



Volume 44, No. 4

"And Ye Shall Know The Truth..."

April 19, 2017

Groomed for Greatness



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Who should be afraid of black lives matter? A social movement continuing the spirit of the 1950s and 1960s!

"Each generation must, out of relative obscurity, discover its mission, fulfill it, or betray it" — Frantz Fanon

By Colins Imoh

Guest Column

The ability to excel and live to one's full potential can be attributed to the preparations made.

A profound and objective reflection of the role and place of people in society shows that race is a critical factor, yet discussions on race are often avoided. It is like the proverbial elephant in the room; it is ignored and in most cases denied.

This can be attributed to historical and structural injustices that affect mostly minorities; therefore, it is convenient for the dominant culture to let it continue. This has grave cyclic implications to the earnings and the ability of the minorities to live to their capacity, as well as for intergenerational poverty. This failure is a high motivation for advocates such as Black Lives Matter (BLM).

The history of race in America is deeply rooted in the fabric of the society, recalling the condition of black people during slavery. The slaves were an economic resource to the owners and giving up that resource was such a huge risk that blood was shed to make it come to pass through the Civil War.

The emancipation amendment of President Abraham Lincoln in 1863 proclaimed slaves free. However, some states of the union refused implementation. This abnormal situation was to be corrected by the 13th, 14th, and 15th Amendments, called the Civil War or Reconstruction Amendments, enacted between 1865 and 1870.

The vision was to integrate the free slaves into the society by banning involuntary servitude unless decreed by the state as a punishment. However, the various Jim Crow laws, including the separate but equal rules sanctioned by the U.S. Supreme Court in Plessy v. Ferguson, was a product of a lack of empathy and a lack of desire for integration of all races.

The 1954 landmark decision of Brown v. Board of Education of Topeka, Kansas was a definite blow to the hegemony of the dominant group. It made segregation in schools illegal, marking the beginning of the reluctant acceptance of people of color into former all-white schools. The Montgomery bus boycott in 1955 by blacks that lasted 381 days started with the refusal of Rosa Parks to give up her seat on a bus in Montgomery. It was not an isolated case but a high point

in a period of resistance.

The Civil Rights era of the 1950s and 1960s was a transformative period for people of color. Various passive and active, nonviolent methods led to a raising of awareness among the general population of the plight of blacks and other people of color. This became a national issue and movement that resulted in some changes. This movement was multiethnic and multicultural at all levels.

The National Association for the Advancement of Colored People (NAACP) was one of the leaders of the movement. However, in the cause of history, there is always a moment that changes



Colins Imoh

the trajectory of events. The phenomenon called BlackLivesMatters

... continued on page 4

The Sojourner's Truth

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Community Calendar

April 21-22

Calvary MBC Women's Ministry 20th Spring Retreat: "Be still and know that I am God;" Holiday Inn and Suites in Lima: 419-787-9635

April 22

Jazz Appreciation Month Celebration at Kent Branch Library: "Celebrating Women in Jazz;" 1 pm; Pete Ford Trio, Jim Gottron Quartet, Galen Bundy Combo, Dan Welch Quartet: 419-531-9933 or 419-259-5340

April 23

True Vine 3rd Pastoral Anniversary: Pastor Jerome Graham; 4 pm; "Where He leads me, I will follow;" Guest Rev. John Roberts and Indiana Avenue MBC: 419-539-9104

April 27

YWCA's Stand Against Racism Summit: 9 am to 1 pm - Main Branch Library; 5 to 7:30 pm - Cherry Street Mission's Life Revitalization Center; Keynote speaker Candi Castleberry Singleton; Topics include - social deterrents, education, economics, juvenile justice, employment, health disparities: 419-241-3235 or mgarner@ywcawo.org

April 29

Hip Hop "Extreme Mission" 2017: Presented by New Leaf Group and Positive Force Dance; Scott High School; 3:30 to 5 pm; Boys only with adult male; Grades 6-12; Guest speaker Maurice Claret --- 5 to 7 pm - boys and girls; Grades 6-12; Guest speakers James Jackson of Owens and John Hicklin

St. Paul MBC Annual Health Fair: 10 am to 2 pm; Health screenings for all categories: 419-246-2886

Wood County Plant Exchange: Haskins and Poe in Bowling Green; 9 to 10 am - drop off of donated plants; 10 to 11 am distribution: 419-354-9050

7th Annual Health Awareness Symposium: A domestic violence event hosted by NAOMI, Inc; 11 am; Friendship Baptist Church: 419-304-2733 or 419-244-4824

So, Did It Have to Come to This?

By Lafe Tolliver, Esq

Guest Column

To say I was amazed would be an understatement of the first degree. When I read the following, I was shell shocked. I was frozen in place. It was as if I was dipped by a giant, unseen hand into a vat of glacier ice. I was numb.

I was disorientated and then suddenly realized that others, unspecified others, were also commenting and watching what I have been watching for some time with the antics of those I have dubbed, "The Super Six" (which is composed of the mayor and the then-five minority city council members).

But, I had no idea of the depth of the frustration that was dwelling in some people who were flummoxed by the torpid acts of the Super Six to the economic plight of residents in what is described as the "central" or "inner" city of Toledo.

I was alerted to this breaking news when I checked my smart phone for local news and POW!...there it was.

This is what I read:

"A secret, civil, grand jury was convened in Toledo regarding allegations of misfeasance of the mayor and several council members as to their actual or perceived inability to develop a strategy for the development of economically depressed areas."

I must confess that as a lawyer, I had no idea such a civil grand jury could be convened simply by a signed petition of 200 registered voters and such a petition would, by law, require the city prosecutor's office to present evidence against the mayor and the other minority members.

I learned that a Mr. Arnold Cranby, a lifelong resident on Batavia Street, initiated this petition drive. He comments to me were, "Enough is enough...do something!"

So, I went to the city prosecutor's office and obtained a copy of their mandated authority to convene such a secret civil grand jury and the enabling city legislation that would allow such charges against the mayor and the other "Super Six" members.

This is what I found in the Toledo Municipal Code and the code section that originated in 1959 through the Herculean efforts of Toledo's first minority vice mayor, the now deceased attorney and civil rights legend, J.B. Simmons Jr.

