



Volume 34, No. 8

*"And Ye Shall Know The Truth..."*

August 12, 2015

# MLK Academy for Boys

## *In Back to School Issue....*

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Principal Willie Ward and Assistant Principal William White

# Tips to Boost your Family's Energy for Back-to-School Season

*Special to The Truth*

It's time to gear up for a new school year. That means buying supplies and clothes, coordinating schedules, and adjusting to new routines.

All the preparations can leave you feeling drained, but with the proper fuel you can ensure your family has the energy needed to ace each day.

## Meal Plan

Kick off the year by creating a meal plan, which will help you stay organized, maintain a good diet and avoid repeat trips to the store. To simplify shopping and preparation, put together a list of favorite meals and snacks; then group according to common ingredients. Use a dry erase calendar, spreadsheet or online template to plot out menus one week at a time. Then, draft a grocery list and stick to it. This will help you pass up the chips and cookies for more energy-boosting options.

When you arrive home, immediately wash and prep produce for the week to make it that much easier to make nutritious meals all week long.

## Start the Day off Right

Wholesome breakfasts provide a pick-me-up in the morning and throughout the day. Squeeze some oranges for fresh juice and a vitamin C boost. You can make a pitcher each weekend to last several days. Serve with homemade granola bars for a satisfying start to the day.

Smoothies are another easy breakfast. Whip up personalized flavors for each family member using the pre-set Smoothie and Power Blends programs on a Vitamix S50. This personal blender's 20-ounce container becomes a good travel cup for school or work. Freeze a variety of individual servings of fruit and vegetable combinations into zip-top bags, blend with yogurt, milk or juice, and head out the door. Or use the machine's 40-ounce container to make larger batches for the family to enjoy together. A nourishing smoothie provides the fuel necessary for a productive start to the day.

## Mid-Day Motivation

Prep power-packed lunches for school and work by including protein,

fruits and vegetables in an assortment of tastes and textures. You can use a premium blender to quickly prepare all kinds of dips and nut butters. Try homemade hummus with cucumber slices and carrot sticks and a side of strawberries and grapes. Or create fun finger foods, such as a peanut butter and apple wrap, or ants on a log -- almond butter and raisins on a celery stick.

Remember to stay hydrated. Water is fuel, and even mild dehydration can slow down body systems, resulting in fatigue. Carry a large container of water to drink throughout the day.

## Dinner Delight

Continue beneficial eating habits at dinner. Add extra vegetables to your menu with a squash cheese sauce for a new take on whole wheat macaroni and cheese. Or bake a wholesome pizza using fresh pesto or a white bean purée as the sauce.

Instead of hitting the couch after dinner, complement healthful eating by taking a walk with your family. Exercise provides a natural endorphin boost, giving you extra motivation to maintain healthy habits.

With a little planning, a busy schedule won't be an excuse for bad habits.

*Courtesy StatePoint*

## Community Calendar

### June 13-September 12

Evangelical Church of God: Free parenting classes and free anger management classes: 419-297-3530

### August 14-15

United Community Church Flea Market and Musical: Starting at 9 am both days: 419-574-8671

### August 15

Book Signing: Destiny's Child by author Crystal Dixon; 1-3 pm; My Daily Great Coffeehouse in Perrysburg: [www.crystaldixon.com](http://www.crystaldixon.com)

### August 16

First Church of God Amazing Annual Community Church Picnic: Winterfield Park; 10 am to 4 pm  
United Church of God "Bless the Children:" 10 am to 1:30 pm: 419-810-6335

### August 17-22

United Ways Days of Caring: A community-wide effort showcasing volunteerism; August 20 – Chase STEM Academy – 9 am to 4 pm; August 20 – Robinson Elementary – 8 to 11 am; August 21 – Pickett Academy – 9 am to 4 pm

### August 21-23

Church of the Living God Dedication: New location at 3220 Meadowbrook Ct; Friday at 7 pm guest Pastor Talmadge Thomas of City of Zion Mt. Zion; Saturday at 7 pm guest Pastor Eugene Harris of Rock of Praise; Sunday at 11 am guest Bishop Charles Townsend of Church of the Living God of Indianapolis: 419-726-4900

### August 23

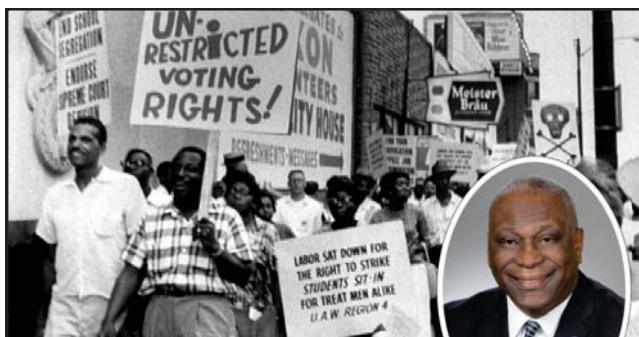
Calvary MBC Deacon/Deaconess Ministry 5th Celebration: 4 pm; Speaker Deacon Calvin Lewis of Union Grove Baptist along with various male choruses

### August 28-30

City of Zion Mt Zion Church "Forgiving Forward:" Friday at 7 pm, Saturday at 9 am, Sunday at 10:30 am; Guest presenters Dr. Bruce and Toni Hebel: 419-246-1850 or [cozmtzionchurch.com](http://cozmtzionchurch.com)

### September 4-6

Armory Church Latter Rain 2015: Guests – Prophet Brian Carn, Pastor Rodney Posey, Supt. Greg Jordan and Calvary COGIC: 419-537-9736



## The Voting Rights Act at 50

State Rep. Michael Ashford

As your state representative, I am working to ensure every eligible voter in Ohio is registered, every registered voter is able to vote, and every vote is accurately counted.

While we've made significant progress in securing the right to vote for eligible Americans, too many voters still face difficulties in the voting process—from registering to casting a ballot to having their votes counted.

Those often disproportionately affected are communities of color, young people, the elderly, low-income individuals and disabled voters, as well as military members and veterans.

It is critical the faith community continues to lead the fight to restore the Voting Rights Act, and I pledge to stand with you in that fight. As we celebrate the 50th anniversary of the Voting Rights Act, let's encourage our community members to turn their energies toward creating change at the ballot box.

