



Local and National News

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Volume 23, No. 17 "And Ye Shall Know The Truth..." February 20, 2013

"Hadiya's parents, Nate and Cleo ... deserve a vote"



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Black Hunger

By Rev. Donald L. Perryman, D.Min.
The Truth Contributor



Africa left an imprint on nearly every kitchen, stove and dinner table in this country. So...when it comes to matters cultural and culinary, all (Americans) are African.

- Jessica Harris

What had gotten into me? Perhaps still drunk in the spirit from a just-concluded Ash Wednesday sermon, I vowed before a crowd of 200 Lenten worshipers to give up some of my favorite foods for the next 40 days. My subsequent evangelistic request

for followers and imitators in this ritualistic but spiritual sacrifice, however, was met with dead silence. No takers, but not really surprising.

Persuading African Americans to change their eating habits is as difficult a task as there is. Collard, mustard and turnip greens; fried chicken and fried fish, smothered pork chops, barbecued ribs, cabbage, yams, black-eyed peas, cornbread, pound cake, sweet potato pie and other foods commonly identified as "soul food" are deeply embedded in the culture and collective psyche of the African-American community.

Merely scanning the recipes in such classics as The Black Family Reunion Cookbook: Recipes and Food Memories by the National Council of Negro Women or Sheila Ferguson's Soul Food: Classic Cuisine from the Deep South will make your mouth water. There are also personal family recipes

handed down from generation to generation and various other cookbooks (of which, my prenuptial agreement forbids me to mention) that will "make you slap yo' mama!"

However, most current health discussions have centered on the negative rather than positive dietary aspects of today's soulfood and the assignment of a blanket label of "poor food choices" without investigating its nutrient content or its history.

The truth is that the original African diets brought to America were close to contemporary nutrition standards and high in fiber and nutrients. On the plantations, however, field slaves were forced to eat poor quality foods that could be cooked in large quantities and contained lower quality foods that slave owners discarded.

This cheap, high-calorie food was meant to keep slaves working and contributes today to high rates of diabetes,

high-blood pressure and obesity as we replaced our own home-grown fruits and vegetables with a preference for processed foods, and exchanged Big Mama's fried chicken with that of Popeye's and the Colonel.

A more likely culprit in today's rise in diet-related illnesses is a broken, dysfunctional and inequitable food industry. "We spend a lot of time worrying about calories or carbs rather than trans fats, growth hormones and waste," states food expert Oran Hesterman, PhD.

Pesticides, processed foods, high fructose corn syrup and the high cost of organic foods are also responsible for the high levels of blood glucose and other effects which produce disparate rates of diabetes, hypertension, some types of cancers and heart disease.

While we often castigate individuals for their food choices, we seldom focus on understanding the perspectives of those who make these choices.

When Kroger closed its east Manhattan Blvd. store, located in a low to moderate income neighborhood, in 2009 after having built a new store three miles away on Suder Avenue in 2004, many

claimed that not only was the closing detrimental to the economics of the Manhattan neighborhood, but also that the food quality of the Suder location dropped dramatically, evidenced by higher incidences of meat spoilage being sold.

"We either have to eat junk food, shop at three to four different places to get decent prices or travel to the Bancroft and Holland-Sylvania store or suburbs where they have better quality," says one resident.

What can be done to reverse the diet-related illnesses that are ravaging the black community?

While all soul food is not unhealthy, we still need to make better and more informed food choices.

However, that does not mean that we are resigned to tofu and rice cakes. Vegan Soul Kitchen: Fresh, Healthy, and Creative African-American Cuisine by chef/food activist Bryant Terry is a credible source of tasty recipes that avoids processed sugar but seldom requires health food store ingredients.

But also, we have to possess the option to make those better choices. Greater access to and increased affordability of healthy foods

are a must. We cannot obtain these alone however.

Organizations such as the Northwest Ohio Food Council, a collaborative network of organizations and individuals working together to build a healthy local food system and to promote a healthy, sustainable and equitable food system and the United Pastors for Social Empowerment, whose Healthy Community committee is involved in health disparity research, intervention, education and awareness are great resources in the fight for fair food.

Rather than soul food, it is the presence of processed foods, high prices and the lack of availability and poor quality of healthy foods which negatively affect the dietary quality of African Americans, further increasing risk for health problems such as diabetes, heart disease, cancer and psychosocial stress.

And, although we are resistant to completely changing our food habits, they can and must be altered.

Contact Rev. Donald Perryman, D.Min., at djperryman@centerofhope.org

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Community Calendar

February 23
Friendship Baptist Black History Month Celebration: "Our Rhythm, Our Voices;" 4 pm; Presented by WordUp Drama Ministry
Mt. Zion Church of Christ Holiness Crock Pot chili Cook Off: Noon to 2 pm; Cost \$10 to enter - \$75 grand prize; Chili must be brought in a crock pot to keep warm

February 24
Bethesda Christian Center Cathedral Black History Program: 5 pm
Center of Hope Baptist Church African-American Heritage Celebration: 11:30 am; Speaker Pastor D.L. Perryman

Calvary Baptist Church flower Ministry - Food Taster: 4 pm; "It Is Imperative to Know Yourself"

GLADettes Federated Club "Black History Extravaganza and Soul Food Buffet:" Featuring DJ Ice; 2 to 5 pm; Local 14 UAW Hall: 419-537-9042 or 419-535-5960 or 419-893-2228

Serenity Church Reunion: 11 am; All former church members; Floyd Rose, guest speaker

Indiana Avenue MBC 67th Church Anniversary: 4 pm; guest speaker Rev. Willi Perryman

March 1
City of Zion Fire on Friday: Hosted by Toledo District of Full Gospel Baptist Fellowship; 6:30 pm; Guest speaker Bishop Joseph Walker of Nashville: 419-246-1850

March 3
Owens College Community Band Winter Pops Concert: 1:30 pm; Music from Broadway shows, marches, a patriotic medley, and more; Owens fine and Performing Arts Center: William_dais@owens.edu

March 16-17
St. Paul MBC Men's Day Weekend: Saturday Kick-off breakfast at 9 am; Sunday - Sunday School at 9:25, morning service at 10:45 with Pastor James Willis, afternoon service at 4 pm with guests Rev. Robert Birt and the Glass City Church of God: 419-246-1886

April 10-12
Toledo District Full Gospel Baptist Church Fellowship International Intercorsory Prayer Conference: City of Zion, Mt. Zion Church; 6:30 pm; Speakers - Bishop Duane Tisdale, Overseer Lanier Twyman, Bishop William Murphy: 419-246-1850

AFT on President Obama's Early Childhood Education Proposals

Special to The Truth

AFT President Randi Weingarten's statement on President Obama's early childhood education proposals.

"Investing in early childhood education is among the best investments we can make in a young child's life. This one investment has the potential to boost graduation rates, ensure that children build a sound foundation in reading and math, reduce teen

pregnancy and even reduce violent crime. It puts our children on a solid path for success both in school and in life.

"It's also one of the smartest and most strategic investments we can make - every \$1 we spend on high-quality early childhood education saves more than \$7 later on. It's a no-brainer: When you invest in early childhood education, you invest in our chil-

dren, our economy and America's future.

"That's why the president's early childhood proposals represent a giant leap forward in guaranteeing every child and family in America access to affordable, high-quality early childhood education programs.

"President Obama's plan addresses both the quality of the programs and the quantity, ensuring we serve virtu-



Randi Weingarten

Senator Brown Introduces Kelsey's Law

Legislation aids response in life threatening emergencies

Special to The Truth

State Senator Edna Brown (D-Toledo) introduced legislation, Senate Bill 5, to assist law enforcement agencies respond to emergencies. The bill will require wireless service providers to release call location information to law enforcement officials during certain emergency situations. The legislation is jointly sponsored with Senator Gayle Manning (R-North Ridgeville).

