

Volume 47, No. 5

"And Ye Shall Know The Truth..."

November 1, 2017



Former Mayor Carty Finkbeiner Praises Mayor Paula Hicks-Hudson's Leadership

In This Issue...

Election Coverage: The Case for PH

Page 4

Housing Court Page 6

Cover Story:

Page 3

Former Mayor Boosts Current Mayor

Page 5

Council **Larry Sykes Candidates** Page 7

Health Section

More Health

Center of Hope and Breast Cancer

Page 8

NAMI

Page 9

Issues Page 11

Healthy Eating

Page 12

Caregivers Page 13

> Classifieds Page 14





David Fleetwood Business Manager

LIUNA LOCAL 500 ENDORSEMENTS

TAKE THIS WITH YOU TO THE POLLS!

MAYOR, CITY OF TOLEDO

✓ Paula Hicks-Hudson



TOLEDO CITY COUNCIL, AT-LARGE

(Pick from 1 to 6 names)

- ✓ Cecelia Adams
- √ Sam Melden
- ✓ Gary Johnson
- √ Harvey Savage
- √ Nick Komives
- √ Larry Sykes

✓ Kurt Young

TOLEDO MUNICIPAL COURT (HOUSING)

√ Joe Howe

TOLEDO MUNICIPAL COURT

- √ Timothy C. Kuhlman
- √ Nicole Khoury
- ✓ Michelle A. Wagner

TOLEDO CITY SCHOOL DISTRICT

For Member of Board of Education

- ✓ Polly Taylor-Gerken
- √ Christine Varwig

MAUMEE MUNICIPAL COURT

√ Gary L. Byers

MAUMEE CITY COUNCIL

✓ Scott Noonan

OREGON MUNICIPAL COURT

√ Louis S. Kovacs

SYLVANIA MUNICIPAL COURT

Michael A. Bonfiglio

SYLVANIA TOWNSHIP TRUSTEE

√ John H. Crandall

WASHINGTON LOCAL SCHOOL BOARD

Mark R.K. Hughes

ISSUES/LEVIES

ISSUE 2

(PRESCRIPTION DRUGS)

☑ NO

ISSUE 9

(TOLEDO SCHOOL DISTRICT)

☑ FOR THE LEVY

ISSUE 12

☑ FOR THE LEVY

Finkbeiner and Friends Praise Hicks-Hudson's Leadership Skills and Accomplishments

By Fletcher Word

Sojourner's Truth Editor

On Saturday, October 28, former Mayor Carty Finkbeiner brought together ministers, elected official and labor leaders to sing the praises of Mayor Paula Hicks-Hudson in her bid for re-election on November 7. About 70 people joined Finkbeiner and Hicks-Hudson in the lobby of One Government Center.

"We are here on behalf of a lady who is not getting her due for the job she has done for this city," said Finkbeiner leading off the campaign love fest for the "unanimously endorsed candidate" as described later by Lucas County Democratic Party Chairman Josh Hughes.

Next up were Baldemar Velasquez, founder and head of the Farmers Laborers Organizing Committee and Bruce Baumhower, president of the UAW Local 12. Velasquez spoke of the mayor's efforts to make neighborhoods safer through her efforts to brng LED lighting in the area, and her work with the Unity Coalition which is "working to improve relations with the police."

Baumhower touted her for her accomplishments in business development. "She's done a masterful job," he said, pointing to downtown development that she has promoted to bring in the four elements he noted are essential to growth – residential, retail, entertainment and safety. He mentioned projects such as the steam plant, the revitalization of The Docks, the Owens Corning Fiberglass Tower, a new Metropark and the Marina District development. "It's an unbelievable story on both sides of the river," added Baumhower.

"This year our lake was as ugly as it's ever been but our water was as clean as its ever been," he added praising the administration's handling of the water issue plaguing Lake Erie communities. Baumhower also took the occasion to poke fun at the mayor's opponent, Lucas County Treasurer Wade Kapszukiewicz for his tendency to label himself an outsider. "He spent 10 years riding the elevator on this side of the building and the next 10 years riing the elevator on that side of the building and now he wants to ride the elevator on this side again." The reference was to Kapszukiewicz' years with the City of Toledo on City Council, then his stint with the County and his current ambitions to lead the City.

"He's not an outsider by any stretch of the imagination," said Baumhower.

Finkbeiner used a turn at the podium to regale the audience of Hicks-Hudson supporters with press clippings reviewing the progress the City of Toledo has made over the last three years during Hicks-Hudson's tenure. He cited articles on job growth, business arrivals, health improvements and, above all, a recent article in the Chicago Tribune.

""The city has never been in better shape," the Tribune quotes Toledo-born

financial planner Bob Savage.

In addition to Velasquez and Baumhower, a number of other union officials came to the podium to laud Hicks-Hudson's leadership including: Dennis Duffy; David Fleetwood, Laborers Local 500; Steve Kowalik, AFSCME; Dan Morey, Carpenters' Union, George Tucker, AFL-CIO.

"She not only cares about the city; she cares about the people in the city," said Fleetwood.

Other notable supporters at the press conference/rally were: State Senator Edna Brown, Toledo Clerk of Court Vallie Bowman English, Bishop Pat McKinstry, former Lucas County Commissioner Sandy Isenberg, Bishop Robert Culp and a host of local pastors.

"Re-elections are about producing," said Finkbeiner as he continued his enthusiastic cheerleader role. "She produces. She gets better every week."



Baldemar Velasquez addresses gathering



Debbie Barnett and Sandy Isenberg



Mayor Paula Hicks-Hudson, former Mayor Carty Finkbeiner and local ministers





Dr. Cecelia M. ADAMS

Endorsed Democrat for Toledo City Council Responsible Leadership

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The Best Is Yet To Come

General Election: November 7, 2017

Paid For by Dr, Cecelia M. Adams Campaign Committee, Ms. Denise Onyia, Treasurer, 2544 W. Village Drive, Toledo, OH, 43614

Community Calendar

November 4

River of Life Church Thanksgiving Rally: 6pm; Featuring Bishop Rance Allen, Min Mark Williams, Bishop John Williams, Dorinda Clark, James Williams, The Whitfield Company and 3rd Generation, and many more: 419-917-6615

November 7

Election Day

November 10

Toledo Kwanzaa House Art Show: 5 to 8 pm; Frederick Douglas Community Center; We showcase 10 local artists, Alice Grace, Yvonne Robinson, Ayeesha Anbullah, Brain Dunn, Harry Terrell, Frank Wright, Kenneth Peterson, Gutta Dave, Yusef Davis and Diane Gordon. Free and Open to Public.

