

Volume 45, No. 9

"And Ye Shall Know The Truth..."

July 26, 2017

Sydney Petty: Undaunted Courage

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Freedom School Scholars, K-5th, March to End Childhood Hunger

By Lynne Hamer

Toledo, Ohio - July 19, 2017

On Wednesday, Freedom School Scholars ages five-12 across the nation took to the streets to make their views known and educate others about the facts of childhood hunger in the U.S. today. Fifty Toledo children, along with their teachers, braved the heat and marched on Monroe Street as part of the national event.

The young Freedom School scholars and their teachers had been learning about hunger, why so many children are hungry and which policies exist to decrease food insecurity. During the march, they carried empty plates and placards with facts about food insecurity to

inform the public about the problem and the possibilities for change. The children have spent the summer at Monroe Street Church's Freedom School in national program of the Children's Defense Fund that combines intense literacy with citizenship skill-building.

The national Children's Defense Fund (CDF) has developed the Freedom Schools schools scholars and their teachers had been earning about hunger, why so many children are hungry and which Schools across the South that were an essential part of the Civil Rights

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TARTA

Rep. Ashford Announces Installation of Toledo Inmates' Artwork in Columbus

Men of Toledo Correctional Institution's "Passage of Hope" at Rhodes Tower

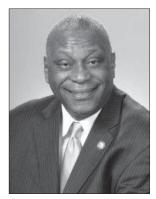
State Rep. Michael Ashford (D-Toledo) last week announced the installation of "The Passage of Hope" at the 41-story Rhodes Tower office building on capitol square in downtown Columbus. "The Passage of Hope" is a painting by 10 incarcerated men of the Toledo Correction Institution in collaboration with Art Corner Toledo, People for Change, University of Toledo's Inside-Out Program and Toledo-native artists Matt Taylor and Yusef Lateef.*

Children belong in families, and Lucas County Children Services believes that every child should have a caring family. Foster parents fill that role when kids are separated from their birth families. Whether it's for a few days, a few months, or forever, LCCS needs foster parents who can give a child something-and someone-to hold on to.

Train to become a foster parent in two weekends: Aug. 4, 5, 6, and 11, 12, 13, 9am - 4 pm. Register at lucaskids.net or call 419-213-3336.

"I'm extremely proud to have such thought provoking and inspiring artwork from my district displayed on capitol square for all to see," said Ashford. "More than just a collage of canvases, this work tells the story of the challenges and adversities those in our prison system face. It is heartening to see incarcerated citizens hold on to hope while making contributions to society and furthering public discourse."

"The Passage of Hope" was previously displayed at the Lucas County Common Pleas Courthouse and now hangs in the Rhodes Tower in Columbus Ohio through the end of the year.



Rep. Michael Ashford

The piece consists of 21 individual canvases hung together to make a 6'x14' mural and is accompanied by a poem written collectively by the 10 incarcerated men of the Toledo Correction Institution, a state-run prison.

*Editor's note: Pictured below is the Passage of Hope mural in the Rhodes Tower

Community Calendar

July 27

DBE Certification Workshop: 10 to 11:30 am; TARTA – 1127 W. Central; Designed to assist disadvantaged business enterprises in finding more opportunities with TARTA and the Ohio Department of Transportation

July 28

Jerusalem Baptist Church Service of Ordination: 7 pm; Minister Steve Eaton and Minister Thomas Hutchen

July 29-30

St. Paul MBC 100th Church Anniversary: Church service on Sunday at 10:45 am

August 2-5

Ark of Toledo Vacation Bible Camp and Back to School Bash: Bible and arts program 6 to 8 pm; Back to school bash on Saturday 11 am to 4 pm: 419-536-8357

August :

Kwanzaa Park Neighbors Meeting: 6 pm; Featured speaker Jodie Summers , poet, author, activist: 419-241-6465

August 12

Elegant Beauty Salon 4th Annual Bookbag Extravaganza: 9 am to noon; Free bookbags, free haircuts, food, games, school supplies: 419-930-5823 Calvary MBC Community Bookbag Giveaway: Noon to 3 pm: 419-464-6703

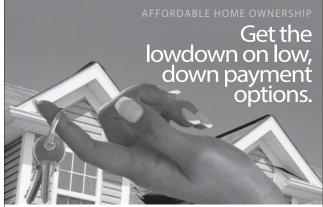
Change 4 Kids and End Time Christian Fellowship Music Fest and School Supplies Give Away: Noon to 3 pm; 2902 Auburn; Games, refreshments, music

August 13

Warren AME Praise and Worship Funday: Free community picnic; 11:30 am to 3 pm; Drawings, bouncy house, face painting, musical performance: 419-450-0165 or 419-243-2237

August 18-19

Ninth Annual Sacred Strings Showcase Concert: Featuring African-American steel guitar players; First Alliance Church; 6:30 to 9:30 pm on Friday; 3 to 7 pm on Saturday 419-243-0564





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Sydney Petty: Battling Cancer, Finishing College, Exploring the World

By Linda Nelson

Sojourner's Truth Reporter

While many 23 year-olds are spending the summer days taking a well-deserved break from college classes, or spending carefree days hanging out with friends going to family gatherings, Sydney Petty is preparing for her next round of immunotherapy and praying that this one will be the treatment that jump starts her body's immune system into fighting the cancerous tumors that have invaded her young body.