**When more Americans vote, our democracy is stronger.  
Our nation is stronger.  
Our community is stronger.**

<http://www.ohiohouse.gov/mike-ashford>



# What a Trump White House Would Look Like

By Lafe Tolliver, Esq  
Guest Column

The year is 2017. The place is the White House. President Barack Obama has just left the building after begrudgingly welcoming in the new president, Donald Trump, along with his third trophy wife and his ever present personal hair stylist.

The Republican Party is in total disarray with prominent Republicans resigning left and right in order to avoid working with The Donald especially so in light of the heated name-calling that took place among them during the contentious presidential campaign.

Democrats on Capitol Hill are nervously taking all-night cram courses in Donald's best-selling book, *The Art of the Deal*, so they can figure out how The Donald thinks.

Hillary Clinton has been spotted in the Seychelles Islands wandering amongst the brilliantly white sand dunes with Bill, shell shocked and mumbling out loud to herself, "It was my turn...it was my turn to be president!"

At the same time, Bill Clinton is practically in tears thinking about the many young and shapely interns whom he will never have a chance to show the inner workings of the Oval Office.

China and Mexico are hastily recalling their ambassadors for immediate conferences regarding their economic policies of sending cheap goods to the US markets made by low-paid peons working in sweatshops.

Russia has gone on a full military alert and the pudgy and erratic North Korean dictator has called in his friend, the former NBA basketball star Dennis Rodman, for private consults about a Trump presidency.

Vidal Sasoon stock prices rose over 400 percent due to everyone now wanting the "Dah-nold" signature hair spray coiffure.

Rick Perry hastily takes off his recently-acquired intellectual looking heavy black eyeglasses and says to no one in particular, "If I is dumb as a doorknob, so be it!"

Jeb Bush yells, "No Mas!" and retreats to a private housing enclave in Mexico with his wife and family vowing never to run again for political office.

U.S. Senators Ted Cruz and Marco Rubio, suddenly and without warning, leave their shocked spouses and later get married and run off to start a coffee and pastries bar in Amarillo, Texas.

They were married by the former President Jimmy Carter in front of the Lincoln Memorial. All three men wore matching pink ties and socks.

Michelle Obama receives a \$10 million advance on a book deal from Amazon to write her memoirs including her unvarnished reaction to people calling her daughters "ghetto trash" and her take on Rush Limbaugh and Sean Hannity of Fox News.

Barack Obama goes, unnoticed, to a secret bank vault in New York City and gets an original document that shows that he was indeed born in Kenya! He smiles and suddenly leaves the country, under the cover of night, to practice immigration law in Nairobi. Valerie Jarrett, his longtime political adviser and friend, is hysterical and crushed by the news.

Defense contractors sing, "Happy Days Are Here Again!" as they line up to cash in on multi-billion dollar military contracts due to Donald's promise to make America again rule the world!

Hispanic voters who voted 8-1 against the Trump panic and start leaving the country in droves heading back to Costa Rica, Honduras, Mexico and Panama while singing the plaintive tune, "Adios Amigos."

They leave hundreds of thousands of torn up green cards in their exits.

Donald issues an executive order by which he places over the front door of the White House a lit sign of gold applique letters, nine feet by nine feet, that sparkles and blinks, TRUMP MANSION!

The chairman of the Republican Party takes an extended leave of absence and voluntarily admits himself into the Betty Ford Hospital for acute depression treated only by daily electrical shocks.

The recently-opened ambassador's residence and embassy in Havana, Cuba is quietly closed and boarded up by unknown agents.

A confused Senator John McCain is found walking in circles outside of the Dover Air Force Base and asking to be returned to captivity in North Vietnam.

Asked why, he says, "Anything is better than a Trump presidency!"

Donald packs the U.S. Supreme Court with an additional six justices of his own choosing and when the currently-sitting justices vehemently

protest, The Donald, on national television tells them, "You're Fired!"

In an executive order numbered 325, The Donald declares the day after Christmas to be the Day of The Donald with everyone making merriment due to The Donald's enthusiasm driving up the stock market over 800 points in just three days after his inauguration.

Senator Mitch McConnell and Congressman John Boehner come, hat in hand, to The Donald asking for mercy and Trump grants them political amnesty regarding their concerted acts of trying to derail his presidency bid.

Later, but too late, it is found out that The Donald overinflated his estimation of his wealth by a factor of 100. He is only worth about \$25 million. When asked about these inflated figures, The Donald says, "Everyone loves me...don't worry about it!"

The Donald's arch nemesis, Lawrence O'Donnell, of the MSNBC network, mysteriously disappears but is later found in Rio teaching samba lessons to expats and half-heartedly assisted by an equally depressed Rachel Maddow.

In another executive order, The Donald has his likeness carved into Mount Rushmore wearing a gold chain with a large "T" that can be seen from outer space.

When asked about his tax policies and the national debt, Trump indicates that he wants all loyal Americans to send in their next eight paychecks to the IRS and the IRS will send back to them what the IRS determines is needed for their expenses.

Millions of people, infatuated with the logic and deep wisdom of The Donald do so and the national debt is wiped out in seven months!

So, people...relax. A Trump presidency won't be that bad after all!

Contact Lafe Tolliver at [Tolliver@Juno.com](mailto:Tolliver@Juno.com)

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# MLK Academy: Leaders Shaping Boys of Destiny to Become Men of Distinction

By Fletcher Word

Sojourner's Truth Editor

For the first time in its history, the Martin Luther King, Jr. Academy for Boys, a Toledo Public Schools single-gender elementary school, will be led by two black males. This year, Principal Willie A. Ward and Assistant Principal William R. White will be at the helm of the predominantly African-American student body.

The academy, which was established during the 2003-04 school year by TPS, was originally the Lincoln Academy for Boys. As the schools were re-built over the course of more than a decade, the single gender academy was moved to the old Washington Elementary School and, finally, into the newly-constructed MLK School on Dorr Street six years ago.

Principal Ward, a 26 year TPS veteran, arrived at MLK as assistant principal during the 2010-11 academic year and assumed the top position two years later.