It appeared from the commentary explaining this code section that it was enacted to make sure that city funds were fairly apportioned to all sections of the city and if not, a secret civil grand jury could be convened and civil charges could be brought against the mayor and city council for failing to do their sworn duties.

Again, I had no idea such an arcane municipal code section even existed, but here it is under the Section entitled: CITY FUNDING AND MUNICIPAL DEVELOPMENT:

T.M.C. section 403.21(A)(1)(c): BE IT ENACTED THAT: The elected Mayor of the City of Toledo and City Council shall be empowered to allocate city general funds in such a manner that each section of the City of Toledo is empowered to develop economic plans that will cause such affected section to achieve reasonable equalize economic parity with other sections of the City of Toledo without regard to race or ethnic backgrounds of the affected citizens in that section of the City of Toledo. The mayor and city council are to be affirmative in continuously monitoring the expenditure of said city funds to insure that the goals of this endeavor are met and they shall do so with reasonable dispatch. SO RESOLVED AND AFFIRMED ON THIS 19TH day of March 1959.

The failure of the mayor or city council to affirmatively undertake such programming and planning shall cause the city prosecutor to convene a civil grand jury for purposes of taking testimony from the affected citizens and the said grand jury, if so advised, shall issue summons and subpoenas to advance the intent of this section.

The penalty for willful violation of this code shall be a misdemeanor of the first degree and a personal fine against the mayor and each negligent member of city council of one thousand dollars. No jail time shall be imposed for a violation of this section.

Continuing disregard the implementation of this section shall cause a daily fine of one hundred dollars against said persons until a plan has been implemented and voted in the affirmative by city council and the mayor.

CIVIL GRAND JURY INDICTMENTS:

Count One: The Mayor has willfully failed to execute the functions of her office by her continuing disregard for the implementation of T.M.C. 403.21(A)(1)(c) and as amended.

Count Two: City Council person, Tyrone Riley has willfully failed to execute the functions of his office by his continuing disregard for the implementation of T.M.C. 403.21(A)(1)(c) and as amended.

Count Three: City Council person, Theresa Gabriel has willfully failed to execute the functions of her office by her continuing disregard for the imple-

mentation of T.M.C. 403.21(A)(1)(c) and as amended.

Count Four: City Council person, Larry Sykes has willfully failed to execute the functions of his office by his continuing disregard for the implementation of T.M.C. 403.21(A)(1)(c) and as amended.

Count Five: City Council person, Cecelia Adams has willfully failed to execute the functions of her office by her continuing disregard for the implementation of T.M.C. 403.21(A)(1)(c) and as amended.

Count Six: City Council person, Yvonne Harper has willfully failed to execute the functions of her office by her continuing disregard for the implementation of T.M.C. 403.21(A)(1)(c) and as amended.

So Signed:

Mark C. Canterbury, jury foreman

I was personally embarrassed that, as a lawyer, I was in the dark as to even the existence of this code provision and then realized that under the commentary section of this code section, it was vigorously championed by the late J.B. Simmons Jr., to make sure that a mayor or a urban city council would not be reticent or timid in making a stance for citizens that could not speak for themselves.

This code section gave them "cover" so that they could be progressive and creative in spreading out city funds or being proactive without censure. What vision this man had!

Nationwide, when this news hits social media, I will expect a firestorm of interest to see what, if anything, the mayor and the council persons will do in order to either exonerate themselves or deflect attention away from their lack-luster record of being champions for, "the least of these."

Contact Lafe Tolliver at tolliver@juno.com



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House Dems Respond to GOP's Proposed Budget Cuts of Close to \$1 Billion Due to Slow Economy, Limited Growth

Special to The Truth

The lead Democrat on the House budget panel State Rep. Jack Cera (D-Bellaire) and Assistant Democratic Whip Emilia Sykes (D-Akron), also a budget committee member, issued the following statements in response to Ohio GOP leaders call for close to \$1 billion in state budget cuts due to stagnant economic growth and opportunity in The Buckeye State after six years of unchecked Republican tax shifting and deep budget cuts:

"After six years of Ohio GOP policies that continue to shift taxes to working people and local communities to fund giveaways for the wealthiest one-percent, Ohio is now faced with a serious budget crisis, one that will force us all to pay the price for the failed economic policies of the past. We were promised that deep cuts to communities, deep cuts to schools, privatizing job creation and shifting taxes to give millionaires breaks would grow our economy and create jobs, but today's announcement is proof Governor Kasich and other leaders have broken that promise."

-State Rep. Jack Cera (D-Bellaire)

"Now - after having it their way without compromise for six years has brought us to the 'verge of recession' - schools, communities, the opioid fight, healthcare for developmentally disabled people and children, and other essential services will be defunded because politicians in Columbus don't have the courage to do what's needed to recession-proof our state. Instead of shoring up self-made shortfalls with Rainy Day money that was essentially stolen from schools and communities, Ohio will likely continue on it's terrible economic tra-

jectory with fewer resources to fend off this deteriorating economy."

-State Rep. Emilia Sykes (D-Akron)



Black Lives Matter... continued from page 2

(BLM) is a product of the failure of the multicultural movement including the NAACP to continue the agitation.

The multicultural movement raised awareness of the problems of black people, but that did not lead to increased action to tackle the systemic and structural impediments that sustain and prevent blacks from greater progress in the society. It has not resulted in more social justice in the society.

The emphasis of pointing out the systemic and structural impediments to many black people seeking to reach their full potential should lead to solving the problems and making live better for blacks and people of color. The reality is that it did not change the situation on the ground; leading to the quest for new initiatives, which BLM is striving to fill. Will it succeed?

BLM strives to portray that certain lives are more valued in American society than others. The minimum is the freedom and liberty to be who blacks want and cherish to be.

The use of brutal force at the least provocation against people of color was born out of the perception that a particular group is a threat and their lives do not matter. This narrative might seem reasonable because society is gradually conditioned to see it that way. However, it is not the way it should be.

Before the rise of BLM, there was the multicultural movement, but with the success of the civil rights era, the momentum of the multicultural group started reducing.

There was confusion within the field as Christine Sleeter, college professor and education reformer, stated that most of the advocates of multiculturalism do not agree on the same sets of issues nor do they agree on the same practice for issues on which they happen to agree.