Despite this, Petty has refused to allow the remission that has eluded her for four years keep her from finishing college, dreaming about a future filled with travel and pursuing a career in medicine.

At 19, Petty was a busy student at the University of Toledo. Her future seemed bright and unobstructed as she looked forward to completing her undergraduate degree and going on to medical school. She remembers the moment she knew that something wasn't right.

"I just remember being very tired and trying to get through work and classes," she said. "I just chalked it up to my schedule because I was taking molecular genetics, organic chemistry and calculus and maybe one or two other prerequisite classes at the time and I was also working as a resident advisor at UT. And then I felt a lump on the side of my neck. It was kind of painful, but it wasn't that big at first."

She says that because she had previously experienced a swollen lymph node under her arm that had turned out to be nothing, she didn't pay too much attention to this one and continued with her hectic schedule until an incident prompted her to have it checked out.

"It's funny because one day we were going to have an exam, and I knew that I wasn't going to do well, so I decided to go to the doctor at school and have that lump checked. It would give me an excuse for missing that exam," said Petty.

"They gave me some medicine and told me to go see my primary

THE KITCHEN SALON

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care physician." Her PCP ran some tests and ruled out some potential possibilities before performing a biopsy.

"The lump was sticking out by that time," she recalled. "And they poked a needle in my neck to take a sample."

That's when the ruse that had offered a reprieve from a college exam became serious. The doctor called Petty's mom- Clara Petty, who is the executive director of the Monroe Street Neighborhood Center- to say that they had received the results of the biopsy.

"I remember that the doctor called my mom," Petty said. "I don't know why she called my mom and not me, but she told us to come to the office at 6 o'clock that evening. I knew that the office



Sydney Petty

was closed, so I already knew that it was bad."

It was during that after hours visit that Petty and her mom learned the results of her biopsy- malignant squamous cell carcinoma. Petty had a cancer that is typically found in the outer layers of the skin and the mucous membranes.

She was sent to a specialist for more testing where there she received a more conclusive diagnosis of stage 4 nasopharyngeal cancer. The tumor was seated in her nasopharynx, which is located in the upper part of the throat at the base of the skull. And the stage 4 diagnosis indicated that the cancer had either spread to other areas of her body or that cancer cells had been found in her lymph nodes. Petty says it was the latter.

"I didn't really cry," she said. "I think I had maybe one tear and then I just stopped. In fact, I wasn't really thinking anything- I don't think it had hit me."

Petty dropped out of school to seek treatment, but she initially rejected the idea of traditional chemotherapy opting instead for an alternative treatment method. She says that she was inspired to revisit the vegan lifestyle she had attempted when she was 17 – limiting the sugar, dairy and chemicals in her diet. "Your body is acidic and the cancer feeds

... continued on page 5



Sydney Petty... continued from page 4

off of acid," said Petty. "So if you don't give the cancer cells what they need, they will die off. That's why a lot of cancer patients go vegan."

Petty sought out a natural nutritionist who helped her formulate an exercise routine, and an organic meal plan that would help detoxify her body. She also received oxygen therapy treatments, which she believed would create an unfriendly environment for the cancer cells. "Cancer survives when there isn't enough oxygen," she said.

But she says that her doctors and her family continued to push her to consider chemotherapy. She says that she was hesitant because she knew that even though the chemo was designed to kill the cancer, it would have catastrophic consequences on the rest of her body.

"Everybody kept telling me that I should do it," said Petty. "They told me that a lot of people continue to live years after chemo. I didn't know what to do because the tumor was on my jugular vein, and my doctors said that it could block the vein and I could bleed to death. So at the end of the day I asked myself do I just want to live longer or do I want to prevent a potentially painful bleed and a death."

And in January of 2014 Petty began chemotherapy. "I started 33 rounds of radiation and chemotherapy treatments once a week," she said. "They started me right away because it took me forever to decide to do it."

She says a catheter was inserted into her chest so that the powerful cancer fighting drugs could be easily administered. "I was on one of the more aggressive medications," she said. And for the radiation, a special mask was created for her in order to protect her face, head and neck from 20-30 minute sessions.