Assistant Principal White, entering his first year with MLK and with TPS, arrived via a different route. A charter school veteran, White was most recently the school leader at Lake Erie Academy of the Leona Group. He was recruited by TPS Superintendent Romules Durant, Ed.D, to join the public schools district.

In a school district with few black males as either teachers or administrators, the coincidence of two black males in such positions at a boys academy, overseeing a predominantly black student body, would be fascinating all in itself it that's all there was to the story.

But the story gets even more interesting considering Ward and White's history and background.



Ward and White

Both men are themselves products of TPS. Both men grew up in the MLK neighborhood, both attending the old MLK Elementary School at times during their childhood. Both men attended and graduated from the old Macomber High School. And both men graduated from Macomber the same year – in 1984.

Yes, indeed, together again after all these years. In circumstances that both believe will be beneficial to a student body with whom they have so much in common.

"This is part of our fabric," says newcomer White. "Things are in play now that began long before any of us went here."

Having been part of the community and neighborhood, both Ward and White have a sense, perhaps more than most, of the challenges they face in educating a group of students from a difficult inner-city background.

"We want to educate them as to what their possibilities can be," says Ward of the leaders' goal with respect to their young charges. That mis-

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**MLK Academy.. continued from page 4**

sion is reflected, he notes, in the school's creed – "We will show RESPECT for everyone; We will accept our RESPONSIBILITIES; We will develop positive RELATIONSHIPS with others."

Nevertheless, while Ward and White find themselves in familiar surroundings, for them so much has changed in that community since their youth. Whatever challenges their own youthful experiences might have presented, these days for their students, they say, those challenges have greatly increased.

"Now, when we are bringing in a student, we have to infuse in him a respect for education," says Ward of the type of respect he remembers bringing to school with him. "That burden is on educators more than ever. I look on that as a super opportunity to reach these boys."

So the school leaders' challenges are several fold, they say.

"My challenge is to educate parents," says Ward. The objective within the school walls, he adds, is to inspire a diverse staff to approach students as individuals.

"How do we empower teachers to approach the education of each and every person in this building individually?" he says. "How do we reach each kid?"

And, how will they measure success?

"I want to see a kid nurtured so that as he gets older, he will pass that on to others," says White of their standard of success. "You have to bring that to the table yourself – it's not written into the curriculum."

MLK is an SEL school – social and emotional learning – which provides a guideline for the treatment of students.

"We create an environment in which we care for everyone in the building," says Ward.

However, for educators, say Ward and White, the issue is not one of "do you or don't you care about your students."

"All educators care," says White. "But how do they care?"

Given the challenges presented by an all-too-often rudderless inner-city community, "the burden is on educators more than ever before," says Ward. These circumstances present a "serious self-reflection of why you do the work," adds White.

The Academy for Boys, whether at Lincoln, Washington or MLK, has had its moments of success, and its ups and downs, as reflected in the State of Ohio Report Card. Several years ago, the school achieved an "excellent" grade before the scoring system was replaced by letter grades. The last several years have seen a dip in grades, with the most recent academic year grade yet to be announced.

So the challenges mount for the school leaders – instill respect for education in their students, educate the parents so that learning is seamless process, nurture and, above all, educate in a way that success is measurable.

Ward and White, friends since childhood, went their separate ways after leaving Macomber. Ward's focus had always been on going into education. He attended Defiance College, majoring in health and physical education, minor in special education.

He coached, began teaching as a substitute and received his teaching certificate in 1990

and started working at McTigue Junior High. He eventually entered the Bowling Green State University's education administration program to earn his master's degree.

White was not quite as focused in his youth. He turned to teaching late, entering Lourdes College (now university) majoring in history and adolescent education, before joining the charter school system and rising to the position of school leader.

Together again, the two administrators are just where they believe they should be at this point in their lives.

"My journey keeps moving me where I was meant to be," says White.

"I want this to be the type of place where parents in the future know I was here and here for a long time," says Ward.

Respect, Responsibilities, Relationships – the MLK creed that both men take so seriously is what they expect to guide them in their approach to their duties as their students come and go during their time at MLK.

Success, they believe, will follow that approach.

"A high level of learning is the bottom line," says Ward.



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## TPS Announces Parent Engagement Program

*Special to The Truth*

The motto of the new Parent University is "FOR parents BY parents!" Toledo Public Schools has partnered with Partners In Education to coordinate FREE classes for area parents and guardians on a variety of topics that will help them raise happy, successful children. Parents and officials introduced this initiative at a Registration Kick-Off on August 11.

The concept is simple: Parent University will bring together community resources and leaders to offer FREE classes on a variety of topics throughout the school year. Parent groups have decided what classes should be offered and will even lead some of the classes that start this fall. Topics include Healthy Cooking, Standardized Testing, Preparing for College and Career, Parent Leadership and more. **Childcare and transportation will always be provided for these one to two hour classes held across Toledo.**

Registration for all classes will begin at 10 a.m. on Tuesday, August 11 during the Registration Kick-Off event at Grove Paterson Academy, 3020 Marvin Ave. A news conference was held at the school at 10:30 a.m., where Romules Durant, Ed.D, CEO/superintendent of Toledo Public Schools, was joined by parents excited for this new initiative.

Board of Education member Chris Varwig, a driving force behind bringing Parent University to TPS, also spoke. Registration will also be available online and sent home with students once school starts.

## Sen. Brown Announces More Than \$270,000 to Increase Retention and Graduation Rates for Lourdes University Students

*Federal Funds Will Provide Supportive Services for Low-Income and First Generation Students*

*Special to The Truth*

U.S. Sen. Sherrod Brown (D-OH) this month announced that the U.S. Department of Education has awarded \$271,404 to Lourdes University in Sylvania for the first year of a five-year TRIO Student Support Services (SSS) program grant. The SSS program is designed to increase retention and graduation rates of low-income, first-generation, and disabled college students.

"Education is the key to providing all Ohioans the opportunity for success," Brown said. "But there are many students that could benefit from additional academic tutoring and help navigating financial aid and scholarships. This funding will help ensure that all students have access to the supportive services they need to succeed in college."

Lourdes University will use this funding to give 160 low-income, first-generation and disabled students access to programs such as a summer bridge program, structured first year program, financial literacy counseling, and small group instruction.

