



Volume 31, No. 3

*"And Ye Shall Know The Truth..."*

December 17, 2014

# A New Preacher

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Photo by Johnnie Lee Early

Rev. Herman Harrison of Third Baptist

# Attention Must Be Paid

By Rev. Donald L. Perryman, D.Min.  
The Truth Contributor

*The Negro does not want love. He wants justice.*

— E. Franklin Frazier



Note: The following is a guest commentary by Rev. Alan Bean, Ph.D.

Glancing at the paper this morning over breakfast, I noticed the headline, "Race relations arguably worse in 'Age of Obama'."

That banal conclusion is based on a recent poll suggesting that 43 percent of Americans believe that having an African-American president has not helped race relations, while only 34 percent believe it has helped.

This assumes that race relations—white folks and people of color getting along—is what we're shooting for. It isn't. Racial justice is the goal.

It could be argued that race relations declined significantly during the civil rights era when all those white folks were foaming-at-the-mouth-angry. Never in a thousand years would they give the Negro equal status in America.

In fact, a common line of argument in the late 1950s and early 1960s accused civil rights activists and "outside agitators" of stirring up racial enmity. Before the Freedom Rides, sit-ins, marches and mass meetings began, it was said, white folks and black folks dwelt together in harmony.

A superficial harmony can mask a racial justice problem. As Martin Luther King Jr. pointed out in his letter from the Birmingham Jail, African Americans have little interest in improving race relations "When you have seen hate-filled policemen curse, kick, brutalize and even kill your black brothers and sisters with impunity . . ."

Most African-Americans, 50 years on, still feel brutalized by law enforcement. That isn't the voice of anarchy you hear on the streets of Ferguson; it's the voice of despair.

We need police officers. Poor black neighborhoods need them most of all. But after generations of fear, arrogance and abuse, a simmering hostility has evolved between poor black neighborhoods and the police officers charged with serving and protecting them.

To be sure, the riots and looting we have witnessed in Ferguson and elsewhere have garbled the message of legitimate protest; but no one should be surprised by the broken shop windows and burning buildings. We all knew it was coming.

The ink was hardly dry on the Voting Rights Act of 1965 when riots broke out in Watts, an inner city Los Angeles neighborhood. In 1967, Dr. King described a memorable encounter.

*I was out in Watts during the riots. One young man said to me... 'We won!' I said, 'What do you mean, 'we won'? Thirty-some people dead—all but two are Negroes. You've destroyed your own.*

What do you mean 'we won'? And he said, 'We made them pay attention to us.' When people are voiceless, they will have temper tantrums like a little child who has not been paid attention to. And riots are massive temper tantrums from a neglected and voiceless people.

In *Death of a Salesman*, Willy Loman's wife, Linda, understood the silent rage of the dispossessed and the ignored.

*Willy Loman never made a lot of money. His name was never in the paper. He's not the finest character that ever lived. But he's a human being, and a terrible thing is happening to him. So attention must be paid. He's not to be allowed to fall into his grave like an old dog. Attention, attention must be finally paid to such a person.*

When people are ignored for too long, they lash out like wounded animals in a trap. So long as terrible things are happening in the invisible neighborhoods of America, a modest improvement in race relations is meaningless and misleading. We won't have racial justice until white America acknowledges that terrible things are happening and, worse still, we are responsible for those terrible things.

That's a lot to ask, I realize. So long as white people control the national conversation we can ignore racial reality if we want to. Out of sight, out of mind. We won't change until somebody gets our attention. That's what the protests across the nation are all about: getting our attention. White people don't like it. We're not supposed to like it. We're supposed to pay attention. Because, if we don't, nothing will change.

Rev. Alan Bean, Ph.D., is Executive Director Friends of Justice Used by permission

Contact Rev. Donald Perryman, D.Min., at [drdlperryman@centerofhopebaptist.org](mailto:drdlperryman@centerofhopebaptist.org)

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## Community Calendar

### December 17

Philips Temple CME Monthly Food Pantry and Free Clothing Drive: 10 am to 1 pm: 419-242-7906 or [ptctol@sbglobal.net](mailto:ptctol@sbglobal.net)

### December 21

United Church of God Kids' Church Celebration: 10 am to 1 pm; Kids' Church ages 4 – 12; Praise, pizza and puppets: 419-509-2024 or 419-810-6335

Central MBC Choir Christmas Concert: 11:15 am; Classic tunes of the season and gospel songs; Marty Harris of New Life COGIC will be guest musician: 419-244-6096

Friendship Baptist Church Christmas Musical: "Signed, Sealed and Delivered;" 8:30 pm

New Covenant Church Christmas Service: 11 am; Woodward High School First Missionary Baptist church Third Pastoral Anniversary: Rev. William Jerome McCaster; 4 pm; Speaker Re. Robert Lyons of Greater St. Mary's Baptist

### December 25

Merry Christmas!  
Thomas Temple COGIC Annual Free Christmas Dinner: 1 to 3 pm: 419-55-3447

### January 1

Happy New Year!

### January 24

Warren AME 2015 Annual Gospel Extravaganza: 4 pm; "Praising God by Loving Our Neighbor; Featuring Young Voices of Greater Toledo and praise dancers, soloists & musicians: 419-381-1558 or 419-243-2237

# Easy Solutions To Stopping Police Misconduct

By Lafe Tolliver, Esq  
Guest Column

You know, in light of the recent national discussions and demonstrations regarding the recent shootings of black males by white police officers, I am still rubbing my head trying to find out what is so difficult so as to implement policies and guidelines that will greatly reduce these unnecessary deaths and restore public confidence in the police.

The national trend is apparently to shoot first, using deadly force and, then, when the gun play is over, you ask questions that should have been answered before a cop pulls his weapon.

It is as if the mere suggestion of using means other than deadly force is met with strong resistance from police unions that somehow see any infringement upon their right or ability to dig new graves as an affront and a gross indignation.

