

Volume 35, No. 5

"And Ye Shall Know The Truth..."

September 23, 2015



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Ruby Butler

Advancement Project Celebrates National Voter Registration Day

Special to The Truth

On Tuesday Advancement Project joined groups across the nation to acknowledge the fourth annual National Voter Registration Day. Started in 2012, National Voter Registration Day has become an annual holiday marked by thousands of Americans to educate, register and mobilize voters.

"There is no right more important than the right to vote," said Advancement Project Co-Director Penda D. Hair. "On this 50 year anniversary of the passage of the Voting Rights Act (VRA), supporting National Voter Registration Day allows us to emphasize how critical voting rights remain today for people across our nation. Just two years after the Supreme Court gutted essential provisions of the VRA in the Shelby County ruling, registering voters is one of the most tangible ways to push back against attacks on voting. Ensuring that everyone who is eligible registers is an essential first step to make elections free, fair and accessible to all."

National Voter Registration Day combines field, technology and media efforts to create pervasive awareness of voter registration opportunities. Advancement Project is one of many groups nationwide working to clear barriers to the ballot box.

"Broad and inclusive voter registration is essential to a just democracy," said Advancement Project Co-Director Judith Browne Dianis. "Throughout our nation's history, voters of color have been disproportionately affected by discriminatory voting measures. From Florida to Wisconsin, North Carolina to Missouri, our veteran civil rights attorneys are providing community-based lawyering and legislative advocacy to ensure that people of color know their rights. Advancement Project will continue to amplify the voices of communities of color. National Voter Registration Day provides a prime opportunity to ensure all voices are heard."

On this National Voter Registration Day, people across the nation are encouraged to get involved by:

Registering to vote: http://nationalvoterregistrationday.org/register-to-vote/

Encouraging others to register to vote

The Sojourner's Truth

Toledo's *Truthful* African American Owned and Operated Newspaper

Fletcher Word – Publisher and Editor Marticia Hurst – Office Manager

Tricia Hall – Reporter Carla Yvette - Soulcial Scene Editor Rev. D.L. Perryman – Columnist

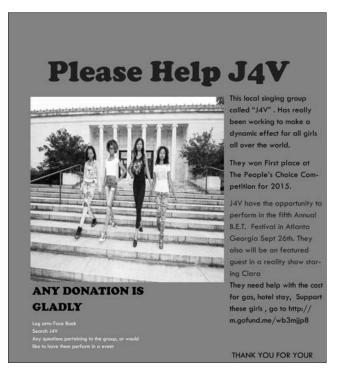
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www.thetruthtoledo.com

Spreading the word by using the hashtag #CelebrateN-VRD

For more information on how to participate in National Voter Registration Day or register to vote, please visit: www.nationalvoterregistrationday.org



Community Calendar

September 23

Mt. Nebo Church In Time Seminar: Instructor Bill Harris of Rapture Ministries; 6 pm: $419\hbox{-}246\hbox{-}8561$

September 27

Calvary MBC 86th Church Anniversary: 4 pm; Guest Pastor Lorenzo Edwards of Holy Cross Church of Detroit and congregation; "Laboring in the Lord's Vinegary and Sharing Our Faith"

September 30

Mt. Nebo Church In Time Seminar: Instructor Bill Harris of Rapture Ministries; 6 pm: 419-246-8561

October

Prisoner Family Conference: Sponsored by Toledoans for Prison Awareness; 9 am to 3 pm; Abundant Life Ministries Church; "How a Prison Sentence Impacts th Family and Loved Ones of the Prisoner

October 7

Mt. Nebo Church In Time Seminar: Instructor Bill Harris of Rapture Ministries; 6 pm: 419-246-8561

October 10

Libbey HS 5th Annual Spirit of Libbey Christmas Party Organizing Meeting: Reynolds Corner Library; 1:30 pm: 419-450-7227

October 18

Charity MBC Annual Women's Day: 4 pm; Guest speaker Sis Tammie Knighten of Northwestern MBC

State MLK Commission Seeks Nominations for Awards

Deadline is Oct. 7

Nominations are being sought for awards honoring Ohioans who carry on the legacy of Dr. Martin Luther King, Jr.

Awards honoring such individuals and organizations will be given at the 2016 Ohio Dr. Martin Luther King, Jr. Commemorative Celebration being held Jan. 14, 2016, at Trinity Episcopal Church in downtown Columbus.

The award ceremony is sponsored by the Ohio Dr. Martin Luther King, Jr. Holiday Commission, which is a part of the Equal Opportunity Division of the Ohio Department of Administrative Services (DAS).

Nominations are due to the commission by Oct. 7.

The awards and their criteria are as follows:

Governor's Humanitarian Award: Nominees must be individuals who act independently of associations and organizations. These individuals give their time freely to those in need without question and often without recognition. This award honors quiet soldiers who promote the welfare of humanity and the elimination of pain and suffering through their own selfless service, and demonstrate a personal activism that has led them to render unheralded long-term service to the community.

Community Building Award: Nominees may be individuals or organizations who have made significant contributions toward building a sense of unity among Ohio citizens. Nominees have demonstrated the ability to build safer communities through various area revitalization activities and programs. Nominators must demonstrate how the nominee has used Dr. King's vision of nonviolent social change to successfully bring people from diverse backgrounds together to build a better community.