... continued on page 6



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Community Group Voices Support for Victims, Urges Actions

Sojourner's Truth Staff

The Community Solidarity Response Network held a rally at the Frederick Douglass Community Association on Saturday, April 15 to voice support for victims of sexual abuse.

"As a community we are outraged," said L.J. Hamilton, one of the organizers. "It is time to turn that outrage into action. It is time for the people to do what the churches refuse to do. It is time for the people to do what the government will never do."

Washington Muhammad urged the audience to volunteer at local community centers, at local schools and at blockwatch events in order to be more active in addressing the problem of violence and sexual abuse.

The event, dubbed the "Find Our Women, Save Our Girls" Rally drew several dozen supporters to listen to community activists address the issue of how to save black girls (and boys) from the type of sexual abuse that has galvanized the attention of the community in recent weeks.

In addition to Hamilton and Muhammad speakers included; Yvette Muhammad; Celia Williamson, PhD; Cece Norwood; Carter Thomas; Ruth Courtney and Cyrus Jones, II.



Yvette Muhammad



Celia Williamson, PhD

RESTORE... continued from page 16

"It's an absolute necessity that there be a male presence in the household," she said.

Brian McCarty and his children Peter and Maura; as well as Michael Jones and his son Michael Jones, Jr. participated in the press conference. Both families have been involved with RESTORE for seven years.

"The walk has been beneficial because of the exposure to other fathers who have the same challenges," said Jones.

The Fatherhood Walk draws people from all races, creeds, and socioeconomic backgrounds.

"You see all kinds of people showing up. In addition to fathers, you'll see grandparents, uncles, cousins, who all play a role in the life of a child. The Fatherhood Walk has become almost like a family reunion," said McCarty.

Those interested in participating in the walk can register on-line at RestoreFathers.org or the day of the walk. Registration begins at 9 a.m. Those interested in sponsorship opportunities or making a donation, can e-mail Robinson at restorefathers@aol.com or by calling 419-377-1488. Vendor tables are available for a small donation.

R.E.S.T.O.R.E., Inc., a non-profit, 501(c)3 organization, was founded in 2006 by Responsible Fatherhood Advocate, Mark Robinson MSW. Robinson, a social worker by profession, currently serves on the Ohio Practitioners Network for Fathers and Families (OPNFF) Board, which is a statewide collaboration that seeks to advance a fatherhood and family agenda at the state and local level.

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Congresswoman Marcy Kaptur and Toledo Library Present Open Book with Timothy Snyder

Special to The Truth

Congresswoman Marcy Kaptur and the Toledo Lucas County Public Library are partnering to welcome Yale Professor, and one of America's leading historians and public intellectuals, Timothy Snyder. His new book, *On Tyranny: Twenty Lessons from the Twentieth Century*, has received high praise as an essential guide to survival and resistance for our time. Mr. Snyder will be introduced by Congresswoman Marcy Kaptur, who worked with the Library on arranging this visit.

On Tyranny, offers today's reader a guide to identifying and understanding the frightening parallels that exist between our current reality and the reality faced by Europeans of the twentieth century. But Snyder goes further, using history to show us how to effectively resist and bring about change. *On Tyranny* offers invaluable ideas for how we can preserve our freedoms in the uncertain years to come through a series of twenty lessons.

Snyder first introduced these lessons in a Facebook post in November 2016 just days after the presidential election. The post has since received more than one million views, having been reposted, republished, and retweeted countless times. Snyder's lessons have resonated with a world-wide audience and *On Tyranny* will be published in fourteen countries in addition to its simultaneous U.S. and UK release.

Timothy Snyder is the Housum Professor and Levin Chair of History at Yale University. He is the author of *Bloodlands: Europe Between Hitler and Stalin* and *Black Earth: The Holocaust as History and Warning*. Snyder is a member of the Committee on Conscience of the United States Holocaust Memorial Museum and a permanent fellow of the Institute for Human Sciences in Vienna. His website is: TimothySnyder.org

For more information on this event, please contact Ben Malczewski, media relations coordinator, at 419.259.5193 / 419.343.4109

Black Lives Matter... continued from page 4

There are many reasons for this situation in the field including links to diversity, diversity of approach, to the subject matter and the effect of the 'single study group' like black studies, women studies, Gay and Lesbian Studies, etc.

There is also the question of advocates who address multiple issues at the same time; these many supporters do not always agree. The expectation that multicultural education will solve all problems led to the amalgamation of different fields, ideas, and concepts, leading to what Gloria Ladson-Billings and William Tate called a 'unity of difference,' in their book *Education Research in the Public Interest: Social Justice, Action, and Policy*.

The nonalignment of the various groups is a contributing factor to the present situation of the multicultural movement that made BLM possible. Christine Sleeter claims that multicultural education was initially part of the social movement but lost steam and was subsequently hijacked by conservative elements and as a result the focus changed from group empowerment to individual advancement.

The political system is not open to movements but, rather, controlled by the elite and wealthy who do not allow social movements to rock the boat. With the transition in the leadership of the multicultural education in the 1980s and the increased diversity in social class, more European Americans took ownership of the movement and directed it from its activist past to a more accommodating phase of cultural accommodation through celebrating diversity and folklore.

It becomes an aid to teaching diversity. It is this same group that is afraid and scared of BLM. I contend that the multicultural movement has lost its bearing by being a 'jack of trade' and master of none. The victims of this situation were people of color.

The BLM is striving to change this narrative by bringing to national discourse the plight of blacks and people of color. It is reshaping the society by actively confronting and shaking up the system.

Therefore, BLM is the continuation of the civil rights movement era of the 1950s and 1960's! They are only continuing where the struggled stopped. What should they do, will form the concluding part of this three-part essay!

Colins Imoh is a doctoral scholar at the Department of Educational Foundations & Leadership at the University of Toledo. He can be reached on imohcolins@gmail.com. His area of interest is multicultural movement, diversity and peace. He believes that if people work together in solidarity, there will be a more peaceful world.

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Groomed for Greatness Introduces Girls to Role Models

Special to The Truth

Groomed for Greatness is 5013C non-profit organization dedicated to introducing girls in the Toledo and surrounding area to positive female role models, providing them with the tools to be successful in life and inspiring them to do great things. Founded on February 1, 2017 by Toledo native Michelle McCaster, the organization serves girls ages four-18 and is focused on providing etiquette training, mentoring, self-esteem building, community service opportunities, financial literacy and leadership skills.

