA teachers and administrators, and learn about extracurricular activities. Voted Best of Toledo's Best High School, Best Private School two times in a row, NDA is the only school in northwest Ohio that offers the prestigious International Baccalaureate (IB) Diploma Program. NDA also offers the most ways to earn college credit in high school through IB, Advanced Placement and College Credit Plus.

NDA has been All Sports Champions 15 times in a row and Speech and Debate champions eight years in a row. Stellar accreditations with master teachers make NDA the all-girls educational choice.

Notre Dame Academy, a Catholic college preparatory school for grades 7-12, sponsored by the Sisters of Notre Dame, promotes the holistic development and empowerment of young women for leadership and service by providing an exceptional educational experience permeated with Gospel values. For more information on NDA, please visit www.nda.org or call 419.475.5359.

The following are admission events where prospective students and parents can learn more about NDA academics, testing practices, awards, and scholarship information. Apply to Notre Dame Academy online at www.nda.org, during our Open House, or visit NDA to receive an admission packet.

Wednesday, November 14 - FREE High School Placement Testing Experience for 8th Graders/Parent Information Night (How to Invest in the Best Education for your Daughter) - 7 – 8:15 pm We invite girls to learn tips and techniques to get comfortable with the HSPT. RSVP is required While the girls are learning about the HSPT, we invite parents to learn about the advantages of an NDA education and how it is easier to invest in it than you may think. No RSVP necessary for parents.

Saturday, December 1 - High School Placement Test (8:00 am – noon)/Parents Coffee & Questions (8 – 9:00 am) The HSPT is required for 8th graders wishing to enter Notre Dame Academy in the fall of 2019. No RSVP is needed to take the test. Honors Scholarships are based on HSPT scores.

Lourdes University and Owens Community College Announce New Partnership

The presidents of Lourdes University and Owens Community College signed a dual admission partnership called Gray Wolf Express on Friday, October 12 in Russell Eiben Hall on the Lourdes campus, 6832 Convent Blvd. in Sylvania.

Gray Wolf Express is designed to provide a seamless pathway to a bachelor’s degree from Lourdes University while also decreasing the time to degree completion, saving students time and money.

“The partnership between Owens and Lourdes once again demonstrates our commitment to making a bachelor’s degree affordable and accessible to a broad range of learners. The Gray Wolf Express pathway not only benefits students, it also benefits our region and economy,” said Mary Ann Gaweł, Ed.D., president of Lourdes University.

“We are pleased to strengthen our partnership with Lourdes University by offering a more seamless pathway for students to gain admission to both institutions simultaneously,” said Steve Robinson, Ph.D., president of Owens Community College. “Owens is committed to removing barriers to student success, and Gray Wolf Express is another important part of that commitment.”

Interested students should apply to Owens Community College indicating their interest in transferring to Lourdes University upon receiving their associate’s degree. The program guarantees admission to Lourdes and allows students to chart their course to a bachelor’s degree with the assistance of Owens and Lourdes advisors, and academic and student services.

For more information, contact Michelle Rible, Lourdes University Assistant Vice President of Institutional Research & Dean of Enrollment, at 419-885-3291 or mrible@lourdes.edu.

Lourdes University
Rooted in the Catholic and Franciscan tradition, Lourdes University is

...continued on page 11
Bishop Cook Celebrates 10 Years as Bishop,
30 Years as Pastor and 70 Years of Life

By Tricia Hall
Sojourner’s Truth Reporter

The New Life Church of God in Christ sanctuary was filled to capacity on Sunday, October 21, 2018 as church members, family and community residents attended the service to pay tribute to Bishop Edward Cook. The service acknowledged his 10 years as a bishop, his 30 years as pastor of New Life Church of God in Christ, and his 70th birthday.

“I’m honored to be here today. Your bishop is more than just a bishop. He is a force for this community. This is truly a celebration of a man of God and a church with a vision,” said former City of Toledo Mayor Paula Hicks Hudson.

The Sunday celebration opened with Elder David Young serving as master of ceremony; selections led by the praise and worship team and several other event soloists. The guest speaker was Bishop Lewis Belvins.

“I am glad to be here and join in this celebration,” shared Jurisdictional Supervisor Thelma Biles-Butts, before leading the congregation in a selection.

Throughout the service, individuals, church auxiliaries, and community ministries filled the isles of the church and presented tokens of appreciation to Bishop Cook.