"They molded it over my face," said Petty "It was green plastic and it was hot. I had to cut off my locks so the mask would fit, not because of the chemo. The type of chemo I had didn't make my hair fall out. Every time it was the same procedure- they'd check my name and my date of birth. There were mainly older people there. They looked sad and they would look at me probably wondering what I was doing there. They would give me nausea meds before they hooked me up to the chemo, and it would take three hours. I would sit on my computer, or eat and my parents would be there.

"The nurses would put on smocks and all this stuff because they didn't want to get any of the drugs on their clothes. That's how strong the drugs were. And during the radiation they would leave the room and leave me in there with the radiation. I would ask them why and they would tell me that they were trying to protect the younger nurses because the radiation could affect their ability to get pregnant. I wondered would this stop me from getting pregnant? It just made me think are we really supposed to be putting this in our bodies and is there anything else that we can do?"

Petty said that she soon experienced the consequences of the powerful drugs and the radiation.

"I got nauseous," she said. "Radiation made my throat swell so I couldn't swallow, and it also destroyed some of my saliva glands which made my saliva very thick. I would choke, so I had to have a suction machine to suction out my mouth constantly. I was always throwing up and I couldn't eat so finally I had to get a feeding tube placed in my stomach"

Petty said during this time, she was hospitalized for about two weeks

then sent home with the feeding tube. "My mom had to feed me," she said. "The bag would be connected and the milk would come down into my stomach. It was just weird and I was scared to move."

She recalls an incidence when her commitment to healthy living prompted her to juice and put it in her feeding tube. "It hurt so bad," she said. "I had severe stomach pains and I didn't try that again."

In the middle of chemo treatments, she began experiencing pain in her hip. She says the doctor dismissed it as a side effect of the treatment, but the pain got worse. Petty says a biopsy revealed a second mass in her pelvis and doctors wanted to extend the radiation. But she postponed any further treatment and instead took a trip with her godparents to the International House of Prayer in Kansas City, MO.

"It was just worshipping for 24 hours," said Petty. "They were open all day. Everyone came and went as they pleased. There was just singing and worshipping all day. It was such a great atmosphere.

I was prophesied over, and three different people who didn't know me told me that I would travel all over the world."

She also said it was during this trip that she decided to return to school.

After Missouri, she went to Miami on a trip that she had originally planned to take with her friend.

"My friend and I had planned the trip to Miami but she passed away before the trip," said Petty. "She was depressed and had lost her mom to cancer also, and I believe that she just gave up."

Petty said she couldn't give up – even though it was difficult for her to walk on the beach in Miami because of her hip pain – and when she returned home she changed her major and enrolled in online classes.

"I had all of these science credits," she said. "And I fell in love with public health because it deals with communities and teaching and training."

But in between, Petty suffered another blow – the cancer was now in her chest and her stomach. This time she was more determined than ever not to take anymore chemo.

"I did not want to do chemo. Chemo is bad," she said. "I know that more natural medicines are less destructive, and I say less destructive because my memory has been affected by chemo. There are a lot of things that I really don't remember and a lot of times I just feel like I'm high all the time. I just thought – is it going to help me or are they only trying to prolong my life? I had to decide, do I want to live my life sick from treatment and if I'm going to die anyway, do I die from chemo or do I die from cancer? Which way would be more painful? My mom saw what chemo had done to my body and my health, so she didn't push me this time to do it. So I thought, I'm going to get this public health degree and I'm just going to live my life."

That's exactly what she did – continue to live her life. Petty began classes on campus that fall. "It was my last year, and my hip was hurting so bad," she said. "I was taking Percocet and I ordered a special cushion to sit on in my classes. I wanted to graduate before anything happened to me and I also wanted my parents to be able to say that I graduated."

In May of this year Petty did graduate, cum laude, with an undergraduate degree in public health. But her fight is not yet over. She continues to battle the tumors in her body with a new treatment-immunotherapy.

... continued on page 12



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Fros, Fashions & Finds: Hot Fun in the Summertime

By Megan Davis

Soulcial Scene Contributor

As the summer is in full swing, so are festivals, vacations and family reunions. If you're on Facebook or Instagram, you may have seen friends' photos on cruises or at the Essence festival dancing, smiling, styling and profiling.

Not only do the snapshots look vibrant and fun, but the hair is also laid and the fashion is on point. There's still a couple months left of summer and, before school starts, there are more events to get fly for including the Toledo African American Festival, The African American Male Wellness Walk, Dorr St. Live, the Rib Off or a trip up I-75 to the Jazz Series at Chene Park. There are some hair and fashion trends that have taken the world by storm this year, and we will take an in depth look



Megan Davis

year, and we will take an in depth look at everything from short styles to protective styles and right now fashion!

For those who are rocking short natural styles, the barber cuts are in style now. Low sides, deep parts and sponge curls are all the rage. Adding color such as Textures and Tones Ruby Rage and blonde highlights make the short cuts stand out.