On Saturday, April 8, Groomed for Greatness hosted its first big event – appropriately titled, the Big Reveal Event – at the Garden Lake Hall. Twenty-eight members of the group attended along with about 175 family members and friends to hear keynote speaker Diana Patton and listen to music provided by DJ Keith Success.

Also in attendance were Council Members Larry Sykes, Cecelia Adams, PhD; Yvonne Harper, Council candidate Gary Johnson and Mayor Paula Hicks Hudson.

It is McCaster's vision to be the mentor she wishes she had when she was younger. Her objective is to provide the young ladies she mentors to embrace who they are, to be leaders in their community and become confident and self-sufficient.

To date, the organization has been involved in various activities such as:

- The Robert Easter Parade and 12th Annual African-American Festival Parade
- Attended Author-Author series with Kareem Abdul-Jabbar sponsored by the Lucas County Library (all attendees received autographed books and met the author)
- Volunteered at the Laurels of Toledo and spent time with residents
- Participated in etiquette, photography, sewing and financial literacy courses
- Held and participated in a coupons class with the Frugalicious Divas in which donated items were sent to Mom's House.

- Adopted five girls from Flint, Michigan and provided Christmas gifts and a party on Christmas Eve in which the young ladies fellowshiped;

- Attended the Dance Theatre of Harlem and met with performers;

- Attended the Imagination Station "Girl Power" and Bowling Green State University STEM programs;

- Attended a private showing of the movie Hidden Figures and held an essay contest about the movie;

- Made the opportunity to meet with important political figures including the Mayor Paula Hicks-Hudson, Congresswoman Marcy Kaptur, Municipal Clerk of Court Valle Bowman-English, and members of the Toledo City Council.

In the future, the club will participate in an array of activities and cultural experiences that will foster new friendships and a true sense of self such as visits to cultural centers and events such as the Charles H. Wright Museum, Univer-Soul Circus, plays and performances, participate in workshops that will focus on etiquette, self-esteem building and life skills and engage in fun activities such as sleepovers, bonding with college mentors and family oriented programs.



Michelle McCaster



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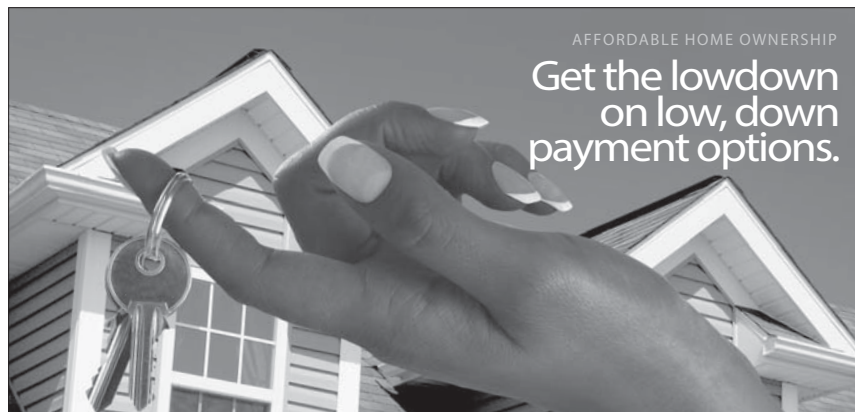
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Ashford Hosts Fundraiser at Our Brothers Place

State Representative Michael Ashford hosted his spring fundraiser on Monday April 10 at Our Brothers Place in downtown Toledo. As usual dozens of friends and constituents turned out for the event to show their support for Ashford who spoke of his concern for the recently passed House Bill 114 that will change Ohio's energy mandates for companies to goals. This is a move, Ashford has predicted, that will cost thousands of jobs in the state.



Michael and Ruth Ashford

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- Set up and operate audio and video equipment for concerts, sports events, meetings and conferences
- Monitor incoming and outgoing pictures and sound feeds to ensure quality
- Diagnose and resolve media system problems

Projected Change: +11%
Average Annual Earnings: \$37,770
Owens Degree: Music Business Technology, AAS

FILM AND VIDEO EDITOR

- Edit moving images on file, video, or other media
- May edit or synchronize soundtracks with images
- Review assembled films or edited videotapes on screens or monitors

Projected Change: +15%
Average Annual Earnings: \$42,495
Owens Degree: Broadcast Media Technology, AAS

Source: Career Coach and Bureau of Labor Statistics Buckeye Top 50

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Lourdes Premieres 2017 Summer Science Camps

The Lourdes University Center for Science Education and the Environment (CSEE) and the Department of Chemistry and Physical Sciences are pleased to announce this year's Summer Science Camps. The summer camps will meet each day at the CSEE located on campus grounds at 6832 Convent Blvd. in Sylvania. Lourdes University Education majors are designing and assisting with the delivery of the science camp curriculum.

Fantastic FOUR

Monday, June 19 – Friday, June 23

12:45 to 3:45 p.m. daily - \$110 per camper

Designed for students who will enter grades five through eight in Fall 2017

Young campers will explore the ways of science in fire, air, soil and water to build a better science future.

Fantastic FOUR Junior

Wednesday, June 21 and Thursday, June 22

12:45 to 3:45 p.m. daily - \$50 per camper

Designed for students who will enter grades three and four in Fall 2017

Budding scientists will learn firsthand how fire, air, soil and water are important to our planet

Space is limited – RSVP by May 15

All campers receive a T-shirt. Limited scholarships are available. For more information or to RSVP, contact Jenny Gagne-Archer at jgagne@lourdes.edu or 419-824-3909.

The Center for Science Education & the Environment

Shared by the Lourdes University Environmental Science Program and the Department of Education, the CSEE offers inquiry-based science activities to enhance content knowledge, science process skills and science pedagogy skills for Lourdes students, professional teachers, and P-12 students in the local community.

The Center provides an ecological atmosphere for a variety of programs that encourages the Naturalist Intelligence in students of all ages as well as professional teachers, enabling them to touch the Franciscan spirit through academic and societal learning experiences. P-12 programs include community events for families, special classes, summer camp and Science-on-Wheels, an opportunity to bring innovative environmental science curriculum to P-12 schools.

Programs for professional teachers include workshops, the development of a summer institute, and an environmental science resource center. Lourdes University environmental science students and pre-service teachers as well as community members are pivotal in developing and delivering these programs.