November 11

2017 Christmas Bazaar Extravaganza: 10 am to 5 pm; Indiana Avenue MBC; Vendors from all over the Midwest: 419-367-9765

November 12

United Church of God: Family and Friends Day; 10 am; Fellowship meal to follow service

November 17

SeaGate Food Bank 20th Annual Stuff the Truck Event: At Walt Churchill's Makets in Maumee and Perrysburg; 6 am to 6 pm: 419-244-6996 or cheri@seagatefoodbank.org

Mayor Paula Hicks-Hudson's Administration is Building a Solid Non-Stop Future for Toledo

Jobs and Job Training - We Are Coming to You!

A Message from Mayor Paula-Hicks Hudson

We are building for today and tomorrow through results oriented pragmatic innovations that's delivering results

- Toledo is working better than ever today!
- Businesses are moving back into downtown, ten thousand jobs created in just 2.5 years!
- Keep us on a Non-Stop path to focus intensely on our neighborhoods for four more years!
- We are coming to you with world class job training opportunities for everyone!

Working Sooner Innovating and Adapting Around our Local Student and Adult Talent Populations

In my brief administration thus far we built formidable foundational programs in adult job training, youth talent recognition/retention and institutional partnerships. We started early job certification programs that get people working sooner in good paying jobs. The new programs we support in partnership with our school systems are diversifying our local economy for today and tomorrow's jobs in the kinds of industries that pay well and demand long term skill development.

We just announced, with TPS, a program where seniors can graduate from high school and from Owens Community college with a certificate in Emergency Medical Training (EMT). We are expanding this concept to a wide array of learning competencies between TPS and the City. For example, today auto mechanic students are offered internships, and engage in cooperative learning experiences, by working right alongside our city employees in a real world environment.

Stop the Brain Drain Create Ready Made Opportunities

Of paramount importance to Toledo is the need to stop the brain drain out of the City and the region. We want to nurture the talents of our Toledo children, certify skills that are being demanded locally and graduate students in diverse

velopment strategy. When our graduates remain here in Toledo and support the industries we bet on to grow and prosper, our prosperity for those industries and the workers and the City and region is assured.

University of Toledo /TPS Early Jobs Training, Program Priorities and Targeting

industries that reflect a well thought through, up to date, local economic de-

Since becoming mayor, I have worked with the University of Toledo and Toledo Public Schools to provide additional on the job training opportunities. Both of these institutional programs provide internships where students can apply their classroom education to real work experiences. "Toledo Talent Keeps Toledo Great" is the partnership with the University of Toledo where any student who desires to apply their classroom learning in a real work environment can find internships and other placement opportunities with the City of Toledo

Additionally, the City of Toledo is providing advanced training for our City employees so that they can improve job performance, efficiency and job satisfaction

Leave No Adult Citizen Behind Who Wants to Work Long Term

Our jobs revival and the building renaissance downtown are not completely affecting Toledo's entire population evenly. In order to have all neighborhoods and sectors of society in Toledo, especially disadvantaged Toledoans, to become part of the resurgence; we must also focus on the most basic and the most desirable job training and talent development. Too many times, I talk to people who are looking for work and to businesses that are looking for people to work. Yet somehow, they are not matching up. So what is missing? My administration will continue to work to advance the ball toward full employment, talent retention and skill development. I believe that there are three key principles we are advancing today;

- 1. Support intensive comprehensive demand-driven training methods;
- 2. Assess and prepare learners at various stages of training from early education to continuing adult training; and
- 3. Coordinate the workforce developments process centrally.

Summary

There is No Substitute for Skill and Talent and Investment in Training for Re-tooling Toward the Skills in Demand

Toledo's biggest challenge is to recognize, cultivate and invest in talented local youth, retrain adults and facilitate the basic employment and retooling needs of our core employers. Also, we must diversify, rejuvenate and innovate in order to meet our changing 21st century job needs. Aviation, Advanced Manufacturing, Bioscience and Water Quality are just a few examples where we are looking to help our city to match facilitate industry growth and local economic diversification.

In order to Train Toledo I believe that we must:

- 1. Improve and retain local talent at every level: grade school, high school, college, and technical/professional
- 2. Train unemployed and underemployed youth and adults intensely;
- 3. Diversify our economy by leveraging local, private and public partnerships, the non-profit sector and working closer with our local education institutions nurture our unique local assets and create defensible and long term diversification opportunities.

Don't Stop Our Progress Let's Remain on a Non-Stop Path to Improving Neighborhoods and Job Opportunities

There are always a precious few applicants whose skills match completely (100%) to open job opportunities. Citizens must position themselves to retool and seek the kinds of skills and experiences company's treasure. Our City is working overtime to help citizens close the skills gap and to reduce the dreaded drip, drip, drip of the historical annual "brain drain" of our talented Toledo graduates who leave the City for lack of opportunity.

We approach our mission to succeed in fixing Toledo's job growth and training needs in a step-wise generational way, proving out what will work then expanding our capacity strategically.

Believe it -- Toledo is working -- better than ever. Vote for Paula Hicks-Hudson. We are coming to you!

Please keep us on our non-stop path towards prosperity, neighborhood rejuvenation and full employment!

We can't afford to reverse course, start over or to travel down a new road — the wrong way with Wade!



TheKitchenSalon.com

The Sojourner's Truth

Opinion * Perspective

Bringing New Streams into the Mainstream

By Rev. Donald L. Perryman, D.Min.

The Truth Contributor

Many people have no time for change efforts because they are too busy just keeping the organization going.

- Rosabeth Moss Kanter



The struggle is real! The intergenerational conflict that exists between baby boomers and millennials or gen Xers is legit.

The boomers feel a lack of respect regarding their personhood and civic contributions on the part of younger generations. The older crowd also feels that they are being ridiculed and portrayed as a group that needs to be put out to pasture, far away from productive society, where they are best left to putter around the house with their flowers or in a rocking chair "where they belong."

