

Volume 39, No. 6

"And Ye Shall Know The Truth..."

June 15, 2016



Toledo Bar Association President Vallie Bowman-English and son, Ian English

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Association **President**

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"Vallie adopted the lesson of Shakespeare's Julius Caesar: 'The stars do not determine our destiny, we must do so for ourselves." - Hon. Vernelis Armstrong introducing the first African American to lead the Toledo Bar Association

The Viability of Black Family Life: **Communication**

By Rev. Donald L. Perryman, D.Min.

The Truth Contributor

... Sometimes it appears that we should worry more about how we split among ourselves and less about how whites keep us divided.

– Alvin Poussaint



Can fractured relationships be repaired? Can mistrust, resentment and other harmful consequences of a disconnected people be healed?

I spoke with noted intimacy expert, Ebony Utley, concerning fractured or dysfunctional relationships, a topic many perceive to be emblematic of contemporary life in the black community.

This is part two of our discussion.

Perryman: Your conception of marriages or relationships gone wrong, as you mentioned earlier, is different from most.

Utley: Yes, my term for it is "intimus interruptus." So, per the Latin, it's grammatically incorrect, but it's conceptually accurate, and it's the idea that your intimacy with another person is interrupted. And what happens after the interruption is up to you and the partner and your partner or your person.

Perryman: What are the benefits of conceptualizing the issue in this man-

Utley: It takes away a sense of failure when it comes to relationships, marriages in particular. "Oh, our marriage didn't work out, I failed." That's not necessarily true. It just means that you had an interruption and until you decided that you couldn't go back on the road that you started. It also emphasizes this idea of decision making, which is also something in communication that happens, has to occur, in tandem with your partner. Are we going to do this thing or are we not going to do this thing? Are we going to talk about or are we not going to talk about it, and if we don't talk about it does that mean we go on our separate ways now? Are we filing paperwork and doing the divorce thing? But it requires decision making, and the two of you can just decide to make a different decision. That takes failure off the table, it just means you've decided to do something else and you decided that together.

Perryman: What, in your opinion, constitutes a healthy relationship?

Utley: A healthy relationship is one where partners can have conversations with each other about the things that are important to them. You don't always have to agree, but you always want to be able to have a conversation, like "hey, this is important to me, I want to talk to you about this thing." Whatever that is, whether it's how you're raising your children or what you want your future career to be or your spiritual perspective. But anytime you have to hide parts of yourself from your partner because you know that they would act out or they would punish you or they would never 100 percent understand or try, then I think that's a problem.

Perryman: Are there barriers to healthy communication with romantic

The Sojourner's Truth

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The Sojourner's Truth, 1811 Adams Street, Toledo, OH 43604 Phone 419-243-0007 * Fax 419-255-7700 thetruth@thetruthtoledo.com

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Utley: Yes, because it takes practice and not everybody has the same amount of practice, and that means there could be a lot of misses. I'm saying this as if it's easy, but it's not. Having a conversation with your partner about your greatest fear is a very difficult and scary thing to do, but I think that the end road that starts to make that more manageable is to have conversations about communication with your partner, like the meta-communication thing.

You need to know, if it's a difficult conversation, is your partner going to resent you because you started it on a car ride that's going to take seven hours? If it's a difficult conversation, maybe you shouldn't call your partner at work because you don't know what's going on in their workday. At the end of the day maybe you should say to your partner, like "hey, how was your day? Do you feel like talking?" Because sometimes you get home from work and you just don't, so that's not a good time to have the "what about us" conversation. For some couples maybe you need to schedule the thing. You know what, every three months we go someplace for the weekend and grandma has the kids and we decide that we're going to have conversations about all the things that have been building up in those past three months and maybe the type of couple that have the weekly check-in, but talking about communication and knowing the best time to say those things is key.

You want to say to your partner, "Hey, I need to talk to you about something." They be like, "You know what, today is not a really good day." You be like, "Okay, well when would be a good day?" And then actually get your partner to schedule something, "Well okay, is it Wednesday, is it Monday, how many times do you want me to remind you?"

That's another thing between partners. Nobody likes to be a nag, and men are quick to be like "Women nag." Well, men nag too, they just nag a little

... continued on page 3

Community Calendar

April 11 - June 20

Mott Mane Mondays: A 5-week series providing participants with resources to aid in the care, styling and maintenance of African-American hair; Light refreshments provided at no charge; Mott Branch Library; Register at ToledoLibrary.org; Topics include 04.11 - Films and Forums, 04.25 - DIY Den, 05.23 - Natural Hair Salon, 06.06 - Expressions of Naturalism (poetry), 06.20 - SWAP & Shop: 419-259-5230 or 419-984-0395

June 17-18

St. Philip Lutheran Church The Hope Experience: 6 to 8 pm nightly; Friday night guest preacher Rev. Chris Bodley; Saturday night gospel jazz band; Fellowship, music, food: 419-475-2835

United Church of God Women's Retreat: 10 am to 2 pm; "Revitalized by God's Spirit;" Guest speaker Mary J. Wood; Lunch included: 567-316-7360 or calvinucc@yahoo.com

Greater St. Mary's MBC 91st Church Anniversary: 7 pm nightly - Monday through Friday; 4 pm Sunday guest preacher I.J. Johnson of St. Mark MBC

20th Annual NFL Pro Football Camp: Friday morning grades 2-6 only; Friday afternoon grades 1-12 only; Saturday all day grades 7-12 only; Registration at 8 am and 1 pm;

"A Celebration of Fatherhood: 8:30 am to 4:30 pm; UT's Nitschke Hall; A community services resource fair

I Pledge Allegiance....

By Lafe Tolliver

Guest Column

The GOP circus is now reeling from Donald Trump's recent blatantly racist statements regarding the Indiana born federal judge who is handling one of the civil class action lawsuits against the now defunct Trump University.

You know, the non-accredited university that puffed up its programs and promises to the naive and gullible that they too could be Trump-like in their real estate undertakings if they were to fork over tens of thousands of dollars for his "advice" about making big bucks in real estate.

Now with words like, "scam" and "fraud" being bandied around about Trump University and its shrill salesman, Donald Trump, the New York Attorney General (another class action case in NY about the same allegations including possible racketeering charges against the presumptive Republican presidential nominee) has also been proceeding against this so-called university and its snake oil sales pitches.

The judge in the California case, has been vilified by Trump and has been called a "hater" by Trump in a calculated move to have the judge personally remove himself from the case and which, if it were to happen, would have Trump bellowing like a walrus that he can even take down judges because he is such a tough counter puncher!

What makes this case so egregious is that, despite Trump blasting a well-respected federal judge due to his Mexican heritage, Trump believes that such a background disqualifies this judge to preside over his case because Trump is "building a wall."

