

Volume 52, No. 5

"And Ye Shall Know The Truth..."

October 3, 2018



Jeanine Donaldson in the Classroom

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### Jeanine Donaldson: She Believes She Has the Skill Set To Make A Difference

By Fletcher Word Sojourner's Truth Editor







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One of seven candidates for the Ohio Board of Education for District 2, Jeanine P. Donaldson of Lorain is expecting to distinguish herself from the field over the next few weeks before the election by touting her experience and skills and by focusing on three principals that she believes are critical for



Jeanine Donaldson

the success of a child's educational experience: adequate and equitable school funding; educating the whole child from pre-K to 12; equal standards and accountability for all schools that receive public dollars.

It's not an easy contest for Donaldson given the large number of entrants in a relatively obscure contest - a contest that will be an afterthought for many voters in this year featuring such highprofile candidates battling for national and state offices. There can be no doubt, however, of her qualifications

"The reason I decided to run is because I can," she told The Truth during a conversation recently. "I do have the skill set and can hit the ground

Donaldson is the executive director of the Elyria YWCA, a position she has held since 1980. She has pioneered innovative programs for low-income women and children and has advanced programs dealing with race, class and the disadvantaged. She received "Women Making a Difference Award" in 1996 from the Ohio Department of Health, which acknowledged her as a "woman who has made an impact in the elimination of health disparities among women and people of color." During that time, she secured a federal grant to establish the first Transitional Housing Program in Lorain County.

In 1995, Donaldson ran for the Lorain Board of Education and won the first of her three fouryear terms on the board. She was the only African-American board member during that time in a district where 60 percent of the students were African American or Hispanic.

In 2002, Donaldson was appointed to the Ohio Civil Rights Commission by then Governor Bob Taft and became chairperson of the board in 2006 - the first female chairperson in the five-decade history of the board.

In 2008, Donaldson received the National YWCA Sojourner Truth Award, the highest award given to a YWCA employee in the nation;

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\*\*Community Calendar on page 4\*\*

### Rich Man Versus Poor Boy

By Lafe Tolliver, Esq Guest Column

If you have been following the recent Toledo tain dry financial patches. Blade story of the discussions between millionaire developer Bruce Douglas and Toledo City Council regarding his grandiose request for a reprieve of his \$500,000 dollar loan on The Uptown Arts Center Apartments, you may have missed some valuable insights as to how a city can miss a chance to go big and make a difference in neighborhood redevelopment.

This is the drama of Rich Man vs. Poor Boy. The Rich Man is developer Bruce Douglas (now of a Florida residence) and the Poor Boy is the Grace Community Center and the Big Brothers & Big Sisters of Northwestern Ohio.

For some background, The Rich Man wants City Council to give him a "winkie-winkie" financial bonanza and write off of their accounting books an approximately half million dollar loan so that he can sell the low-income apartment complex.

Why the money grabbing request? Simple. The Rich Man wants to either ease a tax bite or he simply wants to see how gullible City Council and whether they will give him a fat tax cut write off (maybe as a farewell gift to The Rich Man for his prior acts of goodness to Toledo?) so he can sell the complex to another waiting

But wait! There is more!

At or around the same time that this preposterous request on the city coffers was being made, albeit with a straight face, the Grace Community Center and Big Brothers & Sisters of Northwestern Ohio were both seeking a paltry \$75,000 so that they could continue their admirable work with youths in the "central" city.

The two non-profit community centers were asking for a financial life line to continue to do their good works but certain members of City Council suddenly had their ears filled with wax when the community centers sought help from the city in helping Toledo revitalize some of its neighborhoods.

It is without question that both centers have a strong and admirable history of service and support for their constituents but, at times, they need a financial dollop to help them through cer-

Despite the two centers pitches to the city for a financial life line, they were denied by a majority of the council on specious grounds that the city could not do what was being requested.

But yet, to date, the request from The Rich Man is still on the back burner and the Poor Boy was sent to the back of the line with a lot of garrulous guff.

Is this how we want to treat two community agencies who are doing commendable community service work? Is this how we want to further the work of revitalizing neighborhoods? You know, it is not as if such community centers are constantly in City Council chambers with a tin cup asking for hand outs.

Things happen with community centers that may require them to humble themselves and seek help from the very city in which their efforts are advancing the agenda of the mayor who was/is keen on neighborhood revitaliza-

As for The Rich Man, do we really want to bend over backwards and give out financial plums to those who least need it and only need it in order to make more attractive a sale to another fatcat buyer?

This all leads to the question: Why can't City Council support the works of the two community centers and tell The Rich Man that he has dined sufficiently at the public trough and it is time for The Rich Man to take off his bib and let someone else take his place at the dinner table?

I am sure that The Rich Man is a nice guy and all that...but surely in the allocation of scarce city resources, should we not place the money with agencies or groups that are working to improve the lives of its citizenry and not fatten the bottom line of The Rich Man?

Would it not be fair or equitable to have both the Rich Man and The Poor Boy meet with the financial heads of City Council and show them their income and expense records and then weigh in on who is the best candidate to receive any breaks or goodies from the city?

I would expect City Council members to aggressively approve the request from The Poor Boy (Grace Community Center and Big Brothers & Big Sisters) but apparently that was not the case and even The Rich Man was willing to reduce his request from a half million to that of one hundred and seventy five thousand dollars!

My last check of what government is to do, among other things, is to improve the lives of its populace. Granting The Poor Boy a chance to continue to start on the starting line and not ten steps behind is a commendable goal that City Council should encourage.

My solution: The City Council allows The Rich Man his tax break of paying one hundred and seventy five thousand dollars to rid of the loan balance due of five hundred thousand dollars; but those funds are to be earmarked for The Poor Boy.

And, at the closing of the sale of the complex, the city shares in the some of the profits that The Rich Man is anxiously rubbing his hands

A win-win for all. The Rich Man gets richer and The Poor Boy is able to live another day.

Contact Lafe Tolliver at tolliver@juno.com





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### Rep. Ashford Visits with Bowling Green State **University Class**

State Rep. Michael Ashford (D-Toledo) last month visited a Bowling Green State University (BGSU) class of future teachers who are learning about consumer financial decision-making. He discussed his recently passed payday lending reform legislation, House Bill (HB) 123 and how it will impact millions of Ohioans across the state who utilize short-term loans.