Cultural Awareness Award: Nominees must demonstrate an appreciation for diversity and skill in building and maintaining harmonious cross-cultural relationships. Nominators should identify specific initiatives and accomplishments that foster Dr. King's vision of unity among people of diverse cultural backgrounds.

Economic Opportunity Award: Nominees may be municipalities, businesses or organizations that seek to improve the quality of life for citizens in economically challenged areas through economic incentive programs. Nominees must demonstrate accomplishments in one or more of the following areas: workforce training developament programs; upgrading skills of existing workforce; infrastructure improvements; creation of community partnerships; housing assistance programs; energy efficiency programs; environmental programs; encouragement of new business startups; or the ability to take advantage of state and federal aid to provide economic opportunity.

Educational Excellence Award: Nominees in this category have demonstrated a personal commitment to scholarship and/or attainment of educational goals despite significant barriers or obstacles. Nominees must have successfully achieved progress in eradicating systemic barriers that impede the attainment of academic excellence. The activities/programs of the nominees could include mentoring, tutoring, innovative pre-school programs, highly effective pre-college programs or the provision of scholarships, etc. Nominees must show a commitment to Dr. King's dream of social justice for

all Americans through the provision/use of equal access to the means/resources of learning and the full utilization of educational opportunities.

Health and Equity Award: Nominees have offered exemplary community outreach and educa-

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tional programs for an under-served population in the state. These services should increase the accessibility (e.g., awareness, cost, transportation) of health care for the under-served while providing a high quality of customer service. Critical issues in achieving health equity and awareness can include provisions for drug treatment, HIV testing, screenings, prescription programs for the uninsured/underinsured, prenatal care and pediatric care. Organizations that provide health care and entities that facilitate health care delivery services are eligible to participate in this category. Nominations must document the support of services that progress toward the realization of Dr. King's vision of an America that provides the real promise and fulfillment of hope for the poor.

Social Justice Award: Nominees should have made significant contributions to achieving justice for individuals or communities. Nominees have made contributions through the legal, legislative and governmental systems on behalf of society's more vulnerable populations. The nominees must have participated in activities that embrace Dr. King's commitment to nonviolence while fostering social justice.

Youth: Capturing the Vision of Dr. Martin Luther King, Jr. Award: Nominees must be younger than age 21 on Sept. 2, 2015, and demonstrate an adherence to one or more of Dr. King's Six Principles of Nonviolence: "Nonviolence is a way of life for courageous people; the Beloved Community is the framework for the future; attack forces of evil, not persons doing evil; accept suffering without retaliation for the sake of the cause to achieve the goal; avoid internal violence of the spirit as well as external physical violence; and, the universe is on the side of justice."

For more information and a nomination form, visit das.ohio.gov/mlk or contact Bobbi Bell of the DAS Equal Opportunity Division at 614-466-8380 614-466-8380 or bobbi.bell@das.ohio.gov.



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Jones Leadership Academy Chess Club Making Big Moves

By Christopher Smith, Mentor, Books 4 Buddies Special to The Truth

Kings and Queens are doing big things at the Jones Leadership Academy. You'll also find Bishops, Knights, Rooks and Pawns making moves there too.

The Jones Leadership Academy Chess Club has distinguished itself as one of the area's best. Under the watchful eyes of Warren and Yolanda Woodberry, of the Woodberry Park organization, the Mustangs have won first place in the team championship for Toledo Public Schools Chess Tournaments twice and have won second place in area-wide competitions seven times, even besting schools with suburban addresses!

But spend a few minutes with the Woodberrys and you'll realize that these club members are being influenced beyond chess, they're being equipped for the game of life. "We put limits on kids", Warren Woodberry says, "but these kids place no limits on themselves, you follow me?" Yes sir, we do.

And it's obvious that the goal is to inspire when you pan around the room that is the chess club. It's not the usual, drab, classroom space with its standard equipment: world map, "We the People" poster and George Washington portrait.

This classroom is fully loaded, it's alive, it's breathing, it's inspiring! It draws you in as you survey, tucked in every space, the Woodberrys' personal artwork. They've generously used all colors in the 64 count Crayola box at least twice. The room is filled to the brim, but it's not cluttered. Everywhere you look, there's movement, but it's not distracting. There are also sayings, posters of African-American achievers and even National Geographic books, all used to inspire.

Oh, yes, and there are numerous chess boards and clocks, neatly planted throughout the room. Some beginners playing here, others trying to master a certain move there, while still others battle for the right to be labeled the next Maurice Ashley. All of them are learning while soft music provides the roof over their heads. "In here we play smooth jazz," boasts Yolanda Woodberry, "they can play their music any time."

What they can't do any time is access a proper library of chess books and DVD's. All of their success has come in spite of this glaring deficiency.

But a group of community leaders, led by Laneta Goings, president for Books 4 Buddies, a nonprofit literacy organization, met with Warren Woodberry in his room, on September, 17, 2015, and agreed to eliminate this library stalemate. Others present included Ward Barnett, Ed.D, principal of Jones Leadership Academy, Christine Smallman, Ph.D; Newspaper-in-Education coordinator at The Blade; Christopher Smith, mentor, Books 4 Buddies and the Revs. Karen Garner, Barbie Harrison and Talmadge Thomas.

Soon the Woodberrys will have to find room for 36 new books. "These will allow for a deeper understanding and appreciation for the game of chess.....the sky is the limit for these young students", said Warren Woodberry.