On the other hand, millennials, quick to point out perceived hypocrisy wherever encountered, seem to cry out "I can't breathe" while grabbed by the throat and with the baton of leadership used as a weapon to cut off their wind of opportunity instead of being passed to them.

The truth is that we fall in love over and over with the same outdated dysfunctional political ideas as long as they come bearing new "names" or labels. And we repeatedly double down on the failed strategies of the past and are also addicted to resurrecting the long ago-buried, moldy and mildewed personalities that have abused us in the past.

With municipal elections scheduled November 7, the question becomes: Is there a way to utilize the wisdom and experience of an established generation while simultaneously incorporating the fresh, youthful ideas and activities of emerging generations?

To put it another way, can old dogs learn new tricks? Or, as Kanter (2002) asks, can we "manage new streams within the mainstream?"

The six at-large councilpersons that we choose on November 7 hold the answer.

Who will win?

The Sure Things:

1. Rob Ludeman. The fiscal conservative is

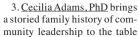
one of two Republicans on City Council. Ludeman, a baby boomer, has served for 22 years and his re-election is a lock. He is also likely to be top vote getter.

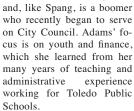
2. <u>Sandy Spang</u>, like Ludeman, is also a baby boomer and comes out of powerful

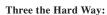
District 2. A political Independent, Spang came to municipal government late in life and brings her core issue of priority-based budget-

in life and brings her core issue of priority-based budgeting, a reprogrammed Department of Neighborhoods and other forward thinking ideas to government.

Ludeman







The fiercest battles will take place for spots four through six. If citywide turnout is higher in the November 7 general



Councilman

Sandy Spang

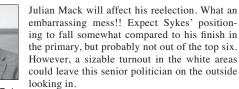
Councilman Larry Sykes

If citywide turnout is higher in the November 7 general election, expect to see some shuffling of the results that we saw in the primary.

Councilman

Cecelia Adams

4. <u>Larry Sykes</u>. A top six finisher in the primary, yet to be seen is whether Sykes' dustup with young activist



5. Nick Komives. A millennial and "fighter for the rights of all people." The energy Komives has spent campaigning for environmental justice and "improving our failing infrastructure" could bear fruit and catapult him into a top six finish. Komives has knocked on a ton of doors. Will voters hear his message?



Nick Komives



Sam Melde

6. <u>Sam Melden</u>. Another millennial who, since the beginning of his candidacy, has maintained that Toledo needs fresh energy and leaders who are more focused on looking forward rather than backwards. Melden's message of clean, safe and affordable drinking water should

resonate with all of us. Will Sam's great media message and hard work be enough to integrate youth into city government? We will see.

On the Bubble:

7. Gary Johnson. A multicultural baby boomer, Johnson finished sixth in the primary. Johnson, a local businessman with humble roots, recently had a nice media piece where he was



... continued on page 15

age 15 Gary Johnson





A Change Is Coming at The Housing Court for the First Time in 18 Years

Sojourner's Truth Staff

After 18 years serving as the judge of the Toledo Municipal Housing Court, the Honorable C. Allen McConnell is stepping down from his post because he is age-barred from seeking another term. Seeking to fill the position are two candidates who each have a deep understanding of the workings of the Housing Court. For Toledoans as a whole, there is perhaps no more important court in terms of its impact on the lives of so many.

Not many will be charged with a crime, now many will be sued in civil court and now that divorces and dissolutions are generally fairly routine procedures, the Housing Court impacts more Toledoans than any other court. Landlord/tenant disputes; fair housing issues; building renovations; building code viola-

Jim Anderson

Special Guest National Recording Artist

The Manhattans

featuring

Gerald Alston

Also

tions – these are issues that can impact any member of the citizenry.

For 18 years, Judge McConnell has held sway over such issues so this is a huge election because of the change at the top and the impact of the court.

Iim Anderson

Republican Jim Anderson, an attorney in private practice, is running to replace Judge C. Allen McConnell on the Toledo Municipal Housing Court. For Anderson, election to the Municipal Court would bring his legal career full circle – back to the place where he first received practical experience in the law and to the court where he has returned so often as an advocate.

Anderson, who earned his undergraduate degree from the University of Connecticut and graduated from the University of Toledo College of Law, was hired by McConnell in 2007 to serve as the court's Law Clerk and Bailiff during his first year in law school. He held the position until after the completion of his law degree, through the bar exam and his admittance to the Ohio State Bar in 2010.

In private practice, Anderson has been involved in virtually every kind of case seen in Municipal Court – disputes between landlord and tenants and those individuals before the Court for Housing Code violations of various sorts.

... continued on page 8



Joe Howe





BUSINESS IN THE BLACK

The Rise of Black Business in America 1800's - 1960's

ADOCUMENTARY MATHONY BROGDON

*How did slaves go to college

*What racists did to destroy black business districts

*Names of black millionaires in the 1800's, slaves who bought their freedom, interviews with people whose family owned a business in the early 1900's

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Sunday, November 5th 6pm Pre-reception Film starts at 6:30pm

Q&A with Anthony Brogdon filmmaker afterwards

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> > Amazon

Larry Sykes: "Nobody Has My Experience!"

By Fletcher Word

Sojourner's Truth Editor

"Anybody who does anything to try to weaken this ordinance, I will fight till hell freezes over and then fight them on the ice," says Toledo City Councilman Larry Sykes of the lead abatement ordinance he urged his fellow councilmen to pass – an ordinance that has set the standard in Ohio for legislation dealing with the issue of lead poisoning, particularly in the inner cities.

For Sykes, the ordinance is simply part of the process of ensuring the wellbeing of Toledo's citizens, particularly Toledo's youth - a mission he feels he has been on for all of his years in public service.

A longtime member of the Lucas Metropolitan Housing Authority and the Toledo Board of Education, to name just a few, Sykes has spent a career focusing on the wellness and safety of those affected by his leadership. And the lead ordinance has brought a lot of that experience into focus for him.

"When I was on the LMHA board, I didn't understand how lead impacted kids," he recalls. When he was on the school board and in the midst of kids and learning of the problems those with disabilities had, the welfare of children came into sharp focus particularly with respect to the two key issues of lead and diet. While on school board, he explains, the administration brought in corporate partners and "we changed the whole food process." Sykes oversaw the diet change from one consisting of grease, grease and chocolate milk to a balanced menu that includes fruit, vegetables and fruit.