"I really enjoyed engaging with these future educators about the importance of consumer protections in the payday lending industry and showing them a model that makes the topic more real when they are teaching it to their future students," said Ashford. "I hope that this conversation emphasized how critical it is that working families have access to short term loans in a way that is fair to them and how anyone could find themselves in a situation where they needed a loan to make ends meet, making it all the more crucial to have protections."



Ashford In Class

### Rep. Ashford Announces New Faurecia **Interior Systems Facility in Toledo**

COLUMBUS — State Rep. Michael Ashford (D-Toledo) today announced Credit Authority (TCA) approved a 1.229 percent, seven-year Job Creation a plan for Faurecia Interior Systems Saline, LLC to build a new facility in Toledo. The facility, expected to open in April 2019 pending final approval, would create 101 full-time positions, generating \$4.3 million in new annual payroll.

"This is great news for the 44th district," said Ashford. "I'm so glad to see the growth of our economy in Toledo with the creation of 101 fulltime positions. I support this project and others like it that will bolster our economy and provide more opportunities for our communities."

Faurecia Interior Systems manufacturers automotive parts. The Ohio Tax



Tax Credit for this project.

### **Community Calendar**

#### October 6

Calling all former Angelic & Jerusalem Mass Choir: It's that time again Rehearsals for HOMECOMING CELEBRATION WILL be Saturdays 12:00 noon, Jerusalem Baptist Church

11th Annual Celebrate 4H Camp Palmer Day: 11 am to 4 pm; Games, rides, zip line, craft and specialty vendors; 5K run/walk at 9:30 am: 419-237-2247

Monroe Street United Methodist Church 2018-2019 Concert Series: 4 pm; Concert organist Aaron David Miller laying works by Mendelssohn, Bach Handel and the performer: 419-473-1167 ext 220

St. Mark MBC 63rd Annual Women's Day: 11 am to 4 pm; "Christian Women on the Winning Team"

#### October 13

Calvary MBC Annual Cancer Awareness Workshop: 11 am; Agencies and vendors with helpful information; Free lunch after workshop Calling all former Angelic & Jerusalem Mass Choir: It's that time again Rehearsals for HOMECOMING CELEBRATION WILL be Saturdays 12:00 noon, Jerusalem Baptist Church

St. Mark MBC 63rd Annual Men's Day Celebration: "Dress and Ready;" Saturday Prayer Breakfast at 10 am to noon; Sunday 11 am service; Speaker Michel Johnson, Jr: 419-385-5468

Toledo Chapter of the American Guild of Organists 2018 Scholarship Auditions: 3 pm; Open to students 7th through 12th grades and young adult organists; Hope Lutheran Church: 419-473-1167 ext 230 New Hope MBC 1st Pastoral Anniversary: Pastor Otis Jones and First Lady Dara Jones; 11am and 4 pm services: 419-243-4902 or 419-244-2964 St. Paul AME Zion Church Correctional Lay Sunday: 11 am; Guest speaker Bonita Adams of Walls Memorial Chapel AME Zion

Calvary MBC 89th Church Anniversary: "A Church Founded on Faith Inspired by Hope and We Give Thanks;" 4 pm; Guest Church Philippians MBC of Lima and Pastor B. LaMont Monford

Effects of Addiction on Our Families and Communities: 6 pm; Question and answer session with community leaders; Robinson Elementary; Become part of the solution to end addiction in Lucas County

## City Council Grapples with Neighborhood Agency Funding Decisions

By Fletcher Word Sojourner's Truth Editor

Toledo City Council turned down a funding request for two social service agencies last week by a seven-to-five vote due to concerns over budget deficit issues but Council has not yet heard the last of such requests this year. Councilman Larry Sykes says he is preparing a similar request for four different agencies that he will bring before his colleagues soon.

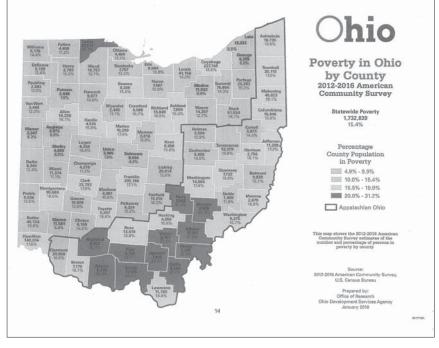
Sykes, who voted for the funding request for Big Brothers Big Sisters of Northwestern Ohio and Grace Community Center that was proposed by Councilwoman Yvonne Harper, will be seeking funds for the Neighborhood Health Association, the Toledo Urban Federal Credit Union, the YWCA and Family House in the amount of \$50.000 each.

Sykes initially requested Community Development Block Grant funds in July for the four agencies along with two others. The funds were unavailable. Now he is asking Council and the administration to assist him in finding the funding from any convenient place – CDBG or the city's general fund.

"These agencies impact the very salt of our community," said Sykes. "We can find money for police, for various things. How does it break down along racial lines? People of color believe we have some serious problems." Sykes chided his fellow councilmen who declined to vote for the two agencies last week considering the fact that funds have previously been earmarked for other community groups that by and large do not service the central city.

In June, council approved giving \$50,000 each to the Arts Commission of Greater Toledo, the UpTown Association, and the Historic South Initiative.

Sykes observed that three of the agencies he is promoting – NHA, the YWCA Battered Wom-



en's Shelter and Family House – have gone to great lengths to provide housing for families in need and the credit union has worked diligently to assist those who have been entrapped by predatory lenders.

"There's a subculture here that nobody wants to look at." he added.

According to a 2018 State of Poverty in Ohio Report by the Ohio Association of Community Action Agencies, 39.6 percent of Lucas County residents in 2016 lived below the federal poverty line, a 9.4 percent jump from what it was in 2000. Lucas County, Sykes noted, is the poorest northern Ohio county.