Summer Camp Inclusion Fair to Offer Children with Disabilities an Integrated Experience

The Integrated Summer Camp Inclusion Fair will be held on Wednesday March 29 from 5 to 8 p.m. at the Toledo Hospital Auditorium. This fair will allow parents to learn about what camps are available that offer a truly integrated experience so that they can be aware that children with disabilities should have the opportunity to attend a summer camp or after-school program that is not segregated.

The Summer Camp Inclusion Fair will bring together the organizations offering those integrated settings and parents will be able to gather information

about: camp opportunities, transportation options and funding sources. The participating organizations are Imagination Station, the Toledo Area Metroparks, Toledo Public Schools, YMCA and Grace Community Center.

The fair is presented by the Afterschool Alliance, Educational Service Center of Lake Erie West and the Lucas County Board of Developmental Disabilities.

For more information about the Summer Camp Inclusion Fair and to ask about transportation assistance contact Deetra Mitchell at (419) 38-5173.



Camp Metroparks



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Summer Camp at the Museum

Half-day and full-day camps for every skill and interest level, ages 5 to 18. Scholarships available. To register, visit toledomuseum.org/learn/classes.

Checklist: 5 Camping Essentials for a Safe and Enjoyable Adventure

Special to The Truth

More than 30 million Americans camp in tents yearly, according to the Outdoor Foundation. As with any outdoor adventure, having the necessary equipment is crucial.

Whether you're hiking through backcountry or headed to an established campsite, this checklist will help you prepare for your expedition.

1. Navigation

Approximately nine million campers backpack to outdoor destinations, making navigation a top safety necessity. Remember that camping often means leaving behind cell coverage, Internet access or a GPS signal, making such low-tech gear as a compass and map mandatory. Other potential tools include a topographic map combined with an altimeter to help gauge your journey's terrain and altitude.

2. Insulation

Knowing climate and weather conditions is vital. According to Backpacker.com, clothing is just as important as a tent or sleeping bag to stay insulated. Outerwear should repel rain and snow, but also breathe so you don't get wet from perspiration. Your base layer should be made of moisture-wicking fabric -- not cotton --- to prevent chafing. Consider that day and night temperatures can differ greatly, so layer clothing, and choose materials and thicknesses appropriate for your destination -- and don't forget a hat and extra socks.

Bring along T-Rex Clear Repair Tape to mend holes or tears in tents or clothing. It sticks to both wet and dry surfaces, ensuring an easy and instant fix to keep gear insulated in any weather condition.

3. Illumination

Campers should always bring enough illumination to be able to safely

see and move after sundown, especially in case you get delayed, lost or separated from the group. While flashlights are obvious choices, headlamps are popular, as they allow for hands-free operation, and are typically small and lightweight. Another feature to consider is a strobe lighting mode for emergency situations.

Extra batteries are essential as battery lighting was the most popular purchase among adult campers in 2014, according to the Outdoor Foundation. Available in single-use or rechargeable models, ideally the batteries should offer a balance of long duration, high performance and environmental friendliness.

4. Emergency/First Aid Kit

Accidents happen to even the most experienced and best prepared campers. Your kit can prove invaluable if you, or another member of your group, are in a first-aid situation, need gear repaired or are under other tense conditions.

SectionHiker.com proposes supplies such as a pre-assembled first-aid kit, a multi-tool, knife, scissors, screwdriver and safety pins. You can then add other items based on preference and experience. A useful addition is a high-quality tape, like T-Rex Tape, as it can be used to repair hiking poles, patch sleeping bags, make a rope, temporarily stabilize an injury or broken boot, and more. T-Rex Clear Repair Tape can even be used to fix cracked GPS or phone screens and flashlights.

5. Hydration and Nutrition

Food is an enjoyable part of camping, but deciding what to bring will depend on whether you're backpacking miles to your site or camping near your car, as well as how many days you'll be gone. If you're trekking far, be prepared with lightweight and nourishing options.

Water is essential but heavy, so check the area for potential natural sources. "Mountaineering" suggests carrying a collapsible water reservoir and purification tablets to ensure water safety. Freeze-dried meals are popular selections, however, no-cook meals with long shelf lives are better in arid regions. Other possibilities include energy bars, nuts, dried fruits or jerky. Never leave out animal-attracting leftovers, as that could attract unwanted intruders.

"Essentials" are called so for a reason. Don't be caught camping without proper supplies. With these necessities, it will be easy to prepare for and enjoy your next adventure in the great outdoors.

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Social Security Questions and Answers

Question:

What should I do if an employee gives me a Social Security number but cannot produce the card?

Answer:

Seeing the card is not as important as putting the correct information on the worker's Form W-2. You can verify employee Social Security numbers by using the Social Security Number Verification Service. Just go to www.socialsecurity.gov/bsv. This online service allows registered employers to verify employee Social Security numbers against Social Security records for wage reporting purposes.

Question:

I received a notice from Social Security recently. It said my name and Social Security number do not match Social Security's records. What should I do?

Answer:

It's critical that your name and Social Security number, as shown on your Social Security card, match your employer's payroll records and your W-2 form. If they don't, here is what you need to do:

Give your employer the correct information exactly as shown on your Social Security card or your corrected card; or

Contact your local Social Security office (www.socialsecurity.gov/locator) or call 1-800-772-1213 (TTY 1-800-325-0778) if your Social Security card does not show your correct name or Social Security number.

For more information, visit our website at www.socialsecurity.gov.

Question:

How do I report a lost Social Security card?

Answer:

You do not have to report a lost Social Security card. In fact, report-

ing a lost or stolen card to Social Security will not prevent misuse of your Social Security number. You should let us know if someone is using your number to work (call 1-800-772-1213; TTY 1-800-325-0778).

If you think someone is using your number, there are several other actions you should take:

- Contact the Federal Trade Commission online at www.ftc.gov/bcdp/edu/microsites/idtheft or call 1-877-ID-THEFT (1-877-438-4338);
- File an online complaint with the Internet Crime Complaint Center at www.ic3.gov;
- Contact the IRS Identity Protection Specialized Unit by calling 1-800-908-4490, Monday – Friday, 8 a.m. – 8 p.m.; and
- Monitor your credit report.

Question:

Will my son be eligible to receive benefits on his retired father's record while going to college?