Under the tutelage of the Woodberrys, an inspiring learning venue and help from their "village", as Goings is known to say, yes the sky is the limit.

These young Kings and Queens are making all the right moves. They can't lose. Checkmate!

African Art Has Arrived!!

Hundreds of wood carvings from Ghana have recently arrived at The Truth Gallery – masks, statues, village scenes!

All at unbelievably low prices!









The Gallery is open Monday through Friday from 8 AM to 4 PM



See more art online at www.thetruthtoledo.com

The Truth Gallery 1811 Adams Street 419-242-7650



Ruby's Kitchen: Southern Cooking Guaranteed to Satisfy

By Fletcher Word Sojourner's Truth Editor

Ruby Butler opened her restaurant, Ruby's Kitchen, at its current Dorr Street location in 2004. During those years she has done exactly what she always felt she was meant to do – apply the cooking skills taught to her by her mother for



the enjoyment of many others.

"I have loved to cook all my life," she says of her long-time avocation, now her vocation.

"I was a homebody," she says of her youthful years honing her culinary skills under her mother's tutelage. "I learned to do it all – cleaning chitlins, canning, cleaning greens. And I always wanted a restaurant. I was taught so well, and taught that whatever you do, do it right."

As she neared retirement from her day job with Chrysler in the early 2000's, Butler opened her first restaurant on Parkside. Then in 2004, on to Dorr Street. She expanded the restaurant in 2006 – doubling its capacity.

It's really been a labor of love for Miss Ruby, as her customers call her. "I love being here, I love this restaurant," she says. "I love pleasing customers and meeting new people."

As much as she loves what she does, she readily admits these past dozen years have not always been smooth sailing. The restaurant, Butler says, has seen more bad months than good ones. Nevertheless, she is still standing and the restaurant is still serving customers, almost a miracle in a business in which the average life of a restaurant is less than five years.

Butler is obviously committed to providing the very best dining experience for her customers. "I like Southern food," she says of her product. After all her mother was from Alabama and Southern food was what Butler learned about from an early age

Butler, however, is committed not only to her customers but also, in equal measure, to her community. Over the years, from the moment she opened her first establishment, Butler has made it a point to hire those who would ordinarily have difficulty finding employment – ex-offenders, for example.

Such a commitment draws high praise from Jay Black, president of the Toledo African American Chamber of Commerce who also notes that the community has its own obligation with respect to businesses such as Ruby's Kitchen.

"It's important that she receives the support of the community so she can continue to hire in greater numbers those whom mainstream America won't hire," says Black.

Butler also opens her doors to the community, especially those in need of sustenance, on New Year's Day and, with the help of her suppliers, donates meals to those who stop in.

Helping Butler over the years has been her chief cook, daughter Sonea Hicks. Mother and daughter have worked together from the very beginning pleasing din-

ers with such delicacies as smothered pork chops, ribeye steaks, chicken wings and Butler's personal favorites – the catfish filets and the whole catfish dinners. Of course, no dinner would be complete if one didn't sample the peach cobbler.

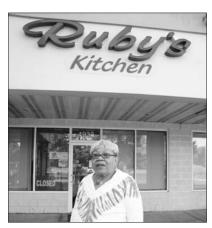
"People love the peach cobbler," Butler notes with pride.

Actually people love just about everything at Ruby's, she says, as verified by the number of loyal customers. "We cook to order. Everything is fresh

here. We don't have pre-breaded items."

Cooking to order may take a little longer, says Butler of her commitment to quality, but it's worth it, she adds.

"When you come here, you are going to be satisfied when you leave," declares Miss Ruby.





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The Turnboughs' Summer Softball Team

By Charles Turnbough Special to The Truth

We have a fun, family-oriented softball team. My wife, Renee Turnbough, daughter Victoria Turnbough and my son's best friend Niko Pompilli all play on the team, also that's our youngest daughter Nadia Turnbough holding the plaque. This year we placed second overall

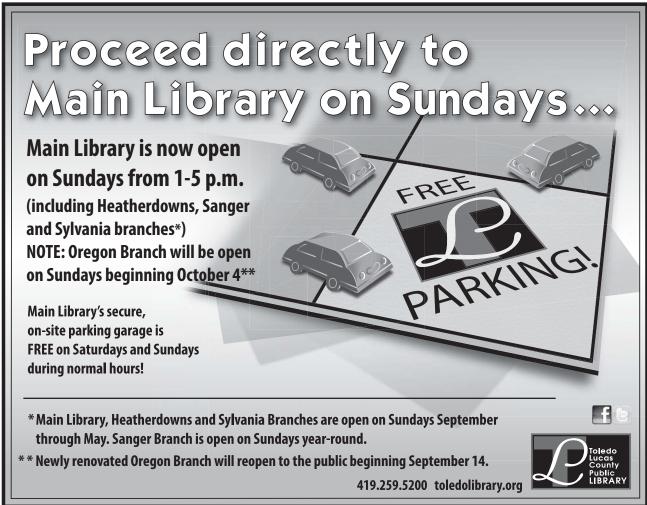
I would like to see other families playing in the league. We all have a lot of fun but we're also very competitive. We've gone from the opposing teams taking us lightly and laughing before the games to their getting there early and warming up to play for what they know is going to be a competitive game.