Harper sought the funds for Grace Community Center and Big Brothers Big Sisters because it was her understanding that the city had \$8.2 million in excess funds — an accounting error that was a source of contention in Mayor Wade Kapszukiewicz' successful campaign in 2017. However, the city is facing a possible \$9.9 million budget deficit in 2019 and \$15 million in 2020 leading the mayor to inform council members that he would veto additional spending from the city's general fund.

This year, the city received approximately \$7.5 million in Community Development Block

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### Partners Announce Project to Combat Infant Mortality in Toledo Neighborhoods Ohio Department of Health Invests \$850,000 in Healthy Lucas County Project

The Ohio Department of Health is investing \$850,000 in a Healthy Lucas County project to combat infant mortality in Toledo's central city area neighborhoods that includes working with residents to determine what they need to improve health and well-being, the partners announced while marking September as National Infant Mortality Awareness Month.

The project also involves recruiting 150 pregnant women who live in seven census tracts in the 43604, 43608, 43609, 43611 and 43620 ZIP codes into home-visiting programs to support women in delivering healthy babies. These women also are eligible for rental assistance for up to 12 months and up to \$500 for transportation, car care and utilities.

The grant funding is part of a nearly \$40 million investment in Ohio's 2018-19 budget to address infant mortality statewide. The Healthy Lucas County project was one of three chosen for the Ohio Department of Health's Infant Vitality Community Intensive Pilot Project.

"The most effective infant mortality reduction strategies are implemented at the local level," said Sandra Oxley, Chief of Maternal, Child and Family Health at the Ohio Department of Health. "Working with local partners to identify evidence-based strategies provides the greatest opportunity to impact the community."

The grant was awarded to the Hospital Council of Northwest Ohio, which coordinates the project and the Healthy Lucas County coalition of community health improvement organizations. Key partners in the project include Mercy Health, Neighborhood Health Association, ProMedi-

ca, Toledo-Lucas County Health Department, their home-visiting programs and the Northwest Ohio Pathways HUB care coordination system.

As part of the project, four AmeriCorps service members are being hired to help work with central city area residents to determine what they need to improve health and well-being. Project partners also are inviting key organizational and resident leaders to take part in collaborative decision making by serving on Healthy Lucas County's Neighbor Advisory Council.

"We really want to understand what these neighborhoods need to thrive, and that starts by getting input from our neighbors and truly listening to their concerns and suggestions," said Selena Coley, project coordinator at the Hospital Council of Northwest Ohio's Northwest Ohio Pathways HUB.

In 2016, the infant mortality rate for African American babies in Lucas County was 14.2 per 1,000 live births, nearly three times as high as the infant mortality rate for white Lucas County babies at 5.0 per 1,000 live births, according to Ohio Department of Health statistics.

The Healthy Lucas County project enhances existing efforts by homevisiting programs to reduce preterm birth rates and low birth weight rates in the seven census tracts, which were chosen after Lucas County data related to infant mortality was assessed. More than half of the 11,372 residents in these census tracts are African American, and 78 percent of female residents are living below 200 percent of the Federal Poverty Level, according to the U.S. Census Bureau.

The area in the map below indicates the location of the project's seven Lucas County census tracts in Toledo: 22, 23, 27, 28, 29, 30 and 103.

### Medicare, Explained

By Erin Thompson, Social Security Public Affairs Specialist in Toledo, OH Guest Column

Social Security and Medicare have a few things in common. Both programs help safeguard millions of Americans as well as improve the quality of life for our family and friends. Although both programs are household names, many people may not be familiar with the details of Medicare.

Medicare is our country's health insurance program for people age 65 or older. The program helps with the cost of health care, but it doesn't cover all medical expenses or the cost of most long-term care. You have choices for how you get Medicare coverage. If you choose to have original Medicare coverage, you can buy a Medicare supplement policy (called Medigap) from a private insurance company to cover some of the costs that Medicare does not.

### Medicare has four parts:

• Medicare Part A (hospital insurance) helps pay for inpatient care in a hospital or skilled nursing facility (following a hospital stay). Part A also pays for some home health care and hospice care.

- Medicare Part B (medical insurance) helps pay for services from doctors and other health care providers, outpatient care, home health care, durable medical equipment, and some preventive services.
- Medicare Part C (Medicare Advantage) includes all benefits and services covered under Part A and Part B. Some plans include Medicare prescription drug coverage (Medicare Part D) and other extra benefits and services.
- Medicare Part D (Medicare prescription drug coverage) helps cover the cost of prescription drugs. Some people with limited resources and income may also be able to get Extra Help with the costs—monthly premiums, annual deductibles, and prescription copayments—related to a Medicare prescription drug plan. The Extra Help is estimated to be worth about \$4,900 per year. You must meet the resources and income requirement.

Medicare's different parts are further explained in our publication at www.socialsecurity.gov/pubs/EN-05-10043.pdf. If you can't afford

### **Trick or Treat?**

By Patrice Powers-Barker, Ohio State University Extension, Lucas County The Truth Contributor

The autumn weather and the fall holiday of Halloween is just around the corner. What foods do you think of this time of year? Candy? Donuts? Apples? Although we might think of Halloween as a holiday for children, adults also get plenty of candy and sweets too!

Even if trick-or-treating is not on your calendar this month, how often will you have the option to choose to eat sweet treats and candy? Fall is a good time to practice (for ourselves) and teach children about eating in moderation.

While we can enjoy some sweets through-out the week, if we focus on healthy foods first, those sweet treats can occasionally fit into the healthy eating pattern. For children, help by setting limits to how much candy they can have. If they have a lot of candy from this time of year, find ways to share with others or freeze some of the candy for future treats in the next few months. It doesn't have to be eaten all at once.

Match up healthy choices with the sweet treats. For example, if a bite-size candy bar is on the menu for snack time, eat an apple also. For kids, and also adults, eat the healthy option first and then enjoy the sweet treat. Eat smaller amounts of the sweet treats at a time. For example, enjoy adding some additional ingredients to a popcorn snack.

Pop the popcorn without added butter, salt or sugar. Popcorn is low in fat on its own and it's high in fiber. Mix in some small sweets like m&ms, candy corn, dried fruit, nuts and other small candies. This is one way to have some candy but also limit the amount to eat.