For longer natural hair, the wash and go is a summer favorite because ladies can wet their hair, add some product, shake and go. The warmer months are also wonderful for showing the length and texture of natural hair. There are humidity blockers now that people can use to prevent the hair from getting frizzy such as Joico's humidity blocker.

Protective styling has almost replaced natural styling with one's own hair this year. With the fast-moving trend of crochet braids, there are endless options from knotless straight looks with Yaki hair to waves for days with Freetress Gogo Curl hair.

Popular for girls and women alike are the Senegalese twists and box braid styles complete with the gold cuffs you can find at the front counter of any local beauty supply store for a dollar. Gaining more popularity are Faux Locs, Goddess Locs with options for individual styling or weft-like styling with a cornrow base. Braided updos are also still popping with



various stized braids into larger ones scuplted into fro haw

Many people are also embarking upon new loc journeys by having their hair placed in silky coils that grow out into velvety ropes within months from their conception. Locs can be fashioned into many styles from fishtails to intricate updos and are being worn by both men and women.

In fashion, a very popular trend is wearing Ankara prints which are bold African prints on waxed fabric or cotton fabric. From maxi skirts to Dashiki dresses and bright multi-colored head wraps, Ankara fashion is a fashion trend that will remain at the front of the line for at least another year or so. You can see Ankara fabric also on shoes, handbags, earrings and especially paired with denim and crisp white tops for a dressed down look. Gone are the days of matchy-matchy looks with the belt and purse coordinating.

In shoes and accessories, the Gladiator sandal is being worn by kids and adults alike and large frames with non traditional shapes and colors whether they be sunglasses or prescription are a favorite among men, women, boys and girls.

You can find many of these items at locally owned stores such as Bag Me, Charming Gal Boutique, and independent vendors at many of the trade shows each year. Today, we can be bold and beautiful adding our personal touch to current trends while still being unique.











Le' Peach Grand Opening Makes an Instant **Impact**

If the grand opening is any indication, Le' Peach Couture, and its proprietor, LaVivian Langston, are in for a very successful run. On Sunday, July 23, the new apparel store - featuring custom denim designs -overflowed with family, friends, supporters and customers as Langston - "Peaches" to her friends - introduced to Toledo its newest fashion mecca.

The grand opening featured a DJ, a raffle, refreshments and cocktails for the many guests who showed up to support the newly minted entrepreneur.

"This is my dream," said Peaches of a dream that has no longer been deferred. A self-admitted fashionista for as long as she can remember, Langston, a Chrysler employee, has opened a clothing shop devoted to "fun wear," she

... continued on page 11

















our starship

As the Toledo Symphony launches its FREE 2017 Music Under the Stars concert series at the Toledo Zoo Amphitheater, TARTA is offering round-trip Park-N-Ride service from five locations with the **TARTA Music Under the Stars Shuttle** for just \$1.25 per person each way.

All 2017 Music Under the Stars concerts are scheduled for 7:30 p.m. and have free admission with open seating:
Sunday, July 9; Sunday, July 16; Sunday, July 23; and Sunday, July 30.

Catching the Shuttle

- Arrive at any TARTA Music Under the Stars Shuttle Park-N-Ride location at 6:30 p.m. for a direct round-trip ride to The Zoo's Broadway entrance.
- Fare is \$1.25 per person each way; payable before each trip to and from the Toledo Zoo Amphitheater aboard the Music Under the Stars Shuttle.
- Return trips leave 20 minutes after the end of each concert.

Music Under the Stars Shuttle Park-N-Ride Locations

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- Sylvania/Centennial Terrace
- Toledo/Franklin Park Mall
- Toledo/Miracle Mile Shopping Center
- Waterville/Kroger

www.ToledoSymphony.com www.ToledoZoo.org

Music Under the Stars at the Toledo Zoo

419.243.RIDE (7433) TARTA.com





stars image credit: NASA



Annual Block Party at Toledo Museum of Art

The community convened at the annual block party Saturday evening, July 8, at the Toledo Museum of Art and thousands of party-goers enjoyed entertainment, food and music purveyors during the Museum's fourth annual block party.

The festivities spread out across Monroe Street, which was closed to traffic and coincided with the opening of the special exhibition *The Berlin Painter and His World*, a display of ancient Athenian vase painting. With the season's focus on the art of Greece, expect inspiration for the Block Party's food, dance and music to come from across the Atlantic. Opa!