Lost in this discussion is the salient fact that the police are public servants who are to protect and serve and, despite a few ugly incidents of police gone wild episodes, every officer is wrongfully painted with the same, "Go ahead, make my day" mentality.

Last time, I recall, being a public servant means that you are under the control and power of someone else and that someone else is referred to as John Q. Public.

Somehow that concept has been seemingly lost to some police officers who think that they are a law unto themselves and are only answerable to themselves for their conduct, good or bad.

The last time I checked, the only Double 007 license to kill was issued in Hollywood movies and only to James Bond.

Nothing can take the air out of a room or a discussion faster than when you have a police officer who goes rogue and believes that with a badge and a gun, he is above the law and how dare anyone question his gun slinging perks.

Nor does it help public confidence when the police officer who engages in questionable gun play can remorsefully plead to the secret grand jury and a pliable co-worker, a/k/a the prosecutor who does not grill the officer.

Nor does the reluctant prosecutor treat the officer who appears before the grand jury as a suspect in a possible crime...which he is and which it is!

So, with the above contextual monologue, the below are my suggestions for reforming this "shoot first" policy so that the public can have more confidence that when they see a white officer gun down an unarmed black person, especially the fabled and dreaded big, burly, male buck, that we can believe that it was a "good shoot."

(1) Whenever there is a factual issue of a police officer shooting a civilian, a special prosecutor should be immediately appointed by the governor. This special prosecutor must have no ties to the local police or its union.

It should go without question that there is a severe conflict of interest when you have a local prosecutor who works daily with the same police officers and who may even attend their social functions; and who may seek a political endorsement from union when that prosecutor runs for public office, to turn around and bring them before a grand jury.

That should be a no brainer but often more times than not, it is the police investigating their own and that has poses grave problems of fairness and impartiality.

That is akin to you getting food poisoning at a local restaurant and allowing the local restaurant owner to investigate his own kitchen crew and report his own findings as being conclusive.

Not much confidence there...is there?

(2) Reforming the training at the police academy where alternative means are also taught and modeled regarding the use of force that is other than deadly.

How many times have we heard about police shoots in which the first thing that comes to mind is, "why didn't they use a baton or Mace or tear gas or a net or rubber bullets or a Taser?"

Why is it always a knee-jerk reaction to use deadly force even when the targeted person is unarmed and poses no threat to the safety of the police officers or the public?

Especially in cases in which the person is mentally deficient or the police know the person and where he or she lives and they can regroup and later arrest that person without killing them?

Especially so in nonviolent, misdemeanor cases where the person poses no threat to him or herself or anyone around them.

(3) Constant retraining of police officers in the use of tactics that do not require the use of a gun. Doctors and lawyers have to get so many continuing education credits each year or every other year in order to maintain their licenses.

Do cops have to have so many retraining hours per year in human psychology, gun usage, crowd control, anger management, domestic violence and

mental health issues in order to wear a badge and gun? If not, this is long overdue for every police officer.

(4) Revamp the evaluation standards that police wanna-bees have to go through in order to get into the police academy. If you are finding recruits who are emotionally immature or are subject to rage and fits and have cultural and racial baggage, they should be immediately thrown out of the rookie police pool as being unfit for service.

(5) Independent Citizens Police Review Board: This is an old concept. Even Toledo has one but the problem is...what plenary powers does it have? Can it issue subpoenas with enforcement mechanisms so that a contempt citation can be issued against a police officer that refuses to show up or give testimony?

Can it issue binding findings against the police department and suggest sanctions against any confirmed violations of policy?

Can this board have powers to compel documents from city agencies?

If a citizens' police review board is not supported by its city council... it goes nowhere. Also, the board must be populated by citizens who are independent thinkers and who are not intimidated by a blue uniform.

If the population of the review board is filled with political hacks and "yes" people who are not vetted as to their agenda and their ability to ask the tough questions, they are not needed.

The board also needs to have a secretary, investigator(s), sergeant in arms and a chairperson with no ties to the police or to the city powers that be.

If the above suggestions are implemented in Toledo, we will be able to endure when a Ferguson situation arises or when an Eric Garner confrontation arises.

Do none of the above? The chilling chant of "I Can't Breathe!" is then only a breath away from Toledo.

Contact Lafe Tolliver at [Tolliver@Juno.com](mailto:Tolliver@Juno.com)

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# Protesters in D.C. Display Outrage over Recent Homicides

Commentary By Annette Crosby-Wright  
The Truth Contributor

The latest protest march, organized in large part by Rev. Al Sharpton's National Action Network, took place this past Saturday in our nation's capital. I attended the event along with at least 50,000 other people.

This particular march has been called by many names such as: The March for Justice, The March Against Police Brutality and the National Day of Resistance, to name a few. Similar protests took place in many other locales across the country. The murder of unarmed black men and children by white police officers has sparked the national outrage.

I noticed a marked difference at Saturday's protest march that took place in Washington, DC. There were just as many people of other races as there were black people actively participating. I wondered if the major media outlets would show the diversity of this huge crowd.

But in the next instance, I realized that there was really no way for any media to not show the racial diversity of the protestors. I asked one white gentleman why he was attending the march and he simply responded "Black lives matter, all lives matter."

The march began at Freedom Plaza and proceeded onto Capitol Hill. Once the protestors arrived at the Capitol, they were told that members of Congress were on break but that their message about police brutality and a broken judicial system was nonetheless being heard. However, some members of Congress were indeed on Capitol Hill voting on the passage of a \$1.1 trillion spending bill.

One could wonder...how much money was allocated to police training/ community policing, youth employment, or financial assistance for education or other residual factors that could only help decrease violence in all communities? But I digress.

There were many speakers at the protest march. However, a few were markedly more effective in communicating their pain, frustration and utter disappointment in the what, when, why and how's that caused the murders of their loved ones.

The mother of Amadou Diallo, Kadiatou Diallo, spoke quite clearly and very passionately about the murder of her son who was struck with 19 of the 41 bullets officers shot at him, "mistaking him for a rapist" back in February 1999.