Our team also received the 2014 sportsmanship team of the year award. We play in the Maumee Rec. League, and we have had nothing but a great reception at the league. This is our third year, the commissioner, Jack Mattimore, would like to see more teams sign up.

The message I would like to relay is that this is an opportunity for the family to get together in a group activity and have fun, we all look forward to each game. I push everyone on the team to give it 110 percent when we're playing.

We all know we have seven months of cold weather until we play again in May 2016. Hopefully we can encourage some other people to create a team and come out and play.





Tatum Center Fall 2015 Programming

By Jay Black, President Toledo African American Chamber of Commerce Guest Column

Hair * Poetry * Pianists * Tatum * Harlem

The Art Tatum African American Resource Center at Kent Branch Library, 3101 Collingwood Blvd., proudly presents its "Tatum Center" Fall 2015 programming! Mark your calendars and bring the family out to these culturally rich programs for all to enjoy:

Monday, September 28 – NATURAL Hair-i-tage (6-8 p.m.) – A natural/healthy hair event featuring local stylists who plan to discuss the history of African-American hair care and the process of coming "full circle" by "going natural" – featuring:

- Jean Cason "Full Circle" honoree
- Kailiah Hampton Healthy hair specialist and poet
- Lori Kibler, aka Ms. Lori the Barberette
- Markeisha Kynard, Nevaeh Salon & Spa
- LaWanda Tyree, TXD Hair Studio
- Demonstrations, Q & A, light refreshments

Saturday, October 10 – Poetry and Piano ... In the Name of ART (2-4 p.m.) – An Open Mic event in celebration of Toledo-born jazz great Art Tatum (1909-1956), featuring performances by local poets and pianists.

National Child Health Day: Getting Every Child Off to a Healthy Start

October 5 is National Child Health Day, a federal observance started nearly 90 years ago to encourage Americans to focus on the health and well-being of children of all ages. That includes helping expecting mothers plan for a healthy arrival of their soon-to-be little ones.

If you're an expectant mother, you're likely already making your child's health a priority by scheduling regular visits with your obstetrician, adjusting your diet and limiting certain activities during your pregnancy. But have you thought about important considerations for delivery day? For example, skin-to-skin contact with your newborn immediately after delivery can help your baby get off to a healthy start.

The International Breastfeeding Centre lists numerous benefits of skin-toskin contact between mother and baby after delivery. These benefits include a happier baby with a more elevated blood sugar level, a more stable temperature, heart rate and breathing rate.

The benefits are not fleeting, however. Mothers who have skin-to-skin contact with their babies are more likely to breastfeed in the first one to four months, and tend to breastfeed longer, according to a report from the Cochrane Pregnancy and Childbirth Group, analyzing 34 studies of more than

...continued on page 11





Art Tatum

Advance registration is encouraged. Please call 419.259.5340. *Light refreshments*.

Saturday, November 21 – Book Talk with Kevin McGruder, Ph.D (2-4 p.m.) – Kevin McGruder, a Toledo native and Antioch College professor, returns to his hometown to discuss and sign his latest book, *Race and Real Estate: Conflict*



and Cooperation in Harlem, 1890-1920. The book, though focused on New York City, "is a variation on the Black urban experience in many cities," according to the author. Light refreshments.

For more details, please call 419.259.5340419.259.5340.



Small Business Vendor Open House

LEARN ABOUT TARTA'S PURCHASING PROCESS

Wednesday, September 23, 2015 12 p.m. to 2 p.m. 1127 W Central Ave accessible via route 20M/T Toledo, Ohio 43610

We are inviting small businesses to come and learn about our purchasing process and needs. If you are a small business and would like to know how you can do business with TARTA, then this is for you! This is a great chance to meet our staff, pick up vendor applications, and get your questions answered.



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Winners of The First Annual Youth Art Invitational, "Color My World" Sponsored by PRIZM and Way Library Revealed

Special to The Truth

local artists ages one through junior high age and their families and friends celebrated the last day of summer with an Art Exhibit Opening Reception for "Color My World", the first annual Youth Art Invitational Exhibit co-sponsored by The Way Library and PRIZM Creative Community.

The art exhibit will continue to be available for viewing in the downstairs gallery of Way Public Library at 101 E. Indiana Ave through Tuesday October 13, with pick-up of all art pieces scheduled for Wednesday and Thursday October 14 and 15 from 2:30-8:30

Youth throughout the area submitted two and three dimensional art creations in all media. All participants received certificates of participation and had a chance to win valuable prizes as part of a general lottery of art supplies provided by the non-profit 501c. 3.

PRIZM Creative Community with support for this year's show by art patron Susan Conda of Perrysburg. In addition to the lottery, PRIZM provided hundreds of dollars of FREE art supplies to the winners in the age and theme categories represented in the show.

This unique exhibit for kids and teens gave students and art mentors in the community a chance to work together on completing a summer project. For some kids they are participating in their first formal exhibition experience. The exhibition includes both two and three-dimensional works in all medias. As a local non-profit 501 (c) 3 organization PRIZM Creative Community and Way Public Library seeks to enrich the community with educational opportunities

Some of the suggested art ideas provided to the artists were as

On Monday, August 17, at the Way Public Library in Perrysburg, follows: Library-Themed Art tying into what the artists like best about visiting the Way Public Library, Art made from recycled materials, Way's summer reading theme "Every Hero has a Story", and/or Prizm's 2015 Creative Challenge theme "Seasons of Change". Some

... continued on page 10



Youth Art Winners

Toledo Urban Federal **Credit Union** "Brick Campaign"

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\$ 50.00 for the Entrance

\$ 100.00 for the Vestibule

\$ 500.00 for the Archway



It's not too late to purchase your brick! Please contact us at (419)255-8876



Mt. Nebo Baptist Church Celebrates Women's Day

Sojourner's Truth Staff

The congregation of Mt. Nebo celebrated Women's Day on Sunday, September 20. The theme for this year's event was "Seeking the Savior by Any Means Necessary" from Luke 8: 40-56.