On the evening's entertainment schedule were JP Dynasty, TMA Welcome & DJ Folk, Birds Eye View Circus Aerial Performance, the Hellenic Dance Troupe and Naach by Aha Indian Dance Performance

Guests also saw additional performances by magician Dorian Strange, juggler Crazy Craig, Flying Pig Improv and The Bubblesharks. Family-friendly activities included hands-on art activities facilitated by the Family Center, the return of TMA's Play Space and Giant Games, a campus-wide scavenger hunt and glassblowing demonstrations



Deborah Barnett, Roy and Montelena Hodges





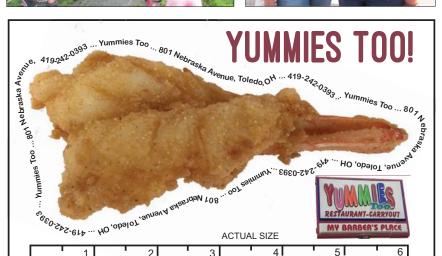














... photos continued on page 10





The Ashfords' Annual Backyard Picnic

As always, State Rep. Michael Ashford and Ruth Ashford's annual summer picnic draws the usual mixture of friends, political allies, elected officials and candidates vying for office in the fall elections. Over grilled hamburgers and hot dogs, guests mingle, talk politics, compliment the beautiful surroundings and, of course, raise a little money for Democratic Party office seekers.

This year's event, on Saturday July 22, introduced to the guests in attendance candidates Nick Komives and Gary Johnson (City Council); Dale Emch (Judge Municipal Court) along with incumbents seeking re-election: Councilwoman Cecelia Adams, PhD; Toledo Board of Education Member Polly Taylor Gerken.

The festivities culminated with a donation of two bicycles from the Ashfords to Tina Butts of T-Bonds for the company's annual summer school supply giveaway in August.











Vincent Coleman



State Rep. Michael Ashford, Nick Komives, Dale Emch, Gary Johnson, Councilwoman Cecelia Adams, Toledo Board Member Polly Gerken, LC Commissioner Pete Gerken



David Pierre, Jessica Ford Jenkins, Elgin Rogers, Ashford



Gary Johnson



Councilwoman Adams addresses the gathering



Julian Highsmith, Tracy Hopkins, Gary Johnson



Ruth Ashford, Tina Butts, Michael Ashford
... photos continued on page 10

Soulcial Scene

Block Party... photos continued from page 8













African American Leadership Caucus (AALC)



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Ashfords' Picnic... photos continued from page 9



Sharon Jeffries, Ashford, Fred Jeffries



Ruth's Garden





John Moore's Summer Bash

As is his custom, John Moore had a number of friends over for his annual summer feast – barbecued ribs, chicken, an abundance of salads and desserts. Guests dined both inside and on the terrace on a perfect summer's evening.

Moore, active author, retired banker and professor, is currently putting the finishing touches on his third book.









Le Peach... continued from page 7

Le Peach Couture (419-936-4047), located in the mini-plaza at 2909 W. Central, will be open for business from 10 am to 7 pm, Tuesdays through Saturdays, and by appointment on Sunday and Monday.

Langston custom designs denim by taking a pair of jeans, for example, and "ripping, cutting, sewing them up." In addition, she reaches out to California wholesalers to complete her stock.

Langston attributes her success in fulfilling her lifetime dream to the support she has received from family and close friends. In addition to numerous family members, she singles out friends such as Tina Allen, Tina Butts, Tina Friesen, Kenyetta Jones and Regina Hudson, among others.

Langston's dream of opening her own shop would not have been complete had she done so in any other place than Toledo. "Toledo is home," she said. "I love my people here."















Freedom School Scholars... continued from page 2

Movement. The summer version of the CDF Freedom Schools includes a research-based, multicultural curriculum organized around academic enrichment, parent and family involvement, civic engagement and social action, intergenerational leadership development and nutrition, health and mental health.

Wednesday's march was part of the civic engagement and social action focus: learning to speak up for one's own rights and the rights of others and to effectively mobilize community action and gain the attention of political leaders, is a key citizenship skill.

Flourishing during the 1960s, primarily in the South, Freedom Schools provided African Americans with an alternative when many states were still holding out for segregated schools. In the 1960s, schools' curriculum focused on skills, first and foremost literacy, necessary for political, economic, and social equality. The CDF Freedom Schools today hold true to that model and mission. Freedom School teacher-mentors undergo intensive training during a weeklong workshop at Alex Haley Farm in order to maintain the program's fidelity.

As stated on the organization website, "The CDF Freedom Schools program seeks to build strong, literate, and empowered children prepared to make a difference in themselves, their families, communities, nation and world today" (http://www.childrensdefense.org/programs/freedomschools/).

The Monroe Street Neighborhood Center and Monroe Street United Methodist Church has raised funds and rallied volunteers to make this summer's school possible. Rev. Elizabeth Rand, a pastor at Monroe Street Church and Freedom School Project Director, elaborated: "Freedom School empowers children to know themselves as scholars and as leaders in their community. It's not a 'children are our future'; it is a 'children are our present': their views matter now."