Her remarks not only critiqued the insanity of her son's murder but she reminded everyone of the injustice of the judicial system by displaying a Time Magazine cover from the year 2000 which read "Cops, Brutality, and Race?" published after the officers who murdered her son were acquitted.

Acquitted! Just like George Zimmerman who murdered Trayvon Martin. Acquitted! Just like Darren Wilson who murdered Michael Brown. Acquitted! Just like Daniel Pantaleo who murdered Eric Gardner. Acquitted! Just like Paul Headly, Michael Carey, Marc Cooper, Gescard Isnora and Michael Oliver who fired a total of 50 shots killing Shaun Bell and injuring two of his friends. Acquitted like \_\_\_\_\_ you can fill in the blank yourself.

John Crawford, Jr.'s son, John Crawford III was killed by police officers while in Walmart. The senior Mr. Crawford spoke as someone who works within the criminal justice system. A system that has caused him great shame and a pain that no parent should ever endure.

His remarks left a lasting echo in the minds of many of those in attendance

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## African Art Has Arrived!!

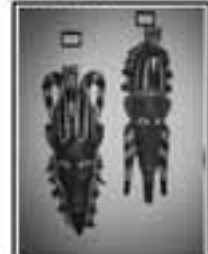
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Protesters... continued from page 4

when he stated and restated that his son was murdered in "Walmart - WALMART!" And that Walmart had not offered even a simple condolence, nor would Walmart release the store's surveillance footage.

The youth of the movement, known as Millennials, played a large and noteworthy role in Saturday's rally. Although a few Millennial groups seemed fed up with peaceful demonstrations and protests, their passion and conviction to effect social and judicial change could not be ignored.

Leighton Watson, president of the Howard University Student Association, delivered a powerful message that encompassed a wide range of the obvious fears and disappointments felt by young Americans. He concluded his remarks with a quote from Malcolm X "Nobody can give you freedom. Nobody can give you equality or justice or anything. If you're a man, you take it."

There was one lone, elected official who spoke Saturday. Democratic Texas Congressman Al Green listed a number of actions that would be taken up by the Congressional Black Caucus, including mandating police body cameras:

"I have introduced H.R. 5407, the Transparency in Policing Act (TIP) of 2014, which would require state and local law enforcement agencies that receive funds from the Department of Justice to acquire body cameras for use by their law enforcement officers," said Green. "Although this bill is not a panacea, it is a significant step in the right direction. I believe that having our officers wear body cameras can bring much-needed additional transparency to communities in many future controversial police/civilian actions."

The irony of this legislation is that cameras had indeed captured some of these murders and still no indictments were brought.

After the march, many participants spoke of economic boycotts and pressuring the White House and Congress to change the judicial process that allows what some people feel is a "too close for rationale relationship" between state prosecutors, grand juries and police officers to decide whether or not to indict police officers.

Others suggested that no change in the system would be necessary if the races in these cases were reversed, i.e. black police officers shooting unarmed white people.

Fifty-one years ago, in August 1963, a black man sat in a Birmingham jail and there he penned a letter. In that letter he made a number of observations. One that readily comes to mind, in light of these countless strings of non-indictments against white police officers who murder unarmed black people is this: "I have almost reached the regrettable conclusion that the Negro's great stumbling block in his stride toward freedom is not the White Citizen's Council or the Ku Klux Klanner, but the white moderate, who is more devoted to 'order' than to justice."

In the prophetic and immortal words of Marvin Gaye "Make's me wanna holler, throw up both my hands...what's going on?"



# Local Demonstrators Also Continue to Protest Recent Police Actions

By Monique Ward  
The Truth Contributor

Demonstrators and some of Toledo's top R&B singers let their voices be heard for justice his past Friday, December 12 at 4 p.m. on the corner of Erie and Jackson Street in front of the Toledo Police Station.

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## Senator Brown's Bill Allowing Electronic Proof of Insurance Passes Ohio House of Representatives

*SB 255 will now go to the Governor for his signature*

Columbus—Today, the Ohio House of Representatives voted to pass SB 255 which allows Ohio motorists to provide proof of financial responsibility via a smart phone or other mobile electronic device during a traffic stop. When signed into law, Senate Bill 255, sponsored by State Senator Edna Brown (D-Toledo) will make Ohio the 36th state to pass similar legislation.

"I am very pleased that the Ohio House of Representatives supported SB 255 and moved Ohio one step closer to codifying this very simple rule that will add convenience for Ohio motorists," Senator Brown said.

The proposed law would not eliminate the printed insurance identification cards currently in use, but would give Ohio drivers the option of providing the same information through an electronic device.



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## New Study: Local Taxes Being Used to Subsidize Charter Schools When State Aid Is Insufficient to Cover the Costs

*Special to The Truth*

Local taxpayers are being forced to subsidize charter schools, many of them with poor academic records, according to a new study by the Ohio Charter School Accountability Project. Education Policy experts and school superintendents came together today to explain how an underfunded state mandate can force school districts to use local tax revenues to subsidize the cost of sending students to charter schools.

"In many cases, far more money follows the student to the charter school than the state would have sent to the local school district for the same student," said Innovation Ohio Policy Fellow Stephen Dyer. "When that happens, local tax revenue, in many cases, ends up subsidizing these larger state payments to charter schools."

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Economy Section • Economy Section • Economy Section • Economy Section • Economy Section • Economy Section • Economy Section

# Get the Low Down on Low Down Payments

Special to The Truth

You may have heard the rule of thumb that you shouldn't buy a home unless you can put down 20 percent of the purchase price. However, today's home buyers have many choices when it comes to the size of the down payment.

While this magic number of 20 percent will save you from paying Private Mortgage Insurance (PMI), an added insurance policy that protects the lender if you are unable to pay your mortgage, you can pay considerably less than this if you want.