Answer:

No. At one time, Social Security did pay benefits to eligible college students. But the law changed in 1981. We now pay benefits only to students taking courses at grade 12 or below. Normally, benefits stop when children reach age 18 unless they are disabled. However, if children are still full-time students at a secondary (or elementary) school at age 18, benefits generally can continue until they graduate or until two months after they reach age 19, whichever is first.

Question:

When a person who has worked and paid Social Security taxes dies, are benefits payable on that person's record?

Answer:

... continued on page 13

The Tatum Center, The Library Legacy Foundation,
and the Toledo Lucas County Public Library present



JAM SESSIONS

a celebration of jazz appreciation month

Join us as The Tatum Center hosts Professional Musicians of NW Ohio, Local 15-286, in celebration of one of America's most treasured and expressive art forms. Jam 2017 honors Women in Jazz and "The First Lady of Song," Ella Fitzgerald. This program is free and open to the public.

Saturday, April 22, 2017 / 1 - 5 p.m.
The Tatum Center at the Kent Branch Library
3101 Collingwood Blvd. / 419.259.5340



LIVE music featuring:

- Pete Ford Trio / 1 p.m.
- Jim Gottron Quartet / 2 p.m.
- Galen Bundy Combo / 3 p.m.
- Dan Welch Quartet / 4 p.m.
- Special Guest Vocalists

- Hands-on activities for children
- Jazzy Snack Bar



Improv Troupe to Appear at 20 North Gallery

Special to The Truth

The nation's most exciting improv troupe is on tour and coming to Toledo! Damaged Goods Improv is bringing their fantastic and energetic form of improv comedy to 20 North Gallery for one weekend only. Come out for award-winning improv comedy and a down right good time! Damaged Goods member, Stefan Gearhart, makes his hometown debut as he returns to Toledo with the team to perform.

Based out of Louisville, Kentucky, Damaged Goods has quickly become The River City's premiere and most sought after improv comedy troupe. Since their inception, they have taken their special and unique brand of high energy short form improv games and managed to become a recognizable name in Louisville's soaring and vibrant arts scene.

Voted by LEO Readers as one of the "Best Comedians" and "Best Performing Arts Groups" in Louisville in 2011, Damaged Goods has spent the last few years thrilling audiences from San Francisco to Chicago and even to Toronto!

Often called "The Nation's Most Exciting Improv Troupe," Damaged Goods' unique style of high energy improv games continues to leave audiences begging for more in Louisville and many other places in North America. They've performed for five years in a row at the Chicago Improv Festival in Chicago, IL and the Detroit Improv Festival in Detroit, MI.

They've performed as headliners at the Compass Improv Festival in St. Louis, MO, and have also been seen at the Big Little Comedy Festival in Cleveland, OH, The San Francisco Improv Festival in San Francisco, CA, The Big City Improv Festival in Toronto, ON Canada, the IFCincy Festival in Cincinnati, OH, The Pittsburgh Comedy Festival in Pittsburgh, PA, The Bongo Java Comedy Theater in Nashville, TN, The Laugh Out Loud Theater in Chicago to high praise, and other great theaters and comedy clubs across the country!

The Damaged Goods boys are also the hosts of the highly successful comedic Podcast, The Dam Good Podcast, found on iTunes and Stitcher.

Damaged Goods will be performing theatrical improv comedy much

like TV's "Whose Line Is It Anyway?" They take suggestions from the audience and play short form improvised scenes and games based on these suggestions. There will be drinks and cocktails available at the bar as well as light hors d'oeuvres. The show is rated PG-13 but can get a little more adult oriented depending on the audience. So parental guidance is suggested.

Damaged Goods will be performing April 21 and April 22. No two shows are alike as it is all improvised and created on the spot. So both shows will be very different but will both be very funny. Tickets are general admission and are \$20 a ticket. Tickets can be purchased at the door or ahead of time at <https://damaged-goods.ticketleap.com/damgoodtour-toledo/>.

For all things Damaged Goods visit www.damgoodnation.com



Damaged Goods Improv Comedy Troupe: Rocky Williams, Stephan Gearhart, Parker Bowles



Damaged Goods Improv Comedy Troupe: Rocky Williams, Stefan Gearhart, Parker Bowles

<h2>6TH ANNUAL BUSINESS & HEALTH EXPO</h2> <p>SAVE THE DATE – SPRING 2017</p> <p>WHEN: Saturday, April 29th 10:00am - 4:00pm</p> <p>WHERE: Indiana Ave MB Church The Stephenson - Roberts Fellowship Hall 640 Indiana Ave. Toledo, OH 43604</p> <div style="display: flex; justify-content: space-around;">   </div>	<p>FREE EVENT OPEN TO THE PUBLIC</p> <p>Come enjoy free health screenings, exclusive shopping, and networking opportunities.</p> <p>SPONSORSHIP & VENDING OPPORTUNITIES ARE AVAILABLE NOW!!</p> <p>Sponsors</p> <p>Toledo Family Pharmacy The Leona Group, L.L.C. The Dr. Sam Show Lance Self-Taylor Hyundai of Toledo The Truth Newspaper Mercy Health Paramount Dental Center of NW Ohio Orion Institute Toledo Convention & Visitors Bureau OMG Productions – Tracy Roberts Tyrell L. Betts Productions Adventurous Travels</p> <p>CONTACT Ms. Donnetta Carter Phone: (419) 367-9765 E-mail: donnetta_c@msn.com</p>
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The Schmuck in My Office: How to Deal Effectively with Difficult People at Work by Jody J. Foster, MD MBA with Michelle Joy, MD

By Terri Schlichenmeyer

The Truth Contributor

Your co-worker is an idiot.

All day long, he's blah-blah-blah, telling you how great he is, the coolest guy ever. If you've done something, he's done it better. Twice. You'd love it if the boss fired the jerk, but then you'd be short-handed and that's no good, either. So read *The Schmuck in My Office* by Jody J. Foster, MD MBA (with Michelle Joy, MD) and find out a better way of dealing with him.

When she was in business school, Foster, a psychiatrist, was often amused and pleased to be a go-to person when conflicts arose. Classmates constantly asked for help in dealing with others who rankled them, and she was usually successful in smoothing ruffled feathers and feelings. So what are her secrets?