Trump is doing his usual bullying of anyone whom he remotely perceives can hurt or harm him and Trump is hoping for a knockout against Judge Curiel and, if so, the trial would be delayed.

What is painful to watch is these so-called leaders of the GOP buring their collective heads in the sand and refusing to renounce or denounce or withdraw their support from Trump because

they want to keep political favor with whomever is their nominee.

Courage and integrity and principles have left the GOP house with these cringing cowards who would rather turn a blind eye to the bombastic Trump as he blatantly engages in racial acrimony because the judge is of Mexican heritage.

The GOP leadership (if that what they still are) are in bed with a serial verbal abuser and they love it to be so! Very, very few of the GOP leadership have stood up to this racist behavior by Trump and called him out on the carpet. No, they would rather bleat as sheared, shivering sheep and avoid taking a moral stand against Trump's divisive rhetoric.

The Republican National Committee headed up by the pie back of all pie backs, Chairman Reince Priebus, should withdraw their support from Trump and do the right thing but they are unable to do so because early on they sold their besotted souls to the Trump in return for a mess of spoiled political pottage.

Now, they have shaken hands with the devil and the stain remains and will so remain for years to come

It is almost like watching political porn. You see and hear things that are an abomination to the principles of American democracy, fair play and justice but yet the GOP actors keep on displaying themselves with both no shame and verbal gibberish, that you want to take a hot shower after you listen to their tongue tying reasons why they continue to support their party's nominee.

So, I only thought it proper and correct that, since they are wedded to this political

demagogue who is trying to outdo the late Alabama Governor George Wallace in spewing racial vitriol, these conscience-seared politicos take a pledge to Donald Trump and since they have already endorsed him, why not?

Here is their hastily drawn up pledge to Donald Trump that is being pushed by the GOP national office to show party unity:

"I pledge allegiance to Donald Trump and all that he stands for including race baiting and racial hatred and the division of America into ethnic camps. In spite of common sense and moral certitude, I will continue to support Trump in spite of the political cost to me because I am weak and need to be part of something greater than myself.

I pledge to grin and smile in his face and even though he has wrongfully harmed others with his rhetoric, I am willing to look past that because winning at any cost is what is most important to me. I will put aside any moral scruples about Donald Trump and will close my ears to anything that is said against him because winning is everything to me and my political party."

So signed by proxy:
Congressman Paul Ryan
Senator Mitch McConnell
Senator Marco Rubio
Governor Chris Christie
Dr. Ben Carson
and a host of other GOP cowardly leaders

I have even heard that to forge party unity and to bond with the delegates at the upcoming Republican convention in July in Cleveland, that the RNC has printed out by the thousands the following song to be sung, with gusto, before each day's proceedings. It is sung to the tune of the hymn, Amazing Grace:

Amazing Trump how great his sound that draws a delegate like me, I once was brave but now a fool, a sap for any crass stupidity.

I once was lost but now am found because I gave my self to Trump Twill be Trump that will bring me through and he I will never dump.

Praise Trump...Praise Trump...Praise Trump...

Contact Lafe Tolliver at Tolliver@Juno.com

Perryman... continued from page 2

different in a different registered tone, but they also nag about things that they want. So you need to have communication about how often is too often. Some partners may say "You know, I'm forgetful, just whenever you think about it bring it up until I take care of it." Other partners are like "Tell me once, I said I'll get to it."

You need to know these things about your partner and the only way to know is to have communication about it. Some people don't like to talk at a certain time of day just because they don't like to, it's a meditation time or it's their work time or whatever. You have to respect that so that you can have the best conversation possible.

Some partners don't ever fight in front of the kids. Some partners will fight in front of the kids, but they also agree to make up in front of the kids so they can see that conflict comes with resolution, but you've got to talk about those things. So one person may think you just never like to fight, the other is just not fighting in front of the kids. If you didn't know that, you could easily spend 18 years having poor communication in your marriage

Perryman: So, communication is the key?

Utley: Yes. It's cliché, but it really is. However, this is my add-on, it's communication about

communication that puts that key in a lock, and I think that's the part that's missing.

(Next week: Dr. Utley on Infidelity)

Ebony A. Utley, Ph.D. is an intimacy expert and associate professor of communication studies at California State University Long Beach. Her research explores intimacy interrupted by infidelity and beliefs about marriage. Dr. Utley's expertise has been featured on The Oprah Winfrey Network and other radio, print, and online outlets.

Contact Rev. Donald Perryman, D.Min, at drdlperryman@centerofhopebaptist.org





Vallie Bowman-English Sworn in as 116th President of the Toledo Bar Association - First **African American**

By Fletcher Word Sojourner's Truth Editor

Toledo Clerk of Court Vallie Bowman-English was sworn in on Tuesday, June 14 as the 116th president of the Toledo Bar Association during that group's annual meeting at the Park Inn. Bowman-English, who has served for the past 12 years as the Municipal Clerk of Court, is the seventh woman to be elected president and the first African American elected in the Association's 138 year history.

Bowman-English was sworn into her new office by Judge Ian English, her husband.

"You are absolutely a wonderful person - dedicated, insightful and ready to lead," said outgoing President Michelle Kranz to her successor at the installation luncheon.

U.S. District Court Magistrate Judge Vernelis Armstrong served as mistress of ceremonies for the event.

"Vallie adopted the lesson of Shakespeare's Julius Caesar," said Armstrong as she started her introduction of the Bar Association's next president. "The stars do not determine our destiny, we must do so for ourselves."

Armstrong noted that Bowman-English has proven herself to be an "excellent administrator with remarkable leadership skills" during her 12 plus years as the Municipal Clerk of Courts taking the Court into the 21st century as she has led the effort to provide attorneys and clients with online services.

Bowman-English is a Toledo native and a graduate of Scott High School. She earned a bachelor's degree in political science from the University of Toledo in 1992 and her law degree from Ohio Northern College of Law in 1995. For seven years she was an assistant Lucas County prosecutor under the leadership of Julia Bates. In that position, Bowman-English was responsible for the convictions of numerous offenders charged with felonies.

As clerk, Bowman-English has implemented real time data in eight high-volume courtrooms which allows clerks to record entries as a judge or magistrate is ruling on cases and also provides other departments and the public immediate access to case information.

She has further increased access to the Court's records by placing case information online on the Clerk of Court's website. She has worked to aggressively collect past due money owed to the office through a collection program started in 2005 and has accumulated more than \$10 in past dues during that time.

Bowman-English is a member of the Ohio Association of Municipal/ County Clerks and vice-chairman of the Criminal Justice Coordinating Council. She is a member of a variety of service groups.

'People will never forget how you make them feel," she said as she began her remarks. She noted that she wanted to stress to the more than 1,400 members of the Toledo Bar Association that they should feel welcome at the office and feel free to "make yourselves at home."