"Today's consumers persistently overestimate the size of a down payment they need to finance a home," says Christina Boyle, SVP and Head of Single-Family Sales & Relationship Management at Freddie Mac.

According to the results of a recent survey conducted by Zelman & Associates, 39 percent of those surveyed estimated that the minimum down payment requirement for a home is at least 15 percent of the purchase price. The reality is quite different however, as qualified buyers can get a conventional mortgage with a down payment of as little as three percent.

In fact, recent statistics show more than one in five borrowers who

### Local Taxes... continued from page 6

Instead of money raised through school levies going to the local public schools, some of it is being used to subsidize the cost of paying for students to attend charter schools - many of which are performing poorly. The report identifies the districts that are forced to pay the most, in a further erosion of local control.

"This study is a good example of why we launched the Know Your Charter website and the importance of having a greater understanding of how Ohio charter schools are operating and being funded," said Ohio Education Association President Becky Higgins. "In this case, we are shedding light on part of the state mandate for funding charter schools that has received too little attention - namely, the unfair burden it places on local communities. It's time to re-examine the state law, particularly given the sorry performance of so many charter schools in Ohio."

The report shows that the average school district last year received \$4,149 per pupil, which is \$1,596 less than the \$5,745 base amount paid to charter schools. This means that local school districts have to make up that \$1,596 state funding shortfall by using local revenue or reduce educational opportunities for children.

"When the taxpayers vote for a local levy they expect the dollars generated to stay with their local traditional public school," said Greg Ring, Superintendent of the Lorain County Educational Service Center. "Six of the county's 14 districts actually pay more in local dollars to charters than is deducted from the district's state foundation on a per pupil funding basis. In one of those districts, three times more local dollars leave the district when compared to its state deductions to charters."

The Ohio Charter School Accountability Project is a joint venture of the Ohio Education Association and Innovation Ohio. The Ohio Education Association represents more than 121,000 teachers, faculty members and support professionals in Ohio's public schools, colleges and universities. Innovation Ohio is a progressive think tank headquartered in Columbus. For more information, please visit: [www.KnowYourCharter.com](http://www.KnowYourCharter.com).

took out conventional mortgages in 2014 put down 10 percent or less.

Educating potential homeowners on the rules of down payments - and available assistance programs - plays a large role in getting qualified borrowers off the sidelines and into homeownership, according to Boyle, who also notes that today's historically low mortgage rates, coupled with affordable home prices in many parts of the country, make it an attractive time to consider buying.

"If putting 20 percent down will deplete all of your savings and leave you with no financial cushion, it's probably not in your best interest," she says.

If you don't put down 20 percent, the cost of PMI varies based on your loan-to-value ratio - the amount you owe on your mortgage compared to its value - and credit score, but you can expect to pay between \$30 and \$70 per month for every \$100,000 borrowed. While it's no doubt an added cost, it enables buyers to purchase now and begin building equity versus waiting five to 10 years to build enough savings for a larger down payment.

Additionally, once you've built equity of 20 percent in your home, you can cancel your PMI and remove that added expense from your monthly payment.

New homeownership opportunities are poised to grow. Carefully evaluate your finances to determine how much you can afford and talk with your lender or housing professional about what makes best sense for you and your particular situation.

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## Energy & You

By Karl A. Parker, President & GM, Parker Family of Businesses  
The Truth Contributor

Happy Holidays from Dhahran, KSA! Welcome to the sixth Energy & You column! As a reminder - this column will share a variety of information to help our readers understand the energy and sustainability landscape and provide guidance on how to REDUCE energy costs.

**REMINDER:** First Energy is suspending its energy efficiency program on December 31, 2014!! This means that First Energy will no longer offer rebates and incentives for small and medium sized customers in 2015. Mercantile customers (large energy customers) will continue to enjoy a variety of rebates and rate discounts. However, First Energy will HONOR and provide REBATES on ENERGY PROJECTS that are PRE-APPROVED before DECEMBER 31, 2014!! This means that energy assessments and projects that save energy will be funded if carried over into 2015, as long as they were approved before 12/31/2014.

Call 419-297-6139 or 419-486-9273 to receive assistance with getting your project pre-approved before December 31, 2014.

### What is Sustainability? Part I

According to Peter Senge, Ph.D, author of The Necessary Revolution, sustainability is about meeting the needs and aspirations of the present without compromising society's ability to meet the needs of our descendants in the future.

Marc Epstein, Ph.D, author of Making Sustainability Work provides a very similar definition, however, he integrates economic development into the definition.

Basically, sustainability focuses on three critical areas: social,

economic and environmental systems. Some scholars and progressive practitioners prefer to execute and implement sustainability practices that impact the Triple Bottom Line.

Sustainability in its truest form focuses on people, profit and planet. One of the initial definitions of sustainability emerged in 1987 (Brundtland) at the World Commission on Environment and Development (WCED) meeting: "Sustainable development is development which meets the needs of the present without compromising the ability of future generations to meet their own needs."

Achieving 'true' sustainability requires that we (society) meet all three goals, as a failure in any one the Ps is perceived to threaten the others. (Injustice anywhere is a threat to peace everywhere!) Wait! That is for another article!

I was initially introduced to sustainability when I was asked to serve on the advisory board for The Clean and Alternative Energy Incubator at the University of Toledo by my good friend Megan Reichert in 2007. As a member of that advisory board I was introduced to a variety of emerging technologies that were creating new green jobs during the 21st Century Great Recession.

I received an education from scientists, entrepreneurs, bankers, government officials and educators on new low-carbon, renewable energy technologies that dramatically reduce energy consumption and direct greenhouse gas emissions.

Photovoltaics (solar), wind, biomass, nano, and other 'green' technologies were just some of the new things to which I was exposed. Then I began to listen even closer to this emerging green economy in 2008 when gas prices soared and presidential candidate Barack Obama began discussing strategies to mitigate climate change and energy independence by embracing and investing in clean energy.