After nearly four years on City Council, Sykes feels he has similarly helped to address an even more critical health hazard for area youngsters. "After being on the school board, I went up to the next level to ask 'how does the city work with the school board to better serve kids?""

Over the next four years his next task, he says, will be to work to obtain matching funds to eradicate the lead that's so pervasive in local housing.

As Sykes describes his priorities as an elected legislator, they all revolve around improving the well being of his constituents - health, safety, financial success.

To improve safety and get a better handle on crime and violence, Sykes is pushing, among other ideas, the concept of police substations in neighborhoods

and he notes there are any number of existing buildings that can be converted - such as at Wilson Park, City Park or Mott Branch Library when the new branch is completed.

As chairman of the City Council Finance Committee, Sykes, a retired banker, has had a hand in examining most of the recent moves that have brought such an influx of business development to downtown Toledo and he has also been committed to the cause of limiting pay day lenders' reach into neighborhoods and helping those in need explore their options when faced with unfair housing practices.

"There is no wealth like knowledge; there is no poverty like ignorance," he says



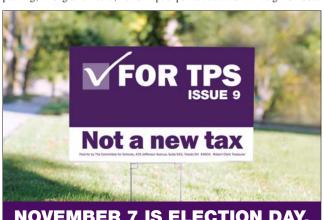
Larry Sykes

For Sykes, City Council is the culmination of years of public service, years in which he says his leadership abilities have enabled him to get things done. Leadership, he explains "is being able to bring people together and is being able to sell what you know as being best for the public."

The Scott High School graduate who attended Central State University retired from Fifth Third Bank after 30 years - a vice president and community affairs officer in his last position. He currently serves on a half dozen boards: Lucas County Children Services; St. Vincent Mercy Medical Center; the Mentoring Collaborative Advisory Council; University of Toledo African American Community Advisory Committee, the Victim Witness Program; along with City Council.

In the past, Sykes has been on more than three dozen different boards, commissions and associations, including a number of statewide positions.

"I bring experience," he says of his lengthy record serving a number of causes and programs. "Nobody has my experience."



NOVEMBER 7 IS ELECTION DAY.

Please join the groups listed below in supporting Issue 9, which is the Toledo Public Schools renewal levy. Good schools build better communities, create jobs and protect property values. TPS kept its promises from the 2014 campaign and is moving education in a positive direction. While it is not a new tax, a vote for Issue 9 will protect the district's financial stability.

Beverly Elementary School PTO Bowsher High School Boosters Boys & Girls Clubs of Toledo Byrnedale Elementary School PTO Carpenters Local 351 PCE Cement Masons & Plasters Union - Local 886 Communications Workers of America Garfield Elementary School PTO Greater Northwest Ohio AFL-CIO Grove Patterson Academy PTO International Brotherhood of Electrical Workers - Local 8 Lucas County Democratic Party Northwest Ohio Building and Construction Trades Council

Oakdale Elementary School PTO

Old Orchard Elementary School PTO Old West End Academy PTO Ottawa River Elementary School Athletics Group Ottawa River Elementary School PTO Raymer Elementary School P.A.L. Riverside Elementary School PTO Rogers High School Boosters Toledo Firefighters - Local 92 Toledo Association of Administrative Personnel Toledo Federation of Teachers Toledo-Lucas County Port Authority Toledo Police Command Officer's Association Toledo Regional Chamber of Commerce UAW Region 2B United Way of Greater Toledo Whittier Elementary School PTO

Paid for by Committee for Schools, 425 Jefferson, Suite 542 Toledo, OH 43604 Robert Clark, Treasurer





- Owns & operates a small business near downtown in East Toledo
- Fortune magazine named his firm the 11th-fastest growing inner city business in the U.S. with a 3-year growth of 567 percent

"His more than 30 years of business experience is desperately needed on Toledo City Council."

> Bernie Quilter Michael Ashford



Gary Johnson with Bernie Quilter, Lucas Co. Clerk of Courts and Michael Ashford, State Representative.



"Working Men & Women ENDORSE Gary Johnson for Toledo City Council."

Shaun Enright

AFSCME AFL - CIO **IBEW Local 8** CWA Local 4319 **Teamsters Local 20** Toledo Board of Realtors Toledo Firefighters Local 92 Northwest Ohio Building Trades **Toledo Police Command Officers** Nat. Latino Peace Officers Assoc. The Lucas County Democratic Party Toledo Police Patrolman's Association **Toledo Regional Chamber of Commerce**

Visit www.garyjohnsonfortoledo.com / "Like" us on Facebook

Paid for by Citizens to Elect Gary Johnson

The Housing Court.. continued from page 6

One of Anderson's chief concerns about the Court is its handling, now and in the future, of cases involving blight or potential blight caused by vacant buildings and lots. He applauds the progress that the Lucas County Land Bank has made in clearing vacant houses.

"What do we do about vacant lots? That's blight also – it's a situation where the lot is not serving a function, not helpful to youth or the beautification of a neighborhood. Folks like Thomas Jackson, who have taken those abandoned properties, getting them cleaned up – it's my position that they should be encouraged and supported and applauded – that is exactly the type of energy we need to be doing city-wide."

The Housing Court under Anderson's direction – should he prevail in November – would be generally supportive of those efforts to improve property "and would not be looking to be punitive," he says. The Housing Court, he says, needs to be "on the front line to improve neighborhoods."

"I'm hoping to change hearts and minds about our properties and neighborhoods and our city. I want to bring a contagious love for our neighborhoods and city. It's going to take everybody to do their best and be their best – I don't think we are getting that now. Some things are being over-enforced, some things are being under-enforced.

"If a mom and pop don't understand that they need a permit to fix the back railing and he's out there with his circular saw and an inspector rolls up, puts a stop work order on it and says 'you gotta go get a permit' ... I'm not crazy about that.

"On the other hand, if a contractor who's not getting licenses and is doing

those kinds of nickel and dime jobs for neighbors and not holding up his end, I want him to do it the right way too.

"We have to find that sweet spot."