"When you do that you take more care about the well-being of the association," said the new president.

"It only takes one person to make a difference, why not you," she told her members. "Join me as I strive to continually promote Toledo."



Vallie Bowman-English, Hon. Vernelis Armstrong, Hon. lan English



Judge lan English swears in new Toledo Bar Association President Vallie Bowman-English



Fellow attorneys Louise Jackson and Michelle Kranz applaud the incoming Bar Association president



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The YMCA Fatherhood Initiative in Partnership with the City of Toledo and Lucas County Jobs and Family Services to Celebrate Fathers

Special to The Truth

The YMCA Fatherhood Initiative in partnership with the City of Toledo and Lucas County Jobs and Family Services are working together to support, educate and recognize the impact of fathers on the family. "A Celebration of Fatherhood" event will be held to promote the connection of fathers with community resources and to encourage positive parenting in the father-child interaction. Males of all ages who are involved in the lives of children are invited to attend this gathering; please do not bring children. The event is saturday, June 25, 2016, from 8:30 AM until 4:30 PM. It will take place at The University of Toledo, in Nitschke Hall at 1610 N. Westwood Ave., Toledo, OH 43607.

The Celebration will feature a community services resource fair specifically for fathers, an essay and coloring contest by Toledo Public School students, a Father's Forum and complimentary lunch and snacks. Guest speakers will be Mr. Darryl Grayson, COO/Director of Urban Light Ministries in Springfield, Ohio to discuss the many issues facing fathers today and George Winn, COO/director of Children's Center in Detroit, Michigan, to address the importance of responsible fatherhood. Nikia Witcher, a YMCA Father-

hood Initiative Father, will express the benefits and impact of the YMCA program in his life.

The Celebration program is free and open to fathers of all ages in the community. Please reserve your spot to attend this event at 419-214-0085. The month of June is Responsible Fatherhood Month in Ohio. This program event is made possible, in part, by a grant from the Ohio Commission on Fatherhood. The primary goal of this gathering is to empower men to improve their own life and the lives of the children they are involved in. Whether you are known as Father, Grandfather, Uncle, Poppy, Daddy, Pops or other male role model, you are invited to attend A Celebration of Fatherhood.

The YMCA of Greater Toledo is recognized as the nation's leading non-profit committed to strengthening communities through youth development, healthy living and social responsibility. The YMCA of Greater Toledo Fatherhood Initiative offers a free, male only, multi-dimensional program to support, educate and improve fatherhood skills. This program's objective is met through teaching proven and innovative strategies to encourage and strengthen fathers and families.

Sixth Annual Fatherhood Walk

Special to The Truth

RESTORE Inc., is hosting Toledo's sixth annual "Fatherhood Walk" on Saturday, June 18, 2016 (9:00 am -4: 00 pm) at Central Catholic High School. The walk is part of RESTORE Inc. campaign to raise the awareness of the importance of the roles fathers play in the lives of their children. Register on line at www.restorefathers.org or the day of the walk. Registration starts at 9 am.

The two-mile walk through the surrounding neighborhoods will start and end at Central Catholic High School. Family fun activities will take place immediately following the walk on the lawn of Central Catholic. Don Fothergill will be the guest speaker, addressing the crowd on the important roles fathers play in the lives of their children. The event is expected to draw hundreds of responsible fatherhood supporters. Sponsors and supporters include McDonalds, Seaway Marketplace, House of Day Funeral Home, Systems Dynamics Communications, Molina Healthcare, Walmart, Buckeye CableSystem, Buckeye Health Plan, Seaway Market Place, and others.

"We want to draw attention to the significant roles fathers play in the lives of their children. Research confirms that children do better in every measure of development when there is a responsibly involved father in their lives", said Mark Robinson, founder. The "Fatherhood Walk" is free to the community to show support of fathers, father figures, & mentors.

R.E.S.T.O.R.E., Inc. is uniting with Truckers Canning Hunger at the Fatherhood Walk to raise donations of food for Feed Your Neighbor Food Pantries to stock the shelves of the food pantries in the greater Toledo area.

Food donations 10:00 am - 4:00 pm

R.E.S.T.O.R.E., Inc. was founded in 2006 by Responsible Fatherhood Advocate, Robinson, who is a social worker by profession. He is currently on the Ohio Practitioners Network for Fathers and Families (OPNFF) Board, which is a statewide collaboration that seeks to advance a fatherhood and family agenda at the state and local level. Vendor tables are available for a small fee.

For more information about R.E.S.T.O.R.E. and/or the Fatherhood Walk,



Fatherhood Walk 2015

please Contact: R.E.S.T.O.R.E., Inc. restorefathers@aol.com www.restorefathers.org





Free Seminar on Financial Forecasting Opens to the Toledo Business Community

Clark Schaefer Hackett, a Top 100 accounting and business consulting firm, will be hosting a free seminar on Forecasted Financials: A Strategic Roadmap for Your Business at the Hilton Garden Inn Toledo/Perrysburg on June 21, 2016 from 8-10:30 am.

Clark Schaefer Hackett's Jay Murnen, CPA and PNC Bank's Douglas J. Andrews, SVP will co-present on ways that your business can benefit from financial forecasting. Their informative talk will cover:

- · What's involved in creating a financial forecast and why it's important
- · How a financial forecast should be done
- When a bank needs the results of your financial forecast, what items trigger a red flag, and details a bank looks for if you're interested in acquiring or financing capital

Attendees will also have the opportunity to ask questions, and speak with both Jay and Douglas after the event.

This seminar is open to business owners and professionals who play a role in their organization's financial planning. Complimentary continental breakfast and refreshments will be served.

To register, go to: http://bit.ly/1TQfjKs. For more information, contact Lee Ann Dubois at ldubois@cshco.com.

Clark Schaefer Hackett is one of the Top 100 CPA and advisory firms in the U.S. They offer technical expertise in audit, tax and business consulting services. They attempt to forge relationships with clients by building trust, offering guidance, delivering desired outcomes, and providing vision to help organizations achieve their goals. For more information, visit www.cshco.com

How to Make Your Dream Home a Reality

Spring is peak home-buying season, but for some, a low credit score trait for mortgage lenders. may make it difficult for their dream home to become a reality.

Nearly a third of millennials (ages 18 to 34) hope to purchase a home within the next year, but more than 40 percent may not have the credit to do so, according to a survey from TransUnion, a leading credit bu-

In contrast, the survey found older people's intent to purchase a home better aligns with their financial standing. For example, 17 percent of those ages 35 to 54 said they plan to buy a home within the next year -- the same percent that has a super prime credit score -- an attractive

As you start house hunting this spring, what markets are heating up?

The Northeast is a hot market, according to TransUnion findings, with 25 percent of respondents indicating intent to purchase a home in the region. The West was a close second, with 24 percent, followed by the South with 21 percent and 15 percent of people in the Midwest.