Think about the color, taste, crunch of healthy foods. Sugary foods that are marketed to kids are advertised as "fun foods." Healthy foods can be fun foods also. Create a smiley face with sliced bananas and raisins.

Cut fruit slices or sandwiches into fun and easy shapes with cookie cutters. For Halloween, make a mini-pizza using English Muffins. For toppings, let kids decorate a jack-o-lantern face with sliced olives, red peppers and pepperoni slices. A scoop of mashed potatoes on the plate with two slices of black olives for eyes can be ghosts for dinner. Decorate a peeled orange with a small piece of celery at the top to look like a miniature pumpkin and stem.

Whether you're hosting a fall party or just need some healthy ideas for your own grocery list, try some of these foods as the weather cools. Local apples come in so many varieties! Celebrate National Farm to School Month by crunching into locally and regionally grown apples at noon on Thursday, October 11. Everyone is welcome to Crunch!

Although we aim for a collective Crunch on October 11, you are welcome to Crunch any day or time in October that works for you. Eat apples on their own or with a yogurt dip. Enjoy carrot sticks, pretzels, bite-sized tortilla chips and salsa or bean dip, dried beef or turkey jerky or clementine oranges. It's also good time of year to enjoy soups that are stocked with lots of fall vegetables.

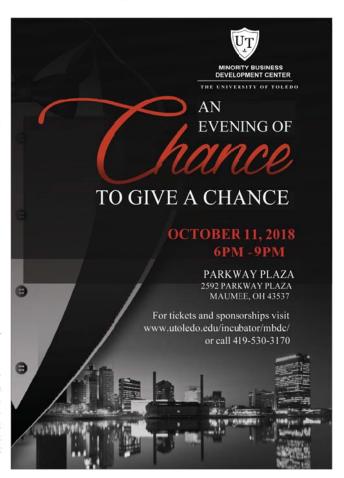
### Medicare... continued from page 6

to pay your Medicare premiums and other medical costs, you may be able to get help from your state. States offer programs for people eligible for or entitled to Medicare who have low income. Some programs may pay for Medicare premiums and some pay Medicare deductibles and coinsurance. To qualify, you must have Medicare Part A and have limited income and resources. You can learn more about Medicare, including how to apply for Medicare and get a replacement Medicare card, at www.socialsecurity.gov/benefits/medicare.



As always, "think your drink." Do you really want to drink all those extra calories from added sugar? A lot of the added sugar people get throughout the day comes from sodas, sports drinks, energy drinks and fruit flavored drinks in addition to candies and desserts. Stick with water, fat-free milk and serving sizes of apple cider or 100 percent fruit juice. For fall, enjoy a small serving of cold or warmed cider or some sugar-free hot chocolate.

The "trick" this fall is to decide how you will make easy changes for sweet "treats"! Information for this article was collected from North Carolina State University and Florida Extension Services.



### A Mental Health Moment

By Bernadette Joy Graham, MA, LPC, NCC

Certified Grief Recovery Specialist

And Aaron Milan Graham, Junior Towson University Maryland, Pre-med Orthopedic Surgery

It is the beginning of the school year and regardless of your children's ages or grades, there are many things that parents and/or guardians must communicate for children to learn to be safe, healthy, successful, determined and motivated and most of all full of hope.

They have their whole lives ahead of them but someone, somebody, must instill words of wisdom and be able to successfully communicate for their own success and future as they grown into adulthood. As a clinical therapist I have raised two boys as a single mother, but



Bernadette Joy Graham

I have never held back on the communication key. My children are 12 years apart but that never made a difference.

Fortunately, they had fathers – although different – who were willing

to communicate words of wisdom towards their own future success. As I see it, who would not want their own children to be successful? But it begins with communication.

I understand there is a plethora of family issues surrounding custody and "baby daddies and baby mommas" which were not always positive, but we can often forget the most important common denominator in the relationships is our CHILDREN.



Being a single parent is not easy. Often em-

ployers see women who seek work as weak when they will want or need time off for doctors' appointments, teacher meetings, etc. but unless we work, the bills are unpaid and often the math equation between working and the cost of day care is daunting. Many of us feel we are

> only working to pay for the cost of daycare. We can become depressed, isolated, angry and often lose hope.

> Counseling is a great way for single mothers and couples to regroup and figure out their best strategy for their unique situation. Whatever your situation is please take a mental health moment and think about the things you are communicating to your children or grandchildren, foster children, any children because it goes a long

My oldest son Aaron is a junior at Towson University in Maryland. I have spoken openly to him all his life. While we lived in the Washington DC area we visited the gay pride festival, he asked me many questions and I answered them point blank. I felt no problem in assisting him in understanding why two men or women were kissing and holding hands. I taught him not to judge and to focus on his own needs and wants because nobody else's business would do him no good

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### Xtreme Hip Hop Guru Visits Toledo's FabFit

By Angela Steward, Fitness Motivator

The Truth Contributor

One day, five years ago, I decided to reach out to Phillip Weecen and his team! We would occasionally exchange emails and had several phone conversations, but arrangements were never finalized. By following him on Facebook and Instagram I watched as his popularity grew. Xtreme Hip Hop was in high demand and Phil Weeden was traveling around the world with his fitness program. I truly thought he was way too busy to make Toledo one of his stops. Then one day....my phone rang! The person on the phone asked...are you ready for Xtreme?? I screamed...ABSOLUTELY!

As a result, he visited Toledo and held an Xtreme Hip Hop last year on September 24, 2017 - one of Toledo's hottest days!

And this year, September 29, 2018 became another one of Toledo's hottest days!!

Again this year, on that day, one of the hottest places in Toledo, Ohio was FABULOUSLY FIT! Over 60+ fitness-minded women of all ages, sizes and fitness levels eagerly waited once again to spend 90 minutes with one of this country's premier fitness instructors – Phillip Weeden, the creator of Xtreme Hip Hop! The music was loud, the energy was ridiculously high and the place was filled wall to wall! As soon as Phillip stepped on the floor, the room erupted with screams and every one shouted his mantra..."TT'S GAME TIME"!!!!