Joe Howe

After Joe Howe graduated from the University of Toledo, College of Law; earned a spot on Law Review and entered a profession in which he could become extensively involved in consumer protection matters – first in private practice, then for the past 11 years, in the City of Toledo Prosecutor's Office working in the Housing Court. "The housing court was a natural fit for me with my civil background," says Howe of the transition into his prosecutor's duties. "My role is, in large part, a mediator trying to get [visitors to the housing court] in compliance with the law."

As a prosecutor he views himself as being in a position to "promote the interest of our neighborhoods," while trying to ensure that parties are in compliance with laws that protect consumers, neighborhoods and the city in general.

"As a judge, I would look for a fair and equal application of the law; those who are damaging our neighborhoods need to be punished." And, as a judge, Howe would propose some ideas that he believes will make life better for a host of Toledoans and, thus far, a number of labor unions who have endorsed him tend to agree.

Noting all the people who come into the housing court needing help because they have been cited for deficiencies by inspectors but do not have the wherewithal or funds to make the necessary repairs, Howe has proposed to a variety of building trades labor unions that they form a partnership with the court and provide apprentices to work voluntarily on such dwellings. The residents need the help, the apprentices need the work.

"All the unions have

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ers Local 75 and International Association of Heat and Frost Insulators and Asbestos Workers Local 45.

"I care deeply for the city of Toledo," says the Democratic candidate. "I have a vested interes in helping Toledo be the best that it can be. I have good ideas about how to

do that with the insight

and experience that no

one else has."

agreed that it's a wonderful idea," he says,

and have agreed to the proposal and endorsed his candidacy. It is a win/win idea for home-

owners and the building trades unions, he says, and will serve the additional goal of "getting rid of illegal contractors" – those scofflaws

who prey on vulnerable homeowners and provide shoddy service.

To date, Howe has received endorsements from: Northwest Building and Construction

Trades Council, Roofers Local 134, Sheet Metal

Workers International

Association Local 33, International Brother-

hood of Electrical Workers Local 8, Carpenters Local 351, Cement

Masons and Plasterers

Local 886, Iron Workers Local 55, Plumbers,

Steamfitters and Service Mechanics Local 50, Laborers Local 500, AFLCIO, United Food and Commercial Work-

EQUAL HOUSING



Center of Hope Community Baptist Church Celebrates Breast Cancer Survivors

By Tricia Hall

Sojourner's Truth Reporter

Shades of pink and vibrant accessories filled the Center of Hope Church, located at 1656 Dorr Street for their Shades of Pink Women's Day service held on Sunday, October 22, 2017.

First Lady Willetta Perryman opened the service by welcoming all the guests. "Good to be here in the house of the Lord one more time. We're here to celebrate and thank God for another year,"

A team of worship leaders comprised of Staci Perryman-Clark, PhD; Laurnetta Baylis of Canaan Manifested Word Church and Megan Davis of Braden United Methodist Church sang a spirit-filled rendition of the Lord's Prayer as responsive readings were led by program honorees Prescilla Hutchens, Bessie Mack, Doris Brooks, Claudette Abrams, Hazel Pettaway, Jeanette Martin, Sharon Merritt, and Barbara Oxner.

"Today's worship in pink tribute to breast cancer survivors, caregivers, and

... continued on page 13



Women in Pink Honorees 2017





5th Annual African American Forum on Mental Illness

Alpha Kappa Alpha members collaborated with The National Alliance on Mental Illness (NAMI), to hold a forum for the community to promote and educate African Americans about mental illness on October 20, 2017 at Glenwood Lutheran Church. The participants were encouraged to know their rights when it comes to workplace discrimination, fair housing, guardianship, CIT(Crisis Intervention

Teams/ First Responders) and patient advocacy.

Alpha Kappa Alpha Sorority, Inc., Zeta Alpha Omega Chapter of Toledo, Ohio is under the leadership of President Felicia Dunston and Vice President Morgannia Dawson. The Health Promotion Target Chairman is Cheryl Wallace.











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Health Department Reports Increase of Crypto Cases

The Toledo-Lucas County Health Department reports an increase in cases of Cryptosporidiosis (Crypto) in Lucas County in 2017. Over 120 cases of Cryptosporidium have been reported since the beginning of 2017, compared to 36 cases in 2016 year-to-date. Crypto is a disease that causes watery diarrhea. It is caused by a parasite called *Cryptosporidium*. The parasites can be found in food, water, soil, or on surfaces dirty hands that have been contaminated with the feces of humans or animals infected with Crypto.

The Toledo-Lucas County Health Department is diligently working to determine similarities among cases, and provide education to help prevent the spread of illness in the community.

Other than watery diarrhea, some individuals may report stomach cramps or pain, nausea, vomiting, fever, and dehydration. The symptoms typically develop 2 to 10 days (average 7 days) after becoming infected with the parasite

Crypto can be spread by:

• Swallowing recreational water

(for example, the water in swimming pools, fountains, lakes, rivers) contaminated with Crypto

- Drinking untreated water from a lake or river that is contaminated with Crypto
- Swallowing water, ice, or beverages contaminated with poop from infected humans or animals
- Eating undercooked food or drinking unpasteurized/raw apple cider or milk that gets contaminated with Crypto



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- Touching your mouth with contaminated hands
- Hands can become contaminated through a variety of activities, such as touching surfaces or objects (e.g., toys, bathroom fixtures, changing tables, diaper pails) that have been contaminated by poop from an infected person, changing diapers, caring for an infected person, and touching an infected animal
 - Exposure to poop from an infected person through oral-anal sexual contact
 - Pet feces

Crypto is **not** spread through contact with blood.

To help prevent Crypto, practice proper hand hygiene before preparing or eating food; after using the toilet; before and after tending to someone who is ill with diarrhea and after changing diapers.

To keep swimming pools free from contamination, children and adults should not swim in a pool or enter a spa until at least two weeks after they have completely recovered from a diarrheal illness. Those concerned about their symptoms should contact their health-care provider. For more information on *Cryptosporidium* please visit cdc.gov/parasites/crypto.





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Reps. Fedor, Kennedy Kent Introduce Healthcare Freedom for All Ohioans Legislation

Bill will ensure healthcare coverage for all regardless of income, current health

State Reps. Teresa Fedor (D-Toledo) and Bernadine Kennedy Kent (D-Columbus) today introduced the Ohio Health Security Act, a bill to establish a single-payer health care plan in Ohio to universally cover medical, dental and vision services. Payments to health care providers for all eligible benefits will be made from a single public fund, called the Ohio Health Care Fund.