“I am thankful for our speaker. I am thankful for each of you. I have so many people that I want to thank. Thank you, thank you for a wonderful weekend. You have no idea how much this meant to me. I have a dream and I plan to live another 30 years,” explained Bishop Cook during the celebration’s closing remarks.

Cook, pastor of New Life Church of God in Christ has served as bishop for 10 years, and pastor for 30 years. He has launched Brent’s Place the Re-... continued on page 10
The Fair Housing Center Selects Nationally Renowned Fair Housing Advocate as New CEO

Following a robust national search for a new CEO, The Board of Directors of The Fair Housing Center is pleased to announce the selection of Marie M. Flannery as the new president and CEO, who will begin her new position in Toledo on November 5, 2018.

Recently serving as president of Inland Fair Housing and Mediation Board in Ontario, California, Flannery brings a wealth of experience and a strong passion for fair housing to our community. Her significant achievements include spearheading a major systemic investigation into loan modification practices targeting the Hispanic community, conducting national fair housing trainings, and many other notable accomplishments. Moving to Toledo from the West Coast, Flannery and her husband are excited to return to the Midwest where their families reside.

“I am honored to join the team at The Fair Housing Center,” stated Flannery. “I believe passionately in the principles of equity and fairness, and look forward to working with the residents, stakeholders, and community development professionals in Toledo and the surrounding areas to further The Fair Housing Center’s mission of eliminating housing discrimination and creating communities of opportunity for all.”

The Fair Housing Center engaged a consultant to assist the Board with strategic planning and facilitate the national search.

“Ms. Flannery was chosen from a pool of very talented candidates,” stated Alan Sattler, board chairman of The Fair Housing Center. “We were impressed by not only her extensive experience and knowledge of fair housing, but her commitment to the values of equity and justice upon which fair housing was founded. The Fair Housing Center has played an important role in the fair housing movement, setting precedents that have opened doors to opportunity for millions across our country. With our strategic plan and a strong leader who brings a fresh perspective to the table, we will continue to be a leader in fostering a more diverse, vibrant community.”

The community is invited to join The Fair Housing Center in welcoming Flannery, who will be available to connect with community partners and local media when she’s fully on board in November.

Mt. Neko Celebrates Usher Anniversary
Pastor Ots Jones of New Hope Church served as the guest speaker on Sunday October 14 at Mt. Nebo Baptist Church to help that congregation and Pastor Oluwaseun celebrated his usher anniversary.

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2019 Proposed Service Changes

All comments must be received by 5:00 PM, Monday, November 12, 2018, to be included as part of the official record for final route adjustments and implementation purposes.

Reduced federal investment, higher operating costs due to inflation, and lack of support for adequate local funding are forcing significant changes to TARTA service for 2019.

Therefore, TARTA seeks public input on proposed service changes of various routes to be effective Sunday, December 30, 2018.

Proposed Service Changes:
- Discontinuation of Sunday service;
- Discontinuation of holiday service;
- Modification to Fixed Route services:
  - Discontinuation of 6 King Road/City of Sylvania;
  - Schedule adjustments to 39 Franklin Park Mall/City of Sylvania/39M Monroe/Centennial-Sylvania—4:15 PM outbound and 5:00 PM inbound trips discontinuation;
  - Schedule adjustments to 29X Waterville Express—5:15 PM outbound trip discontinuation;
  - Introduction of experimental 47 Maumee-Arrowhead/Work Express, to replace 43 Maumee-Arrowhead/Western via UTM name, routing, and schedule adjustments;
  - Weekdays—discontinuation of 6:00 AM and 10:30 PM lineups;
  - Saturday—discontinuation of 7:30 AM and 7:30 PM lineups;
- Modification of Muddy Shuttle and Walleye Shuttle services

Details of proposed routes updates are available at TARTA.com

Comments may also be made by writing to:
James K. Gee, General Manager
Toledo Area Regional Transit Authority
PO Box 792
Toledo OH 43697-0792

All comments must be received by 5:00 PM on Monday, November 12, 2018, to be included as part of the official record for final route adjustments and implementation purposes.
Ellis Hall Brings A Tribute to Ray Charles to Toledo

By Fletcher Ward
Sojourner's Truth Editor

“It’s not an imitation or an emulation, but a celebration of the soul within” says Ellis Hall of his upcoming November 3 performance with the Toledo Symphony during which he will celebrate the life and music of his artistic idol, Ray Charles.