Sydney Petty... continued from page 5

Immunotherapy elicits the body's own immune system to help fight the malignant invasion of cancer.

At first, Petty said, she had a rocky start with the first treatment that included severe pain and pressure in her pelvis. And then her health insurance company dropped her leaving her to find a way to pay the thousands of dollars needed for each treatment.

But she pushes on with small victories. She says that her tumors have decreased, and she was recently offered a year's worth of treatment from the pharmaceutical company that makes her immunotherapy drug. She plans to continue treatment until she goes into remission.

In the meantime, Sydney Petty tries to live her life like any other 23 year-old who has just graduated from college. "Right now I'm looking for a job," she said. And in August, she plans to take a cruise to the Grand Cayman Islands, Montego Bay and Cozumel.

But even this strong, determined 23 year-old who is fighting for her life against something that is bigger than she is, gets overwhelmed by her circumstances.

"I haven't given up but I have my moments as well," Petty said. "The other day I got my scan and I was crying on the table. I was just thinking I'm sick and tired of this. I hate doing this."

And yet she holds on. She hasn't forgotten that prophesy that was spoken over her, in Missouri, as she makes plans for her future. "I want to go to Dubai and to Thailand," she said. "I'm gonna try and make that happen in the next few years. And I'm planning to go to grad school to be a cardiovascular perfusionist."







Popular: The Power of Likability in a Status-Obsessed World by Mitch Prinstein

Terri Schlichenmeyer

The Truth Contributor

None of the other kids like you.

They don't include you in anything; in fact, they often just plain ignore you, and some even pick on you. You don't understand why this is, but there isn't much you can do: quitting your job is not an option. In *Popular* by Mitch Prinstein, you'll see why being Top Dog matters, after all these years.

c. 2017 Viking \$27.00 / \$36.00 Canada 273 pages

Who remembers recess? You do, of course; you ran wild, swung, jumped, and screamed yourself hoarse in every one of them. And then – wham! – came teenager-hood, where you, Mean Girls, jocks, bullies, and the desperate stopped playing. Instead, you had two options: you clawed your way popular, or you stood by watching others do it.

It kinda sounds like your workplace, doesn't it? Why is popularity still so important?

Says Prinstein, there's "more than one type of popularity," and there's a difference between popularity and likeability. Popular people have status but are often loathed. Likeable people are, well, *likeable*. Surprisingly, where you sat on the spectrum in your youth still affects your adult decisions, relationships, family, even your income.

According to researchers, most children fall into one of four categories: Accepted (the kids most kids like); Neglected (children that are basically ignored); Rejected (those actively avoided); and Controversial (a category of extreme like-dislike). Kids know instantly who's popular and who's not, they know where others lie within the categories, and they'll sort one another out in short order. Adults aren't much different.

We all know somebody at work who fits in each of those categories, and you may even have an inkling about where you fit. We *need* to be liked – it's a matter of evolution – but can popularity be a problem?

Yes: some people will go too far for status, to the point of violence and bullying. Others may be allowed too much status and power (as in the case of celebrities). Popularity can also be negatively addicting because we believe it might make us happy.

It won't. But one thing's for sure: "following the example of likable people might just change our lives."

Oh, how *Popular* is going to make you squirm. Whether you were cheerleader, class leader, or the Last Kid Picked, reading it will whisk you back to high school with all its attendant issues and feelings. Wiggle, squirm, wiggle.

And maybe that's the point: author Mitch Prinstein makes us want to look inward to explain why we're always invited for Happy Hour (or not), and why co-workers cheer or groan at certain names on team projects. The squirm comes, maybe, from embarrassment or chagrin, and the realization that "We never really left high school at all" still bothers us. Fortunately, there are things we can do to change our likeability, and to begin to atone for any meanness.

This is an excellent for anyone who wants to understand what happened in their childhood or that of their kids, or for anyone who wants to be more accepted. *Popular* is a good book for kids like you.



Popular

THE POWER OF LIKABILITY IN A

STATUS-OBSESSED WORLD

Mitch Prinstein

ST. PAUL MISSIONARY BAPTIST CHURCH 100TH ANNIVERSARY

Saturday, July 29,2017

Banquet at Garden Lake Hall 5359 Dorr St. - 6:00 p.m. to 10:00 p.m. Speaker: Mayor Paula Hicks-Hudson Tickets: \$25 call Jan Scotland 419-536-4200

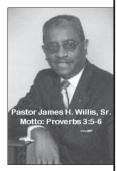
Sunday, July 30, 2017

St. Paul Missionary Baptist Church 1502 N. Detroit Ave. Morning Service: 10:45 a.m. Speaker: Dr. Ernest Jones, Columbus, OH Executive Director of American Baptist

Executive Director of American Baptist Churches of Ohio

Afternoon Service: 4:00 p.m. Speaker: Pastor Charles Tatum, Columbus, OH Good Shepherd Baptist Church