"It is important to provide law enforcement officials in Ohio with every resource possible to quickly and successfully respond to emergency situations, especially those that involve the threat of serious physical injury or death to individuals," said Brown.

Senate Bill 5 is named for a Kansas teenager, Kelsey Smith, who was abducted on June 2, 2007 and found dead four days later. In response to this tragedy, Kansas passed model legislation for this bill in 2009. Similar legislation has since been introduced and enacted in seven other states.

"This is a simple bill that codifies what is already common practice for many service providers. I am encouraged by the bi-partisan support this bill has received and hope that it will move quickly. After meeting with representatives from law enforcement and the telecommunications industry, I am confident that this bill will make a positive impact in Ohio."

ally all kids. It injects additional funding while also ensuring small classes, wrap-around services, adequate compensation to treat early childhood educators like the professionals they are, and creation of a rich curriculum. The president is absolutely right to say we need to have high standards, a rigorous curriculum and evaluation systems but we can't imag-

ine that the president is calling for testing 4-year-olds. We hope others do not misinterpret his proposals. The early childhood programs the president highlighted in his State of the Union address, those in Oklahoma City and Washington, D.C., are robust and age appropriate. And they certainly are not focused on testing.

"The AFT has long been a

zealot for expanding access to high-quality early childhood education for every child in America. And while the devil is in the details, the AFT, and the 90,000 early childhood educators we represent, look forward to working with President Obama to ensure investments in high-quality public early childhood education programs."

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Speaking of Education...

 "Education is for improving the lives of others and for leaving your community and world better than you found it." - Marian Wright Edelman


 "Any book that helps a child to form a habit of reading, to make reading one of his deep and continuing needs, is good for him." - Maya Angelou

 "The beautiful thing about learning is that no one can take it away from you." - B. B. King

 "The function of education, therefore, is to teach one to think intensively and to think critically. But education which stops with efficiency may prove the greatest menace to society." - Martin Luther King, Jr.

 Change will not come if we wait for some other person or some other time. We are the ones we've been waiting for. We are the change that we seek. - Barack Obama

 "I think education is power. I think that being able to communicate with people is power. One of my main goals on the planet is to encourage people to empower themselves." - Oprah Winfrey

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President Obama: The Audacity of a Second Term

By Fletcher Word
Sojourner's Truth Editor

"They deserve a vote," said President Barack Obama during his State of the Union address last week of the many victims and victims' families who have suffered gun violence in recent years—the youngsters in places such as Chicago, Newtown, Aurora, Blacksburg, Tucson.

They most certainly deserve a voice, a voice that they have suddenly found in this second-term president.

What a difference an election can make. Who is this guy? What happened to the timid President Obama who was elected in 2008 and expected to deal with two wars and a horrible economy.

What a difference a boost of presidential confidence can make—potentially - for the future of a nation.

President Obama spent his first four years in office trying to untangle the nation from two foreign

wars, trying to improve one of the worst economies in the country's history and successfully, but barely, implementing a universal health insurance plan.

If not for Chief Justice John Roberts' unexpected about face on whether or not the Affordable Health Care Act's individual mandate was a tax—a tax he held to be within Congress's powers to levy—the first President Obama term, would have undoubtedly been his only term.

Ironically, the Obama Administration had long argued that the mandate was not a tax in order to make it more palatable to the public, even as the administration failed to go the extra yard and try to sell the Act at all.

Now, months after that Supreme Court decision which kept his re-election hopes on life support, and months after Republican challenger Mitt Romney



blundered into a loss that many would have seemed highly unlikely in late spring of 2012 after a spate of disappointing monthly unemployment figures President Obama is reborn.

Not just reborn but almost unrecognizable in his newly-found confidence as the nation's leader.

Gone is the man who tiptoed around the immigration issue during his first term, who took his good time in "evolving" on the gay marriage issue, who never mentioned the notion of gun control until the time came when he realized he would never have to run again for elected

office.

We have a leader who understands, finally, the power of his office and the impact he has on not just policy but public opinion. With that understanding come the ability and the willingness to use his bully pulpit to push for change in spite of this divided Congress.

There is no greater example of the impact a president has on public opinion than with the issue of gay marriage.

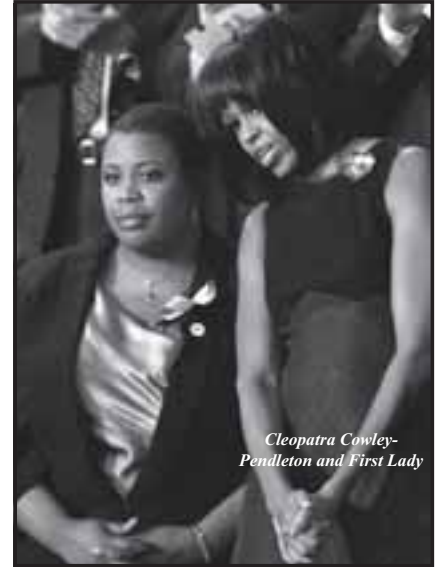
In 2004, numerous states had on their ballots for the voters' approval, constitutional or legislative bans on gay marriage.

All passed. And in bringing out voters to weigh in on such an emotional issue, state officials helped to secure President George W. Bush's re-election.

Now comes the president who finally gave his

approval to gay marriage—outed as he was by Vice President Biden—and see what happens. In the November elections, voters in three states approved such measures and a fourth

(Continued on Page 5)



Cleopatra Cowley-Pendleton and First Lady

Advertisement for CW5 Toledo featuring 'Cult' (TUE 9PM) and 'Arrow' (WED 8PM) with the Toledo CW5 logo and website information.

President Obama:

(Continued from Page 4)

declined to approve a ban. Voters had never previously approved a statewide measure in support of gay marriage.

The president has changed the dynamic to such an extent that now he almost routinely includes the issue of gay rights in his speeches. One of the unremarked passages of his State of the Union address was a sentence, early on in the address, in which he stated that our task is to restore "the idea that if you work hard and meet your responsibilities, you can get ahead, no matter where you come from, what you look like or who you love."

But that sentence is not only a validation of gay rights and marriage, it is also an appreciation of the nation's mood that the time has come to do something about immigration and the 12 million or so undocumented workers who are part of our culture and our economy. Twelve million people who are not going to "self-deport" as Romney asked and who are not going to be tossed out of the country simply because they really are Americans — contributing Americans, working Americans, consuming Americans.

Lastly, of course, the president in his address turned to the topic that every listener had been anticipating all evening — gun control. And many listeners would have realized after a point, that he was saving that issue for the last. If listeners were hoping for a rhetorical flourish,



Former AZ Rep. Gabrielle Giffords and husband astronaut Mark Kelly

ish, they would not have been disappointed, regardless of their views on the issue itself.

But rhetoric aside, the change in the president is remarkable. He seems to have hit his stride at last — leading rather than waiting to see which way the political winds are blowing.

Certainly his accomplishments of the first term justified the faith of many supporters — the economy is at least stabilized, if not booming; the health care act is a start, if not perfect; foreign intrigues have been limited, if not entirely transparent or above board.

Now, President Obama has his sights set on forging a legacy that will have an impact unmatched by

all but a few presidents — immigration being at the forefront of those issues.

Gun control has little chance of gaining any traction. In spite of his call for early childhood education, the fact is that local initiatives have a better chance of success than federal intervention.

Before long, as have his two predecessors, the president will turn his attention to a renewed effort to "solve" the Israeli/Palestinian problem. His predecessors waited far too long into their second terms to make any progress. Perhaps President Obama will learn from those mistakes.