While there are certain similarities, Hall shares with Charles, their careers have taken very different paths and this tribute has evolved from a relatively recent crossing of artistic paths.

Hall, like Charles and so many famous black musicians, is blind. He was diagnosed at an early age with congenital glaucoma and lost his sight completely at the age of 18. However, he had found his calling well before that. By the time he was 14 years old, Hall knew that he would be making music his life.

Through the years, Hall has been an all-around performer, producer, songwriter while working with such luminaries as Natalie Cole, Patti LaBelle, Herbie Hancock, George Benson, Sheila E., among many others.

During the 1980s and his “funk” period, he was the lead singer for Tower of Power, as well as the group’s keyboardist, a producer and songwriter. He then stayed busy as a session musician in Los Angeles while also singing and playing for Hollywood productions such as The Lion King 2, Shrek 2, Chicken Run, Invincible and Bruce Almighty. He even acted occasionally in films such as Big Momma’s House and Catch Me If You Can.

Hall finally met his idol in 2001 when Charles heard him perform at a Christmas party. “Who are you and why have I not heard of you until now,” the Genius asked Hall. Charles eventually signed Hall to his CrossOver Records label in 2002 but before Hall’s studio album was released, Charles died. His mentor’s advice however already had led him to finding yet another musical direction – working with orchestras.

Since his time spent with Charles in the last several years of Charles’ life, Hall has performed extensively with orchestras around the country playing R & B, soul and funk with symphonies in Pittsburgh, Dallas, Boston, Detroit, Tucson and Washington, D.C. to name a few. He alternates his Ray Charles tribute with his “Soul Un...

Bishop Cook... continued from page 7

The Sojourner’s Truth October 24, 2018
Free Medicare Check-Up Day Event Coming to Lucas County

The Ohio Senior Health Insurance Information Program (OSHIIP), a division of the Ohio Department of Insurance, will visit Lucas County to hold a Medicare Check-Up Day event on Wednesday, October 24, 2018, at the Sylvania Senior Center located at 7140 Sylvania Ave in Sylvania. The event is a presentation only and will begin at 1:00 pm.

“Medicare Open Enrollment is a once-in-a-year opportunity for Ohioans who are enrolled in Medicare to compare plans and find one that fits their needs at a price that’s right for them,” said Jillian Froment, director of the Ohio Department of Insurance. “We are holding Medicare Check-Up Day events statewide to ensure Ohioans have access to up-to-date information they need to better understand their options for 2019.” During Medicare’s annual open enrollment, Ohioans can:
• Change or continue current prescription drug plan;
• Select a Medicare Advantage Plan, designed for comprehensive health and drug coverage; and
• Learn about recent updates to plan changes and financial assistance programs.

Protecting Against Fraud and Identity Theft
Froment advises Ohioans to be aware of predatory sales practices during open enrollment. The Ohio Senior Medicare Patrol (SMP) will be present at Check-Up Day events to encourage Medicare recipients to protect their Medicare card and explain how to avoid fraudulent behavior. Consumers that suspect wrongdoing should call the department’s Fraud and Enforcement hotline at 1-800-686-1527 or the SMP at 1-800-488-6070.

Those unable to attend a Medicare Check-Up Day event can contact OSHIIP at 1-800-686-1578 Monday through Friday, 7:30 a.m. to 5 p.m., or call Medicare at 1-800-Medicare (1-800-633-4227), 24 hours a day, seven days a week. Information including specific plan details is available at www.medicare.gov.

To view a complete listing of Medicare Check-Up Day events, visit OSHIIP’s Medicare Check-Up and Annual Enrollment page at www.insurance.ohio.gov/Consumer/OSHIIP/SitePages/CheckUpDays.aspx.

Ellis Hall... continued from page 10

limited” show.

Hall was born in Savannah, Georgia, and his family eventually moved to Massachusetts where he attended the Perkins School for the Blind. He made his recording debut in 1971 at the age of 20 when he played bass and provided background vocals for rocker Paul Penza. He formed the Ellis Hall Group in 1975, an opening act occasion for the Temptations and the Spinners. Although Hall has been completely blind for more than five decades, when he is performing he can see quite a lot.

“I can see colors when I’m doing the music,” he says. “I’m singing my solos in color. It’s a very colorful display.”