I can safely say that once more everyone enjoyed every single minute of his high energy, sweat filled, workout! His sincere love for what he does and the energy he exudes is totally contagious!! Even after class he stayed over to talk, laugh, share hugs, take pictures and even shared words of encouragement with me! Xtreme Hip Hop is a class you don't want to miss!! If you get the chance to talk with and work out with Phillip Weeden, you'll never forget it! He promised me he's coming back again to FABFIT...ard I believe he will, just as he did this year!!

Definitely one of the coolest people and f.tness programs ever!













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#### Health Section • Health Section

#### Mental Health Moment... continued from page 8

and would be a waste of time. As I prepared this article, my son Aaron wished to contribute his side of entering college life and here are his questions and my answers:

During his freshman year:

Aaron asked: Why was I expected to join black fraternity?

His father and I answered you can join whatever fraternity you wish, fraternities are supposed to have positive values especially when you are entering college you keep you focused and its not just about getting girls, sex or drugs.

Aaron asked: What do I do about my girlfriend from high school who chose to go to another college in another state?

His father and I answered to keep in contact, it is your first love and there are always going to be a lot of emotions involved but it is something that you must decide upon. Do you keep a long-distance relationship, or do you openly date other people?

Aaron asked: What do I do if I'm offered at a party weed or other types of drugs and peer pressure is on me in the moment?

Mom told me to remove myself from the situ-

bathroom I will be right back and LEAVE! You need no explanation to no one.

pens if a girl wants to have sex? What happens if I want to have sex?

the human condition and its normal and natural. Be prepared, have protection, ensure that neither of you are under the influence, she is over the age of 18 and willing...."no means no" on both of your parts. You have a lifetime to engage in sex.

Aaron, a Junior at Towson University in Maryland, has decided upon his major after a football injury. "Mom, I'd rather help people as a surgeon in sports medicine, football was not for me and if it were not for that experience I would not have even thought about going into that type of major."

As a parent I was concerned about drugs, sex and alcohol. My son was honored that his father and I sat him down not only once, but twice or three times, and that we are in constant contact about whatever questions he has about more information or appointments for you, life in general. It has built up his self-esteem and confidence to make positive decisions, he does not drink alcohol or engage in drugs. He

ation such as, "oh wow I left my phone in the has a girlfriend long distance who serves in the Navy on active duty as border patrol.

"Mom I don't know what my life will look Aaron asked: Mom I'm a virgin what hap- like in five or 10 years, I don't know if this is the woman I will marry but one thing for sure I know if I have any questions, I feel comfort-Both his father and I answered, sex is part of able asking you and my dad about anything because I know I will always receive an honest answer and room for me to make my own decisions in which I know you both will support. "

> "Dr. Martin Luther king quoted "Men (and women) often hate each other because they fear each other; they fear each other because they don't know each other; they don't know each other because they can not communicate; they can not communicate because they are separated." (Stride Toward Freedom: The Montgomery Story)"

> Know your children, talk to your children, what is the worst that would possibly happen. For more information about communicating with your children visit http://starttalking. ohio.gov/

> Please contact me at my private practice for your children or family at 419-409-4929.

> Bernadette Graham is a Licensed Professional Counselor, National Certified Counselor and Certified Grief Recovery Specialist.

#### Jeanine Donaldson... continued from page 2

she is also a recipient of the Distinguished Alumni Award from Oberlin College.

Chief among Donaldson's concerns about the current state of education and the way government officials are handling it in Columbus is the recent passage of HB 70 - the state's way of taking over "failing" school districts to turn them around. The biggest changes that are included in the bill: hiring a CEO to run the district, promoting more charter schools, possible mayoral control and possibly overriding parts of union

"I can bring some perspective," said Donaldson, referring to her knowledge of what happened in Lorain when the state took over that district prior to the passage of HB 70. A former elementary music teacher in the Lorain City Schools, Donaldson, in fact, has a good deal of perspective to bring to bear as a member of the Ohio Board of Education.

"I can effect change," she said. "I do believe that wherever I am, I can effect change."

that where ter I am, I can effect change

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Date of Birth Required	2	Date of Birth (do not write today's date here)	MM/DD/YYY
Address at Which you are Registered to Vote Required	3	Street Address (no P.O. boxes)  Cityl/illage	
Mailing Address Required only if you wish to have your ballot mailed to a different address then the address at which you're registered to vote.	4	Street Address (or P.O. box)  City/Village  State  ZIP	
Identification Required You must provide ONE of the following.	5	Your Ohio driver's license number (2 letters followed by 6 number)     Last four digits of your Social Security number     Copy of a current and valid photo identification, military identification.	0
		last 12 months) utility bill, bank statement, government che document (other than a notice of voter registration mailed contains your name and current address.	eck, paycheck or other government
Election Required You must complete a separate application for each election.	6	last 12 months) utility bill, bank statement, government che document (other than a notice of voter registration mailed	eck, paycheck or other government by a board of elections) that  MM/DD/YYY  ly, you must choose the type of ballo

WHOEVER COMMITS ELECTION FALSIFICATION IS GUILTY OF A FELONY OF THE FIFTH DEGREE.

### Kaptur: \$1.3 million in Federal Awards to University of Toledo

### Research related to opioid use disorder, mental health, cancer, and antimicrobial technology

Congresswoman Marcy Kaptur (OH-09) last week welcomed news that the University of Toledo received four federal awards from the U.S. Department of Health and Human Services and the National Science Foundation totaling at over \$1.3 million.

"The University of Toledo continues to advance its strong research base, this time in the two critical areas of innovative drug targets for cancer risk and also to public health and opioid crisis education," said Kaptur. "The University of Toledo's leadership in pioneering treatments and therapies for everything from heart disease to detecting a substance use relapse has earned it the attention of granting agencies. Securing competitive federal awards is no easy task. Congratulations to UT for identifying and competing in very competitive space."

Cheryl Mccullumsmith, PhD, professor and chair of the UT Department of Psychiatry, was awarded a three-year, \$449,076 grant from the Substance Abuse and Mental Health Services Administration to expand education about opioid use disorder across all disciplines within UT's College of Medicine and Life Sciences. "We are training a generation of family medicine doctors, surgeons and internists to actively prevent and treat opioid use disorders," Mccullumsmith said.