Terry McBee, first lady of Family Baptist, delivered the sermon and Mt. Nebo First Lady Debra Brock served as chairman for this year's Women's Day Committee.





Guest Speaker Terry McBee, Pastor Cedric Brock, First Lady Debra Brock

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Youth Art Winners... continued from page 8

marvelous art has been created by all ages in all categories.

THE ARTIST AWARD WINNERS:

Of the 50 works of art submitted to the exhibition, professional artist and exhibit juror, Emanuel H. Enriquez of Bowling Green, Ohio chose the following winners:

THEME ENTRIES

Seasons of Change:

1st place- Lindsay Hubaker, Age 9, "Four Sparkling Seasons," Canvas & Household Materials

Honorable Mention- Julie Siewert, Age 12, "Sidewalk Seasons," Chalk

Library Theme:

1st place- Penelope Giammarco, age 6, "Let the Wild Rumpus Start," Crayon and Watercolors Honorable Mention- Jonah Cook, age 12, "The Giving Tree," Mixed Media

Recycle Theme:

1st place- Abigail Bechtel, age 10, "Twisted Tree of Imagination," Acrylic and Recycled Materials

Honorable Mention- Alexandria Hubaker, age 11, "Color Pop," Canvas and Bottle Caps

Hero Theme:

1st place- Chloe Kozal, age 13, "Thor's Map," Colored Pencil Honorable Mention- Isabella Fischer, age 11 "Father," Polymer Clay

AGE GROUP ENTRIES

Ages 1-6:

1st place- Mary Murphy, age 5, "Egg-O-dile," Acrylic and Recycled Products

Honorable Mention- Jonah Jensen, age 6, "Angry Birds in Space," Acrylics, and Marker

Age 7-10:

1st place- London J. Cohen, age 7, "My Flower," Chalk Honorable Mention- George DeWood, age 7, "Glazed Donut Please," Clay

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Age 11-12:

1st place- Trenton Anderson, age 12 "Ironman's Helmet," recyclables and paint

Honorable Mention- Sydney Retting, age 11, "Batgirl in the City," Mixed Media

Age 13-15:

1st place- Zoe Lammers, age 14, "Musical Taste of Indy" Mixed Media

Honorable Mention- Megan Jurek, age 13, "Mom and Baby Manatees" Colored Pencil & Art Stix

The Way Public Library continues to provide education, enrichment, and cultural opportunities to members of our community. PRIZM Cre-



Trenton Anderson - Ironman's Helmet

ative Community is a 501c.3 nonprofit organization for education, service, and collaboration in the literary and visual arts that curates the art exhibits at the Way Public Library.

Coming next to the Way Library Gallery will be the second biennial Veteran's Art Exhibit. Honorably discharged Veterans from all branches and eras of service are urged to apply by the Oct. 24 deadline as well as family members of veterans who wish to honor the service of their family members. Two-dimensional and Three-dimensional artworks in all medias, as well as veterans memorabilia will be displayed.

A special Veteran's Day Program with Opening Reception for the Veteran's Art Show is planned for Sunday afternoon November 8, starting at 2:00 in the afternoon.

Stop by the Way Library for an Veteran's exhibit application or print one from the PRIZM website homepage at www.MyPrizm.com. For information on additional educational workshops and upcoming PRIZM opportunities in the visual and literary arts visit the website @ www.myprizm.com, email prizm@bex.net or call 419-931-8732



New Technology Can Help Small Businesses Thrive

Special to The Truth

Only half of U.S. small businesses survive more than five years, according to the U.S. Small Business Administration. This data underscores that small business ownership is no cakewalk.

Beyond the classic entrepreneurial challenge of making and sustaining a profit, small business owners now struggle to find time and resources to adapt to new technology, say experts.

"The pace of technological development is as staggering as the ever-changing ways that consumers engage and utilize it. To stay competitive to consumers and to employees, small businesses need to adopt and incorporate online technology into their everyday business operations," says Seong Ohm, senior vice president of merchandise business services at Sam's Club.

To help entrepreneurs navigate new technology and embrace the evolving business operations landscape, Ohm offers six tips for small business success:

- Speed up payroll: New mobile and tablet apps make tedious tasks easier and more efficient. For example, online payroll apps allow employers to run payroll in under a minute, pay workers by direct deposit, and e-file taxes.
- Protect your sales: The latest payment processing technology can better
 protect your business at the point-of-sale. Businesses relying on magnetic
 stripe terminals face an October 1 deadline to upgrade terminals to accept
 EMV chip-enabled credit cards, which more securely protect consumers. To
 avoid bearing liability for fraudulent credit charges, small business owners can
 depend on merchant services experts to become EMV chip card-compliant,
 affordably and without hassle.
- Be visible: Even if your business is centrally a brick-and-mortar operation, the importance of having an online presence cannot be overstated.