“As we planned our 70th Anniversary season, we looked back to the most memorable performances of our past,” says Zak Vossor, president & CEO of the Toledo Symphony. “One of those was Ray Charles’ 2001 concert with the Toledo Symphony at the Stranahan Theater. It’s a performance that people still talk about, since Ray was such a showman and a real pleasure to work with. We sadly never got to perform with Ray again before he passed away, but this performance with Ellis Hall will allow us to pay tribute to Ray Charles and bring us about as close as we can to recapturing the magic of that 2001 concert.”

Ellis Hall: A Tribute to Ray Charles will take place Saturday, November 3, 2018 at 8 PM at the Stranahan Theater. Tickets are available at toledosymphony.com or by calling the Toledo Symphony Box Office at 419.246.8000.

Lourdes University... continued from page 6

sponsored by the Sisters of St. Francis, and offers baccalaureate degrees in a variety of academic majors as well as graduate degrees in business, education, nursing, organizational leadership, social work, and theology. Community outreach programs include the Appold Planetarium and Lifelong Learning. A member of the National Association of Intercollegiate Athletics, Lourdes students can also compete in a variety of men’s and women’s sports. Named a “Best in the Midwest” college by the Princeton Review, Lourdes University is a nationally accredited, veteran and transfer-friendly institution offering a variety of student scholarships. Explore the possibilities online at www.lourdes.edu or by phone at 419-885-3211.

Owens Community College

Owens Community College has served northwestern Ohio since 1965 as an accredited two-year, state-assisted institution of higher education with an open-door admission policy. With a commitment to providing small classes, personal attention and unmatched affordability, the College serves the diverse academic needs of credit and non-credit students on the Toledo-area and Findlay-area campuses, as well as the Owens Community College Downtown Learning Center. Owens offers associate degrees in the Arts and Sciences and technical program areas in Agriculture, Business, Health Sciences, Public Safety and Emergency Preparedness, Skilled Trades, and Engineering and Transportation Technologies. Owens Community College is accredited by The Higher Learning Commission (HLC) and has 54 programs that are accredited through their own discipline-specific accrediting bodies. For more information, visit www.owens.edu, dial (567) -661-7000, like our Facebook page and/or follow us on Twitter @OwensCC.
there their friends, their children. They learn to be better parents, learn to be better brothers and sisters, family, sons and daughters. All that is part of making communities viable and by the way safe.

**Perryman:** What is mental health?

**Sylak:** It’s a disease of the brain, it can be treated with medication and therapy and many people who have a mental health disorder can live very productive lives working their plan of recovery.

The research will say that people with mental illness die on average 25 years earlier than people without mental illness. They don’t die, necessarily, because of their mental illness; they die because of their untreated physical health ailments as it relates to their mental illness. So the more we can bring people into recovery the more likely it is that they will address those health issues, they’ll be around to support their family, their parents, their communities, their loved ones, their neighbors and become a fabric within their communities.

**Perryman:** Many people associate mental illness only with schizophrenia or really severe psychiatric disorders. However, that’s not totally accurate.

**Sylak:** Mental illness takes many different forms and it doesn’t manifest itself in one way consistently across all populations. It can be a severe and persistent mental illness that you defined as schizophrenia, bipolar disorder, or major depression or it could manifest itself in minor depression or other fears related to trauma that individuals may not have treated appropriately and thus could exponentially increase into some more severe disorders.

What we know is that the brain responds to trauma differently in everybody and what we also know is that if you experience trauma such as domestic violence, for instance, or child abuse, and even witnessing events that are tragic, that these experiences can change the mental state of somebody and if not treated correctly or at all then it can really develop into more problematic behaviors.

**Perryman:** So that can be anything from like the loss of a job, the loss of a parent, child or a spouse…

**Sylak:** Or removal of a loved one from the home due to incarceration. Trauma takes many different forms, it just doesn’t have to be about physical abuse or mental abuse, trauma is experienced differently and many of our systems are not trauma-informed in the way they are able to identify trauma and treat trauma. The Mental Health Recovery Services Board along with its community partners such as Children’s Services Board, are working to improve the diagnosis and the treatment of trauma, so that as we identify it we have systems in place to address those issues.

**Perryman:** While mental health can affect any particular race, ethnicity, socioeconomic status, African Americans living in America disproportionately face stress, anxiety and trauma daily. This can be the result of merely being caught in the pressure between being perceived as too black or not black enough. It can also be a result of the proportionate face stress, anxiety and trauma daily. This can be the result of somebody and if not treated correctly or at all then it can really develop into more problematic behaviors.