However, the tipping point for me occurred when I attended a presentation by Melissa Bradley-Burns from Green For ALL in June of 2009 sponsored by The Toledo African American Chamber, at that time led by Vince Wiggins, in partnership with Tina Wozniak and the Lucas County Commissioners.

Bradley-Burn provided a powerful overview of Green Divide and educated the audience on how 'green' dollars would flow from the American Recovery and Reinvestment Act of 2009 aka the 'Stimulus' package. Her presentation sent me to the internet to research Green For All, Van Jones, the Green Divide and the impact of the green economy on the African American Community.

In February of 2010, I invited Megan Reichert to give a presentation on the emerging green economy at the Second Annual Electrical Industry Summit sponsored by Parker Enterprises, LLC. After her presentations, 90 percent of the attendees (90 percent were African American) indicated that they needed to learn more about the emerging green economy. (Yes this reinforced the Green Divide perspective that Van Jones of Green For All spoke about often.)

I immediately came to the conclusion that we needed launch an education series to ensure people of color were aware of, had



Karl Parker

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Economy Section • Economy Section • Economy Section • Economy Section • Economy Section • Economy Section • Economy Section

# Hams and Turkeys from Buckeye Health Plan to Help Hundreds

Special to The Truth

Buckeye Health Plan (Buckeye) will deliver 400 hams and 300 turkeys to 12 local organizations to help those in need have a wonderful and complete table this holiday season on Thursday, December 18, 2014. People will receive the gifts at the Ashland Heights, Toledo Area Ministries, Wayman Palmer, Helping Hands St. Louis, Troy Senior Center, Phillips Temple/Senior, Redeemer, Solid Rock Church, Cindy's Corner, Kitchen for the Poor, Lucas County Housing Authority, and the Toledo Area Agency on Aging with scheduled deliveries beginning at 10:00 a.m. and running through 3:30 p.m.

According to a recent study by the US Department of Agriculture titled *Household Food Security in the United States*, 12.2 million adults and 8.6 children live in households where food is scarce. Households with children reported food insecurity at a much higher rate than those households without children. According to the study, food insecurity exists in every county in the United States. Community groups in the Cincinnati area that help meet this need are supported by this annual donation of Buckeye Health Plan.

According to the National Turkey Federation, turkey helps people add a lean protein source to their diets. Turkey is a good source of niacin, vitamins B6 and B12 that are important for energy production and possibly lower the risk of heart attacks. Turkey is rich in zinc that supports the immune system and selenium, a trace mineral that may reduce coronary artery disease.

Pork is also a healthy choice when added to a restricted fat, low-cholesterol diet according to the National Pork Board. Pork tenderloin is as lean as a skinless chicken breast. Pork is an excellence source of protein, thiamin, vitamin B6, phospho-

rous, and niacin. Pork also provides potassium, riboflavin, and zinc, all important for a healthy life.

The total weight of the donated hams and turkeys this year is more than ten (10) statues of the legendary marathon runner Sy Mah that stands in Olander Park, created by University of Toledo Professor Thomas Lingeman.

*Energy & You.. continued from page 8*

an opportunity to participate in and enjoy some of the goodness that the emerging green economy was offering.

Thus, my team created The Urban Green and Sustainability (UGSF) that we launched in partnership with the University of Toledo in May of 2010. Subsequently the UGSF was presented in Cincinnati, Harlem, NY and Hartford, CT. The content of the UGSF focused on Employment, Entrepreneurship, Economic Development and Education. Thought leaders from around the world participated in the UGSF with the primary goal of Bridging the Green Divide.

We will continue our discussion on sustainability and climate change and what it means to you next time. Happy Holidays!

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# How to Dress for Success in the New Year

Special to The Truth

When it comes to professional success, the way you present yourself in the workplace should complement the quality of your work. Whether you're looking to advance your career or simply make a great impression, a useful New Year's resolution is to refine your office look and style -- take everything into account, your wardrobe, your accessories and your workspace.

## Wardrobe

You may not have the top job yet, but the old adage holds true -- dress for the job you want, not the one you have. If budget is an issue, don't sweat it. Online coupons can help you score great deals at mass market retailers. Additionally, discount department stores often sell designer labels at a fraction of the cost.

Be sure to press your clothes even if your office is business casual. Invest in an iron and give yourself a few extra minutes in the morning to ensure clothes are wrinkle-free.

Every season, go through your closet and set aside clothes that no longer fit, are worn out, faded or out of style. Donate these clothes and make room for new ones.

## Accessories

Rocking the basics can make a great impression at meetings, conventions and other professional events. Show employers, colleagues and clients organization is important to you by carrying a planner and business notebook.

Look for a sleek design, such as those from the AT-A-GLANCE Collection. These products not only keep you organized and track

your story, but can act as a highly useful accessory to your professional style. Whether you're looking to stay organized by the day, week or month, a planner won't just help to improve your image; it can also help remind you of upcoming deadlines so you stay organized.

## Workspace

Take ownership of your workspace. Your desk, cubicle or office is visible round-the-clock, even when you are off-the-clock, so make sure it makes a great impression.

A few personal items are welcome in most workplaces. Just be sure any personal photos of friends and family that you display are tasteful and appropriate.

Lastly, display a stylish wall calendar on your cubicle or office wall to keep important dates in view. Or if you prefer, a desk pad calendar gives you the same view of your busy month ahead. You want colleagues to know that not only do you have a full plate, you know what's on it.

By fine-tuning your look, you can help make 2015 the year you reach your professional goals and look great doing it.

Courtesy StatePoint

## All I Really Want by Quinn Caldwell

By Terri Schlichenmeyer

The Truth Contributor

Presents wrapped? Check.

Tree decorated – check. Cookies made? Groceries purchased, shopping finished, school programs scheduled, Santa visits done? Check, check and... check.

You love the holidays, but there's no denying that they can be stressful. The last thing you want is to put *more* on your To-Do List, but when you add *All I Really Want* by Quinn Caldwell, you'll see things in a more-relaxed way.