Linda Lewandowski, PhD, dean of the UT College of Nursing and co-chair of the UT Opioid Task Force, was awarded a three-year, \$371,723 grant from the Substance Abuse and Mental Health Services Administration for an interdisciplinary public health project that will provide evidenced-based mental health awareness training to UT students, faculty and staff, as well as the wider northwest Ohio community. "By providing 'mental health first aid,' we will empower our students, faculty and community to recognize mental health and substance abuse problems and respond appropriately," Lewandowski said. "This type of training is especially important during this time of the pervasive opioid crisis affecting our state and the nation."

Maria Diakonova, PhD, professor in the UT Department of Biological Sciences, was awarded a three-year, \$449,667 grant from the National Institute of General Medical Sciences to focus on a protein called JAK2 as she works to identify new



drug targets to reduce the risk of cancer. "Our crobial coatings for garments and textiles. Antimigoal is to explain the JAK2-mediated intracellular pathways and have a better understanding of the mechanisms involved in cell proliferation, or cell division, which could provide insight into future therapeutic approaches to cancer," Diakonova

Terry Bigioni, PhD, professor in the UT Department of Chemistry and Biochemistry, was awarded a \$50,000 grant from the National Science Foundation to research broad-spectrum antimicrobial treatments are already used in medicine, as anti-infective treatments and in garments and textiles for odor control. This technology could bring odor control to a wider range of products and reduce the need to launder many garments, improving garment lifespan and reducing their environmental impacts. "We think our antimicrobial technology could bring a lot of added value to the garment and medical industries and create new manufacturing jobs right here in northwestern Ohio," Bigioni said.

#### Sundresses... continued from page 16

dress attire winner. This was the first annual event and this year's awardee was the Martin Luther King, Jr Kitchen For The Poor. Harvey Savage, executive director received a monetary donation of \$400.00.

The ladies were dressed in their large, beautiful and elegant big hats and sundresses. A few gentlemen made an appearance and participated with the successful fundraiser event. The best dressed attire winner was Veronica Phillips.

Carter thanked all the guests, sponsors -FM 95.7 the WIMX Morning Blues Show Social Media friends for their support. The next event is the seventh annual Christmas Bazaar at Indiana MB Church on Saturday, December 1, 2018 from 10:00-4:00 pm. For more information contact donnetta c@msn.com





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## Christmas Planning Has Started at The Salvation Army

Fall has just begun but The Salvation Army is getting ready for Christmas. In October, The Salvation Army will be accepting applications for Christmas assistance from Lucas County residents. Applications will be accepted at The Salvation Army at 620 N. Erie St., Toledo, OH 43604 on Oct. 9-12, 22, and 24-26 from 9 to 11 a.m. and 1 to 3 p.m. and on Oct. 23 from 1 to 6 p.m. Those who apply and meet the requirements will receive holiday assistance right before Christmas, which includes a gift card for food and toys for all children under the age of 14.

The following documentation is required for all applications:

- 1. Picture ID for all adults in the household;
- 2. Proof of income for the household, current within the past 30 days (Note: everyone living under the same roof in a single family home is considered a household member) such as a pay stub, unemployment or SS/SSI/SSD printout;
- 3. Proof of address with the applicant's name, address and dated within the past 30 days, such as a utility bill or mail received in the past 30 days;
- 4. Birth certificates for each child in the household or one of the following that must include a birthdate: official school records, printout from Social Security or income tax return from 2017; and
- 5. Custody papers if child is not your birth child.

Wood County residents can apply for Christmas assistance at The Salvation Army Building in Bowling Green, 1045 N. Main St., Suite 8. Applications are accepted Monday-Friday from 9 to 11 a.m. and 1 to 3 p.m. from Oct. 1 through Nov. 30. Ottawa County residents can get an application from Jobs and Family Services in Ottawa County,

all Ottawa County Public Libraries or The Salvation Army in Port Clinton, 1834 E. Perry St. Applications can be turned in at the same locations where they are distributed and will be available starting Oct. 1 and must be returned by Dec. 1.

In 2017 The Salvation Army accepted 2,853 applications throughout Northwest Ohio, which assisted 10,114 individuals, 6,112 of whom were children. The Salvation Army has a few programs that collect donations for families receiving assistance during the holidays. One of these programs is Adopt-a-Family in which an organization, group, family or individual signs up to provide a family with a holiday meal and 3-4 toys per child. One of the largest supporters of the Toledo Adopt-a-Family program is The University of Toledo. For the last few years the UT Division of Student Affairs organizes members on campus to adopt families, which last year benefited 70 families in the community.

"The campus rallies around the Adopt-a-Family program as a way we can give back and ensure families in our community can enjoy the holidays," UT Vice President for Student Affairs Dr. Phillip "Flapp" Cockrell said. "The University of Toledo is proud to be this city's university and the positive impact we can have on our community. We appreciate this partnership with The Salvation Army that provides such a great opportunity to serve."

There are plenty of opportunities to get involved during the holidays with The Salvation Army. If you would like more information or want to sign up to Adopt-a-Family program, contact Dr. Tonia Pace at AdoptaFamily@use.salvationarmy.org. For additional ways to support The Salvation Army during the holidays or throughout the year, contact and follow them on Facebook at facebook.com/TheSalvation-ArmyNorthwestOhio.

### City Council... continued from page 5

Grant monies from the U.S. Department of Housing and Urban Development and passed \$36,609 of that amount on to the Grace Community Center. Big Brothers Big Sisters did not receive any CDBG funds this year.

Big Brothers Big Sisters had requested the funds to replace monies from other sources, such as the federal government, that have started to dry up in recent years, bringing the agency to a crisis point soon. The \$75 that was requested would enable the agency to avoid laying off several critical staff persons and ending its "I Am Somebody, I Count" program. That program works with as many as 80 youth per year in what Executive Director Johnny Mickler terms a leadership development training program – preparing high school-aged students for college and careers. The program finds them summer jobs, brings in speakers on a regular basis to inform and instruct and helps the youth obtain scholarships.