It's not enough to simply have a website, you need to be discovered. Google frequently changes the way it determines search results rankings. Invest in search engine optimization (SEO) not once, but periodically, to conform to Google's make-or-break formulas.

A solid social media strategy and mobile capacity for your site will also positively impact your search ranking. Put the marketing books away and lean on digital marketing experts to audit your current online presence and build a strategy that works for your budget and grows your customer base.

- Stay connected: You may be the one pulling the trigger on big decisions, but that doesn't mean you are expected to know it all. Seek advice from trusted industry peers or a local SCORE mentor through LinkedIn and social media. Make time for webinars and networking events. Most importantly, stay connected to friends and family during times of stress.
- Get smart about taxes: Set up a legal entity for your business online. This
 will allow you to hold on to more of your income and increase your asset and
 liability protections.

Business taxes can be more expensive and complicated than personal filing, so find an accountant that gets your business. You can greatly benefit from the assistance of online accounting experts. They will help you take advantage of deductions and tax credits and assist you in filing your frequent, varied deadlines on time to avoid penalty.

Safeguard your data: Small businesses are often targets of identity theft.
 Create sophisticated passwords to protect sensitive information. Consider investing in a protection service with round-the-clock threat monitoring and recovery support in case of fraudulent activity.

To tap into these resources that will create efficiencies when starting or run-

Welcome to Toledo's August Marging State Company State Com

ning a business, visit SamsClub.com/benefits.

Don't let the adoption of new technology overwhelm you. Many of these services are more affordable than you think, are easy to update and offer anytime, anywhere access to experts. These tech tools can swiftly fuel your business operations, streamline processes and save you time and money.

Courtesy StatePoint

Child Health Day... continued from page 7

2,000 mothers and their babies.

Traditionally, skin-to-skin time has been limited to natural vaginal births. In instances where a mother has given birth by cesarean section, the baby is often sent to an incubator before a mother can hold or see her baby.

Today, nearly one in three U.S. women now gives birth via C-section, according to the CDC. That equals more than one million moms annually who are denied the benefits of skin-on-skin contact with their newborn.

Fortunately, many hospitals now offer a solution in the form of a "family-centered birth experience." Also known as a "gentle cesarean," a family-centered birth experience includes certain aspects of a natural childbirth during a C-section operation, including allowing moms to watch the delivery, (but not the C-section procedure) as well as hold their babies immediately after delivery.

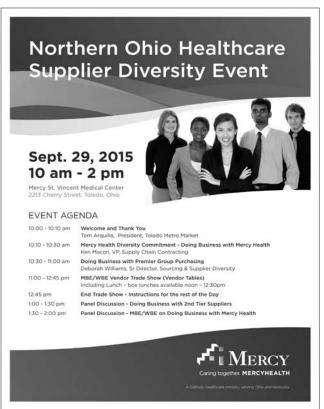
Traditionally, C-section deliveries are blocked off by an opaque screen. New options such as a family viewing C-section drape allow moms to witness their babies' first breath through a see-through window, while still maintaining an essential surgical barrier.

If you're planning to have a C-section and want to have a family-centered birth experience, do your research to find a hospital that offers the service and can deliver it the way you want.

Ensuring skin-on-skin time with the baby will require additional staff and rearranging of equipment in the delivery room, as well as altered placement of the EKG leads on your body. Discuss these details with your doctor beforehand to ensure the hospital can make the necessary arrangements.

Opting for a family-centered birth experience will require some additional upfront planning during pregnancy, but the bond created between mother and child will be a lifelong memory for the family.

Courtesy StatePoint



The Beast Side: Living (and Dying) While Black in America By D. Watkins

By Terri Schlichenmeyer The Truth Contributor

Bang.

That's all it takes to snuff out a life. One bang, though there are usually more before someone is dead: Freddie Gray, Michael Brown, Tamar Rice, c. 2015 Hot Books \$21.99 / \$27.99 Canada 176 pages

Jonathan Ferrell, how did we get to this point? Better yet, as **D. Watkins** ponders in his new book *The Beast Side*, how do we get out of it?

The list of the dead literally grows every day: statistically, an African-American citizen is murdered by white cops, black cops, or neighbors every 28 hours. It's war out there for Black America, says D. Watkins, and he's tired of it.

His idea for ending violence and injustice is unique, but meaningful.

Watkins says that reading absolutely changed his life by teaching him to think critically, and it saved him. Literacy, he says, opens lines of communication, while sharing individual stories can educate and can make people eager to read. The Beast Side is, therefore, a book of stories.

How does it happen, for example, that a black writer from Baltimore – a city that's 60 percent black – finds himself speaking at a large event where there are few black people? The reason: there are two Baltimores and the split is sharp. Before college, Watkins had little contact with whites. Do white people know what's happening in east Baltimore? Not many do, he says and when folks learn, they're usually surprised.

It's almost hard to grasp how many of Watkins' friends and family have died by violence. He was







only a boy when he witnessed a murder; crime was that common. He watched people on his street do anything to make a buck (they're the hardest working people in the nation, he says); he sold drugs, hustled, and carried a gun (mandatory, he claims), but his brother wanted him off the streets.