But first, the disclaimer: Caldwell says that this book isn't meant to be all hints-and-tips. It won't help you get organized, simplify, or create the "Best Christmas Ever in five easy steps." Caldwell says that's not his job, and it's not God's; instead, you'll find a few complications here, as well as some hope for "a little holy breathing space" – beginning with the first of Advent.

Christmas, as you undoubtedly noticed, didn't start after Thanksgiving: retailers have had their holiday decorations up for months. They couldn't wait for the season, but it may seem as though wait is all you do lately. There is a virtue in waiting, says Caldwell, and Advent is when to find it. Pause; "be prepared for little bursts of delight."

It takes wide-open eyes to do that, though, and time, which is at a premium these days. Caldwell says that lack of time is exactly when you want to "add a holy something to your to-do list." Volunteer, make a donation to a charity, visit someone who needs you, be kind to someone.

And on that last one – if you "get stuck, look in the mirror."

Go to church; now's when you need people around you. Let your kids believe in Santa, because he teaches them about "dwelling in mystery." Sing with someone, even if you "can't carry a tune in a bucket." Keep in mind that, like anybody, God would surely rather that his birthday party is "full of fun."

And yet, if you're having a bad Christmas, remember that that's

... continued on page 11

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Now – Jan 4, 2015

## LIGHTS Before CHRISTMAS

Smile all the way down the NEW outdoor ice slide at the Winter Village, twirl with the Dancing Lights and glide around the African Animal Carousel or Safari Railway (weather permitting).

Selected evenings feature ice-sculpting, holiday carolers and more, all with a million+ lights.

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## NOON YEAR'S EVE

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Photo by A. Shirley

# “Identity Theft Alert” by Steve Weisman

Your credit card was declined.

Such an annoyance. You paid your bill, the expiration date was right, your signature was on the back, and it should've worked.

c. 2014  
FT Press  
\$16.99 / \$19.99 Canada  
174 pages

Eventually it did, much to your relief, but that made you think. Is your credit report, your privacy, your identity safe from criminals? Find out if it is - and what you can do to keep it safe - by reading “Identity Theft Alert” by Steve Weisman.

Hacking and spamming and theft – oh, my! Every time you hear another report of credit information breached (and the attendant hassle involved), it might seem like thieves are everywhere these days – and that suspicion might not be too wrong.

“Identity theft is one of the most pervasive and insidious crimes of today,” Weisman says; in fact, more than 12 million people became victims last year.

So what can you do to avoid joining them? Weisman lists the ways...

Online, use strong passwords and encryption and beware of sites you visit. Never open a link in an email unless you're certain it's “legitimate,” and have your antivirus program up-to-date at all times. By the way, Mac users shouldn't feel safe anymore; hackers are purposefully creating Mac viruses now.

Also, be cautious when clicking on links you see online. “Curiosity killed the cat,” says Weisman. “Let the cat live.”

When answering the phone, remember that your bank will not ask you for debit card or PIN numbers. Neither will the FBI or the IRS; the general rule of thumb is not to release any personal information unless you initiated the call. That's especially true if the person on the other end of the line seems to have half of your information. Chances are they're only waiting for you to get flustered and fill in the rest.

Monitor your credit rating and your monthly bills with eagle-eyes. Keep those eyes on your credit card as much as possible when it's not in your possession. Know where the safest ATMs sit and why you should never use public copiers for important document duplication. And finally, remember that it's almost impossible to guarantee complete safety of your identity – even after you're dead...

Though it sometimes seems a little sensational, and though it leans toward repetitiveness, I found the information in “Identity Theft Alert” to be overwhelmingly good.

Part of the reason is that, while you've been warned at great length about identity safety, author Steve Weisman offers tips I doubt the average person would generally consider. Weisman is, after all, an expert in this category – something you'll notice, once you get past the commonsensical and into the quieter threats that exist.

It's also helpful that Weisman doesn't assume anything about his readers; instead, his advice is methodical and simple to understand. The info is especially senior-friendly, although beware that the print-size isn't.

I think this is a book to read and refer to often. Buy “Identity Theft Alert,” highlight it, flag it, heed it, and you may avoid the worst this season. Why would you decline?

All I Really Want... continued from page 10

why we have Christmas in the first place. Christmas was “born in defiance of all that stalks the world and tries to snuff its light.”

“If the only spirit you can get into is low,” says Caldwell, “you're just who God is looking for.”


Two words: De. Lightful. There's just no other way to describe “All I Really Want.”

And here's the thing: I didn't expect to like this book. I figured it was just more guilt-inducing platitudes, more blah-blah-blah-Christmas, but nothing could be further from the truth: it's joyous! Author Quinn Caldwell uses humor and a bit of irreverence in

prodding his readers into slowing down, noticing, seeing God's gifts in addition to those under the tree. He makes us think about Mary and Joseph. He makes us laugh about God's “epic party.”

Sprinkled with Bible verses, meditations, and tiny prayers that can be recited day and night, I think this is a perfect book for anyone who's had enough ho-ho-ho and wants to replace it with more ho-ho-holy. If that's you, then All I Really Want is a book to check out.





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WINTER/SPRING 2015 Schedule

We are bringing together parents, citizens & students, K-12 administrators & teachers, and university faculty & students to POC: OUR KNOWLEDGE about what is needed for ALL people to succeed in K-12 & university.

**All Conversations are 1<sup>st</sup> & 3<sup>rd</sup> Mondays, 6:30-8:00 pm**

January 5, 2015  
 January 26 (replaces Jan. 19 regular meeting)  
 February 2  
 February 16  
 March 2  
 March 16  
 April 6  
 April 20  
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Please help spread the invitation to anyone you know who might be interested. All are welcome! For more information or to start sharing ideas, please contact Lynne Hanes, 419.263.8266, lynne.hanes@toledolu.org, or Willie McGeehan, 419.829.4822, willie.mcgeehan@toledolu.org



# Rep. Sandra Williams Applauds Governor's Executive Order

## Appointed to Community and Police Relations Task Force

This week, Governor Kasich signed an executive order to officially create the Ohio Task Force on Community and Police Relations. Rep. Sandra Williams (D-Cleveland) was named a member of the Task Force, which will make policy recommendations that seek to build trust between Ohio communities and law enforcement.