As these next four years unfold, a host of opportunities await on the domestic and foreign front to ce-



ment that legacy. Above all, President Obama supporters will now have a chance to witness what they have been waiting for all along — a president unbound. A president unshackled by the pressure of re-election. A president ready to stand firm and able to keep political opponents at bay.



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Owens Concert Band to Host Winter Pops Benefit Concert, March 3

Special to the Truth



Area residents are invited to listen to an array of musical selections ranging from Broadway Show songs to patriotic-themed numbers and support the outreach efforts of Cherry Street Mission Ministries as the Owens Community College Concert Band presents a Winter Pops Benefit Concert on Sunday, March 3.

The concert will begin 1:30 p.m. in the Mainstage Theatre. Owens' Toledo-area Campus is located on Oregon Road in Perrysburg Township. The performance is free and the public is encouraged to attend. Owens and Cherry Street Mission Ministries will be accepting monetary donations as part of the event.

Musical selections presented by the Owens Concert Band, which is comprised of Owens students and employees and community members, will include "Dances Americanesque", "Amparito Roa", "William Tell Overture", "Xylophonia" and "The

Wizard of Oz Meets The Wiz", among others.

Additionally, Owens Fine and Performing Arts Co-Interim Chair Michael Sander will be sharing his musical talents as part of a xylophone solo performance during the concert. Owens Fine and Performing Arts Co-Interim Chair Kevin Schroeder will also be featured during a joint artistic painting/musical selection titled "The Music of Disneyland". Schroeder will showcase his artistic talents on stage by painting a Walt Disney-themed mural to the accompaniment of the Owens Concert Band.

Cherry Street Mission

Ministries was founded in 1947 with the overall goal of providing help to those in need in the form of food and shelter. In addition to meeting people's critical basic needs, the organization focuses on empowering people to break the bonds of homelessness and poverty and build new lives for themselves.

For more information about the Winter Pops Benefit Concert, contact the College's Fine and Performing Arts Department at (567) 661-7081 or 1-800-GO-OWENS, Ext. 7081.

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Special to The Truth

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The Toledo Zoo is open daily from 10 a.m. to 4 p.m. and is located on the Anthony Wayne Trail (US 25), four miles south of downtown Toledo. For more information and all the affordable fun at your Toledo Zoo, please visit toledozoo.org or call 419.385.4040. Lucas County residents are admitted free of charge each Monday from 10 am to noon. ID showing proof of residency is required.

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The Truth ECONOMY

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Tackling Tough Times

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Fifth Third Bank and NextJob Complete Reemployment Pilot; Bank Signs Multi-Year Contract to Help Distressed Borrowers Find Jobs

Special to The Truth

Fifth Third Bancorp (Nasdaq: FITB) and NextJob (www.nextjob.com), a nationwide reemployment solutions company, have teamed up to offer an industry-first program that gives unemployed mortgage borrowers job search assistance, including one-on-one dedicated coaching, weekly webinars and online job search software, fully paid for by Fifth Third Bank.

The two companies piloted the program throughout 2012 with unemployed Fifth Third customers who were in serious risk of default on their mortgages. On average, the individuals had been out of work for 22 months. In the pilot, nearly 40 percent were fully employed after six months and, as a result, the pilot was expanded.

With the signing of a multi-year contract with NextJob, Fifth Third Bank moves the program out of pilot phase and incorporates it into the way the Company

does business. Fifth Third Bank is the first financial institution to offer this type of assistance to mortgage customers.

"Up to half of mortgage delinquencies are due to job loss," said Steven Alonso, executive vice president and head of the Consumer Bank, Fifth Third Bancorp. "With NextJob, we immediately recognized an opportunity to go the extra mile to assist our customers. This is specific, one-on-one training that helps people identify their transferable skills and re-gain the financial stability of a new job."

"Fifth Third Bank has demonstrated an inspiring level of customer commitment," said John Courtney, CEO of NextJob. "The company understood that neither party benefits from a foreclosure. Job loss, followed by the loss of one's home, is severely damaging to individuals and families. This program is a simple, but big idea and its time has come

for the banking industry."

NextJob's service features three parts that work cohesively to help borrowers find meaningful employment: one-on-one job coaching, job search software featuring nine modules, and Job Talk, a weekly webinar on a critical job search topic. Together they help Fifth Third borrowers:

- Create an effective resume and cover letter that gets the attention of hiring managers
- Develop and carry out a detailed job search action plan
- Evaluate one's career direction and identify skills that could transfer to another industry or field
- Discover jobs that are open, but never advertised
- Use the latest and most effective Internet tools and techniques
- Train and prepare for successful interviews.

One of the program's successful participants, now working in the insurance in-

dustry said, "I just want to say how much I enjoyed working with my coaches. If it hadn't been for their work helping me, I probably would still be unemployed. They gave me such hope and empowered me in ways I never would have used on my own. My self-esteem was very low when I first started working with NextJob, and they were able to make me see that there was a position out there for me if I only believed in myself again and used the tools of NextJob to help me. If for some reason I am back unemployed, it won't be for long because of what I learned with NextJob."

Another participant said, "I was in the first group of people in the program offered by Fifth Third Bank. I have to say that I feel so fortunate to have been a part of the program. I learned so much and got so much out of

the program. I really hope the program continues so it can help others like me. The knowledge one gains from the program is immeasurable."

Fifth Third Bank's commitment to financial empowerment spans multiple generations, with programming designed to help people at every stage of life make smart financial decisions. Signature programming includes Young Bankers Club as well as sponsorship of the American Bankers Association's Teach Children to Save program and Dave Ramsey's Foundations in Personal Finance high school curriculum. Fifth Third Bank also offers multiple programs for adult financial empowerment, including the NextJob reemployment program for mortgage borrowers, and its Fifth Third Financial Empowerment Mobiles. These

two 40-foot eBuses are equipped with Internet accessible computer workstations and travel into underserved communities to provide access to quality financial services. For more information, visit www.53.com/financial-empowerment.

Headquartered in Bend, Oregon, NextJob is a nationwide firm focused on full employment in America. Founded on the Golden Rule, its mission is to provide creative reemployment solutions for employers, lenders, government and others to help job seekers land jobs and avoid the many impacts of unemployment. NextJob's service provides high quality, one-on-one job coaching and multimedia online learning that is highly effective, affordable and accountable. To learn more, visit www.nextjob.com.

Family and the Community

By Eddie S. Read
Special to The Truth

We must face the fact that we have an impoverished underclass in America. It can be found in Appalachia, the barrios, rural areas and for certain in the urban inner city.

The violence is most egregious in the urban area because of the organized subculture that historically sustains various conditions of violence, i.e. the lifestyle of gangs. In today's urban community you have grandchildren that come from the womb born into the lifestyle of gangs as the grandchildren of the King and Queen of England are born into aristocracy.

As children are born into the life of a Muslim, a Christian, or a Catholic, being born into the gang code for some children, is almost as strong as being born into a religion. Many of the children in the family of violence experienced the world of violence before they can spell or pronounce it.

Specifically in the City of Chicago unlike many other urban areas the entrenchment of the gang life and the control of the street turf is a huge challenge for many young children even in today's times.

It is the young children of today that don't have the gang street structure in place that their fathers and grandfathers had in earlier times. The structure that was enforced by the grandfathers of these children have diminished due to a number of contributing factors.

Therefore, the young people who currently live in the inner city of Chicago are still faced with the issues of crossing gang geographical boundaries as well as other challenges that cause them life threatening situations. However, the existence of the previously implemented gang protocol has been seriously diminished.

There is no concrete entity that is enforcing street law nor street justice for violators of what was once a well-established code. Therefore, a current faction of individuals elects to solve disputes and grievances by using killings as the ultimate tool of enforcement. If you take a look at other cultures and societies where gangs were prominent, there was an ensuing lifestyle of violence.