**Perryman:** So what have you done as a system to really address the issue that you just mentioned?

**Sylak:** So as a system, we have been for the last 3 years organizing our system to implement national standards for improving engagement and retention of individuals who are otherwise disenfranchised. The realm of those changes both internally as a board and externally as a system of care include reviewing and adapting our policies and operations to reflect the desired outcome of engaging minority populations more thoroughly. That includes ensuring that language access, ensuring that we have individuals providing the services that reflect the population that we are trying to engage, it ensures bilingual access to counselors when appropriate, and ensuring that we are intentional about our engagement strategies and treatment strategies for that population. We are also identifying strategies on how we engage with peer systems like Children’s Services, like juvenile court and adult court, like Developmental Disabilities, that share our mission for achieving health equity amongst minority populations and the disabled populations.

(to be continued)

Contact Rev. Donald Perryman, PhD, at drdperryman@enterofhopebaptist.org

Tolliver...continued from page 3

And so what about the myriad of other women that their trainer has called, pigs, fat, ugly, bleeding orifices, dogs, low IQ, unattractive, and other names?

He was fighting for them and those “other” women deserved those titles because they were not for their trainer!

The horse-faced women collectively assented by their mere presence at these pep rallies that Donald Trump was a man who spoke his mind and he knew the difference between a real “horse-faced” woman and a horse-faced woman who supported him.

The horse-faced women knew their lot and place in society and in the structured pecking order in which they are seemingly terminally bound. They know how to separate those “other” horse-faced women from the decent horse faced women as themselves.

Don’t kid yourselves! A horse-faced porn star has no standing in the circled herds of respectable horse faced GOP women! They know better! They know the difference!

Contact Lafe Tolliver at tolliver@juno.com
You only want to relax. At the end of a business trip, you just want a hotel bed with the softest pillows. You don’t want a broken coffee maker, hair in the sink, or malfunctioning air conditioning. No loud sounds in the hallway at midnight. No shortage of shampoo. Just good service and helpful staff and, as you’ll see in Checking In by Stephen J. Cloobeck, your customers would agree.

When entering a hotel, you probably wouldn’t expect to see a doctor behind the front desk. That’s what might’ve happened, if Stephen Cloobeck had followed his original plans: he attended medical school before he entered into the hospitality industry and ultimately “mastered” its principles.

Running a hotel and running your business, he indicates, are more similar than you think.

This doesn’t give you a pass, though. Become for your employees the role model you always needed, and don’t be afraid to get your hands dirty, too. If you own the business, “it means you’re in charge of – and accountable for – every detail, from every department.” Keep your eye trained on your customers, not your competition. Pay attention to even the tiniest details. Listen to your customers and let them teach you, then teach your staff that “no” is often an unnecessary word. Encourage fresh ideas from your employees. Strive to “recruit the best… train them to be your best… motivate them so they perform at their best.” And finally, remember that whatever “industry you’re in, what path you go down, what career you choose, you get what you want by giving what others need.”

If that sounds business-intuitive, you’re not very wrong. It sometimes helps, however, to have things like that written down in front of you but in Checking In, there’s a lot of other to wade through to get there.

Many great campaigns are based on storytelling and this book is no exception: author Stephen J. Cloobeck, former CEO and chairman of Diamond Resorts International, uses personal experiences to illustrate how to make a business customer-centric. That’s useful information until it begins to read like a dry script for a resort ad, complete with slug-lines, and the book becomes more about the hospitality industry and less about business in general. After awhile, that single focus feels too firmly entrenched. By then, it’s not very easy to read, either.

If you are completely at a loss as to how to laser-point your business toward customers, or if you want to consider a new angle on an old idea, this might be your book. For most businesspeople, though, Checking In may not be worth checking out.

Parents: Store Medicine Properly to Avoid Halloween ‘Candy Confusion’

Special to The Truth

This Halloween, families are projected to spend $2.6 billion on candy this year, according to the National Retail Federation. Unfortunately, Halloween can quickly go from spooky to scary with precautions that start right in your own home when it comes to medicine safety.

To avoid ‘candy confusion’—especially with little ones preparing to trick-or-treat—the Up and Away campaign, in partnership with the Centers for Disease Control and Prevention (CDC), is reminding parents and caregivers of young children to be extra vigilant about safe medicine storage, so kids don’t mistake medicines for a sweet treat. Medications and candy often look, smell and taste alike – making it tough for kids to tell the difference between a gummy bear and multivitamin, or an Altoid and aspirin.