Rev. James H. Willis, Sr. Senior Pastor



Pastor James Willis

CLASSIFIEDS

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SPECIAL NOTICE REQUEST FOR PROPOSAL

In continuing efforts to foster activities that promote positive mental health and prevent substance abuse, The Mental Health and Recovery Services Board (MHRSB) of Lucas County is pleased to announce an opportunity for funding. The Board is seeking to provide up to \$5,000 in funding to grass roots organizations that are providing programming that offer skills, strengths, resources, supports, or coping strategies for the population that the MHRSB serves. A complete description of the "Request for Proposal" can be found at http://www.lcmhrsb.oh.gov/publicnotice/.

Proposals must be received no later than 4:30 PM on Monday, July 17, 2017.

NORTHGATE APARTMENTS

610 Stickney Avenue Toledo, Ohio 43604

Now Accepting Applications for 1 and 2 Bedroom Apartment Homes

Senior Community for persons 55 years and older. Rent is based on income. Our Activity and Service Coordinators are on site. Heat included. Chauffeured transportation to nearby shopping and banks available.



EQUAL HOUSING
OPPORTUNITY/EQUAL
OPPORTUNITY
EMPLOYER



TOLEDO LEGAL AID SOCIETY

Several Assistant Public Defender positions are now available. In addition, the newly created Toledo Legal Aid Society Fellowship Program is now accepting applications. Please see http://www.nlada.org/node/10696 for more detailed descriptions.

Also, two Opportunity Project Case Manager positions are available. LCDC II, LSW, LISW, LPCC, preferred. Please see http://www.nlada.org/node/10996 for more detailed descriptions.

The University of Toledo Department of Foreign Languages invites applications for a Visiting Assistant Professor in the area of Latin American Literature and Culture. The position will involve teaching at all undergraduate levels within the Spanish program. Applicants must have native-like fluency, and hold a Ph.D. in Spanish, although ABDs will be considered. Teaching experience of upper level courses is preferred, and interest in teaching writing is a plus. The teaching load will be a maximum of 24 credit hours. The position is a one year contract, renewable up to two additional years. Screening of applications will begin immediately and continue until the position is filled. Applicants may apply for this position at https://jobs.utoledo.edu. Applicants must include a cover letter, CV, three recommendation letters, and a statement of teaching philosophy. The University of Toledo is an Affirmative Action/Equal Opportunity Employer M/F/D/V.

TO APPLICABLE AGENCIES

Toledo Lucas County Homelessness Board will release and review grant project applications for FY 2017 Department of Housing and Urban Development Continuum of Care Program for NEW projects at 10 am and for RENEWAL projects at 1 pm both on Wednesday, August 9th in 4th Floor Conference Room B at 1946 N. 13th Street, Toledo, OH (Toledo Business Technology Center). ATTENANCE IS MANDATORY FOR PROJECT APPLICANTS. More details at www. tlchb.org. Contact Sue Brown, Grants Administrator, at sbrown@tlchb.org to register.

ACCOUNTING ASSISTANT

WGTE Public Media seeks an experienced accountant for diverse general accounting tasks in non-profit environment. Job is full-time with excellent benefits with primary focus in processing accounts payable. Minimum associates degree in accounting and exceptional spreadsheet skills required. Extensive experience in accounting may be considered in lieu of a degree. Send your letter and résumé to: Human Resources, P.O. Box 30, Toledo, OH 43614, or employment@wgte.org. EOE/ADA

CASE MANAGER M3 PREVENTION

F.T.E. (Salaried) \$23,000-\$30,000 annually, plus benefits. Education:

Bachelor's Degree from a recognized college or university. Also, prefer at least, 2-5 years experience working: in social work and/or an Alcohol/ Drug Prevention Program.

Also, computer expertise in Word Processing; Ability to work some evening and weekend hours as needed; Ability to write clearly and concisely; And to work independently. Also, recruit and enroll youth from a diverse background.

If interested, please send resume and cover letter by August 15, 2017 to: jmickler@bbbsnwo.org

Call to place your ad 419-243-0007 www.TheTruthToledo.com

PUBLIC NOTICE NOTICE OF 2ND PUBLIC COMMENT PERIOD

43rd Year Community Development Block Grant (CDBG), 31st Year Emergency Solutions Grant (ESG)

26th Year HOME Investment Partnerships Program (HOME), and the Neighborhood Stabilization Programs (NSP).

To all interested agencies, groups, and persons:

The City of Toledo solicited input from citizens on the 2017 Draft Action Plan through a 30-day comment period that commenced on March 30, 2017. In addition, two public hearings were held on April 3 and April 10, 2017 in the City of Toledo Council Chambers to inform the citizens about various programs and how allocations will be utilized for Program Year 2017. Lastly, the 2017 Draft Action Plan was available for review at the various locations throughout the City of Toledo and on the Department of Neighborhoods website.