## African Art Has Arrived!!

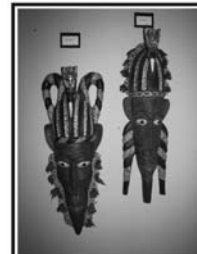
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# Back-to-School Organization Tips for a Successful School Year

## Special to The Truth

When the school year begins, students need to quickly get back into the swing of things. Staying organized from day one can ease the transition.

While every individual needs to tweak his or her routine to best suit personality quirks and study habits, here are a few tried-and-true organization tricks that will work for most anyone:

### Get Scheduled

While the word "bedtime" may have no meaning on summer vacation, during the school year, it's vital. A regular sleep schedule can mean better quality sleep and higher alertness at school. Likewise, a morning routine can help students focus and prep for the day.

Family members should share their schedules with each other to ensure everyone gets to practice, club meetings and other activities on time. Install a household calendar or bulletin board in a central location to ensure everyone stays in the know.

### Stomp out Clutter

Lockers and backpacks need to stay organized. Whether notebooks, binders and textbooks are arranged by sequence of the day, subject or color isn't important so long as the system works for you. To create more storage space in your locker, add durable,

stackable locker shelving.

For on-the-go book hauling, look for a backpack such as the Five Star Expandable Backpack that features two expanding compartments providing additional space, along with protected storage for laptops.

Its patented zipper allows you to quickly get inside your backpack while it's hanging in your locker. Ergonomic patent-pending straps distribute weight to

comfortably support a heavy load.

To cheer up your locker with a boost of color and add a place for quick reminders and mementos, try the Five Star Magnetic Mirror + Push Pin Board. Its slam-resistant magnets will keep it affixed to the inside door of your locker. There isn't much time between classes, so a mirror is a welcome locker feature when there isn't time for the bathroom.

...continued on page 12



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# Christmas in July? Not Quite, But There Was Plenty of Giving Taking Place on the City's Eastside in July

Special to The Truth



Ambassadors at Weiler Homes

Books 4 Buddies hosted an event at the LMHA Weiler Homes complex where residents were treated to books, burgers and bags of goodies.

With the inviting music of Michael Jackson in the background, about 100 people ignored the heat and attended the event which also included vision screenings, Kindergarten and Head Start registration, arts and crafts, and a raffle.

Books 4 Buddies, founded by Toure' McCord II, is an organization that collects new and gently used books for disadvantaged youths. It



Deputies and Volunteers at Weiler Homes

then gives or distributes the books back into the community. The organization's President Laneta Goings estimates the group has donated over 30,000 books.

That tally is sure to head north as youngsters of all ages were allowed to pick out and keep the books they selected. For many, these books will become the initial deposit in their personal libraries.

Dozens of volunteers, from Toledo Public Schools, Toledo Youth Commission, and the Lucas County Sheriff's Office, were on hand to help the children make their selections and fill their totes with goodies like bookmarks, water bottles and plastic toys.

Also present, clad in their traditional orange T-shirts, were the Book Ambassadors. The 25 Ambassadors, a diverse group from area high schools, promote the mission of Books 4 Buddies and help improve literacy skills among boys. They also serve as role models and are already young community leaders.

This was on full display as the Ambassadors read to the children who were comfortably seated around them in the grass. Both readers and listeners refused to let the heat distract

... continued on page 9

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*Christmas in July... continued from page 8*

them as they interacted with one another. The Ambassadors participating in the reading included: Keshawn Corggens, Ivan Dye, Myles Johnson, Bryant Kobak, Zane Kruszynski, Scottie Seymour, Aaron Thompson, Jordan Topoleski, and Oran Williams.

Young Corggens was especially effective as the children fed off his energy level which seemed to match the heat index. But the Ambassadors never lose their focus, they're aware that this is not about them. As Jordan Topoleski, a sophomore from Sylvania Southview, said "it's about the kids."

Other highlights included the picnic lunch, provided by TPS, the



*Books4Buddies Ambassadors*

arts and crafts stations and the raffle giveaways handed out by Robert Mendenhall, TPS Director of Curriculum, and Captain T.O. Walker, of the Lucas County Sheriff's Office.

No surprise that the face painting area proved to be a popular destination, with many of the faces resembling animals better suited for the near 90° weather.

The Weiler Homes event in July was followed by a similar one at Birmingham Terrace on August 7 as the Ambassadors, Sheriff's Deputies, TPS representatives and Toledo Youth Commission repeated the formula for success that brought together so many volunteers and residents.

Books 4 Buddies has an upcoming event planned for the Northwest Ohio Rib Off (Aug. 13-16).

Sponsors of the organization include: The Blade, Apex Micrographics, Inc., Buckeye CableSystem, The Andersons, CedarCreek.tv, Fifth Third Bank, Franklin Park Mall, HART, LMHA, Lucas County Sheriff, John Tharp, Toledo Lucas County Public Library, Toledo Public Schools, and Toledo Youth Commission.

For more information on Books 4 Buddies visit [www.books4buddies.com](http://www.books4buddies.com)



*Peter Ujvagi and Vivian Crawford*



*Romules Durant and Laneta Goings*

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<sup>1</sup>SG Research and Consulting, 2015

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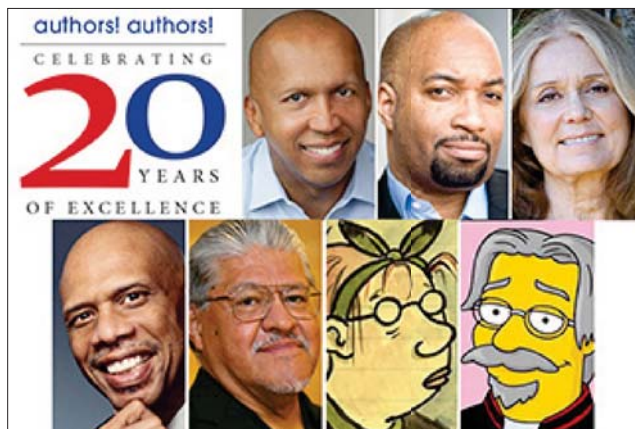
# The Blade/Library Celebrate 20 Years of Authors! Authors!