The three-year-old program began by working with students at Scott and Bowsher high schools, but has had to drop Scott as funds have dried up. Unless there is an infusion of money, the program will end at the start of the New Year, said Mickler.

In addition to Harper and Sykes, Council members Tyrone Riley, Cecelia Adams, PhD, and Peter Ujvagi voted in favor of funding for the two agencies last week. Council members Matt Cherry, Nick Komives, Sandy Spang, Gary Johnson, Rob Ludeman, Tom Waniewski and Chris Delaney were opposed.

Soon up for City Council – a request from developer Bruce Douglas seeking forgiveness for a \$500,000 loan so he can sell his 52-unit Uptown Arts Apartments on 336 14th Street for a profit. The property has never turned a profit despite the 15-year community reinvestment tax abatement the owner received.



### We Are Not Yet Equal: Understanding Our Racial Divide by Carol Anderson with Tonya Bolden, foreword by Nic Stone

By Terri Schlichenmeyer

The Truth Contributor

Your blood is red.

You were born with the same number of bones, ears, and appendages as everybody else and your requirements are food, air, water, shelter and love. Indeed, you're just like other humans – but as you'll see in the new book *We Are Not Yet Equal* by Carol Anderson with Tonya Bolden, you may've been set apart.

c. 2018 Bloomsbury \$19.99 / \$25.99 Canada 270 pages

We are all the same. Or, at least that's what you've been told and you know that's right, despite that racism is alive and (un)well in America.

It comes, say Anderson and Bolden, from "white rage" driven by "black advancement" that "wreaks havoc subtly, almost imperceptibly." It's often silent, in other words, and it's been around awhile: our *third* president approved the idea of shipping black people away and out of the U.S., but Anderson and Bolden start with the Civil War.

At the very beginning of the War, Lincoln held a meeting with several influential black citizens and tried to get them to lead "their people" to South America. He seemed to believe that if they did, there would no longer be a war. That, of course, didn't happen and there was a war. At the end of it, the Thirteenth Amendment was introduced to seemingly abolish slavery.

Or not quite: Plantation overseers and landowners in Southern states discovered ways to keep newly-freed blacks enslaved with the sharecropper system and jails to ensure that newly-gained rights were lost, sometimes

for good. Many Southern states passed laws that further held black people from getting ahead, economically, politically, emotionally, and educationally, even though legal and constitutional efforts were made to squash those states' efforts. Every time there was progress, it was thwarted in some way.

And so it continues.

Though the Constitution guarantees equality, say the authors, white rage still affects the dayto-day existence of most African Americans today, in that "black achievement" continues to be seen as threatening.

"We know the consequences" of it, say Anderson and Bolden. So

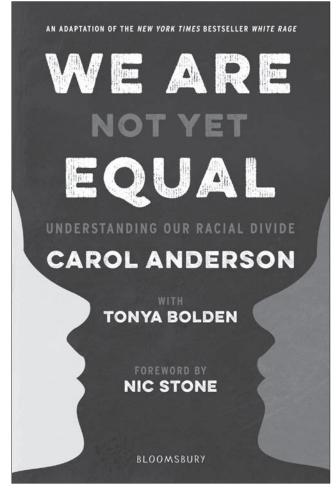
Author Carol Anderson, courtesy David Wetty, Cloud Prime Photography

are we bold enough to choose a "different future" instead?

As an "adaptation" of an adult book entitled White Rage, We Are Not Yet Equal is supposed to be a book for young adults. That's close – but not quite.

There's still a lot to absorb inside this book that alterations didn't change. Author Carol Anderson (with Tonya Bolden) didn't pander to a younger audience in adapting this book to fit them; instead, they fit heavy-duty history into a narrative that still seems more like something an adult might easier grasp. Younger "young adults" – those who are twelve to perhaps fourteen – still may not be able to fully grasp the concepts of what's inside; older teens may not have any trouble, but if they can handle this book, why not give them the original?

To the good, We Are Not Yet Equal is filled with a history that's disturbing and real, hidden and little-known, and it's absolutely compelling – for an adult. Give it to a teen who's not ready for it yet, though, and it might make them see red.





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### **CLASSIFIEDS**

October 3, 2018

### APPLICANTS FOR BOARD AND COMMISSIONS

Toledo Mayor Wade Kapszukiewicz is seeking interested applicants for the following board and commissions:

- Toledo Sister Cities International. There are two vacancies on the board. The city is seeking candidates with a marketing or finance background or interest.
- Joe E. Brown Park Board. The administration is seeking four people to create this board. Residents living near the park should apply.
- Savage Park Board. The administration is seeking one person to sit on this board. Residents living near the park should apply.

Anyone interested should submit a letter of interest and a resume to mayor@toledo.oh.gov.

SNOW PLOW OPERATORS WITH

The City of Toledo, Streets, Bridges, & Harbor Division is interested in contracting with owners/operators of snow plow vehicles for plowing on residential streets during heavy snow conditions. All bids must be received by 1:30 PM October 16h, 2018, for a copy of the bid proposals and specifications visit https://www.planetbids.com/portal/portal.cfm?CompanyID=22576 or contact:

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#### MANAGER OF COMMUNICATIONS LUCAS COUNTY

The Mental Health & Recovery Services Board of Lucas County is accepting applications to fill the position Manager of Communications until position is filled. Additional information regarding the duties is available on the Lucas County web site (www.co.lucas. oh.us). Click on "Apply for a Job" and then select "Manager of Communications" from the list to read more or apply.

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#### **SPECIAL NOTICE**

RE: Examinations for Journeyman Wireman

Applications for the Journeyman Inside Wireman test will be accepted October 1-5, 2018 at the International Brotherhood of Electrical Workers Local 8, 807 Lime City Road, Rossford, Ohio between 9:00 a.m. and 3:00 p.m. The qualifications to be eligible for this examination are:

- 1. Must be 18 years of age or over,
- 2. Must live in the jurisdiction of Local 8 for one year prior to application.
- 3. Must have proof of 4 years employment in the commercial/industrial electrical construction industry.