Another strong contributing factor to the interpersonal violence is the act of anger that becomes rage. Many of the young boys of today have not been taught the principles of

(Continued on Page 12)

It is Tax Time!

Tax season is finally here!
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is the last day to file. So act NOW!

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Job Hunting? Dress for Success

By Tiffany Reynolds
The Truth Contributor



Are you seeking a job, attending a career fair, preparing for a job interview, or starting a new job? Have you given consideration to what you will wear or how you will present yourself to make the best first impression? According to About.com, your attire "should not upstage an event or the person you are meeting with." The University Career Center for Work, Service, and Internships provides the following advice regarding what to wear to an interview and/or in a professional office environment.

Make sure your clothing is appropriate for the interview, career fair, etc. This will show the employer or potential employer that you are taking the job or interview seriously.

Company employees may dress casually on the job but you should still dress up for the interview unless you are told otherwise.

Job fairs are considered prescreening interviews so dress as if you were attend-

ing an actual job interview.

Treat all face-to-face business contacts just like you would if you were attending a job interview, and dress accordingly. If you don't have the appropriate clothing for an interview or new job, consider a discount designer store or outlet store. You can also find some "gently used" clothing at consignment stores, or your local Goodwill or Salvation Army. Some larger cities even have suit and dress rental services.

Check out Dress for Success, a volunteer-driven non-profit organization committed to "promoting the economic independence of disadvantaged women by providing professional attire, a network of support, and the career development

tools to help women thrive in work and in life." They have more than 120 affiliates around the world. Similar to Dress for Success for women, Career Gear provides career counseling, interview coaching, business clothing, and follow-up job support to men actively seeking employment. Check out the sidebar for additional tips for dressing for success.

Caring about your personal appearance for your job interview, job fair, or new job communicates to the person you are meeting with that you respect them and their time. If you are able to pay attention to the details of your appearance, you also convey a message that you will pay close attention to your work, your

clients, your co-workers, your supervisors, etc.

Make a good impression from the start and dress for success!

Media Events

Tiffany Reynolds, Author, Book signing: *Need a Job? Then, Do SUMthing! Breakthrough 'Sum of All Parts' Marketing Methods and Techniques!*

Saturday, March 23 : Starbucks - Bowling Green (Across from BGSU)

Job Coach a& Project Coordinator

Economic Opportunity Planning Association of Greater Toledo, Inc
www.eopa.org
treynolds@eopa.org
419-242-7304, ext 2925

Tips for Men and Women

For Men

- Your safest choice is a two-piece matched suit. Stay away from suits and slacks that don't match.

- Stick with conservative colors and fabrics such as navy or dark gray. Black tends to be too formal.

- Make sure your pants and shirt are pressed.

- Choose a white long sleeve shirt and a conservative tie.

- Choose dark socks and professional shoes.

- Your hairstyle should be neat and professional.

- Make sure your nails are neatly trimmed.

- Choose very limited jewelry, and remove visible body piercings and cover up tattoos.

- Go easy on the after-shave or cologne.

- much color and pattern extremes.

- Stay away from sheer clothing, clothes that show your belly, low cut shirts (DO NOT show cleavage), or short skirts (knee length is best). It's always best to be overdressed vs. underdressed. Undergarments should support your figure and not show through your clothing.

For Women

- Think conservative. Black, navy, or dark brown business suits are best. Consider pairing it with a brightly colored blouse. Avoid too

- If possible, wear tailored clothing (including tailored slacks with a crease). It always looks better. Stay away from slacks (or other clothing) that are too tight, and make sure your slacks are pressed.

- Avoid casual or worn out shoes. If you can afford it, consider buying new shoes. If not, polish up some old ones. Closed-toed pumps in a color that compliments your outfit and have a conservative heel are best.

- Avoid wearing heavily scented perfume and products. What may be appealing to you can be offensive to others (especially those with asthma or sensory issues).

- Hairstyles (and hair color) should be neat and conservative. Make up should be appropriate for daytime. Wearing no makeup is almost as bad as wearing too much makeup.

- Remove visible body piercings and cover up tattoos. Keep jewelry to a minimum and stay away from noisy or large jewelry.

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ASK YVON: "Sequestering For Your Finances"

By: S. Yvon Harper, CEO, Focus on Finance, LLC
The Truth Contributor



Many are continuing to look towards Washington, D.C. for the latest on the fiscal debate. Even weighing in on social media about the

scheduled Congressional sequester to take place on March 1. Rightfully, the concern is valid as it will impact a multitude of things from military training to the ability to get through the airport in time to catch a plane.

The real developing question, however, may be whether those only focused on Washington are neglecting their own fiscal progress? Yes, there are a variety of things to keep an eye on in Congress, but the biggest thing that we need never forget is to watch our own bottom line. This is even more important in the post wake of

the recent 'fiscal cliff'. Pair this with the currently open IRS tax season and you may have the makings for your own financial sequester.

Sequestering is an action that means 'to isolate or hide away from outside influences' generally for a period of time or an event. Congress is looking to do just that in the upcoming weeks, but we also can use this same action to our advantage. Taking a financial sequester has huge benefits that are often overlooked within the fast pace life in which we abide.

Here are three guidelines to help you get the most out

of a financial sequester. As always, you may adjust them to your particular circumstances. However, try to maintain a genuine effort to follow these suggestions to receive the greatest benefit.

1. Establish a time limit of at least 30 days to refrain from extra financial actions or commitments. During this time only fund items that are necessary to daily living. By necessary I'm referring to items such as purchases for food, utilities, housing payments and the like.

2. Commit to a 'No Acquisition' agreement during your sequester. Many taxpayers are now receiving income tax refunds and retail businesses are competing for these dollars. Forego making big ticket purchases and select to set aside the amount you would normally spend while in sequester. Making any non-essential purchase could derail your efforts. Besides after sequestering you may not have the same value of interest in the purchase as originally believed.

3. Most importantly, take

an opportunity to review your spending plan goals. Sequestering allows time to refocus and realign with plans that you may have placed financial priority on in the past. Do you still need to focus in these areas? Is it time for new goals? Or honestly do you need to just take the first step to complete a spending plan that will balance out your spending, saving and investment goals? These questions and opportunities for future fiscal planning can be achieved as you sequester; particularly while you are not adding the distraction of new monetary commitments.

Personally, my family is utilizing the financial sequester during these next 30 days. We will review our spending plan, current assets, future acquisition needs and skip spending our tax refund on any big ticket item until our fiscal review and sequester is complete. Will you take the challenge and join us? If you do be sure to send us a note to let us know how you benefited from your financial sequester too.

The debate of the how the nation will be impacted from the proposed Washington sequester continues. In the meantime, don't miss an opportunity to benefit from a personal sequester to advance your own financial agenda. Strive to always pursue time as an investment and its return will be endless.

Here is Selah Moment© quote you can meditate on "Watching the eggs in your own basket is always more prosperous than admiring the watched pot of others." ~ S. Yvon Harper

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Readers are strongly urged to consult with a qualified legal or tax advisor to analyze your specific financial situation before application of any advice from this column.

The Need To Develop A Retirement Plan

Preparing for retirement can be a challenging process—and emerging social and economic trends are making the practice all the more important.

That's the word from experts who say that longer life spans, uncertainty with Social Security and Medicare, changes in employee benefits, and the rising cost of health care are placing more of the burden of funding retirement squarely on the shoulders of consumers.

Without a proper plan in place, it's projected that many will fall short of their retirement goals.

Insured Retirement Institute (IRI) President and CEO Cathy Weatherford said IRI research has found that those who have the highest levels of confidence in their financial security had developed a plan-complete with a targeted savings goal.