*Fall 2015/Spring 2016 season tickets on sale now:*

The Blade and the Toledo-Lucas County Public Library are proud to announce a diverse and spectacular lineup for the 2015-2016 season of Authors! Authors!

The authors represented in this upcoming 2015-16 season embody what has made the series so special and meaningful for community: social justice inspiration and award-winning human rights activist (**Bryan Stevenson**); the 2015 Newbery Medal and Coretta Scott King Honor Award Winner (**Kwame Alexander**); Toledo-raised, feminist, journalist, and socio-political activist and icon (**Gloria Steinem**); a global icon that changed the game of professional basketball, ambassador, author, Time columnist (**Kareem Abdul-Jabbar**); the Poet Laureate of Los Angeles and an award-winning activist and best-selling author (**Luis Rodriguez**), and an Eisner Award-winning cartoonist and graphic novelist (**Lynda Barry**) in conversation with her best friend, the Emmy-winning cartoonist, screenwriter, producer, and creator of The Simpsons, one of the most iconic shows in history (**Matt Groening**).

At each program, authors speak for about an hour, followed by a short question and answer session. Following the program, the featured author is usually available to sign copies of their works. Books will be available for purchase at the



program from Barnes & Noble Booksellers.

Tickets for the 2015-2016 Authors! Authors! series, presented by The Blade and The Toledo-Lucas County Public Library, are on sale now. Customers can purchase tickets online or at Library locations. For online ticket purchasing, visit our eventbrite page on [toledolibrary.org](http://toledolibrary.org).



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## Destiny: Step into Your Purpose By T.D. Jakes

By Terri Schlichenmeyer

The Truth Contributor

Around work, you've gotten a reputation as the go-to person for certain things.

Everybody has a talent; yours happens to be on the job. People know you're good, they utilize your ability, and you don't mind. It's not a big deal to you, but could there be more to it? **T.D. Jakes** thinks so, and in his new book *Destiny: Step into Your Purpose*, he shows how your talents may reveal a new path.

In the moments after leaving a meeting with Coretta Scott King some years ago, T.D. Jakes began to ponder something she'd said about destiny. He "lived a life to which [he] felt drawn." That kind of success, he knew, was attainable for everyone.

You have talents that are inherent inside you, says Jakes. You may not understand them. You may call them God-given, dumb luck, or fate, but those talents are your destiny and "...people must learn to live genuine lives that allow them to perform the... tasks they are gifted to do."

In following your destiny, remember that it's a process. That doesn't mean things can't happen quickly, but it's unlikely. Time will give you the chance to grow and learn to use your talents to their utmost; just be patient and understand that few things happen when it's convenient. Meanwhile, gather all the skills you can get, which "may be just what you need to propel you..." And remember that "the only reason we have steps is to get us to a higher level."

Learn to prioritize, not just in your tasks but in your relationships, your finances, and in your dreams. Don't "fix every problem that comes across your radar." Know how to handle situations that are important, and "leave behind small thinking."

Don't confuse who you *are* with what you *do*. Remember that pain and

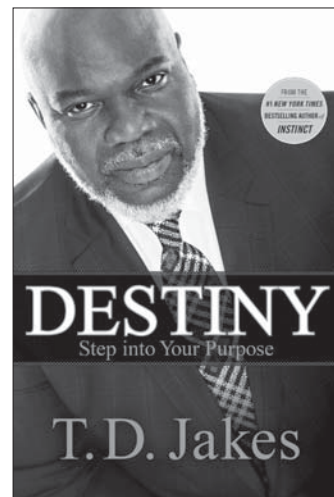
c. 2015  
Faith Words  
\$25.00 / \$30.00 Canada  
255 pages

failure are part of the journey, but don't let them deter you from your destiny and don't waste a second of your life. And remember that "Sometimes the best hello to a new opportunity is the good-bye you gave to a dead situation."

As I see it, there are two main aspects that set *Destiny* apart from other books that line the business shelves at the library or bookstore: it's perhaps not surprisingly quite faith-based, and it's very surprisingly quiet in its steadfastness.

Author T.D. Jakes is almost laser-focused-insistent in his urgings for readers, in fact, and that's not a bad thing. Jakes' words feel like a giant hand on your back, like an industrial magnet pulling toward success and his advice, though sometimes repetitive, is startlingly intense. Again, that's not a distraction, but there was one thing that *did* bother me: I saw words on responsibility but not much about what to do if a destiny is misread or, if chased, turns sour.

And so, though I liked this book quite a bit, I would've liked to see more of balance. Still, I can't argue with pages and pages of fierce inspiration and direction – and that alone could make *Destiny* your go-to book.



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### Bryan Stevenson

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**Tuesday, September 29, 2015**  
(McMaster Center, Main Library, 7 p.m.)



### Kwame Alexander

Publisher, poet, literacy advocate and author

**Thursday,**  
**October 22, 2015**  
(Main Library,  
7 p.m.)



### Gloria Steinem

Award-winning political activist and journalist

**Wednesday,**  
**November 18, 2015**  
(Stranahan Theater,  
7 p.m.)



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# TPS, Buckeye Program with UT Expands to 150 Students

*Special to The Truth*

What started as a pilot program for spring semester with two dozen Toledo Public Schools students has proven so successful that, this fall, 150 TPS students will start earning college credit through online courses at the University of Toledo.

That opportunity comes thanks to a unique partnership that calls for TPS to provide free laptops to the students and for Buckeye CableSystem to install free at-home Internet service for those students who need it.

In January, TPS provided laptop computers to 24 students at four of its traditional high schools – 10 at Woodward High School, six at Scott High School, five at Toledo Early College and three at Waite High School. Buckeye CableSystem provided at-home Internet service for those without access. Seventeen of the students earned an A or A minus in their class. Overall, the students in the pilot program posted a 3.47 GPA – higher than the UT class average of 3.22.

Such tangible success led to the decision by TPS administrators to open the program to students at all nine of its high

schools – and to greatly expand the number of students who will be participating. **Many of the 150 students taking classes this fall through the program were on campus Monday, August 10, for a 10:30 a.m. news conference announcing the expansion.** Also on hand were Romules Durant, Ed.D., CEO/superintendent of TPS, and representatives from Buckeye CableSystem and the University of Toledo.