...continued on page 15
APPLICANTS FOR BOARD AND COMMISSIONS
Toledo Mayor Wade Kapszukiewicz is seeking interested applicants for the following board and commissions:

- **Toledo Sister Cities International.** There are two vacancies on the board. The city is seeking candidates with a marketing or finance background or interest.

- **Joe E. Brown Park Board.** The administration is seeking four people to create this board. Residents living near the park should apply.

- **Savage Park Board.** The administration is seeking one person to sit on this board. Residents living near the park should apply.

Anyone interested should submit a letter of interest and a resume to mayor@toledo.oh.gov.

PRAYER BREAKFAST
Amazon lodge 4 of prince hall masonry is holding its 28th Annual Clarence Simmons Prayer Breakfast on Saturday November 17, 2018. The prayer breakfast will last from 10 am until noon with our guest speakers for the occasion being Elder Jaime R Richardson and Pastor Wesley F Jackson IV (the fourth). Tickets are $15 and all proceeds are donated to charity. Email Dhopkins107.3@gmail.com.

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MANAGER OF COMMUNICATIONS LUCAS COUNTY
The Mental Health & Recovery Services Board of Lucas County is accepting applications to fill the position Manager of Communications until position is filled. Additional information regarding the duties is available on the Lucas County web site (www.co.lucas.oh.us). Click on “Apply for a Job” and then select “Manager of Communications” from the list to read more or apply.

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REQUEST FOR PROPOSAL FOR MINI GRANTS
In continuing efforts to foster activities that promote positive mental health and prevent substance abuse, The Mental Health and Recovery Services Board (MHRSB) of Lucas County is pleased to announce an opportunity for funding through its FY 19 Mini Grant. The Board is seeking to provide up to $5,000 in funding to grass roots organizations and individuals that are providing programming that build assets or skills, resources, supports, or coping strategies for the population that the MHRSB serves. A complete description of the “Request for Proposal for Mini Grants” can be found at www.lcmhrsb.oh.gov. Proposals must be received no later than 4:30 PM on Friday, November 9, 2018.

PARK RANGER, PART TIME
Metroparks of the Toledo Area has openings for part time Park Rangers for community policing and some park maintenance, averaging 16 to 20 hours per week, $14.35 per hr. Certification as a Peace Officer in the State of Ohio is required with 2 years college and some experience. Go to www.MetroparksToledo.com to view detailed position description and job requirements. Apply online by October 30th. EOE

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TOLEDO LEGAL AID SOCIETY
TLAS Fellowship Program is hiring up to four attorneys in Lucas County, Ohio. Successful candidates must be licensed with the Ohio Supreme Court. In addition, graduates from an accredited college of law who are awaiting Ohio bar results will be considered for the fellowship program. Please see http://www.nlada.org/node/202021 for a more detailed description. Email cover letter and resume by October 12, 2018 to: ToledoLegalAidSociety@Yahoo.com

Owens Community College seeks candidates for the following position:

Director, TRIO Student Support Serviced (Grant-Funded): This position works with a team of Academic Coach Representatives and tutors to ensure that students are receiving sufficient support to be successful at the college. Provide vision for the program, supervision for the staff and overall management of the budget and compliance with the US Department of Education. Qualifications: Bachelor’s degree is required, preferably in Education, Administration, Counseling, Social Work or other related field. Minimum of three years of experience administering and developing SSS or similar programs. Experience working with diverse student populations, especially in higher education, and experience with TRIO-eligible or similar program. Owens Community College invites you to learn more about this exciting job opportunity at https://jobs.owens.edu. Become part of our inclusive culture that embraces and celebrates diversity. AA/EOE
Edna Brown... continued from page 16

Yvonne Harper explained Mayor Wade Kapszukiewicz.
The celebration opened with an opening prayer delivered by Rev. William C. Davis, followed immediately by dinner. Toledo’s former mayor Paula Hicks Hudson served as the mistress of ceremony for the evening. Throughout the evening, various supporters shared their personal memories and heartfelt thanks to Senator Brown.

“It all started with this woman, Edna Brown. I am proud to stand here and honor a female who is a trailblazer. She is able to work with both sides, Republicans and Democrats,” explained City of Toledo Councilwoman Yvonne Harper.