That's why the National Retirement Planning Coalition, a group of prominent financial industry, consumer education, and advocacy organizations spearheaded by the IRI, has organized National Retirement Planning Week, running April 8-12, 2013, to remind consumers of the importance of having a comprehensive retirement plan.

The week's events are designed to help consumers think about their long-term financial goals and take the first steps toward developing a retirement plan.

A variety of retirement planning resources are available on the coalition's website at www.retireonyourterms.org to help consumers begin the process.



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Sen. Sherrod Brown in Your Hometown: Helping Ohio Workers Compete in a Global Economy

Special to The Truth

At the President's State of the Union address, I was joined by Cookie Hall, a second-generation Cleveland steelworker who knows from experience that American workers are the most productive in the world. Cookie works at Cleveland Works, a steel plant owned by ArcelorMittal North America. Workers at this plant produce one ton of steel per each man hour of work – making it the most efficient steel plant in the world. There is no disputing that our workers are the most productive in the world, but there are steps we must take make them the most innovative. In his speech, President Obama echoed my call for the creation of a National Network of Manufacturing Innovation (NNMI).

Using Youngstown's first-of-its-kind manufacturing innovation institute as a model, the President announced the launch of

three more manufacturing hubs and called on Congress to help him create a network of 15 additional centers. Every region and every state has a role to play in helping maintain our innovative edge and these new hubs will help.

I've been working with small businesses, industry leaders, universities, and research institutions on legislation to create these important NNMI institutes. This network will retain U.S. leadership in a range of next-generation technologies, capitalize on our investment in basic research, and create thousands of high pay, high tech manufacturing jobs. By leveraging existing infrastructure and pockets of innovation across the country, NNMI provides small businesses with access to the tools and expertise needed to compete in the global economy. This will create regional magnets for cutting-edge research, tal-



ented students, and additional investments.

And we've already started to bring people and organizations together to spur 21st century innovation. Last year, we were able to bring the first-of-its-kind National Additive Manufacturing Innovation Institute (NAMII) to the Mahoning Valley – to the "Tech Belt" that extends from Cleveland to Pittsburgh. NAMII is a \$70 million public-private partnership that can make Young-

stown a world leader in new manufacturing technology – like 3-D printing. As the President mentioned in his address, "A once shuttered warehouse [in Youngstown] is now a state of the art lab where new workers are mastering the 3-D printing that has the positional to revolutionize the way we make almost everything."

Collaboration is critical for our success – and an NNMI would provide small businesses and research institutions access to the tools and expertise needed to compete in the global economy. And it can also spur the creation of regional hubs of advanced manufacturing throughout the U.S.

American workers have the drive, the creative thinking, and the determination to out-innovate the rest of the world. We just need to make certain that they have the opportunity to do so.

★ ————— ★


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For Immediate Release
February 15, 2013

Goodwill Opens New Store February 25

Exciting news, Goodwill Industries of Northwest Ohio's new Oregon store will be open for business at 9:00 a.m. February 25, 2013. The official ribbon cutting with the Eastern Maumee Bay Chamber of Commerce will also take place at 9:00 a. m. Located at 3249 Navarre Avenue, the new store occupies more than 25,000 square feet of the former Banner Mattress site.

The new location has 15,000 square feet of sales floor, a 5,500 square foot increase over the former Great Eastern store location. The new location also boasts much easier access from the road, ample parking and a well-marked donor area.

New store features include:

- Dramatically larger selection of goods
- Wider aisles for shopping convenience and comfort
- Upgraded dressing rooms
- New and brighter look, offering a greater shopping experience for our customers

It is important to note that, even with all of the improvements, Goodwill's pricing will not change. We will still have the same low price, same high quality.

Goodwill's staff thanks all our wonderful customers and the entire community for their support during this time of transition. Goodwill is extremely happy and proud to be a part of Oregon and the surrounding communities.

Since 1933, Goodwill Industries of Northwest Ohio has provided employment and job training to individuals with disabilities and/or work-related disadvantages. Goodwill believes strong families and communities are a result of individuals who have gained economic independence and become a contributing member of the community.

For more information on Goodwill or to find a location near you go to www.goodwillnw-ohio.com

Contact:
David Takats, Director, Fund Development and Marketing
Goodwill Industries of Northwest Ohio
Tel. (419) 255-0870
E-mail: dtakats@goodwillnw-ohio.org

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The New Geography of Jobs by Enrico Moretti

c.2012, Houghton Mifflin Harcourt \$28.00 / \$32.95 Canada 294 pages

By Terri Schlichenmeyer The Truth Contributor

So far, you've resisted. You've resisted closing up shop, selling your business, downsizing yourself out of a job. You've put off laying everyone off. Most importantly, while so many jobs are going overseas, you've resisted outsourcing to China.

Made in America is important to you, and you're concerned about where our jobs are going. But author Enrico Moretti says you needn't worry, that Chinese products are good for us. In his new book The New Geography of Jobs, he tells you why.

Take a look out your win-

down. Most of the people you see have what you might call "average" jobs. They're lawyers, accountants, retail workers, semi drivers. One third of us work for the government. Two-thirds of American jobs are in the local service sector, and Moretti says that that number has been growing for decades.

That's very good because, through what scientists call the multiplier effect, one new job creates several jobs in other industries. That new employee, after all, needs to spend his salary somewhere, and someone needs to serve him.

Many of those other jobs, it should be noted, are professional in nature while few come from traditional manufacturing. Due to technological progress, we're more productive than ever, so it takes fewer employees to produce goods. That, and globalization, hurts manufacturing but drives jobs in innovation.

Globalization, says Moretti, is not detrimental for America. Letting other countries provide labor is great, as long as we have something to offer in exchange.

"In a global economy," he says, "you do not need to excel

at everything." The "principle of comparative advantage" indicates that if we let other countries do what they do best while we do that in which we excel, then we can trade and everybody wins.

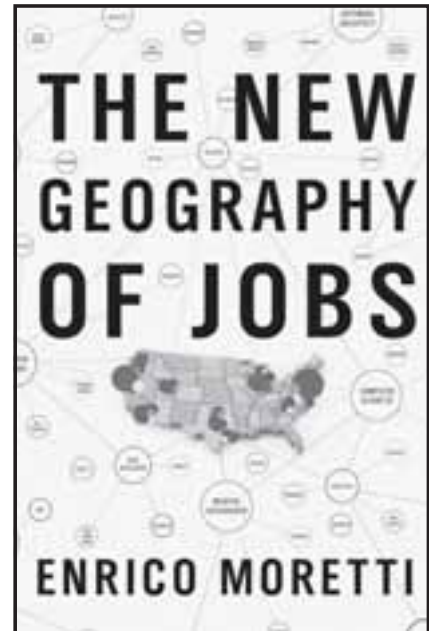
Curiously, what we make for trade doesn't matter.

"What really matters," Moretti says, "is that American workers produce goods or services that are innovative and unique and not easily reproduced. This is the only way to generate jobs that pay well in the face of stiff global competition."

So where are the jobs? That's complicated, and The New Geography of Jobs has the answer, but it's deep and wide.

Author and economics professor Enrico Moretti uses science and hard data to show where the jobs are and why they cluster as they do. He offers ideas on how to end unemployment, he uses real businesses as example, and he cites chilling statistics that are employment-historical in nature.

That makes this a real make-you-think kind of book - which isn't a bad thing, but it's very involved and complex. I liked



what I learned, but I think the real benefit of a book like this will come in the rumination of its ideas in the days and weeks to come.

If you're thinking of a career change or new employ-

ment, or if job creation is your Number One priority this year, this is a book you'll want first. You'll need solid, hard-core information to do it... and for that, The New Geography of Jobs is hard to resist.