“Allowing TPS students to earn college credits that also count toward high school graduation requirements is a key component in the mission of TPS to ‘produce competitive college and career ready graduates through a rigorous curriculum across all grade levels by implementing Ohio’s New Learning Standards with Fidelity,’” said Durant.

These students will be participating in College Credit Plus like other students in the area, but they will get added support in the form of TPS administrators working closely with Success Coaches at UT and monitoring their grades throughout the semester in case they need added academic help. The students were able to choose from the following list of subjects: sociology, psychology, cultural anthropology, social problems, astronomy and composition I. More choices are expected to be added for the spring semester.

“We are very pleased to be a part of this progressive initiative to help students reach their dream of earning college credit while in high school,” said John Adams, head of Dual Credit and Early Outreach Programs at the University of Toledo. “Toledo Public Schools is providing computer hardware and support, Buckeye CableSystem is providing Internet access and The University of Toledo is providing high caliber online curricu-

lum giving these high achieving students an opportunity of a lifetime and at no charge.”

“Buckeye CableSystem is pleased to be part of this great partnership,” said company spokesperson Keith Wilkowski. “Buckeye is committed to our community and we are especially glad to be able to make a difference in the lives of young people as Buckeye celebrates its 50th anniversary in 2015.”

## Organization Tips... continued from page 7

Organizational tools such as these can keep your ducks in a row all year long. Also remember to set time aside weekly to clean out your locker and backpack, throwing out candy wrappers and crumpled notes.

## Personal Organization

Students need to be able to keep more belongings than ever with them throughout the day -- traditional school supplies, paperwork, flash drives, calculators and other electronics. A binder that can contain it all will give students a chance to make sure their lives are in order, not just a class at a time. For a secure method of carrying supplies, look for the Trapper Keeper Zipper binder, with pockets and dividers to keep items organized, and the Five Star Zipper Binder + Expansion Pocket, which features storage for textbooks and a tablet, and has an adjustable strap that allows you to carry the binder messenger style or on your back.

At home, it's easy to get distracted from important tasks like studying and homework. Create a dedicated work space away from televisions and other distractions. Make sure the area is comfortable, well-lit and conducive to great work.

More study tools and tips can be found at [www.Mead.com](http://www.Mead.com).

The right tools and habits can empower students for a successful and organized school year.

*Courtesy StatePoint*

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# Ally-Saurus & The First Day of School By Richard Torrey

By Terri Schlichenmeyer

The Truth Contributor

On your first day of school, you become a First Grader.

That's a big step because you also become a scholar, a learner. You'll be someone who gets good grades and someone who likes recess. You'll be a kid who makes your family proud. But what if you just wanted to be a plain old kid... who's part dinosaur? In the new book *Ally-Saurus & The First Day of School* by Richard Torrey, you'll see what could happen.

c. 2015  
Sterling Children's Books  
\$14.95 / \$16.95 Canada  
32 pages

Though it may have looked like Ally's mother was waking a little girl up and helping her out of bed on the first day of school, that wasn't the case at all. What looked like a girl was really an Ally-Saurus, a fierce and dangerous dinosaur.

Minutes after rising, Ally-Saurus took off her dino jammies and put on her new dinosaur shirt and striped pants – backwards. That was so her “dinosaur tail can stick out,” she told Father. He made her put her clothes on the correct way, which made Ally-Saurus ROAR before she ate her breakfast with “fierce teeth.”

Would there be other dinosaurs in school? Mother wasn't sure about that, but she thought there might be a chance to make friends – and the first friend Ally-Saurus made was her new teacher, Mrs. Woolhandler.

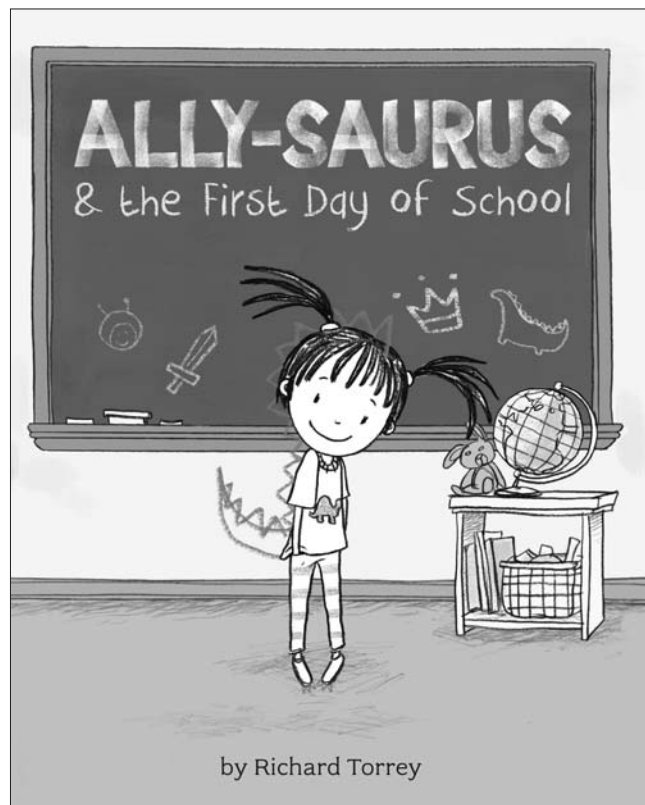
But the other kids...? They were a little tougher. The whole class made nametags for their cubies but Ally-Saurus was the only one who made a nametag in the shape of a dinosaur. Mrs. W taught the class about the weather but when Ally-Saurus said a cloud looked like a dinosaur, someone else saw something else. Ally-Saurus thought everybody liked dinosaurs but it turned out that a lot of girls liked princesses better.

They liked princesses so much that they wouldn't let an Ally-Saurus sit with them, so she had to sit by herself at an empty table in the lunchroom. If only she could be at home with her dinosaur toys. At least they'd eat lunch with her. Would a fierce Ally-Saurus ever be able to find friends at school?

Remember your first day of school? It was a pretty big day and no matter how much Mom prepared you for it, you were probably still a little nervous. If your child is facing the same jitters before class starts, then you need *Ally-Saurus & The First Day of School* in your home.