If you're planning to purchase a home this year, TransUnion offers several important tips to consider to help make your dream home a

- Check your credit report: Applying for a mortgage? Mortgage lenders will look at your credit score and report when you apply for a mortgage, so make sure your information is up to date. It's best to check your report three months before you start looking at new homes to make sure your score is in a healthy range.
- Start planning early: Your credit score is built over a lifetime of spending. Keep an eye on your score and track how your spending habits affect it.
- Build credit: Consumers with low or no credit should take steps to build a healthy credit score. How? Paying bills on time, making sure





100 Ohio Businesses Join Network Focusing on Value of Hiring People with Disabilities

A Record Number of Ohio Businesses Commit to Strengthen Employment Opportunities

Special to The Truth

One hundred businesses are now members of the Ohio Business Leadership Network a peer-to-peer business organization that provides employers with information and resources about how best to recruit, select, train and retain a workforce that includes individuals with disabilities.

"Hiring individuals who have disabilities brings a wealth of benefits to a company," said Kevin Miller, director for Opportunities for Ohioans with Disabilities, the state agency responsible for providing services to Ohioans with disabilities to achieve quality employment and independence. "Myths, fears and misunderstanding too often are the barriers to hiring people with disabilities. The Ohio Business Leadership Network and its members take down these barriers by being progressive in their approaches to looking at the abilities of people and to this relatively untapped workforce resource/labor market."

There are more than 1.5 million individuals with a disability in Ohio. More than 800,000 of these Ohioans are of working-age (between 16 and 64). The most recently published Vocational Rehabilitation Comprehensive Statewide Needs Assessment estimated that more than 100,000 of working age Ohioans with disabilities are seeking employment.

"We are proud to achieve this milestone that makes Ohio one of the largest and most active affiliates of the Business Leadership Network in the country because it means more Ohio businesses have access to resources to help enhance hiring and retaining a workforce that includes people with disabilities," said Mitch Morgan, president of the Ohio Business Leadership Network and assistant vice president, diversity and inclusion strategy manager for Fifth Third Bank.

Through the Ohio Business Leadership Network, members have access to the following:

- Learning best business practices from Ohio companies that have successfully employed people with disabilities and benefited from a diverse workforce representative of Ohio's largest minority group;
- Employer-focused training provided at no charge at employer worksites through webinars;
- Federal contractors can receive assistance with meeting section 503 requirements and connections to qualified candidates with disabilities;
- Connections to the U.S. Business Leadership Network, a national association of experienced employers;
- Quarterly meetings for business contacts;
- Networking opportunities;
- Consultation opportunities with peers;
- Hiring resources such as the newly re-

leased Employer Toolkit for Hiring People with Disabilities: http://www.odjfs.state.oh.us/forms/file.asp?id=1690&type=application/pdf

Ohio businesses recognize that building a workforce that includes more individuals with disabilities is good for business. Nationally, it is estimated that 52 percent of the 77 million baby boomers will become disabled. By employing people with disabilities, employers can effectively position themselves to develop products and services that are more likely to appeal to a diverse customer base, resulting in a significant increase in profits, Morgan added.

According to a DePaul University study of 314 workplaces, employees with disabilities have the same job performance ratings, do not require more supervisory time, are no more likely to be absent, late or have time off work, do not have more work place accidents and are less likely to quit the job.

Further studies from the Jobs Accessibility Network show that when hiring workers with a disability, 58 percent of employers provided no-cost accommodations and often, one-time accommodations cost no more than \$500.

In addition, according to the U.S. Department of Labor, the large and growing market of people with disabilities has \$175 billion in discretionary spending -- more than four times the spending power of tweens (8-14 year-olds), a demographic sought after by businesses.

Membership in the Ohio Business Leadership Network is free. Businesses interested in becoming members can find information at: www.ohiobln.org. Ohio is an affiliate of the U.S. Business Leadership Network which represents 51 chapters and more than 5,000 employers across the United States. In 2014, Ohio was awarded Outstanding Affiliate of the Year for its work to help businesses hire more workers with disabilities.



Hudson) bipartisan bill, HB 227, to reform cos-

metology licensing in the state. In addition to making it easier for owner-operators to run their own salons, the

bill adds human trafficking awareness as a continuing education requirement and makes it easier for practitioners of braiding, threading and shampooing to find work in salons. "This bipartisan, com-

mon-sense measure will make it more efficient and practical to train, become licensed, and operate as a cosmetologist, one of the oldest professions in the African American community," said Reece. "By modernizing outdated laws and cutting red tape, we are empowering small businesses across the state to grow, hire more workers and contribute to their local

economies."

graduate.

The comprehensive reform bill, which seeks to professionalize and strengthen the cosmetology industry, also enables licensed high-school

to continue practicing

cosmetology until they

The law will go into effect 90 days after the

students

Economy Section • Economy Section

State Rep Alicia Reece's Cosmetology Bill

Signed into Law

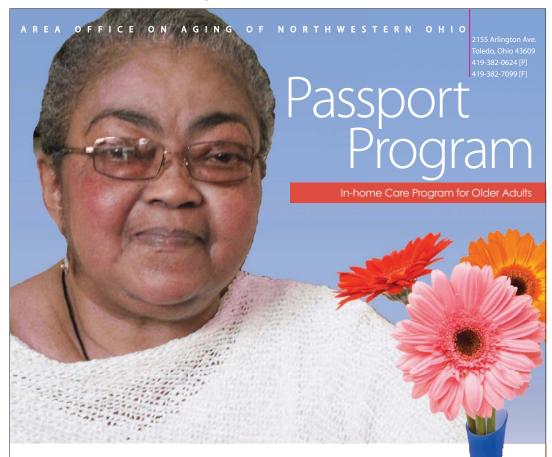
Cincinnati lawmaker says measure cuts red tape, gives small businesses freedom to grow and hire

Special to The Truth

This week Ohio Governor John Kasich signed into law Senate Bill 213, companion legislation to State Reps. Alicia Reece (D-Cincinnati) and Kristina Roegner's (R-



Gov. Kasich signs cosmetology bill into law



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State Rep. Alicia Reece



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Minority Business Assistance Center Hosts Roundtable for Local MBE's

Sojourner's Truth Staff

On Wednesday, June 1, local business owners gathered at the headquarters of the local Minority Business Assistance Center (MBAC) on the campus of the University of Toledo Scott Park Campus to explore the options available to them through the office of the state agency.

The afternoon's special guests were Jeffrey Johnson, chief of the Ohio Minority Business Development Division (MBDD) and Monica Womack, MBAC coordinator for the State of Ohio.