Better Buildings Northwest Ohio Program Achieves Milestone of 50 Completed Energy Efficiency Projects

Special to The Truth

The Toledo-Lucas County Port Authority's Better Buildings Northwest Ohio program has surpassed its milestone of over 50 completed energy efficiency projects since its inception in June 2010.

Energy efficiency project sizes range from \$25,000 to over \$5 million in costs. Projects were completed on a broad range of buildings including auto dealerships, senior centers, office buildings, parking garages, airport hangars, municipal buildings, water plants, sports complexes and manufacturing/industrial facilities.

The program has even performed energy upgrades to small businesses such as a day care center and a multi-family apartment building. These total projects represent an investment of over \$20 million.

"This program has provided true value to local businesses and government by creating jobs and improving the energy efficiency of existing buildings and making them more comfortable for its occupants," said Kevin Moyer, executive director for the Better Buildings Northwest Ohio program. "In addition, the energy savings from these projects are generally sufficient to pay for the improvements and provide positive cash flow to the businesses."

The projects and their financing have been facilitated through the establishment of an Energy Special Improvement District, also known as Property Assessed Clean Energy (PACE) Financing, which enables improvements to be paid back through long-term fixed rate special assessments on the buildings.

The BBNWO program is leading the country in utilizing PACE financing and is quickly becoming a model for communities throughout the United States. The program was recently included in an issue brief from the Institute for Building Efficiency entitled Setting the PACE - Financing Commercial Retrofits, which included the Toledo Lucas County Energy Program and its PACE financing through its Better Buildings Northwest Ohio program and the Toledo Ohio Advanced Energy Improvement District as one of four programs across the country featured in the brief, along with San Francisco, Sonoma County and Washington D.C.

"This is fantastic news for the Port Authority and the Better Buildings Northwest Ohio program," said Paul Toth, President and CEO for the Toledo-Lucas County Port Authority. "One of our priorities in 2013 is to continue building the BBNWO program in northwest Ohio. We are currently working with a project pipeline of more than \$30 million in potential projects in the region. It is gratifying to see that the Better Buildings program has received national recognition and is leading the country in program financing innovation utilizing the Port Authority's long standing innovative financing tools."

10TH ANNUAL BLACK COLLEGE TOUR

SEATS STILL AVAILABLE

Informational Meeting to be held on Sunday, January 27, 2013 At Dominion Fellowship Church 720 W. Delaware St. 3:00 - 5:00

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BGSU Hosts Rape and Suicide Prevention Event Featuring Nationally-known Speaker

Special to The Truth

Andrea Cooper found the courage to share a message of hope after her personal tragedy nearly two decades ago: her college-age daughter, Kristin, took her life after being raped by a friend. Soon after, Cooper was invited by her daughter's sorority to launch a nationwide speaking tour to empower college students and to educate about rape and suicide prevention, and has since shared Kristin's Story at more than 300 campuses and conferences worldwide.

Cooper will speak at BGSU at 4 p.m. Sunday, Feb. 24, in the Lenhart Grand Ballroom of the Bowen-Thompson Student Union, marking her fourth visit to campus in the 15 years since she has been touring. The event is free and open to the public.

Her visit is sponsored by a grant from the Alpha Chi Omega Foundation, and hosted by the Bowling Green chapter of the organization. Advocates trained to work with victims of sexual assault will also be available to meet privately with students during or after the event. Cooper said she shares her personal cell phone with the audience before her presentations, so that she is not restricted by the event schedule from answering all questions and encourages even the shyest to speak up.

"The turnout I've gotten at Bowling Green is more than just the Greek community, its regular students, too," Cooper said. "I learn so much from the college students. That's why I love working with them. They have such great ideas."

Kristin had been visiting her hometown of Denver, Colo. on break from her studies in elementary education when she was raped by a male friend in 1995. After she confided in her college boyfriend about what happened, he broke up with her. Few others knew about the rape. It wasn't until after she had committed suicide at her parents' home that they learned the truth by reading her journal. An Alpha Chi Omega sorority sister had urged Kristin to seek help, but she refused.

"Students may think it is really weird but I just tell it matter-of-factly, because I've healed



tremendously from the telling," Cooper said.

Family and the Community

(Continued from Page 7)

manhood that show them that fighting should be avoided at all times and will take place when all else has failed.

There is a kind of quick occurring emotionalism that seems to be more pervasive than discipline during certain confrontational situations.

The looming question must be: What are the character traits of the shooter and his family?

"Men and women of all races are born with the same range of abilities. But ability is not just a product of birth. Ability is stretched or stunted by the family you live with, and the neighborhood you live in by the school you go to and the poverty or the richness of your surroundings. It is the product of a hundred

unseen forces playing upon the little infant, the child, and finally the man" (Lyndon B. Johnson, commencement speech Howard University June. 4, 1965).

There is a subculture in the impoverished underclass that children are trapped in. They seem to be stunted by their families, neighborhoods and other contributing factors of destruction. Many who are impoverished don't shoot and kill. Therefore, we must look at the lifestyle, contributing factors and character traits of those who do.

I don't believe you will solve this problem until you look through the eyes of "the shooter." Once the shooter is caught he is diminished as a human being, he is classified as the scum of the earth and

in most instances, he is neither evaluated nor does he receive proper treatment. He is simply labeled as a criminal and imprisoned.

No one seems to establish a profile of the shooter. However, when there is another shooting, the same cycle occurs, the community is outraged, they run to the aid of the deceased and their family, "As They Should." They address causes and effects in general terms of poverty, lack of education, no strong family unit, lack of moral values the issue of guns and various police concerns and strategies.

Certainly the great amount of attention to the deceased and their family is most appropriate. But we must recognize also that in the eyes of many, the shooter is also a victim. It is not just enough to lock up the shooter and feel relieved that he has

been punished. Let me strongly urge that you must start spending a great deal of time assessing who the shooter is and why he has become the shooter.

I have been told that some young people who participate in violence are ingesting drug cocktails that will make them temporarily psychotic. Some young men see the gun and its incredible impact on life as a way of showing their manhood. The matters of mental health, more education, lack of resources poor or no financial support or other debilitating issues are contributing factors. However, there are many more people who face the aforementioned challenges and they do not shoot and kill.

You must provide the expertise and the resources to develop and establish a profile that allows the shooter to be possibly identified before

he shoots. A huge contributing factor is the kind of family and social network that the person is born into and lives within. In many instances, the behavior of the shooter is pre-disposed because he is born into a family and a network where violence is pervasive.

Family and the Government

In a democracy, the role of the government is to make the playing field level for all of its citizens. "The Great Society" as outlined by President Lyndon Baines Johnson is a solid foundation for a well-balanced relationship between the family and the government.

A careful review of the principles of "The Great Society" will give today's government officials elected and otherwise an ample blueprint to establish a successful comprehensive relationship between today's family and the government. That arrangement will enhance and improve the quality of life for those citizens who are the most disenfranchised.

"The Great Society" was not a government entitlement

program. It was the culmination of input from many representatives from across the nation that worked inside and outside of the government. Many of the participants were activists, advocates, elected officials, ministers and others who had spent their life's work with impoverished and disenfranchised individuals.

The purpose of "The Great Society" was to implement policy to protect the life and preserve the liberty of all of the nation's citizens. In fact, the specific role of the government was to protect those who could not protect themselves. Through legislative initiatives and well-crafted programs, citizens would be able to receive resources in an equitable way. We don't need another government program as such. What we seriously need is a government that adheres to input from all of its citizens, particularly the most needy.

Eddie S. Read is a protégé of activist/journalist Lu Palmer. Read has spent more than 30 years as an activist in the grassroots community in Chicago, Illinois.