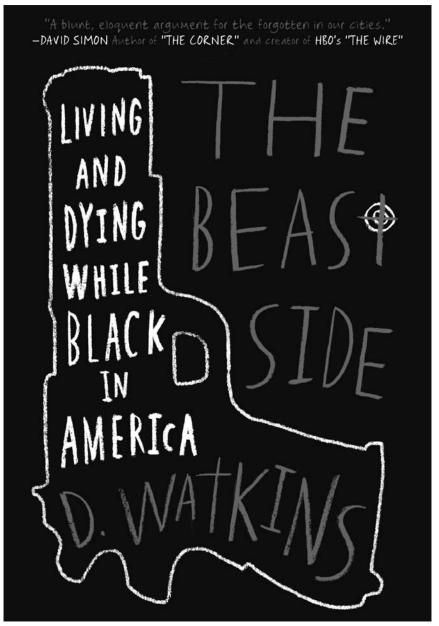
Watkins went to college to become a professor and a teacher. His stories help black men understand why they should respect black women more; they explain why Watkins doesn't recite the Pledge of Allegiance, how black people are left out of pop culture, why reading is essential and how eating poorly could be Black America's worst habit. And they show how, deeply and despite the rift in this country, we really aren't so different after all.

Is that such a surprise?

At the risk of sounding Pollyanna-ish, no. But can that hope change the way things are, as reported in *The Beast Side?*

That, I think, will depend on your POV: author D. Watkins says things that many people don't want to hear and his words fairly seethe with anger – yet, pages later, those stories seem almost warm before abruptly turning to outrage and anger again. Hope followed by persistent reality is what you get, then, along with a lingering sense of rightful unease, inability to stop pondering, and a need to become much, much more educated.

Though its subject matter can be harsh, I think *The Beast Side* is appropriate for older-teens-to-adults, particularly if recent news stories disturb you greatly. If that's the case, then aim to read it.



One Government Center Suite 600 Toledo, OH 43604

ANITA LOPEZ LUCAS COUNTY AUDITOR

(419) 213-4406 co.lucas.oh/Auditor outreach@co.lucas.oh.us



On the third year between revaluations (last revaluation was completed in 2012), the County Auditor is required to perform an update on the sales which have occurred in the prior three years and provide for a percentage adjustment to be made to the values of all properties in each given market area.

This year, Lucas County looks at sales from **2012**, **2013**, **and 2014** to determine whether a change in market value has taken place since 2012. Because this is a triennial update, the Lucas County Auditor's office will look at sales, not each individual parcel.

2015 Triennial Value Change Notices are being mailed by neighborhood group throughout the summer. Once you receive your notice, please proceed with the steps below.

What are Your Responsibilities as a Property Owner?

Check your data and value.

The more accurate the data on record is for your property, the more accurate your valuation will be.

2 Report any physical changes or discrepancies about your property to the Lucas County Auditor's Office since your last value was issued in 2012.

3 Provide feedback to the Auditor's Office about your data and value to ensure its accuracy.

4 If you would like to meet with an appraiser, please call (419) 213-4406 for your appointment.

Triennial Update Information —— www.co.lucas.oh.us/tri2015

Property Reviews for the 2015 Triennial Value Update will be accepted through October 15, 2015.

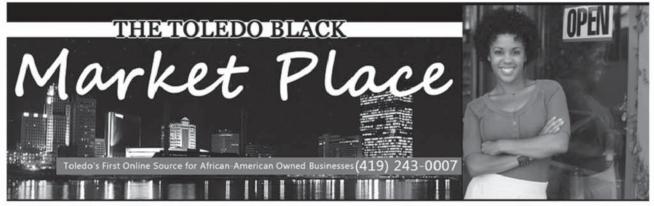
PROPERTY REVIEW MEETINGS

Unless otherwise noted, all events are scheduled 11 a.m. - 7 p.m.

Washington Branch Library
September 21 & 22
5560 Harvest Ln.

September 23 & 24 1020 Varland Ave.

After September 24,
please contact the Department of Education & Outreach
to schedule an appointment.
(419) 213-4406











ADS POSTED ONLINE AT:

www.TheTruthToledo.com and www. ToledoBlackMarketplace.com



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Annual Membership available and receive priority bookings, church and organizational bookings welcomed

Free Wi-Fi, Light refreshments available, Safe and secured lighted parking, Accommodations for parties up to 45,

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Catering Referral Services Available upon request

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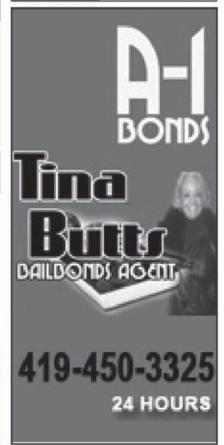
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CLASSIFIEDS

September 23, 2015

Page 15

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Unison Behavioral Health Group, Inc. Human Resources 2310 Jefferson Ave. Toledo, OH 43604 Website: unisonbhg.org Fax: 419-936-7574

EOE

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419-243-0007

www.TheTruthToledo.com

SNOW PLOW OPERATORS WITH VEHICLES

The City of Toledo, Streets, Bridges, & Harbor Division is interested in contracting with owners/operators of snow plow vehicles for plowing on residential streets during heavy snow conditions. All bids must be received by 1:30 PM October 27th, 2015, for a copy of the bid proposals and specifications visit https://www.planetbids.com/portal/portal.cfm?CompanyID=22576

STREETS, BRIDGES, & HARBOR 1189 W. Central Ave. Toledo, Ohio 43610 PHONE: 419-245-1575

SPECIAL NOTICE

RE: EXAMINATIONS FOR JOURNEYMAN WIREMAN

Applications for the Journeyman Inside Wireman test will be accepted October 5-9, 2015 at the International Brotherhood of Electrical Workers Local 8, 807 Lime City Road, Rossford, Ohio between 9:00 a.m. and 3:00 p.m. The qualifications to be eligible for this examination are: 1. Must be 18 years of age or over, 2. Must live in the jurisdiction of Local 8 for one year prior to application. 3. Must have proof of 4 years emplovment in the commercial/induselectrical construction industry.