"Even with the progress we've made, too many in Ohio are still struggling to get the care they need when they need it. It's time for a change," said Fedor. "Let's face it. We all need healthcare at some point in our lives, and we shouldn't have to mortgage our future to get it. Under the Ohio Health Security Act, every eligible Ohioan will be free to choose the plan and doctors that work best for their families without breaking the bank.'

Under the plan, every Ohioan may receive full health care coverage, regardless of income or employment status, and may freely choose their own health care providers for services such as outpatient services to prescription drugs, medical supplies and medical transportation without costly copayments or deductibles. There will also be no exclusions for pre-existing conditions. Coverage from the Ohio Health Security Act would begin two years after the bill's passage.

"While Congress continues to cut backroom deals and pass secret bills that will only work to increase costs and cut benefits for hardworking Ohioans, we're putting together a concrete plan to make care affordable and flexible to work for you and your family," said Kennedy Kent. "Taxpayers deserve a plan that gives them a real choice and the freedom to pick a plan that works

The new health care plans will be administered by the Ohio Health Care Agency, which will operate under the direction of the Ohio Health Care Board. The board will consist of two elected representatives from seven regions across the state and the director of the Ohio Health Care Agency. The



- negotiate or set prices for health care services provided
- establish standards to demonstrate proof of residency
- provide each participating individual with identification that can be used by providers to establish eligibility for services
- · seek all necessary waivers, exemptions, agreements, or legislation to allow various federal and state health care payments to be made to the Ohio Health Care Agency

Recent studies have shown substantial savings associated with single-payer systems, which work to establish market power, thereby cutting red-tape, reducing overhead costs and implementing cost controls, according to the Single Payer Action Network (SPAN). A full, detailed economic analysis on the potential impact of the Ohio Health Security Act is currently underway and set to be released in the coming months.

Mindful Holiday Eating

Beth Williams, UT Public Health Intern with OSU Extension, Lucas County

The Truth Contributor

The holiday season is a time to relish family, friends and of course food! It seems all the festivities revolve around meals and treats. Whether it is sweet potato pie, eggnog or a piece of homemade fudge, the temptations seem non-stop. From Halloween candy until the start of the new year, we are bombarded by opportunities to overindulge. The average American will consume more than 4,500 calories on Thanksgiving and gain approximately two pounds during the holiday season. This can accumulate over the years, and worse- it can also trigger us to feel a need to diet in unhealthful ways come January 2.

Mindful eating can help avoid the "it's the holidays so anything and everything goes" mentality and still enjoy your favorite foods. These tips can be used year-round, but are especially important to remember during the stressful holiday environment when nutrition is the last thing on your mind.

- 1) Do not skip meals- people often think if they don't eat all day they can "save" the calories for a holiday party later in the day. This will likely result in overeating! Instead, eat a light breakfast and lunch that includes fruits, vegetables and whole grains. These foods include fiber, are lower in calories but will help satisfy hunger.
- 2) Use a smaller plate- many holiday meals are large, buffet-style potlucks. Using a small plate helps you put less food on your plate and choose proper portion sizes. Also, take a complete tour of the food available before you automatically start putting items on your plate. Choose foods you will enjoy that will meet a variety of food groups.
- 3) Be mindful with dessert- there will likely be a wide assortment of sweet treats. Rather than depriving yourself, choose one or two of your favorite items and enjoy them. You don't need a large serving to savor the taste. Cut pies in 10-12 pieces instead of 8, or share half of that huge
- 4) Savor every bite- when you eat with awareness, instead of mindlessly, you maximize your enjoyment. Slow down- savor the appearance, aroma, texture and taste of the food. Eat your favorite food last because you remember the last food the best. This might help prevent you from eating more later.
- 5) Say "No thank you"- it isn't your obligation to make others happy by overeating. If you have had enough, don't be pressured to try that special holiday dish or go back for seconds just because some else wants you to. In the same way, please don't pressure others to eat more food when they
- 6) Pay attention to when you are full- many people overstuff themselves, especially at Thanksgiving dinner. It can be easier said than done to stop eating once you feel full. Just remember that there will be leftovers you can have another day. You will be able to relax and enjoy the company

Caregiving Around the Clock

By Dianne Pettis, CRNP

The Truth Contributor

There are 90 million Americans who care for loved ones – of all ages – who have chronic illnesses, disabilities, or who are elderly or frail and cannot live on their own. The month of November calls attention to this fact of life. Please excuse me if I wrote about this topic in the past, but it's tops in my mind because I live with it every day. My 82-year old father lives with me. He has had two major strokes, heart attacks, has a pacemaker, Chronic Obstructive Pulmonary Disease (COPD), mild dementia, arthritis, high cholesterol, and high blood pressure. I watched my mother go through caring for my grandmother; taking her into her home after a stroke, while working full-time. My cousins, in-laws, and co-workers are all caregiving for parents. It's like an epidemic.

Though done in love, caregiving can take a toll mentally, emotionally, and physically. It's something we 'have' to do, so we go on. The Caregiver Action Network has offered 10 Tips for Family Caregivers:

- 1. Seek support from other caregivers. With 90 million other caregivers out there; we are definitely not alone. There are support groups locally. Go to www.caregiveraction.org for a list of national resources.
- 2. Take care of your own health. It is NOT selfish to do that. Eat well, exercise, and limit addictive substances.
- 3. Accept offers of help. It is not a sign of weakness. Have a list of specific things other people can do for you when they ask.
- 4. Learn how to effectively communicate with the doctors.
- 5. Take respite breaks often. Make some time for yourself every day to rest and recharge even if it's just 15 minutes. I put myself in 'time out'.
- 6. Watch for signs of depression, and get help when you need it. Some signs are: angry outbursts; substance abuse; weight loss; weight gain; and physical symptoms such as headaches, stomach/digestion problems, and skin eruptions.
- 7. Be open to new technology that can help you care for your loved one.