February: A Bad Time To Be Black

By Michael Hayes
Minister of Culture



I'm sure you know that one person.
You can sort of tell what kind of stuff they might be on just by their appearance.
But looks aside, once they open their mouth it's obvious he or she is one of them.

You know the type: One of those "Black Consciousness" people.

Constantly yapping about reparations or some evil plot the government has launched against us. Running off at the mouth about "our people" this, and "community" that.

Bumpin' them gums. Flappin that trap.

You must know that one person like that.

The biggest problem with this type of individual is you. Yes. You.

The fact that you only know one or two people like this is a problem.

The fact that most people aren't trying to hear what he/she is talking about, is a problem.

When were black people

more united than ever before?

It seems to me that we were most united during the 60s/70s Civil Rights era and Black Panther years. In those times, black people didn't know "that one dude always talking that black stuff" because most dudes were always talking that black stuff. It wasn't some isolated occurrence that most black folks wrote off and ignored.

Of course, there were always those who weren't as passionate or those who were fine with their conditioned response. But how did we even get thousands upon thousands of black folks to do ANYTHING together back in those days?

March, protest, talk, lis-

ten... anything.

It's because the common black man and common black woman actually gave a damn about black issues enough to discuss them and act.

It wasn't like it is now.

Most of us are too ignorant, too comfortable or too disinterested to do anything beyond cover our own asses.

So instead of black people as a whole discussing our fate, we all know just one or two individuals who always seem to be "trying to kick some knowledge."

That creates two problems because not everyone trying to teach has been properly taught... but that's another topic for another time.

Yes, yes y'all... it's Black History Month and black

people from sea to shining sea are in complete disarray about where we stand on issues that affect us.

African Ameri CAN'T. Not because we can't get our act together, can't stop being ratchet, can't stop hating on one another...but because we can't even discuss us out of fear of being labeled... "that one person, who's always tryna kick knowledge and stuff".

We can gossip. We can talk about The Ricky Smiley show. We can deconstruct everything we find despicable about our own people with expert accuracy.

We can briefly discuss solutions to crime, racism and the inequalities we face as long as we each get our turn

to talk louder than the person who spoke before us.

But can we universally be proud of being black?

Can you come across 10 black people in your day-to-day life and routine who truly and openly have black pride? No, you can't.
Not even in February.

Email:
mercuryspeaks@gmail.com

Oh, ya, My birthday is Feb 26! (same as E.Badu, Corrine Bailey Rae, etc. — Team Pisces!)

Feel free to send all cash and gifts to The Truth of-fices. Lol.
Peace.

Fela! Detroit Music Hall

By Michael Hayes
Minister of Culture

During the 1990s the precedent was set for what we consider success as a music artist.

Not only could you buy the music of your favorite singer/rapper, you could also buy whatever clothes or beverages he happened to be hawkking as well. Douse yourself in the fragrance, wait in serpentine lines to get inside their swanky eateries and bars... their mogul status absolutely secure as long as we buy into buying into it.

But what about an artist who built a genre, launched it from his own night club, gained worldwide acclaim, enjoyed many of the spoils of success but risked his life doing so?

Fela Kuti, like Bob Marley before him, was a pop mogul but because of the time period and the environment, he was a martyr as well.

I went into this play with limited knowledge on the life and music of Fela Kuti.

I knew he had a band known as Africa 70. I knew he was responsible for fusing various sounds together to create Afrobeat. I knew he was tor-

tured by his government for expressing his political views in his music. I knew his musical legacy continued on through his son Femi, who reprised one of his most notable songs... "Water No Get Enemy" using Macy Gray and D'Angelo as neo-soul collabo help.

But that was mostly it. I knew the Off Broadway, then Broadway play received rave reviews and featured Destiny's Child member Michelle Williams in its cast.

That was about it. But even if I knew nothing, I mean even if I walked into that theatre completely unaware of Afro Beat and under the mistaken assumption that "Fela Kuti" was some kind of expensive fruit dish... I would have still found this production to be nothing short of amazing!

Even if this wasn't ripped from real life events and there wasn't any historical context, the story alone would be compelling theatre.

Fela! will have you on the edge of your seat one minute and up on your feet the next,

because the music is nothing short of infectious. I always tell my readers how truly great art sticks with you for days. Like a great sermon or even great sex, days later you may still be thinking about it. This has the same effect.

Defying typical theatre "don't break the fourth wall" rules, the first act finds the character of Fela directly addressing the audience. Talking directly to the crowd yet still telling his story makes this production a sort of mash-up.

It's a play, but it feels like a concert.

You learn about Fela's musical influences, spiritual revelations and travels all as if you were in attendance at The Shrine in Lagos, Nigeria, his infamous night club that helped to launch his worldwide career.

The band is not quite Africa 70, but it's a full complement of horns, bass, guitar and various percussion — everything you need to recreate Afro Beat. Fela even breaks down how he combined various styles to create his signature sound by literally walking you

through a mini-musical journey.

It's visually masterful with graphics, set design elements and captivating lighting.

I'm telling you, even if you don't typically enjoy theatre... you will find yourself fully enveloped in Fela!

Also, don't let anyone tell you that Michelle Williams from Destiny's Child can't sing. I don't know why people front on her, but she nailed every note and soared to the occasion in her role as Fela's

love interest, Sandra Isadore.

The lead role was played expertly by Adesola Osakalumi, and the role of Fela's mother, Fumilayo, was played by Melanie Marshall. Every cast member got a standing ovation at the end. That should let you know the caliber of this production.

If it comes out on DVD after concluding it's expansive world tour, GO AND GET IT!

That's part of why I'm not giving too much away, I want everyone to have a chance to

witness this for themselves even if not in person.

If you see it on sale at any point in the future, buy it! Be like Sweet Brown... don't grab no shoes or nothin Jesus.

Seriously, this was a reminder that putting "Tony Award Winning" in front of the title is not just for promotion... this is as wise a choice as you could ever make in investing in quality entertainment. Fela!... awesome.



Hope For Homeowners Facing Foreclosure

Take a look around your neighborhood: For every 14 houses you see, data suggests that at least one homeowner is behind on his or her mortgage payments. The good news is that there is a free government program, Making Home Affordable®, designed to help people avoid foreclosure.

The U.S. Department of the Treasury, the U.S. Department of Housing and Urban Development (HUD), and the Ad Council are collaborating to raise awareness of tools and resources available from the Making Home Affordable® program through a national multimedia public service advertising (PSA) campaign.

The campaign urges homeowners with mortgage trouble to not give up hope and to reach out to learn about free federal resources available to help them avoid fore-

closure. Resources available through the Making Home Affordable® program are more accessible than ever with broadened eligibility criteria. Now, previously ineligible homeowners with rental properties or those facing a negative change in their finances may qualify for assistance. Additionally, to help even more families avoid foreclosure, the Making Home Affordable® program has been extended through December 2013.

Ad Council research shows that many struggling homeowners feel confused about where to turn for help and whom to trust. The English and Spanish-language PSAs created by top advertising agency Schafer Condon Carter direct homeowners to call (888) 995-HOPE (4673) for free access to HUD-approved housing experts, 24 hours a day, seven days a week, and

visit the website www.MakingHomeAffordable.gov, which helps homeowners address mortgage concerns.

"While communities across the country are beginning to recover from an unprecedented housing crisis, too many families are still struggling with their mortgage payments and are unsure of where to turn for help," said Under Secretary of the Treasury for Domestic Finance, Mary Miller. "Millions of homeowners have gotten help to avoid foreclosure. We want to make sure struggling homeowners know today that there are free government resources available to help homeowners avoid foreclosure."