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#### **TOLEDO LEGAL AID SOCIETY**

TLAS Fellowship Program is hiring up to four attorneys in Lucas County, Ohio. Successful candidates must be licensed with the Ohio Supreme Court. In addition, graduates from an accredited college of law who are awaiting Ohio bar results will be considered for the fellowship program. Please see http://www.nlada.org/node/20021 for a more detailed description. Email cover letter and resume by October 12, 2018 to: Toledo-LegalAidSociety@Yahoo.com

Notice to Bidders: Inquiry # FY19-20, (Project # 5012-18-1852) for Glendale Medical East Renovations, Phase 3 for the University of Toledo Health Science Campus. Sealed bids for this project must be clearly marked with the project number on all inner and outer envelopes and/or shipping containers. Bids must be addressed and delivered to the University of Toledo, Main Campus, Facilities and Construction, Plant Operations Room 1100, 2925 E. Rocket Drive, MS 216, Toledo, Ohio 43606 before 2:00 p.m., Tuesday, October 23, 2018 Bids will be publicly opened that same day at 2:05 p.m. in the Plant Operations Building, Room 1000. Copies of Plans, Specifications, and Bid Forms may be obtained from Becker Impressions, 4646 Angola Rd., Toledo, Ohio 43615. Call 419-385-5303 for an appointment to pick up bid package. A cost of \$300.00 will be charged per set. Any further information may be obtained from Bob Siebenaller of SSOE Group at 419-255-3830. One Pre-Bid Conference will be held on Tuesday, October 16, 2018 at 10:00 a.m. in the Health Education Building, Room 227, at the University of Toledo, Health Science Campus, 3000 Arlington Avenue, Toledo, Ohio 43614. Total Bid Guaranty and Contract Bond are required per section 153.54 of the Ohio Revised Code. EDGE Participation Goal: 15%. Project Estimate: \$3,592,000.00; Breakdown: General: \$1,495,000.00; Plumbing: \$547,000.00; Fire Protection: \$56,000.00; HVAC: \$804,000.00 and Electrical: \$690,000.00.

### **Kay Jones Promoted to Human Resources Director** of the Rudolph Libbe Group

Special to The Truth

Kenetta Kay Jones, of Sylvania, has been promoted to director, human resources for the Rudolph Libbe Group.

In her new role, she will assist in building Rudolph Libbe Group's talent development system, as well as continuing to oversee the company's core human resource functions.

### **Midwest Girl Empowerment & Leadership Summit**

Speaker Line-Up Ircludes: Alyson Stoner, Camp Rock and Step Up Actress; Maya Ramirez, Project Runway: Junior Winner, and Caly Bevier, America's Got Talent Semi-Finalist and Singer

Toledo, OH - August 25, 2018 - Total Package Girl, a teen and pre-teen girl confidence and leadership brand based in Toledo, Ohio, announces its third annual Total Package Girl Leadership Summit to be held Sunday, October 7, 2018, from 1-4 p.m. at the Stranahan Theater. Tickets are now on sale through the Stranahan Theater box office, through the Theater box office at the link:https://goo.gl/KzzMart or stranahantheater.com and click on "Empower Yourself" or by calling 419.381.8851. Individual tickets are \$25 and \$35 for VIP meet-and-greet with the speakers following the event. Group rates for 10 persons or more are \$20 and \$30 respectively.



A Rudolph Libbe Group associate since 1997, Jones holds a bachelor's degree in human resource management from The University of Toledo and a Professional Human Resource Certification (PHR) from the HR Certification Institute and a Society of Human Resources Management SHRM-Certified Professional designation. She also serves as a board member for FrontFath Health Coalition and a board director for Sun Federal Credit Union.



Kay Jones

The Rudolph Libbe Group (RLG) is a one-stop provider of construction and facility services that range from site selection and construction to energy solutions and ongoing facility management. The full-service contractor, comprised of Rudolph Libbe Inc., GEM Inc., GEM Energy, Lehman Daman and Rudolph Libbe Properties, is focused on ensuring its customers succeed. The Rudolph Libbe Group is headquartered in Toledo with offices in Cleveland, Columbus and Lima, Ohio; Ithaca, New York; and Detroit, Michigan areas.







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Toledo-Lucas County Health Department

### **Sundresses and Big Hats Party Day**

Sundresses and Big Hats Day Party Fundraiser was held on Saturday, August 25, 2018 at the Manhattan's Restaurant 1516 Adams Street. The event was hosted by Donnetta Carter, The Social Butterfly, LLC.

It was a nice sunny afternoon and the guests was able to utilize the outdoor patio and entire indoor venue. The main room was decorated with white lights from the ceiling and beautiful white tablecloths on each table.

Live entertainment was provided by Toledo's own DJ MSax, a saxophonist along with a full band. There were appetizers, silent auction, raffles and best



Harvey Savage Jr.













## niversity of Toledo

The University of Toledo Transit Services are now provided by TARTA. Students, faculty, and staff with a valid UT ID are eligible to ride free of fare throughout the TARTA service area; timetables and maps are available at **TARTA.com/UToledo** 



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### **UT Fall Semester 2018 Service Updates, Sunday, August 19:**

School Days Only, No Summer Service, Main Campus, The University of Toledo: Lancelot Thompson Student Union; Center for Performing Arts; Driscoll Alumni Center; Transportation Center; Gateway Plaza; Palmer Hall; Rocket Hall

School Days Only, No Summer Service, Main Campus, The University of Toledo: Lancelot Thompson Student Union; Center for Performing Arts; Driscoll Alumni Center; Transportation Center; Gateway Plaza; Palmer Hall; Rocket Hall

School Days and Sundays, No Summer Service: Main/Scott Park/The Flats/Art Museum

### **TARTA routes covering UT Campuses:**

- UT-ART routes via Main Campus are now part of TARTA route 28
- Additional coverage by TARTA route 3 covers Brookview Drive via Airport Highway; Food Town on Central Avenue via UT Transit Center, Palmer Hall, and Douglas Road; and routing changes at UT Health Science Campus for improved access via Glendale Avenue
- UT ID holders can ride TARTA free to Walmart—Central Ave via route 5, and Glendale Ave via route 31; Franklin Park Mall is accessible by way of UT Main Campus via routes 3 and 22

#### TARTA Mobility Management ACCESSIBLE

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