First of all, she says, don't assume that people are being jerks on purpose. Most folks act one way or other when they think they're doing the right thing, or because they haven't been told any differently. Oftentimes, they don't know they're bugging someone with their behavior, so Foster advocates compassion when dealing with conflicts. Consider the other person's story and way of thinking. It helps to step into their shoes.

Then, and though Foster very strongly stresses that this book is not a psychiatry manual and that you shouldn't make armchair diagnoses, understand that there are several basic kinds of office schmucks you might encounter in your worklife.

Narcissists – up to 75 percent of which are men – thrive on compliments and hate being ignored. The “Venus Flytrap” loves chaotic and unstable relationships (think: *Fatal Attraction*). The Swindler only cares about the deal, and only if it benefits himself. “The Bean Counter” is obsessive and has difficulty letting things go, while Distracted people let go too easily. And then there are those with serious substance abuse problems, undiagnosed illnesses, true cultural differences, or just plain eccentricities.

Finally, says Foster, when you're angry and digging for any possible reason to lend a shred of compassion, don't forget to look inside.

“Go get the mirror,” she says. “Hurry.”

And then go back and read the chapter entitled “Important Disclaimers.” As you're reading *The Schmuck in My Office*, you can't keep them in mind enough.

That's because using real psychiatric diagnoses to battle an office

c. 2017
St. Martin's Press
\$25.99 / \$36.99 Canada
336 pages

pest can be fraught with danger, and author Jody J. Foster (with Michelle Joy) is careful to repeatedly warn readers of this. Yes, the possibilities are undeniably interesting and can explain so much, and it's the rare person who hasn't smugly rattled off a layman's diagnosis for an office bother, but remembering that “There is an important distinction between personality traits... and personality disorders” is the key to using this book. It helps that the authors also offer end-of-chapter hints for both workers and bosses, too.

Though it's not a handbook, this is fascinating. It may even teach you some compassion, so it's recommended for anyone who works with others, shares an office, or is a supervisor. *The Schmuck in My Office* may get you fired... up.

Social Security... continued from page 11

Social Security survivors benefits can be paid to:

- A widow or widower — unreduced benefits at full retirement age, or reduced benefits as early as age 60;

- A disabled widow or widower — as early as age 50;

A widow or widower at any age if he or she takes care of the deceased's child who is under age 16 or disabled, and receiving Social Security benefits;

Unmarried children under 18, or up to age 19 if they are attending high school full time. Under certain circumstances, benefits can be paid to stepchildren, grandchildren or adopted children;

Children at any age who were disabled before age 22 and remain disabled; and

Dependent parents age 62 or older.

Even if you are divorced, you still may qualify for survivors benefits. For more information, go to www.socialsecurity.gov.

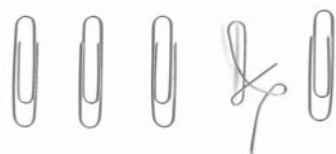
Question:

Is it true I must now receive my benefits through direct deposit?

Answer:

Anyone applying for benefits on or after May 1, 2011, will be required to receive their payments electronically. Paper checks will no longer be an option for most people. If you don't have a bank account, you can get your benefits through the Direct Express debit MasterCard. Switching from checks to electronic payments is fast, easy, and free at www.godirect.org. You also can call the U.S. Treasury Processing Center's toll-free helpline at 1-800-333-1795 or speak with a bank or credit union representative or contact Social Security for help.

The Schmuck in My Office

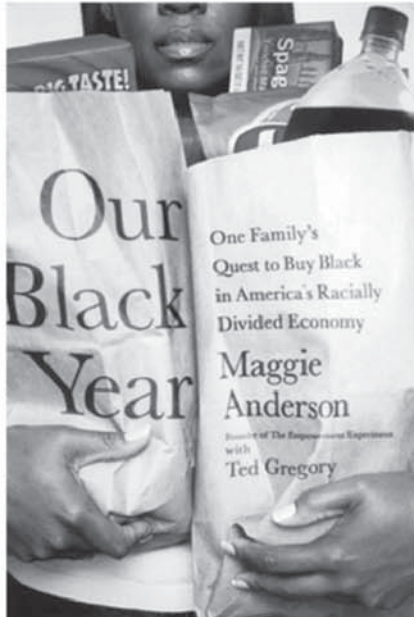


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JODY J. FOSTER, MD MBA
WITH MICHELLE JOY, MD

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Have you been feeling the nudge to develop your life more spiritually but aren't quite sure how to begin? If so, this theme-enriched and spirit-filled experience is designed just for you. Visit us on Facebook - I have a special video message for the serious pursuer!

Youth & Young Adult 4th Sunday

When: Every 4th Sunday
Time: 11:00 am
Where: Crusaders for Christ Church
910 Woodville Rd.
Toledo, Ohio

Crusaders for Christ Church • www.crusadersforchristchurch.org



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CLASSIFIEDS

April 19, 2017

Page 15

Notice to Bidders: Inquiry # FY17-69, (Project # 0033-17-180) for Parks Tower Renovation for the University of Toledo. Sealed bids for this project must be clearly marked with the project number on all inner and outer envelopes and/or shipping containers. Bids must be addressed and delivered to the University of Toledo, Facilities and Construction, Plant Operations, Room 1100, 2925 E. Rocket Drive, MS 216, Toledo, Ohio 43606 before 2:00 p.m., Tuesday, May 9, 2017. Bids will be publicly opened that same day at 2:05 p.m. in the Plant Operations Building, Room 1000. Copies of Plans, Specifications, and Bid Forms may be obtained from Becker Impressions, 4646 Angola Road, Toledo, Ohio 43615. Call 419-385-5303 for an appointment to pick up bid package. A cost of \$250.00 will be charged per set. Any further information may be obtained from Sean Bright of Champlin Architecture at 419-464-7697. One Pre-Bid Conference will be held on Tuesday, May 2, 2017 at 10:00 a.m. in the Plant Operations Building, Room 1000, at the University of Toledo, 2925 E. Rocket Drive, Toledo, OH 43606. Total Bid Guaranty and Contract Bond are required per section 153.54 of the Ohio Revised Code. EDGE Participation Goal: 15%. Project Estimate: \$8,300,000.00; Breakdown: General Const: \$5,265,000.00; Plumbing: \$1,350,000.00; Fire Protection: \$110,000.00; HVAC: \$490,000.00; & Electrical: \$1,085,000.00.