Senator Edna Brown has served in various capacities for over 50-plus years. She completed a 32-year career as a City of Toledo employee; an eight-year tenure on Toledo City Council appointed to the House of Representatives to finish Jack Ford’s term and re-elected in 2004, 2006, and 2008. On January 1, 2011, she was elected as the first African American to represent the City of Toledo in the Senate. She served as minority whip of the Ohio Senate.

“I want to thank everyone, who took the time to attend this event,” shared Brown to a standing ovation.

The Ohio Senate Democrats thanked sponsors: AFSCME Ohio Council 8, Ohio State Association of Nurse Anesthetists, Representative Teresa Fedor, Congresswoman Marcy Kaptur, OAPSE/AFSCME, Ohio Association for Justice, Toledo AFL-CIO, UWA Region 2B, LFCW Local 75, Democratic Leader Kenny Yako.

Senator Brown has received the following awards and honors over the course of her public service career: African American Legacy Project 2013 legislation; Tribute to Rose 2006 celebration; Council of State Government’s Health Chair 2013; Coalition of Black Trade Unionists Toledo Chapter policy achievement award; Oscar Griffin Award 2012, YWCA 2007 Milestones for achievement in government, Braden UMC award, Josh Project Lifetime Lifesaver Award, Ohio State Representative resolution 2010, Outstanding Service Award presented by Alpha Kappa Alpha Sorority, Inc 2002, Legislative Leadership Award from Action Ohio Coalition for Battered Women 2011, Northwest Ohio Black Media Association Impact Newsmaker 2007, Mt. Nebo Baptist Church Voices of Hope Outreach Ministry 2011, Jack Wolfe Memorial Award presented by Ohio Association of Election Officials and Secretary of State J Kenneth Blackwell 2006, and Toledo Excel 2011.

Public Awards

The Skip Turner Band

Store Medicine Properly... continued from page 13

Every year, about 60,000 young children in the U.S. end up in the emergency room after accidentally getting medicines left within their reach.

“With Halloween just around the corner, it can be easy for young ones to mistake medicine left out on the counter for candy,” says Dan Budnitz, director of the Medication Safety Program at CDC and manager of its PROTECT Initiative. “With this in mind, it’s important that parents and guardians remember to safely store and keep medicines up and away, out of sight and reach, from children.”

The Up and Away campaign aims to prevent accidental, unsupervised ingestion of medicine by educating parents and caregivers about safe medicine storage. For a safe Halloween season, they are advising parents and guardians to follow these tips:

- As tempting as this can be, never refer to medicine as candy when giving to your child.
- Make sure all medicines are stored safely, up and away, and out of sight. This includes at Grandma and Grandpa’s house, too. Nearly one in five grandparents store their over-the-counter medicines in easy access places. Rerind grandparents and babysitters to take the same precautions.
- Be prepared by saving the Poison Help number in your phone—the “POISON” to 797979 to save the information automatically.
- Find more information and tips on safe medicine storage by visiting UpandAway.org.

This Halloween and year-round, help avoid “candy confusion” by always storing medicine out of reach.

Courtesy StatePoint

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Senator Edna Brown Acknowledged for Decades of Public Service

By Tricia Hall
Sojourner’s Truth Reporter

The Ohio Senate Democratic Caucus organized an evening celebration to honor Senator Edna Brown for her 57 years of public service on October 18, 2018 at The Toledo Club.

The celebration was attended and supported by family and friends of Senator Brown and residents whom she has impacted over her years of service. Almost 200 individuals filled one of the meeting rooms inside the historic Toledo Club, dined on a full-course meal and listened to musical selections delivered by The Skip Turner Band.

“Senator Brown is a woman that I respect. She is honest and sincere public servant and person. Senator Brown works hard to get the job done. Her legislation impacts and advocates against abuse issues. I am happy to present this plaque to Senator Brown on behalf of the city with Councilwoman Jeanine Perry, Teresa Fodor, C Allen McConnell, Vernon Sykes, Senator Brown

(Daughter) Kathy Dadzie, (daughter) Linda Armstrong, Senator Brown, (sister in law) Carol Burroughs

... continued on page 15

Mayor Wade Kapszukiewicz, Senator Edna Brown. Former Mayor Carty Finkbeiner

(Daughter) Kathy Dadzie, (daughter) Linda Armstrong, Senator Brown, (sister in law) Carol Burroughs

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