"Today's action was a much needed step in the right direction, and I applaud the efforts of those involved in the creation of this Task Force," said Rep. Williams. "As a member of the Task Force, I look forward to developing strategies that promote positive relationships between the police and Ohio communities. Preserving the safety of both police of-

icers and citizens is of the utmost importance, and I am confident our findings will allow Ohio to mend the fractured relationship between law enforcement and communities of color."

The Task Force will host public forums throughout the state to collect information and identify the concerns of urban, suburban and rural communities. The Governor has ordered that a final report comprised of recommendations on how to improve police-community relations in Ohio be submitted to his office, the Speaker of the House, President of the Senate, Chief Justice of the Ohio Supreme Court and the Ohio Attorney General by April 30, 2015.



### Police Actions Protest... continued from page 5

There was a "SING-ON AGAINST POLICE BRUTALITY" in response to the recent tragic events that have been occurring across the country involving law enforcement. The group gathered peacefully to sing spiritual, uplifting and empowering songs before the officers of TPD and the community of downtown Toledo for almost two hours.

The songs chosen were "The Black National Anthem" by James Wheldon Johnson, "What's Going On" by Marvin Gaye, "Lean on Me" by Bill Withers and "This Little Light of Mine" by Harry Dixon Loes.

Demonstrators also protested on Saturday, December 13 in front of 13abc News in Toledo because, according to many news sources, ABC paid over \$100,000 to the police officer who killed Michael Brown for an interview. There were over 50 protesters of all races in attendance.



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# Partners Empowering Community Service Holds Vigil to End Violence

*Sojourner's Truth Staff*

Gang violence, domestic violence, drug abuse – all of these plagues were on the agenda as Partners Empowering Community Service (PECS) held their first rally on Monday, December 15 bringing together hundreds of local residents to the Frederick Douglass Community Association.

Speakers told stories of their involvement with violence and how the community needs to become more engaged in the work of ending violence; the Scott High School Band provided music and pastors Tim Clark and Cedric Brock opened and closed the event.

The speakers were Michelle Moore, director of Second Chance, a non-profit agency that assists victims of human trafficking; Les Robinson, a member of Parents of Murdered Children and Art Jones, whose

daughter, a victim of domestic violence, was murdered.

PECS was formed in September of this year and is a group of Toledo-area citizens and groups who have been gathering to talk about how to end violence in the community. The group is committed to developing a network of support for community members and organizations through E-Zones and E-Cells.

Brock is chairman and Anita Madison, co-chairman.

The partners include most of the non-profit, education, law enforcement and government agencies in the Toledo area.

The next community rally will be held in March. For more information, call 567-45-1071 or go online to [www.facebook.com/ToledoPECS](http://www.facebook.com/ToledoPECS).



*Audience*



*The PECS Committee*





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### Job Posting

**Position:**  
Youth Development Interns

**Program Hours:**  
Monday-Thursday, 3-6:30  
May 31-July 31- Monday-Friday, 8-3pm

**Program Location:**  
Old Orchard Elementary School

#### Qualifications:

1. Required High school diploma or general equivalency diploma (GED), some college
2. One to three years experience working with children and adults (Preferred)
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4. Must submit to initial and/or periodic state and/or federal criminal checks.
5. Ability to motivate others and work as part of an intergenerational team
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7. Willingness to strive for excellence in all areas
8. Ability to think critically and analytically and exhibit positive attitude; model a mature and professional demeanor

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### NOTICE TO FIRMS

SEALED LETTERS OF INTEREST marked "IsaacLudwigMill Stabilization" will be received at the Metropolitan Park District of the Toledo Area, Fallen Timbers Field Office, 6101 Fallen Timbers Lane, Maumee, Ohio 43537, until

**1:00 PM Local Time on  
Friday, January 9, 2015**

Letters of Interest received after the specified due date and time will not be considered. In General, THE SCOPE OF SERVICES consists of providing professional construction services required for the structural stabilization of the Isaac Ludwig Mill, Providence Metropark, Grand Rapids, Ohio. Construction work will be closely coordinated and monitored by the Metroparks-provided criteria-structural-engineer. Information packets for the Letter of Interest requirements may be obtained electronically as an email attachment by contacting Jon Zvanovec, Project Manager at jon.zvanovec@metroparkstoledo.com, (419) 407-9732. Three (3) paper copies and one (1) PDF copy of the Letter of Interest must be sealed, marked and submitted as above. The Metropolitan Park District of the Toledo Area will directly select a firm based on the Letter of Interest.

By order of the Board of Park Commissioners  
METROPOLITAN PARK DISTRICT OF THE TOLEDO AREA  
Stephen W. Madewell, Director

### Minority Breast Health Coordinator

Susan G. Komen Northwest Ohio is seeking a part-time (26hrs/wk) Minority Breast Health Coordinator. The role will be the lead for minority health outreach and programs in target counties. The ideal candidate will have a public health, health education, community health background with 3 to 5 years of experience and strong leadership skills, excellent organizational skills, attention to detail with the ability to work independently. Pay is commensurate with experience. Please submit your resume to aubrey@komenwohio.org by December 12, 2014.

### Commissioner - Public Service (Parks, Recreation and Forestry)

The City of Toledo is currently seeking a Commissioner for the Division of Parks, Recreation and Forestry. This position requires experience in planning, developing, and managing recreation and/or park operations. For additional and specific requirements and to apply please visit the City of Toledo's website at <https://agency.governmentjobs.com/toleddooh/default.cfm>  
Pay range: \$65,000 to \$96,875 annually.

The City of Toledo is an equal opportunity employer.