The City of Toledo received notice from the U.S. Department of Housing and Urban Development (HUD) for the Program Year 2017-2018 Allocations, which are listed below:

- -Community Development Block Grant (CDBG): \$6,735,978
- -HOME Investment Partnerships Program (HOME): \$1,611,011
- -Emergency Solutions Grant (ESG): \$610,022

Recently, the City of Toledo received notification from the U.S. Department of Housing and Urban Development (HUD) that an additional allocation of \$363,033 was awarded to the City of Toledo. This allocation is from a Supplemental Emergency Solutions Grants (ESG) Program award

A second public comment period will commence on Monday, July 24, 2017 on the Draft One-Year Action Plan to be submitted to the U.S. Department of Housing and Urban Development (HUD) on or before August 16, 2017. The One-Year Action Plan is based on the HUD-approved Five-Year 2015-2020 Consolidated Plan submitted by the City of Toledo for housing, community and economic development.

The City of Toledo will also receive comments from the public in writing at the following address:

CITY OF TOLEDO
DEPARTMENT OF NEIGHBORHOODS
ONE GOVERNMENT CENTER, SUITE 1800
TOLEDO, OHIO 43604
ATTN: 2017-2018 ONE-YEAR ACTION PLAN

For additional information, please contact Monica Brown, Administrative Analyst II, Department of Neighborhoods at (419) 245-1400.

Fundraising Cruise... continued from page 16













"LAUGHTERNOON"

A Day Party w/ Comedy Sat., August 19 4 pm-8 pm @ M' Osteria & Bar (upstairs lounge) 611 Monroe, Street 43604

Laugh, sip, mingle, & network with a mature & eclectic collection of movers & shakers while the Sun is still shining! Enjoy the fly, chic ambiance of Toledo's best downtown loft space!

Adults 30 & up. Attire is Summertime Fly & Chic. DJ Money Mike spins an enjoyable mix of R&B, NeoSoul, Jazz, & House. Comedians TBA. Cash Bar & Complimentary Pizza Buffet. Complimentary entry for gift basket raffle.

For tickets go to:

https://www.eventbrite.com/e/laughternoon-day-party-wcomedy-tickets-34518426543?aff=eand



A KOOLCOMEDY & KOOL2DOs event.



As she showcases her play: I AM BLACK AND BEAUTIF

A Taste Of Theatre Festival

Saturday, Oct 7, 2017 at Gwendolyn Brooks College Prep 250 East 111th St.

Bus leaves Toledo OH on 10/7/17 at 8:00 A.M We will leave from The Home Depot parking lot on Secor ST. It will make the following stop:

At 11:00-4:00 Michigan City, IN. Lighthouse Premium Outlet Mall

Chicago at 5:00pm to watch the play and see one scene of 5 other plays, the award ceremony and a musical performance by RES.

The Bus will leave Chicago at 11:00 pm

Cost 75.00 for day trip (include bus transportation, admission ticket, t-shirt) (40.00 deposit)
Contact: Eugene (Pie) Holmes 419-699-2207 or Michelle McCaster 313-623-9313

Deadline for registration August. 18, 2017



Ms. Ronda JAFRA INDEPENDENT BEAUTY CONSULTANT 920-550-8968

www.myjafra.com/rcoger

If you love yourself, call me. Reward yourself with Jafra!



A Perfect Evening for the Annual Fundraising Cruise

It was an ideal evening on Friday, July 14, if you were one of the guests aboard the Detroit Princess. The cool breeze blowing across the Detroit River provided a perfect setting for those who joined Adventurous Travels for the company's annual fundraising cruise.

The event, with over 120 in attendance, featured a buffet dinner and live entertainment by Detroit's own Motown group, The Prolifics. The guests danced the entire evening to the Motown sounds of the 60's and 70's.

Adventurous Travels' owner, Donnetta Carter, presented a check from this year's annual cruise fundraiser for \$500 to Steve Foster, president of the Lucas County Foster Parent Association.

The Lucas County Foster Parent Association is a non-profit organization that advocates for adoption and foster home placements. They receive continuing educational training hours along with conferences and workshops at the Lucas County Children Services.

Each year there are activities and events sponsor by the LCFPA such as the annual Christmas party, picnics and scholarship functions. The leadership team consists of Foster; Bobby Cooper, vice president, Fatima Taylor, secretary and Doris Roberts, treasurer. If interested in becoming a foster parent contact (419) 213-3200.

...photos continued on page 15



Donnetta Carter presents check to Steve Foster



Ernest Carns



James Caldwell and Norman Bell





Raven Wright and John Lott



Sybie Boyd and Annette Wright



The Prolifics