"The purpose was to get the word out about what we do and how we can help minority business enterprises grow their businesses," said Jay Black, director of MBAC's Region 4. Region 4 is comprised of a 17 county, northwest Ohio area.

Johnson has had a 30 year business career in finance, banking and public accounting.

"We provide direct loans, surety bonding and collateral for local loans," said Johnson of his division's activities. "If you want to grow and develop your business, we can help." MBDD can also state contracting opportunities for MBE's.

The key to MBDD's operations is that the agency works with established business rather than start ups.

Minority owned businesses include those owned by African Americans, Hispanic Americans, Asian Americans and Native Americans.

The Northwest Ohio MBAC provides free one-on-one consulting, assistance completing federal, state and local certification applications and referrals for financial assistance programs.

For more information on MBAC services, call 419-530-3344.











Monica Womack and Jay Black

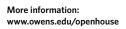


Join us to:

- Talk with faculty and representatives to learn about our majors
- · Complete the Admissions application
- Learn more about Financial Aid and receive assistance with completing the FAFSA
- Discover on-campus child care options
- Sign up for New Student Orientation
- Speak with current students
- Check out student clubs, organizations and activities
- Have an opportunity to win an iPad

Your Success Starts Here.







Social Security - Questions and Answers

GENERAL

Question:

Will my son be eligible to receive benefits on his retired father's record while going to college?

Answer:

No. At one time, Social Security did pay benefits to eligible college students. But the law changed in 1981. We now pay benefits only to students taking courses at grade 12 or below. Normally, benefits stop when children reach age 18 unless they are disabled. However, if children are still full-time students at a secondary (or elementary) school at age 18, benefits generally can continue until they graduate or until two months after they reach age 19, whichever is first. If your child is still going to be in school at age 19, you'll want to visit www.socialsecurity.gov/schools.

Question:

When a person who has worked and paid Social Security taxes dies, are benefits payable on that person's record?

Answer

Social Security survivors benefits can be paid to:

- A widow or widower unreduced benefits at full retirement age, or and reduced benefits as early as age 60;
- A disabled widow or widower as early as age 50;
- A widow or widower at any age if he or she takes care of the deceased's child who is under age 16 or disabled, and receiving Social Security benefits:
- Unmarried children under 18, or up to age 19 if they are attending high school full time. Under certain circumstances, benefits can be paid to stepchildren, grandchildren or adopted children;
- Children at any age who were disabled before age 22 and remain disabled; and
- Dependent parents age 62 or older.

Even if you are divorced, you still may qualify for survivors benefits. For more information, go to www.socialsecurity.gov.

RETIREMENT

Question:

I want to make sure I have enough credits to receive Social Security retirement benefits when I need them. How can I get a record of my Social Security earnings?

Answer:

The best way for you to check whether you have earned enough credits (40 total, equaling 10 years of work) is to open a free my Social Security account at www.socialsecurity.gov/myaccount to review your Social Security Statement.

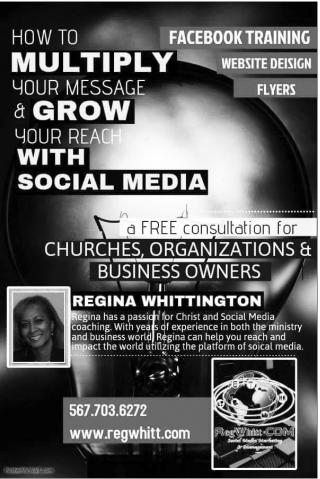
Once you create an account, you can:

- Keep track of your earnings to make sure your benefit is calculated correctly. The amount of your payment is based on your lifetime earnings:
- Get an estimate of your future benefits if you are still working;
- Get a replacement 1099 or 1042S.
- Get a letter with proof of your benefits if you currently receive them; and
- Manage your benefits:
 - · Change your address; and
 - Start or change your direct deposit.

Accessing my Social Security is quick, convenient, and secure, and you can do it from the comfort of your home.

In some states, you can even request a replacement Social Security card online using *my Social Security*. Currently available in some areas in the United States, it's an easy, convenient, and secure way to request a replacement card online. To find out where we offer this service, visit www.socialsecurity.gov/ssnumber.





How to Get More Bang for Your Buck When **Buying a Used Car**

are not getting a lemon? Don't rule out a Certified Pre-Owned (CPO) ve-

"A CPO is not just hype from the automotive industry," says Rob Christman, director of Sales, Fixed Operations at Cox Automotive. "The certification process offers a guarantee that you are leaving the lot with a vehicle in good condition, and an accompanying warranty offers your wallet some

Christman offers five top reasons to consider a CPO.

Safety

CPOs have been inspected, repaired and certified as safe to drive. With a CPO, you will have access to a detailed and itemized checklist of all the items inspected by a professional mechanic, as well as assurance that the vehicle passed inspection or was brought up to standards. Furthermore, backing this with a warranty adds additional peace of mind that the purchase is safe and reliable.

Trust

Knowing that the dealership took the time to inspect the vehicle and complete and document repairs leads to a higher transaction satisfaction and greater trust between dealer and buyer.

Security

For many people, a vehicle is the second biggest purchase made in a

Everyone knows used cars are cheaper. But how do you make sure you lifetime. A CPO warranty can help you set a realistic automotive budget by eliminating unexpected expenses on costly repairs.

More Car for the Money

Automobile depreciation is the single largest expense in owning a new car. Indeed, a new vehicle will lose up to 19 percent of its value in the first

You can purchase more car with your money by buying a vehicle which has already seen that depreciation. For example, the amount of money you might spend on a new base model might buy you a similar, certified preowned car loaded with options.

Warranty

A warranty offered with a CPO gives you coverage for major issues and will usually cover roadside service, towing and emergency situations which could arise during your ownership. Check with the dealership for details

To compare the top CPO programs, and learn more about the process of buying and owning a Certified Pre-Owned vehicle, visit "Top CPO Programs" at bit.ly/20GgKdd.

While nearly every manufacturer and dealership offers a CPO program, remember that terms and benefits can vary greatly, so whatever you opt for, do your research for the best deal possible.

Courtesy StatePoint

Social Security... continued from page 10

Although I stopped working a few years ago, I had additional seasonal earnings after my retirement. Will my monthly Social Security retirement benefit increase?

Answer:

Possibly. And, you can get Social Security retirement or survivors benefits and work at the same time. Each year, we review the records for all working Social Security recipients to see if additional earnings may increase their monthly benefit amounts. If an increase is due, we calculate a new benefit amount and pay the increase retroactive to January following the year of earnings. You can learn more about how work affects your benefits by reading our publication, How Work Affects Your Benefits, at www.socialsecurity.gov/pubs.

DISABILITY

Ouestion:

My aunt is disabled as a result of a car accident. Does Social Security have a special program for people who are obviously physically or mentally disabled?