Some newer things are: Smart Phone Touch3 by Samsung Galaxy for elderly adults; TLC Vibe clock with a vibrating wristband and an extra loud alarm; BeClose Sensor that tracks your loved one's movements and activities, and can alert you for danger; Medcenter personal medication reminder alarm; and virtual medical appointments via video, or apps that will transmit blood sugar or blood pressure readings to the Primary Care Provider.

8. Keep medical information and medicine lists organized so it is easy to find and update. Organization is important because you never know when you may have to leave work, go to the hospital, your kids have a surprise school event, or you have a sudden health emergency of your own.



sudden hearth emergency of your own.

9. Make sure legal documents are in order.

Give yourself credit for doing the best you can in the toughest job there i10. s.

A tip for everyone else – Be kind to caregivers! Dianne Hart Pettis, CRNP

Center of Hope Baptist... continued from page 9

loved ones is one way that the African-American church can provide leadership to eradicate breast cancer. This year, we celebrate with even more fervor," wrote Rev. Donald Perryman, DMin, pastor of Center of Hope in the program booklet.

Mindful Holiday Eating... continued from page 12

more if you don't feel sick from overeating!

7) **Be grateful**- before eating, pause and take a few minutes to give thanks- to the farmers, the animals and the cooks. Savor your company and the food.

A few more reminders: At holiday gatherings don't sit or stand where food is constantly in your line of sight. Also, don't get caught by mindless food triggers, such as a bowl of candy or a plate of cookies sitting out on a table. If you are the host, offer some healthy fruit and vegetable options. Of you are asked to bring a food item, go for the veggies! Choose a seasonal vegetable dish so you know there will be at least one healthy food choice. If you are baking, try a new healthier recipe. Many of the favorite indulgent foods have healthier variations that taste just as good. The Food Network has slimmed-down version recipes of many holiday favorites.

After dinner try to get some physical activity- go for a walk with the family or throw the football with the kids. Remember the holidays are to enjoy time spent with family and friends!

This time of year that is often full of busyness and temptations may disrupt your healthy routines. Join the Zero Weight Gain email wellness challenge for healthy living tips and encouragement to help you stay on track and maintain, not gain, weight this holiday season. Any adult with an email account can sign up for free. You will receive two emails a week with educational messages and suggested goals to help you improve your overall health and well-being. Sign up online here: http://go.osu.edu/LucasZWG17 . If you have any questions, email Patrice at powers-barker.1@

The service continued an alter prayer that was dedicated to the survivors of breast cancer and led by Rev. Angeline Johnson of Warren AME; scriptural reading by Councilwoman Cecelia Adams, PhD, of New Hope Porter's Grove Church and a sermon delivered by Rev. Susan Smith, DMin, founder of Crazy Faith Ministries.

"We as people heal. We can't seek healing until the spirit has moved us to transcend out of difficulty," explained Smith.

The worship in pink program committee: Willetta Perryman, program chair; Deacon Tracee Perryman, PhD, program co-chair; Barbara Oxner, program co-chair; Mary Westphal, Susan G Komen of NW Ohio executive director and Winda Burt, YWCA NW Ohio Healthy Connections Director.

The service was sponsored by Center of Hope, Susan G Komen of Northwest Ohio, and YMCA of NW Ohio.

For information about breast cancer services including: education, screening, patient assistance, treatment questions, patient navigation in Lucas County, Wood County, Ottawa County, Sandusky County, Senecca County and Monroe, Michigan contact Susan G Komen of NW Ohio at 419-724-2873 or Winda Birt of YWCA Healthy Connections at 419-241-2325



CLASSIFIEDS

Page 14

November 1, 2017

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Toledo Refining Company LLC is currently hiring First Class Maintenance Machinists.

Toledo Refining Company LLC is located in Oregon, Ohio and is owned by PBF Energy LLC. The refinery has a crude oil processing capacity of 170,000 barrels per day. The refinery is currently accepting applications for First Class Maintenance Machinist positions. Starting pay is \$37.93 per hour. After completion of a six month probationary period, the rate of pay is \$40.29 per hour.

Description

First Class Machinists will complete assignments relative to the inspection, repair, installation and maintenance of machinery/equipment within the refinery. Work will be performed in the shop as well as in all weather conditions. Our Company is committed to a foundation of safe and environmentally compliant operations so First Class Machinists must follow all procedures and safe work practices. First Class Machinists will be scheduled to work five, eight hour shifts in a regular work week; however, mandatory overtime including weekends, holidays and shift work is required as needed.

Basic/Required Qualifications

Must be at least 18 years of age; be legally authorized to work in the United States without restrictions; hold a High School diploma or equivalent; and hold a current driver's license.

For consideration, candidates must have completed a state approved Machinist apprenticeship program with no less than four years work experience OR have equivalent work experience of no less than eight years as a Machinist. Successful candidates must possess First Class Machinist work experience and First Class Machinist skills. Other requirements include: the ability to demonstrate First Class performance; proficiency to read blueprints as it pertains to machining; ability to work from written and verbal directions to perform assigned tasks; experience in coordinating work; function as a team member; perform tasks in any craft as incidental work; and participate in training programs to maintain and/or upgrade skills. Candidates must have knowledge of equipment and tools required to expedite the efficient installation and repair of refinery equipment.

Must be willing to perform/comply with the following: working overtime; working on holidays and week ends; working in enclosed/confined spaces, such as tanks and towers; working with large, hot, high-speed machines; lifting a minimum of 50 pounds; working around chemicals; wearing fire retardant clothing and personal protective equipment; maintaining/shaving your face daily so that a respirator/face mask can seal properly; performing fire fighting duties; working outside in harsh weather conditions; and working with petroleum products and support systems that are under high pressure and heat.

Conditions of Employment

Written tests and assessments: meeting physical criteria for the job; a physical skills demonstration test; ability to demonstrate basic computer skills; pass a background check and drug screening; and be eligible to qualify or hold a Transportation Workers Identification Credential (TWIC card).

In order to be considered for this position, applicants must submit their resume in Microsoft Word or .pdf format per the following process. All interested candidates may apply by going to www. pbfenergy.com/careers and select "First Class Maintenance Machinist" (Oregon, OH). All applicants must provide a valid e-mail address where they can be contacted regarding updates on the recruiting process. Should an applicant be selected for testing, contact will be made via email. All contact information must be accurate and up to date. Relocation is not available for this position. Phone calls will not be accepted.