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Must be willing to work a flexible schedule that may include evenings and will be required to travel to various sites to perform work. Qualified candidates must possess current Ohio licensure as a Practical Nurse and at least one year experience in a behavioral health setting.

Please visit our Web site for more details or apply to:

Unison Behavioral Health Group, Inc. Human Resources 2310 Jefferson Ave. Toledo, OH 43604 Website: unisonbhg.org Fax: 419-936-7574

EOE

TRAINING CENTER CLERK

Lucas County Children Services is seeking a candidate to provide clerical support for our Regional Training Center. Requirements can be viewed at www.lucaskids. net. Apply online by 9/11/15. No phone calls please. EOE Valuing Diversity

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TOLEDO ZOO SEEKING VOLUNTEERS

Toledo, Ohio - The Toledo Zoo is accepting applications for adults interested in volunteering as a member of our Zoo Educator program. This program is a great way for people 8 and over to get involved in the community, learn about animals and conservation while inspiring others to care about wildlife.

Zoo Educators (Eds) work on and off Zoo grounds to engage visitors, assist with educational activities and biofacts (biological artifact), introduce visitors to live program animals and offer scripted interpretive programs at key Zoo exhibits. Zoo Eds receive training that focuses on animal science and conservation. These training classes prepare volunteers to lead visitors and students in conversations that help develop connections with animals at the Zoo. In addition, Zoo Eds also assist education staff with classroom programming by visiting area schools and organizations to present curriculum-driven programs such as Cool Coverings, Animal Needs, Story Safari and more.

Bill Davis, the Zoo's volunteer manager says: "The Zoo's mission highlights the importance of inspiring others to care about nature and serving as a Zoo Educator provides a unique opportunity for people to fulfill that objective. By engaging with visitors and sharing their enthusiasm for animals and nature, our Zoo Educators have an impact that lasts long after the gates have closed for the day."

For more information about Zoo Eds and other Zoo volunteer opportunities, please visit toledozoo.org/volunteers or contact Bill Davis at 419-385-5721419-385-5721 ext. 2045 or bill.davis@toledozoo.org.

St. Paul MBC Holds Annual Women's Day -"The Essence of a Godly Woman"

Sojourner's Truth Staff

Orange was the color of the day this year during the annual St. Paul Missionary Baptist Church's Women's Day Celebration on Sunday Sep-

The bright orange scarves and hats reminded the congregation that fall is in the air and the holiday celebrations are just around the corner.

On this Sunday, however, the theme for Women's Day was "The Essence of a Godly Woman" and guest speaker Sister W. Jean Lark of Union Grove Missionary Baptist Church addressed the theme during her sermon to the congregation.

"I ask myself, "What is a Godly Woman," wrote Women's Day Chairman Sharon Hubbard of the day's theme. "Well, I believe she is a Christian woman who stands out from the women of the world. She is an example of how God created a woman to be. A Christian woman who is devoted to God knows that only He can fulfill the desires of her heart.'

Rev. James H. Willis, Sr., pastor of St. Paul MBC for the past 12 years, added his own thoughts about what women of the Bible and of the congregation mean to the church: "Understanding the fact that the ideal women in the Bible, nor here in this church, are not retiring, servile and domestic, they are excellent wives and mothers.

Other highlights of Sunday's service included the call to worship by Iola Lewis, the explanation of the purpose of Women's Day by Barbara Tucker, a poem by Marelen Cook and a solo by Theresa Deeble.

Prior to the service, First Lady Linnie Willis led the women's joint Sunday School session.

Debbie Dean-Mitchell served as the Women's Day co-chairman; Jvann Winfield as chairman of the Decorations Committee and the Program Committee; Carol Adams as chairman of the Finance Committee

(Karen Glover as co-chairman); Lynnell Jones and Michelle Jenkins as co-chairmen of the Music Committee; Linda Garner as chairman of the Publicity Committee; Berene Miller as chairman of the Ushers; Lucyetta as chairman of the Nurses and Deborah Gardner as chairman of the Devotion Committee



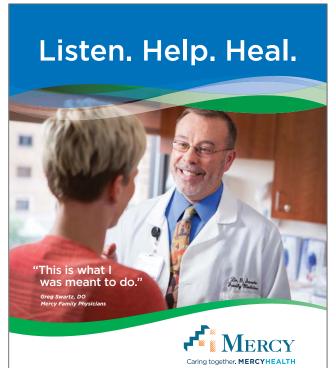
Pastor James Willis, First Lady Linnie Willis, Speaker Jean Lark, Women's Day Chairman Sharon Hubbard, Co-Chairman Deborah Dean-Mitchell.JPG



The Women's Day Choir Praise and Worship



Young women celebrate Women's Day - Miriam Dabbs, Nabhira Hunter, Vanessa



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