Answer:

Social Security is committed to expediting the application process for people with severe disabilities. Through our Compassionate Allowances program, we can quickly identify diseases and other medical conditions that qualify, based on minimal objective medical information, and that allows us to make payments much sooner than the usual review process allows. Compassionate Allowances is not a separate program from the Social Security disability insurance or Supplemental Security Income programs. People who don't meet the Compassionate Allowances criteria will still have their medical conditions reviewed by Social Security.

Learn more about our Compassionate Allowances at www.socialsecurity.gov/compassionateallowances

How do I apply for disability benefits? And, how long does it take to get a decision after I apply for disability benefits?

You can apply for disability benefits online at www.ssa.gov/disabilityssi/apply.html. Getting a decision on your disability application usually takes three to five months. The time frame can vary depending on

- The nature of your disability:
- · How quickly we can get your medical evidence from your doctor or other medical source;
- Whether it's necessary to send you for a medical examination; and
- Whether we review your application for quality purposes.

SUPPLEMENTAL SECURITY INCOME

I'm going to visit relatives outside the country for two weeks. Can I still get Supplemental Security Insurance (SSI) payments while I'm there?

Answer:

Your SSI usually will stop if you leave the United States for 30 consecutive days or more. Since you are going to be away for only two weeks, your SSI should not be affected. However, it's important that you tell Social Security the date you plan to leave and the date you plan to come back, no matter how long you expect your travel to last. Then we can let you know whether your SSI will be affected. For more information, visit www.socialsecurity.gov or call our toll-free number, 1-800-772-1213



ZOOtoDO Fundraiser on Friday, June 17

It is time for the Toledo Zoo's annual black tie and tennis shoes affair, PNC ZOOtoDO presented by MassMutual Ohio. One of the region's premier social events, ZOOtoDO boasts glitz and glamour with a fun twist and an amazing array of delectable edibles on Friday, June 17, 2016 from 6 p.m. until midnight.

Each year, the Zoo's biggest fundraiser, PNC ZOOtoDO presented by MassMutual Ohio features more than 50 restaurants and caterers and attracts nearly 2,000 guests. During the evening, ticket holders can mingle throughout the party tents and Zoo grounds, including the Africa! Overlook, while enjoying gourmet food samples from our area's favorite restaurants and chefs before dancing the night away to live music on multiple stages.

The elegant evening of grown up fun begins at 6 p.m. as guests are greeted with complimentary champagne and invited to take a train ride and view the new Expedition Africa! Aerial Adventure Course presented by Mercy Health. ZOOtoDO hosts multiple full service cash bars, serving specialty drinks, beer and wine to quench guests' thirst throughout the evening. At 7:30 pm, guests make their way to the historic side of the Zoo for more food, music and fun.

Your Zoo calls it "a party with a purpose" because the net proceeds provide essential funding for many of the Zoo's community and educational programs, plus state-of-the-art care and exhibits for the animals. Successful events like PNC ZOOtoDO help ensure that kids of all ages can enjoy one of the region's historic treasures for generations to come.

PNC ZOOtoDO is presented by MassMutual Ohio with additional sponsorship from Lexus of Toledo, Comfort Line, LTD., Hollywood Casino and media sponsors Cumulus Media, Lamar, 13abc and The Blade. Additional support for PNC ZOOtoDO provided by Al Peake & Sons Food Service, The Andersons, Block Communications, Inc., Communica, EFFEN Vodka, Fifth Third Bank, Glazers, Kroger, NBS Commercial Interiors, NewFax Corporation, NOIC, Inc., Owens Corning, RG Dezigns, Rudolph Libbe, Inc., Shumaker, Loop & Kendrick, LLP, Toledo Refining Company, Toledo Tent & Party Rental, Valley Plastics Co. and Yuengling.

Tickets are \$150 per person and must be purchased in advance. Please visit toledozoo.org/zootodo or call 419-385-5721419-385-5721 ext. 2091 to reserve your ticket. Guests must be 21 or over and IDS are required. PNC ZOOtoDO is a rain and shine event.

Hillary Clinton Statement on Orlando Terrorist Attack

In response to the terrorist attack last night at an Orlando gay nightclub Hillary Clinton released the following statement:

I join Americans in praying for the victims of the attack in Orlando, their families and the first responders who did everything they could to save lives.

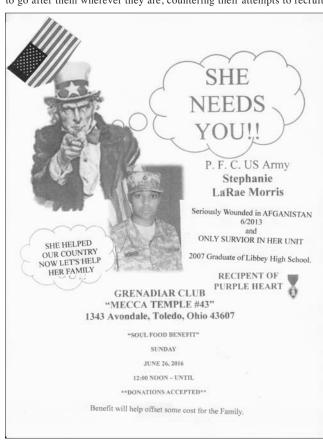
This was an act of terror. Law enforcement and intelligence agencies are hard at work, and we will learn more in the hours and days ahead. For now, we can say for certain that we need to redouble our efforts to defend our country from threats at home and abroad. That means defeating international terror groups, working with allies and partners to go after them wherever they are, countering their attempts to recruit

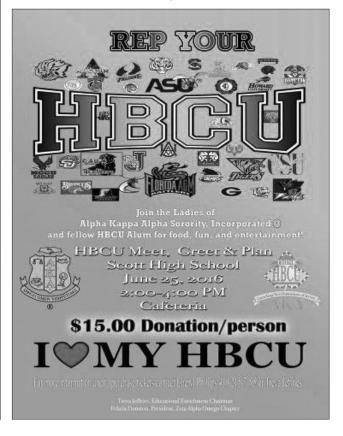
people here and everywhere, and hardening our defenses at home. It also means refusing to be intimidated and staying true to our values.

This was also an act of hate. The gunman attacked an LGBT night-club during Pride Month. To the LGBT community: please know that you have millions of allies across our country. I am one of them. We will keep fighting for your right to live freely, openly and without fear. Hate has absolutely no place in America.

Finally, we need to keep guns like the ones used last night out of the hands of terrorists or other violent criminals. This is the deadliest mass shooting in the history of the United States and it reminds us once more that weapons of war have no place on our streets.

This is a time to stand together and resolve to do everything we can to defend our communities and country.





Running with the Champ by Tim Shanahan (with Chuck Crisafulli)

By Terri Schlichenmeyer

The Truth Contributor

Two heads are better than one.

Another body can make work lighter, both in mood and in task. A partner can support you, encourage you, inspire you, and sympathize with you. You solve easier with another mind on the problem. Yes, two heads are better than one, and in the new book *Running with the Champ* by Tim Shanahan (with Chuck Crisafulli), so are

c. 2016 Simon & Schuster \$27.00 / \$36.00 Canada 307 pages

People who knew Muhammad Ali probably wouldn't be surprised that he met Tim Shanahan in 1970 because of a charity event.