It's easy to fall in love with Ally-Saurus. From the jaunty ponytails and the self-assured smile, to the pink dinosaur scales across her head and down, she makes kids (and parents) smile. What I liked absolutely best, though, was the way that author Richard Torrey depicts a child's pretend-world. Ally-Saurus's dino-personality is clear to her and, eventually, it's clear to everyone who's able to become someone (or something) much more fun.

This book is a delight and I think your four-to-seven-year-old will love it. For children with good imaginations or for any kid heading to class this fall, *Ally-Saurus & The First Day of School* will make them roar.



by Richard Torrey

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Classes are held at the LCCS training center, 705 Adams St., in downtown Toledo.

**If you've thought about becoming a foster parent, it's time to take the next step. The kids need you!**

Becoming a foster parent starts with asking questions and getting accurate information.

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To learn more, call 419-213-3336, visit us online at [www.lucaskids.net](http://www.lucaskids.net) or find us on Facebook at [www.facebook.com/LucasCountyChildrenServices](https://www.facebook.com/LucasCountyChildrenServices).

**Lucas County Children's Services**

# CLASSIFIEDS

August 12, 2015

Page 14

## SNAP-ED PROGRAM ASSISTANT

For complete position description and online application instructions, please go to [www.jobsatosu.com](http://www.jobsatosu.com) and search by Job Opening Number **410884**. To assure consideration you must apply by **August 23, 2015**. The Ohio State University is an equal opportunity employer. All qualified applicants will receive consideration for employment without regard to race, color, religion, sex, sexual orientation or identity, national origin, disability status, or protected veteran status.

## LEGAL NOTICE

Proposals will be received by Lucas County Department Job & Family Services (LCDJFS) until **4:00 p.m., August 31, 2015** for the selection of Provider(s) to provide Fatherhood Services for eligible participants. Submitted proposals must be completed according to the specifications and provisions outlined in the Request for Proposals (RFP). The contract period will be from approximately **October 1, 2015** through **September 30, 2016**.

No bids will be accepted after **4:00 p.m., August 31, 2015**; bids that are submitted via any method other than that described in the RFP will not be accepted.

The Request for Proposals will be available on **August 12, 2015**. It will be available for potential bidders to download by going to the site: <http://www.co.lucas.oh.us/bids.aspx>.

An Electronic Question & Answer (Q&A) process will be from August 12, 2015 at 8:30 a.m. to August 19, 2015 at 4:00 p.m. **PARTICIPATION IS OPTIONAL, BUT IS HIGHLY ENCOURAGED.** Questions for the Q&A must be submitted in writing and received via email at [LUCAS\\_CONTRACTS@jfs.ohio.gov](mailto:LUCAS_CONTRACTS@jfs.ohio.gov) by August 19, 2015 at 4:00 p.m.; the posting of the Q&A will be on August 21, 2015. If any changes are made to the RFP as a result of the Q&A, an addendum to the RFP will be posted on the website address (noted above).

This notice is posted as of **August 12, 2015** at <http://www.co.lucas.oh.us/bids.aspx>.

The right is reserved to reject any and all bids.

By order of the Board of County Commissioners, Lucas County, Ohio.

Tina Skeldon Wozniak - President  
Pete Gerken - Commissioner  
Carol Contrada - Commissioner

**Bid: 48-16-RFP-01**

## LEGAL NOTICE INVITATION FOR BID

Sealed bids will be received by the Fallen Timbers Field Office of Toledo Area Metroparks, 6101 Fallen Timbers Ln., Maumee, Ohio 43537, no later than 3:00p.m. local time, on **Wednesday, August 19, 2015**, and thereafter will be publicly opened, read, and recorded for **Furnishing and Delivery of Aggregate Material for Metroparks of the Toledo Area**.

Scope of Work: includes furnishing and delivering bulk aggregate material to Metroparks throughout Lucas County.

All bidding documents may be obtained by bidders at **Toledo Area Metroparks, Park Services Department**, 6101 Fallen Timbers Ln., Maumee, Ohio 43537 free of charge or by emailing [jim.cassidy@metroparkstoledo.com](mailto:jim.cassidy@metroparkstoledo.com). If you have any problems accessing the information, please contact the Park Services Department at 419-460-1289 or by e-mail.

## NOTICE TO BIDDERS

SEALED PROPOSALS for bidding on **Toledo Metropark Resurfacing 2015, Sylvania Township, Richfield Township, City of Toledo, City of Maumee, Lucas County Ohio** will be received; opened; and read aloud at the Metropolitan Park District of the Toledo Area, Fallen Timbers Field Office, 6101 Fallen Timbers Lane, Maumee, Ohio 43537 **Thursday, August 20, 2015 at 3:00 p.m.** local time.

THE SCOPE OF WORK consists of paving improvements including removal of existing pavement, base preparation, and asphalt paving. Work shall also include maintenance of traffic, construction layout, and landscape repair of pavement shoulders. Bidders may obtain copies of plans, specifications, contract documents and plan-holder's list through Newfax Corporation, 333 West Woodruff, Toledo, Ohio 43604 between 8:30 a.m. and 4:30 p.m., Monday through Friday (check made payable to Newfax Corporation) or via the Newfax Digital Plan Room at [www.newfaxcorp.com](http://www.newfaxcorp.com). Newfax can be contacted at 419-241-5157 or 800-877-5157. A non-refundable fee of \$15 is required for each set of documents obtained. For additional information, please contact Martin Overholt @ 419-467-8414, [Marty.Overholt@metroparkstoledo.com](mailto:Marty.Overholt@metroparkstoledo.com)

## CHILD WELFARE CASEWORKERS

Lucas County Children Services is seeking candidates for Child Welfare Caseworkers. Education and experience requirements can be viewed at [www.lucaskids.net](http://www.lucaskids.net). Please submit your resume along with the application, by **8/14/15**. EOE Valuing Diversity. No phone calls please.

## CLERICAL SPECIALIST

Lucas Metropolitan Housing Authority is seeking experienced applicants for a Clerical Specialist position. Visit [www.lucasmha.org/Employment](http://www.lucasmha.org/Employment) and click on "Housing Choice Voucher Program" link for details. **Only online applications received at the above website by Sunday, August 16, 2015, will be accepted.** This is a Section 3 covered position. HUD recipients are encouraged to apply and are to indicate on the application if you are a LMHA Public Housing resident or Housing Choice Voucher Program participant. Persons with disabilities are encouraged to apply. **NO PHONE CALLS.** An Equal Opportunity Employer.