### Notice of Lucas County Economic Development Corporation's Draft U.S. EPA Brownfield Cleanup Grant Application and Draft ABCA Available for Public Review and Comment and Notification of Public Meeting

The Lucas County Economic Development Corporation is applying for a U.S. EPA Brownfield Cleanup Grant for \$200,000 to provide cleanup funding for the Former Hotel Seagate at 127 and 141 North Summit Street in downtown Toledo. The grant application and a draft Analysis of Brownfield Cleanup Alternatives (ABCA) will be available for review at the Lucas County Department of Planning & Development/Ohio Means Jobs Office, 1301 Monroe Street, Toledo, from December 9 until December 17, 2014 during regular business hours (8:30 a.m. - 4:30 p.m. Monday-Friday). Hard copies of the application and ABCA can also be mailed or electronic copies can be emailed to interested citizens upon request. The grant application and ABCA will be discussed, and public comments will be solicited, at a public meeting on Wednesday, December 10, 2014 at 6:00 p.m. at the Toledo Division of Environmental Services, 348 S. Erie St., Toledo. Comments regarding the draft application and ABCA will be accepted from December 9 - December 17. Opportunities for public input and comments will be available later in this process as well if the grant is awarded. Please contact Ford Weber at (419) 213-4646 or [fweber@co.lucas.oh.us](mailto:fweber@co.lucas.oh.us) for more project information, to request a copy of the application or ABCA, or to offer comments.

### Management Aide

Lucas Metropolitan Housing Authority (LMHA), located in Toledo, OH is seeking experienced applicants for Management Aide. For complete details and application instructions, visit [www.lucasmha.org](http://www.lucasmha.org). **Resumes must be received by Friday, December 19, 2014.** This is a Section 3 covered position. HUD recipients are encouraged to apply and are to indicate on the application if you are a LMHA Public Housing resident or Housing Choice Voucher Program participant. Persons with disabilities are encouraged to apply. **NO PHONE CALLS.** Equal employment opportunity shall be afforded to all qualified persons without regard to age, race, color, religion, religious creed, sex, military status, ancestry, disability, handicap, sexual orientation, genetic information or national origin.

**Notice to Bidders:** Inquiry # FY15-32, (Project # 5003-15-1613) for Clinical Academic Renovations - HEB 2nd Fl Phase 2 for the University of Toledo Health Science Campus. Sealed bids for this project must be clearly marked with the project number on all inner and outer envelopes and/or shipping containers. Bids must be addressed and delivered to the University of Toledo, Main Campus, Facilities and Construction, Plant Operations Room 1100, 2925 E. Rocket Drive, MS 216, Toledo, Ohio 43606 before 2:00 p.m., Tuesday, December 16, 2014 Bids will be publicly opened that same day at 2:05 p.m. in the Plant Operations Building, Room 1000. Copies of Plans, Specifications, and Bid Forms may be obtained from Becker Impressions, 4646 Angola Rd., Toledo, Ohio 43615. Call 419-385-5303 for an appointment to pick up bid package. A cost of \$85.00 will be charged per set. Any further information may be obtained from Kevin Denman of BHP Architecture at 614-486-1960. One Pre-Bid Conference will be held on Tuesday, December 9, 2014 at 10:00 a.m. in the Health Education Building, Room 227, at the University of Toledo, Health Science Campus, 3000 Arlington Avenue, Toledo, Ohio 43614. Total Bid Guaranty and Contract Bond are required per section 153.54 of the Ohio Revised Code. EDGE Participation Goal: 10%. Project Estimate: \$531,000.00; Breakdown: General Const: \$282,000.00; Plumbing: \$19,000.00; Fire Protection: 20,000.00; HVAC: \$135,000.00 & Electrical: \$75,000.00.

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# Reverend Herman Harrison Walks Through the Valley, But Not Alone

Sojourner's Truth Staff

Almost 40 years after being ordained as a church deacon at Macedonia Baptist Church, Herman Harrison finally took the plunge on Sunday, December 14 and began the next chapter of his life – preaching. Harrison's inaugural sermon at his current church, Third Baptist, was inspired by one of his favorite passages, the 23rd Psalm and its critical phrase "though I walk through the shadow of the valley of death, I will fear no evil."

After assuring his fellow congregants that he would accept the wisdom of his preaching mentors and follow the rule of the three "S's" – "stand up, speak up and sit down," Harrison did just that.

There are two types of valleys, he explained. One is the physical, while the other is the emotional – the low place in life caused by loneliness, despair and depression. Those are the places, said the first-time preacher, where one need not be alone.

"When you walk through the valley, take the Lord with you," he advised his listeners. "He doesn't want you to be alone. He knows all about all of your problems. He knows about your valleys. Put you trust and faith in Him."

Harrison spoke of his own valleys, particularly his current bout with kidney disease that has already necessitated major surgery and a 15-day stay in the hospital. Now, on dialysis, he is waiting for a kidney transplant.

A native of Shreveport, LA, Harrison earned a bachelor's degree from Grambling State University in biological sciences and chemistry. He was then employed at Libbey Owens Ford Glass

Company as a research chemist and was transferred to Toledo with the company in 1972. He later joined BASF Corporation from which he retired in 2006.

Harrison joined Third Baptist during Rev. Kevin Bedford's pastorate. He has been deacon, president of the Men's Ministry, president of the Men's Choir, Sunday school teacher. He joins his wife of 46 years, Barbie Harrison, in the pulpit. Ms. Harrison, retired executive director of Big Brothers Big Sisters, preached her first sermon earlier this year on June 8. She was one of the first women to be ordained a deacon at Third Baptist.

Both Harrisons are currently enrolled in the masters of Divinity Program at Winebrenner Theological Seminary in Findlay Ohio.



Pastor K. David Johnson, D.Min and Herman Harrison



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Herman Harrison



Revs. Johnson, Harrison and Harrison

Photos Courtesy Johnnie Lee Early