EOE/M/F/D/V



Toledo Refining Company LLC is currently hiring First Class Maintenance Pipefitters.

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DescriptionFirst Class Pipefitters will complete assignments relative to the inspection, repair, installation and maintenance of piping within the refinery. Work will be performed in the shop as well as in all weather conditions. Our Company is committed to a foundation of safe and environmentally compliant operations so First Class Pipefitters must follow all procedures and safe work practices. First Class Pipefitters will be scheduled to work five, eight hour shifts in a regular work week; however, mandatory overtime including weekends, holidays and shift work is required as needed.

Basic/Required Qualifications

Must be at least 18 years of age; be legally authorized to work in the United States without restrictions; hold a High School diploma or equivalent; and hold a current driver's license

For consideration, candidates must have completed a state approved Pipefitter apprenticeship program with no less than four years work experience OR have equivalent work experience of no less than eight years as a Pipefitter. Successful candidates must possess First Class Pipefitter work experience and First Class Pipefitter skills. Other requirements include: the ability to demonstrate First Class performance; proficiency to read blueprints as it pertains to pipe fabrication and installation; ability to work from written and verbal directions to perform assigned tasks; experience in coordinating work; function as a team member; perform tasks in any craft as incidental work; and participate in training programs to maintain and/or upgrade skills. Candidates must have knowledge of equipment and tools required to expedite the efficient installation and repair of refinery equipment.

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EOE/M/F/D/V

Perryman... continued from page 5

shown touring Family House, a shelter for homeless families. His alignment with those who face unfortunate circumstances will help to capture a lot of the African American and minority vote. Johnson also has strong backing from the Democratic Party. Expect Johnson's battle with millennials Komives and Melden for the final spot to be extremely tight.

8. <u>Harvey Savage</u>. Another boomer, Harvey Savage brings name recognition to the black community, in particular. Although Savage finished "in the money" during the primary, the media has taken great pains to distinguish the candidate from another Savage family known for their philanthropy. This time, however, Harvey Savage faces an uphill (but not impossible) battle to reach the final six.



Harvey Savage, Jr

9. Kurt Young. Middle-aged Kurt Young is a



Councilman Kurt Young

strong and committed candidate who currently serves as an appointed member of city council. Young has increased his presence and name recognition in the African-American community. However, I'm not sure that he has done enough to enable him to jump from position nine in the primary to the top six in the general election.

Can we all get along?

For certain, today's younger candidates and electorate bring new paradigms both for living and governing. The younger generations are arguably

more informed and not swayed by old paradigms of influence. They also are not likely to regard symbolism over substance and are not afraid (like many boomers) to talk about tough issues such as race. They also feel free to challenge and question the status quo (or systems of authority) using what previous generations regard as "irreverence."

Yet, in order for intergenerational conflicts to heal, "new streams of ideals and activities flowing alongside the established mainstream" must occur. This true for not only people, but also for governments and cities.

Contact Rev. Donald Perryman, DMin, at drdlperryman@centerof-hopebaptist.org

Wade Doesn't Work

A public records request for Mr. Kapszukiewicz' office activity shows troubling data that raises doubts as to how much actual work the taxpayers are getting from Wade

Every weekend is a long weekend for our County Treasurer. In just the preceding December and January alone, Mr. Kapszukiewicz was absent on six Mondays, and five Fridays. In all, he missed seventeen days of work out of forty two days during the work week, and had no activity at all on weekends or holidays.

When Mr. Kapszukiewicz did log in to his taxpayer provided account, hundreds of instances arise of visits to ESPN, Pinterest, and Facebook, following news about the Cleveland Indians and Detroit Lions, including a flow charts of the Lions Playoff scenarios, a strange Gif titled "Shit Happens Bum Juice," as well as one sexist photo commenting on the appearance of ESPN commentator Sam Ponder.

Mr. Kapszukiewicz also took the time to read news articles covering his run for mayor, visiting the Toledo Blade numerous times, specifically the January story on the screening process for the Lucas County Democratic Party's endorsement. While his interest in the endorsement from our party is flattering, the Party wishes Mr. Kapszukiewicz had been working for the people of Lucas County instead.

Equally troubling is the fact that Mr. Kapszukiewicz visited his campaign website, campaign Twitter account, and MYNGP, a political data website used by campaigns across the country, while he should have been working for the taxpayers.

It is alarming and problematic that Mr. Kapszukiewicz is campaigning from an official account. Mr. Kapszukiewicz should make clear to the people here in Lucas County who is paying for the NGP account he is using - if it is taxpayers then why is it entwined with his campaign? If it is his campaign, then why is he accessing it and using it from an official account?

Toledoans work, Toledoans punch the clock at full-time jobs. Toledoans expect a full-time mayor. Mr. Kapszukiewicz is proving that he is a below average part-time worker who is not doing the job he was elected to do. He is out of touch with the hard work ethic Toledo shows every day. While Mr. Kapszukiewicz may be able to hide from the public and take long weekends as Treasurer, he will not be able to do so as Mayor. Being Mayor mandates actually working hard every day, including weekends, not simply showing up a few days a week to campaign and surf the websites for ESPN, Twitter, Facebook, the Toledo Blade, and Pinterest. Mayor Hicks-Hudson puts in the hard work and keeps Toledo working.

Chairman Joshua Hughes, Lucas County Democratic Party





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- Nothing is more important than good paying jobs, great roadways, crime free streets and completely safe reliable drinking water with ready made built-in precautions.
- Seniors deserve a financially secure retirement, worry free, super energy efficient homes with full life health care needs and thoughtfull floor-plans in mind -plus - healthy affordable food, and great health care transportation.
- Today, too many children move away from Toledo to work! We must keep our children in Toledo plus retain talent to nurture diversified start up businesses and constantly offer newskills training to retrain our

unique worker population clusters on demand as needed.

- 4. We are investing new revenues into our people. We are nurturing technical skills in junior high school and supporting job certification opportunities that breed success now! We advance more students this way with fewer kids left behind at every level.
- 5. If you retire in Toledo we want you to start that dream business in Toledo or if you want a good full or part-time job to stay working and active we must pave the way to make it easy with spot on services and generational business parks designed to lower investment for the economic dreams you have in mind.