## HVAC/R TECHNICIAN

Lucas Metropolitan Housing Authority (LMHA) is seeking experienced applicants for HVAC/R Technician. Visit [www.lucasmha.org/Employment](http://www.lucasmha.org/Employment) and click on "Property Management" link for details. \$22.26/hr. Deadline: **8/9/15**. This is a Section 3 covered position and HUD recipients are encouraged to apply. Please note on your submittal if you are a LMHA Public Housing resident or Housing Choice Voucher Program participant. Persons with disabilities are encouraged to apply. **NO PHONE CALLS.** An Equal Opportunity Employer.



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# Toledo Singer-Songwriter Tatiana Owens Returns Home to Star in Croswell's 'Memphis'

*Special to The Truth*

Just after her graduation in 2010 from the Toledo School for the Arts, Toledo singer-songwriter Tatiana Owens moved to New York to pursue her music career. Now she's back, visiting her hometown and starring in a two-weekend run of "Memphis" at the Croswell Opera House in Adrian.

The show runs Aug. 14-16 and Aug. 21-23.

"Memphis" is a Tony Award-winning musical set in the segregation era and the early days of rock 'n' roll. It's loosely based on the life of Dewey Phillips, who was one of the first radio DJs to play African-American music for a white audience.

Owens plays Felicia Farrell, a talented black singer who falls in love with Huey Calhoun, the character based on Phillips.

"It is a tale of the birth of rock 'n' roll and how it brings people together and changes the lives of an African-American woman and a white man," Owens said.

The story is powerful and emotional, and so is the music, which runs the gamut of musical styles.

"It's soulful, jazzy, bluesy and rocky," Owens said.

Owens began making a name for herself as early as elementary school, when Toledo Mud Hens fans came to know her as "the little girl with the big voice." She was introduced to musical theater as a student at the Toledo School for the Arts, learning from Deb Calabrese, who is also the director of this production of "Memphis."

Since moving to New York, Owens has released her own EP, "Colorful," and had her music featured everywhere from VH1's "Love and Hip Hop" to ABC Family's "Becoming Us." Her song "Pendulum" was released by Def Jam Records/Universal Music Group as part of a "Love and Hip Hop" compilation, and her song "Winter Holidays" was featured on the Northwest Ohio Make-A-Wish Foundation's benefit CD, "Holiday Wishes II: River of Stars."



Tatiana Owens

She previously appeared on the Croswell stage in 2010's "A Chorus Line."

"Memphis" at the Croswell also features Dan Clair of Canton, Michigan, as Huey Calhoun; Derrick Jordan of Toledo as Felicia's brother, Delray; and Lydia Schafer of Toledo as Huey's mother, Gladys. Calabrese worked with Touch A Dream Dance Studio in Toledo to round out the ensemble for the show's powerful dance numbers.

"Memphis" opens Aug. 14 and runs for two weekends, with Friday and Saturday shows at 8 p.m. and Sunday shows at 2:30 p.m.

The Croswell is at 129 E. Maumee St. in downtown Adrian. Tickets range from \$15 to \$35 and can be purchased online at [Croswell.org](http://Croswell.org) or by calling 517-264-7469.

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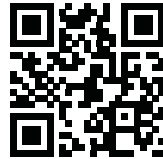
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- **Aurora Academy** 11A/B East Broadway Crosstown
- **Autism Academy of Learning** 18A/B/C Sylvania Ave Crosstown
- **Bennett Venture Academy** 18A/B/C Sylvania Ave Crosstown
- **Bowsher High School** 34A/B/C Airport Hwy Crosstown
- **Central Academy of Ohio** 18A/B/C Sylvania Ave Crosstown *AND/OR* 20A/B Upton Ave Crosstown
- **Central Catholic High School** 18A/B/C Sylvania Ave Crosstown *AND/OR* 37A/B Central Ave Crosstown
- **L Hollingworth** 11A/B East Broadway Crosstown
- **The Phoenix Academy at East Toledo Family Center** 11A/B East Broadway Crosstown
- **REACH Academy** 11A/B East Broadway Crosstown
- **Gesu School** 20A/B Upton Ave Crosstown *AND/OR* 36A/B Hawley Street Crosstown
- **Jones Leadership Academy** 36A/B Hawley Street Crosstown
- **OLPH** 34A/B/C Airport Hwy Crosstown
- **Phoenix Academy** 27A/B/C Reynolds Rd Crosstown *AND/OR* 34A/B/C Airport Hwy Crosstown
- **Rogers High School** 27A/B/C Reynolds Rd Crosstown
- **St. John the Baptist Catholic School** 37A/B Central Ave Crosstown
- **St. John's Jesuit High School** 27A/B/C Reynolds Rd Crosstown *AND/OR* 34A/B/C Airport Hwy Crosstown
- **St. Patrick of Heatherdowns School** 27A/B/C Reynolds Rd Crosstown *AND/OR* 34A/B/C Airport Hwy Crosstown
- **Saint Francis de Sales High School** 20A/B Upton Ave Crosstown *AND/OR* 36A/B Hawley Street Crosstown
- **Scott High School** 36A/B Hawley Street Crosstown
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- **Toledo Christian Schools** 34A/B/C Airport Hwy Crosstown
- **Toledo School for the Arts** 37A/B Central Ave Crosstown
- **Toledo Technology Academy** 18A/B/C Sylvania Ave Crosstown *AND/OR* 20A/B Upton Ave Crosstown
- **Trinity Lutheran School** 34A/B/C Airport Hwy Crosstown
- **Waite High School** 11A/B East Broadway Crosstown
- **Wildwood Environmental Academy** 27A/B/C Reynolds Rd Crosstown *AND/OR* 34A/B/C Airport Hwy Crosstown
- **Winterfield Venture Charter Academy** 27A/B/C Reynolds Rd Crosstown
- **Woodward High School** 37A/B Central Ave Crosstown

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the TARTA bus! **Let the bus go...**  
**then you go.**