Shanahan was working with a Chicago organization, and needed big-name sports heroes to "deliver a motivational speech to the students." His connections led to Ali, who invited Shanahan into his home and his life. They were friends almost instantly; days later, they became regular running partners.

It was a rather informal situation, says Shanahan: they ran when they could, near a park in Chicago. This was after Ali's three-year boxing suspension, and both knew that the Champ needed encouragement; Shanahan, the better runner, gave it to him. The unlikely friendship began to take deepen: the black Muslim athlete who came from the wrong side of the Louisville tracks and the Catholic white guy born in Wisconsin would lie in the grass after their run, discussing their childhoods, favorite things, dreams, and life in general.

Being Ali's friend was a wild ride through the years.

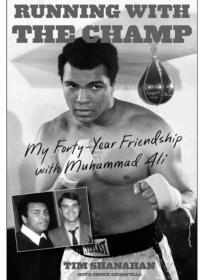
The Champ was often abrupt with his demands, both to Shanahan and to others; he didn't suffer fools gladly and expected his wishes to be quickly granted. He was generous, monetarily and time-wise, with nearly everyone he saw, giving away a good portion of his income (and, supposedly, some of Shanahan's, too). Ali loved meeting celebrities, hated unsolicited advice, could be stubborn (especially in his career), and had a surprising jealous streak, but he was funny and larger-than-life. Then, around the time Ali retired, things changed: he started uncharacteristically losing his patience with many

in his inner circle – including Shanahan.

In 1984, a diagnosis of "parkinsonism" explained everything...

In many such memoirs based on celebrity, you'll often find a distracting amount of name-dropping and braggadocio. You might even expect that in a memoir about Muhammad Ali, but the surprise is that author Tim Shanahan (with Chuck Crisafulli) doesn't focus on that alone. Instead, *Running with the Champ* is a loving tribute to a friendship.

And yet – as in so many relationships between famous and not-famous, there were the not-so-good-times, and Shanahan includes those among his stories. Here, we see a big-hearted athlete in action, and sometimes strug-



gling. We also get a heartbreaking glimpse of Ali and his determination to hang on to the shreds of a career that was done.

For fans who've read everything they can on Ali's fights, this is a look from a different angle at the man himself, from a fan-turned-friend who may've never really known Ali at all. If you need a book about The Greatest, then, *Running with The Champ* may be one of the better ones.

Dream Home... continued from page 6

you're keeping a low credit utilization ratio (the amount of credit you're using out of your available credit), and even asking your landlord to report rent payments to a credit bureau such as TransUnion are all ways you can build credit.

- Shop around: Research mortgages and interest rates to receive a competitive offer. Your credit score is of the utmost importance since lenders will check your score and report to make sure you will be able to responsible pay back the mortgage loan.
- Make a financial plan: Putting down a larger down payment will lower your monthly mortgage payment, but don't put down more than you can afford. Also keep in mind that you will need funds for closing costs, including a home inspection, before you can purchase your home.
- Keep an open mind: It may take time to build credit and save enough money for a down payment. Even if your finances aren't in shape for a home now, it doesn't mean homeownership isn't a realistic possibility for the future.

More home-buying tips can be found at www.transunion.com Happy hunting!

Courtesy StatePoint

Social Security... continued from page 11

(TTY 1-800-325-0778).

Question:

Are Supplemental Security Income (SSI) payments paid only to disabled or blind people?

Answer

No. In addition to people with disabilities or blindness, SSI payments can be made to people who are age 65 or older and have limited income and financial resources. For more information, read our publication, *Supplemental Security Income*, at www.socialsecurity.gov/pubs/11000. html.

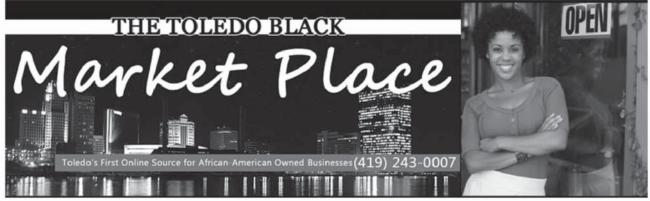
MEDICARE **Question:**

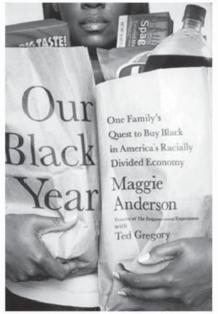
Where can I go to find general information about Medicare benefits?

Answer:

Social Security determines whether people are entitled to Medicare benefits, but the program is administered by the Centers for Medicare & Medicaid Services (CMS). You can visit CMS' Medicare website at www.medicare.gov, or call them at 1-800-MEDICARE (1-800-633-4227). Online or by phone, you can find answers to all your Medicare questions at CMS.













ADS POSTED ONLINE AT:

www.TheTruthToledo.com and www. ToledoBlackMarketplace.com



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"Come and enjoy comedy, spoken word, music talent and more"

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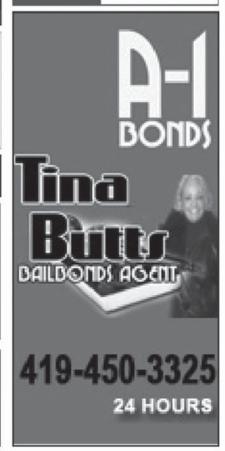


BZATIV ROMOTIONS

Monique Ward

ь 347.692.8481

Pozativ Promotions, LLC pozativpromo@gmail.com



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Annual Membership available and receive complimentary Bookings Church and Organizational Bookings welcomed Free Wi-Fi

BOOK YOUR EVENTS NOW!

CLASSIFIEDS

June 15, 2016

Page 15

DIRECTOR/CHIEF DOG WARDEN LUCAS COUNTY

Lucas County Canine Care & Control is accepting applications to fill the position of Director/Chief Dog Warden until June 24, 2016. Additional information regarding the duties is available on the Lucas County web site (www.co.lucas.oh.us). Click on "Apply for a Job" and then select "Director/Chief Dog Warden from the list to read more or apply.

An Equal Opportunity Employer

EFNEP PROGRAM ASSISTANT (ADULT OR YOUTH)

OSU Extension, Lucas County is hiring for a Program Assistant (Adult or Youth) position with the Expanded Food and Nutrition Program (EFNEP). The position will work 40 hours per week. This position will teach food and nutrition topics to low income adult or youth in a variety of community settings. This person should be indigenous to the community.

For a complete position description, minimum qualifications, and application instructions, please go to www.jobsatosu.com and click Search Postings. Under Job Opening Number, type 418946 click Search. The Ohio State University is an equal opportunity employer. All qualified applicants will receive consideration for employment without regard to race, color, religion, sex, sexual orientation or identity, national origin, disability status, or protected veteran status.