ABUNDANT LIFE OF PERRYSBURG ACCEPTING APPLICATIONS

Abundant Life of Perrysburg is accepting applications for its subsidized apartment facilities. Abundant Life #1 offers independent living for senior citizens 62 years of age or older and individuals 55 or older with a physical impairment. Abundant Life #2 is a supportive living complex for people 62 and older. To apply individuals must meet the age requirement and an annual income requirement of no more than \$21,350.00 for one person or \$24,400.00 for two people.

We are located in the Three Meadows subdivision near the Manor of Perrysburg. Our garden apartments offer one bedroom, private patios, with individually controlled thermostats for heat and air conditioning.

Abundant Life #1 offers bathtubs, while Abundant Life #2 offers walk-in showers and pull cords for emergencies.

We have a bus that transports all residents to area grocery stores and monthly outings. We offer exercise, worship services and a variety of opportunities for our active and not so active seniors. Please call (419)874-4371 to find out more about our fabulous facilities and our availability for apartments. You may also visit us on the web at abundantlifeperrysburg.org.



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EFNEP PROGRAM SPECIALIST -THE OHIO STATE UNIVERSITY

This position will implement and manage the components of the Expanded Food and Nutrition Education Program (EFNEP) in Lucas County; provide functional and administrative supervision over paraprofessional and support EFNEP staff; work with the EFNEP Program Director and County Extension Director to supervise core responsibilities of EFNEP Program Assistants. The position is located in Toledo, Ohio.

MS/MA degree in Nutrition, Family and Consumer Sciences, Public Health, or Education is required, or an equivalent combination of education and experience; experience in program planning and administration. Salary: \$47,476 - \$52,800 Annually.

For complete position description and online application instructions, please go to www.jobstosolu.com and search by Job Opening Number 427296. To assure consideration you must apply by May 2, 2017. The Ohio State University is an equal opportunity employer. All qualified applicants will receive consideration for employment without regard to race, color, religion, sex, sexual orientation or identity, national origin, disability status, or protected veteran status.



REAL ESTATE & FINANCE CLERK

The Lucas County Land Bank is an exciting, and mission-driven organization dedicated to helping our community solve the problems of vacant and abandoned properties. With a highly-motivated and fun-loving staff, we do important work to help strengthen neighborhoods and preserve property values.

The Land Bank is seeking a Real Estate & Finance Clerk to provide service-oriented reception for the Land Bank's visitors, constituents, and purchasers as well as assistance to the Land Bank's finance team with functions related to accounts payable and other general financial duties. An ideal candidate for this position is an experienced clerical professional with the desire to provide high-quality support to the Land Bank team.

For the full job description and to apply, please visit www.LucasCountyLandBank.org. Deadline to apply is **Monday, May 1, 2017**. The position will remain open until filled.

AA/EEO

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PERSON-CENTER CARE PROJECT OMBUDSMAN

Abundant Life of Perrysburg is accepting Advocates for Basic Legal Equality, Inc. (ABLE), a non-profit regional law firm that provides high-quality legal assistance to low-income persons and groups in western Ohio, seeks a bright, creative, hardworking Ombudsman to fulfill the duties of the Person-Center Care Project.

The Ombudsman will advocate for and offer assistance and support to participating nursing facilities to enhance staff retention and engagement for improved resident quality care. The Ombudsman will be responsible for the development and growth of person-centered care practice in ten regional nursing homes through the use of relational tools, enhanced communication, and other foundational practices, such as: recruit ten Medicaid/Medicare certified nursing facilities to participate by June 1, 2017; assist facilities to perform initial self-assessment tool; attend quality assurance program improvement (QAPI) team meetings; assist facilities to create resident interviews and other duties that are detailed in the position job description.

The Person-Centered Care Project Ombudsman must be an Ombudsman Specialist or qualified candidate for specialist certification. The Project Ombudsman must work as a full-time equivalent employee for the regional program. Salary depends on relevant legal experience. Excellent fringe benefits.

To Apply: Send resume and cover letter electronically by **Friday, April 21, 2017**, in Microsoft Word format, to: Email: jobs@ablelaw.org
Subject: Person-Centered Care Project Ombudsman

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RESTORE's Seventh Annual Fatherhood Walk Scheduled for June 10

Mark Robinson, founder and executive director, RESTORE, Inc., announced last week that the Seventh Annual Fatherhood Walk, an event aimed at creating awareness of the roles fathers play in the lives of their children, will be held on Saturday, June 10, 2017, from 9 a.m. - 4 p.m., at Central Catholic High School, 2550 Cherry St., near Downtown Toledo.

Robinson made the announcement at a press conference in front of Central Catholic High School, along with two families who have participated in the six previous Fatherhood Walks.

RESTORE, a non-profit, 501(c) 3 organization founded in 2006, hosts the annual community event which last year drew over 200 participants. Over 2,000 people have participated in the event over the last six years.

The two-mile walk through the surrounding neighborhoods will start and end at Central Catholic High School's parking lot. In addition to the walk, there will be family fun activities taking place immediately following on the school's lawn.

Sponsors and supporters for the 2017 Fatherhood Walk include The City of Toledo, McDonalds, Seaway Marketplace, Lucas County Family and Children First Council, House of Day Funeral Home, Systems Dynamics Communications, Buckeye Health Plan, Molina HealthCare, Walmart, Target, and TPS Head Start. Media sponsors are Buckeye Broadband, Lamar Advertising, WIMX 95.7 FM, and WTOL.

"We want to draw attention to the significant roles fathers play in the lives of their children," said Robinson. "Research confirms that children do better in every measure of development when there is a responsible father in their lives. The Fatherhood Walk is free to the community to show support of fathers, father figures, & mentors, and to strengthen families and the community."

Former Toledo City Councilwoman Theresa M. Gabriel who is part of an honorary committee for the Fatherhood Walk echoed Robinson's comment.



Mike Jones - Mike Jones Jr - Peter McCarty



Peter McCarty at podium, with sister Maura and Mark Robinson

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2017 Opening Day is Thursday, April 13



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Return trips leave 20 minutes after the end of the game on the first base side of Fifth Third Field; when post-game fireworks are featured, return bus trips leave 20 minutes after the fireworks.

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