EFNEP PROGRAM ASSISTANT (ADULT OR YOUTH)

OSU Extension, Lucas County is hiring for a Program Assistant (Adult or Youth) position with the Expanded Food and Nutrition Program (EFNEP). This position with teach food and nutrition topics to low income Adult or Youth in a variety of community settings. This person should be indigenous to the community. This position works 30 hours a week and is eligible for all of the same benefits as a full-time employee of Ohio State. You will ind that many of your benefits are subsidized or even free to you as an important part of your total compensation package.

For a complete position description, minimum qualifications, and application instructions, please go to www.jobsatosu. com and click Search Postings. Under Job Opening Number, type 418945 click Search. The Ohio State University is an equal opportunity employer. All qualified applicants will receive consideration for employment without regard to race, color, religion, sex, sexual orientation or identity, national origin, disability status, or protected veteran status.

THE ARTS COMMISSION

NOW HIRING part-time Marketing Coordinator. Deadline to apply is June 27th. EOE. For position details and how to apply, visit www. theartscommission.org

An Equal Opportunity Employer

NORTHGATE APARTMENTS

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Now Accepting Applications for 1 and 2 Bedroom Apartment Homes

Senior Community for persons 55 years and older. Rent is based on income. Our Activity and Service Coordinators are on site. Heat included. Chauffeured transportation to nearby shopping and banks available.



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Please call 419-389-0096419-389-0096 or visit our office

at 1258 Rockcress Drive, Toledo, OH 43615 Voice/TTY 1-800-553-0300. Equal Housing Opportunity.

BOY SCOUTS ~ SCOUTREACH DISTRICT

Scoutreach District BSA is looking for individuals to fill two Program Specialists positions. Must be bilingual (Spanish) with basic verbal and written communication, have a valid driver's license or reliable transportation, auto insurance, pass background check, at least 18 years of age, and have basic computer skills.

There is also three Program Aide positions, and three Substitute positions. Ideal applications must have basic verbal and written communication, valid driver's licence with auto insurance, pass a background check, at least 18 years of age and basic computer skills. Sign on bonus for licensed educators or daycare providers.

These are all entry level positions. Visit council website for more details (www.erieshorescouncil.org/files/7906/Scoutreach-Jobs), must submit resume by July 3, 2016. EOE

Equal Opportunity Employer

Request for Proposals Financial Consultant for Mixed Finance Housing RFP#16-R009

Lucas Metropolitan Housing Authority (LMHA) will receive proposals for Financial Consultant for Mixed Finance Housing/RFP#16-R009, Received in accordance with law until June 24, 2016, 3:00 PM ET. For documents: www.lucasmha.org; 435 Nebraska Ave., Toledo, OH 43604; or 419-259-9487 (TRS: Dial 711). Bidders are required to meet Affirmative Action and Equal Employment Opportunity requirements as described in Executive Order #11246. Sec. 3 Compliance Applicable.



GARDENVIEW HOMES

3 AND 4 Bedroom Single Family Homes with attached garages. Many homes newly remodeled and available immediately.

All appliances included.
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Voice/TTY 1-800-553-0300.

Equal Housing Opportunity.

SUPPORT CLERK Contingency

Support Clerk needed on a contingency basis to cover various clerical duties such as greeting, announcing and directing clients, answering switchboard and handling routine phone calls, scheduling clients, distributing mail, charts or other information, accepting client payments, copying information, filing, providing clerical support to programs and other duties as assigned. Position will work varying hours/days including evenings and Saturdays and will work at various locations based upon agency need.

Qualified candidates must have excellent customer service and clerical skills. Computer experience is required. Previous experience in dealing with individuals with mental illness preferred.

Unison Behavioral Health Group, Inc. Human Resources -SC Website: unisonbhg.org Fax: 419-936-7574 Email: hr@unisonbhg.org

EOE

NHA Seeks a Few Good People

The Neighborhood Health Association is hoping to acknowledge the contributions of past board members and volunteers. If you were a board member or volunteer in the past with NHA, the Cordelia Martin Clinic or the Mexican-Americans United for Health, give us a call. 419-720-7883, ext 216.

Omega Psi Phi Fraternity's 29th Annual Scholarship Golf Outing

Sojourner's Truth Staff

The members of the Omega Psi Phi Fraternity, Inc, Xi Tau Chapter, held their 29th annual Amateur Scholarship Golf Outing this year on Saturday, June 11 at Te Legacy Golf Club and gave scholarships to three high-achieving high school graduates.

The annual event brings together members and invited guests for a round of golf and a steak or chicken dinner in the clubhouse after the round is completed.

This year's scholarship recipients were Mariah Hicks, Timara Meadow and Blake Minter.

Hicks, who graduated from Toledo Early College High School with 59 college credits already earned, will be attending Kent State University in the fall to major in psychology with a minor in communication. Her goal is to become a counselor in the future.

Meadows, a graduate of Rogers High School, will be matriculating at the University of Toledo in order to major in the health sciences. During her high school years Meadows did a summer internship with ProMedica working in the business side of health care. She is interested in pursuing that as a career and will minor in biology at UT.

Minter, the valedictorian of her Scott High School class will be attending Bethune -Cookman University in Daytona Beach, Florida and will major in business administration.

Edward Dixon served as chairman of the Scholarship Committee this year and Vince Davis is the chapter's baselius (chairman). Samuel Baldwin is past chairman; Chris Hair, keeper of record and seal; Chirs Jackson, vice basileus; David Menefee, vice keeper of finance; Jeffrey Rollins, co-chairman and Reginald Temple, keeper of finance.





Chapter Basileus Vince Davis, Timara Meadows, Mariah Hicks, Blake Minter Scholarship Committee Chairman Ed Dixon

Social Security... continued from page 13

Ouestion:

Will my eligibility for the *Extra Help* with Medicare prescription drug plan costs be reviewed and, if so, how often?

Answer:

If you get the *Extra Help*, Social Security may contact you to review your status. This reassessment will ensure you remain eligible for Extra Help and you are receiving all the benefits you deserve. Annually, usually at the end of August, we may send you a form to complete: *Social Security Administration Review of Your Eligibility for Extra Help*. You will have 30 days to complete and return this form. Any necessary adjustments to the *Extra Help* will be effective in January of the following year. Go to www.socialsecurity.gov/prescriptionhelp for more information.



SURVIVAL SWIMMING AND DROWNING PREVENTION

The Josh Project is conducting Swim to Survive lessons for Toledo area youth ages 8-12.

> Lessons will be held at St. Francis High School.

A 3 day programs will be offered on Tuesday, Wednesday, and Thursdays of each week in June and July from 9am-11am and 11am-1pm. First session begins June 7th, 2016.

Enrollment is limited! In order to reserve your spot, please call: 419-530-8590.

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