"As the housing market continues to strengthen and stabilize, it is more important than ever that we educate Americans about the legitimate resources and op-

tions available to them, such as one-on-one counseling services with HUD-approved housing agencies," said FHA Acting Commissioner Carol Galante. "Thanks to this and other outreach efforts, more families will be able to take advantage of the free government services and receive unbiased advice from trained experts they can trust."

"We know that there are still millions of families across the nation facing the threat of home foreclosure," said Peggy Conlon, president and CEO of the Ad Council. "We hope to be able to reach these Americans with a message of hope and inspire them to get the help they need."

Free government resources available at MakingHomeAffordable.gov can help you avoid foreclosure.



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CLASSIFIEDS

Page 15

February 20, 2013

Senior Pastor, Toledo, OH Missionary Baptist Toledo, OH

Pastor, Toledo, Ohio
Shiloh Missionary Baptist Church
1203 Girard Street Toledo, Ohio 43605

Date First Posted
2/04/2013
Categories:
Pastor

Qualifications:
*5+ years in the Baptist Ministry
*Seminary Background
*Previous Pastoral Experience
*Theological experience and education
*Youth Program Experience
*Administrative Experience
*Denomination: Missionary Baptist

Church Size:
125+

Job Description:

For over 74 years, this congregation has sought to be a positive influence in our community. We continue to be stirred by the Spirit and we are ready for our next chapter. After 74 years, we find ourselves preparing to move forward in a renewed vision. We once again want to be that "beacon of light" here on the eastside of Toledo, Ohio Our previous pastor resigned because of ill health.

We are searching for a leader to help equip us in ministry and outreach to our friends, neighbors, and community. We are searching for a loving friend who will help us continue to build a family-friendly connected congregation.

We are searching for an encourager who embraces those in need and practices acceptance, grace, forgiveness and inclusion in order to best demonstrate the Gospel. Someone with solid leadership ability to motivate and activate the ministry gifts in our congregants, we anticipate growth in our fellowship as we collectively fulfill the Great Commission.

The Pastor position is salaried, commensurate with your qualifications and experience.

If you believe the Holy Spirit is leading you to become our new leader, please send your resume to:

Shiloh Missionary Baptist Church
1203 Girard Street Toledo, OH 43605
Attn: Charita Phillips
Search Committee

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Urban Farm Manager

Toledo CDC is looking for an Urban Farm Manager. Please see website for detailed job description. Anyone interested in position, go to www.toledocdc.org, select the "contact us" button and complete the contact form. Be sure to put in the message box that you are interested in Urban Farm Managing and briefly list your experience.

DEADLINE February 28, 2013. RESUMES ARE WELCOME. NO PHONE CALLS OR WALK-INS! NO EXCEPTIONS

AOD Therapist Full-time

Seeking an experienced Therapist to provide individual, family and group counseling, complete diagnostic assessments and provide case management services in our AOD programs.

Candidate must possess a Master's Degree and have a minimum of two years experience working with adults with mental health and chemical dependency issues. Independent mental health license (LISW, PCC) and chemical dependency license (CDCA, LCDC II, LCDC III or LICDC) required.

Human Resources - AOD
Unison Behavioral Health Group, Inc.
1425 Starr Ave.
Toledo, OH 43605
Fax: 419-936-7574
Email: hr@unisonbhg.org
EOE

Clinical Therapist- Genesis Partial Hospitalization Program Full-time

Unison is seeking an experienced Therapist to provide services to adults with mental illness in the Genesis Outpatient Partial Hospitalization Program. Duties will include completing diagnostic assessments, developing and coordinating treatment plans, and providing individual crisis management, group therapy, advocacy, and outreach.

Position is based at Unison's Woodruff site. Candidate must possess a Master's Degree, current Ohio License as LSW or PC, and have a minimum of two years experience working with adults with mental health/substance abuse/ trauma/ criminal justice issues. LISW or LPCC preferred.

Send resume with salary requirements or apply to:

Human Resources - CTPHP
Unison Behavioral Health Group, Inc.
1425 Starr Ave.
Toledo, OH 43605
Fax: 419-936-7574
Email: hr@unisonbhg.org
EOE

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Brandi Brown
Program Director
URban Radio Broadcasting
720 Water St 4th Floor
Toledo OH 43614
or email your presentation along with your air check to
Brandibrown@urbanradio.fm

Qualified Health Home Specialist Full-time

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Human Resources - QHHS
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1425 Starr Ave.
Toledo, OH 43605
Fax: 419-936-7574
Email: hr@unisonbhg.org
EOE

Request for Proposals Housing Quality Standards (HQS) Inspections RFP #13-R004

Lucas Metropolitan Housing Authority (LMHA) will receive proposals for HQS Inspections. Received in accordance with law until Monday, Feb. 25, 2013, 3PM ET. For Documents: www.lucasmha.org, 435 Nebraska Ave., Toledo, OH 43604 or 419-259-9446 (TRS: Dial 711).

Proposers required to meet Affirmative Action and Equal Employment Opportunity requirements as described in Executive Order #11246, Sec. 3 Compliance Applicable.



Request for Qualification (RFQ) to Hire an Architect/Engineer (A/E), Inquiry # FY13-54, Project # 6000-13-1758. The University of Toledo intends to retain professional services for The Substation Emergency Power. Total Project Cost: \$8,000,000.00. Please submit all responses to The University of Toledo, Joy Martin, Plant Operations Building, 2801 W. Bancroft St., Mail Stop 216, Toledo, Ohio 43606 by DATE: Friday, March 1, 2013, TIME: 4:30 p.m. All questions and inquiries can be emailed directly to james.graff@utoledo.edu. For a copy of the RFQ email joy.martin@utoledo.edu. Please reference Inquiry # FY13-54 on the outside of envelope and include four (4) copies of the SF 330 Form with your response.

Notice to Bidders: Inquiry # FY13-53, (Project # 0001-13-853) for University Hall Renovations (Window Replacement) for the University of Toledo. Sealed bids for this project must be clearly marked with the project number on all inner and outer envelopes and/or shipping containers. Bids must be addressed and delivered to the University of Toledo, Facilities and Construction, Plant Operations, Room 1100, 2925 E. Rocket Drive, MS 216, Toledo, Ohio 43606 **before 2:00 p.m., Tuesday, March 5, 2013. Bids will be publicly opened that same day at 2:05 p.m. in the Plant Operations Building, Room 1000.** Copies of Plans, Specifications, and Bid Forms may be obtained from Becker Impressions, 4646 Angola Road, Toledo, Ohio 43615. Call 419-385-5303 for an appointment to pick up bid package. A cost of \$35.00 will be charged per set. Any further information may be obtained from Tadd Stacy of Architecture by Design at 419-824-3311. **One Pre-Bid Conference will be held on Tuesday, February 26, 2013 at 10:00 a.m. in the Plant Operations Building, Room 1000, at the University of Toledo, 2925 E. Rocket Drive, Toledo, OH 43606.** Total Bid Guaranty and Contract Bond are required per section 153.54 of the Ohio Revised Code. EDGE Participation Goal: 10%. Project Estimate: \$855,000.00; Breakdown: General Const: \$855,000.00.

90th Birthday Celebration

Special to The Truth



Ruth Cowell is seated second from the left

Ruth Cowell celebrated her 90th Birthday surrounded by family and friends. Before the family had prayer together, they took the opportunity of telling "Granny Ruth" moments.

One of her grandson's, Andre Cowell, thanked her for being his rock during his childhood and adulthood. Ruth had four children George, Otis, Reggie and Mildred (deceased), over 50 grandchildren, great grandchildren, great-great grandchildren.

Ruth along with her deceased husband George, Sr. were also the

proud owners of George's Grill that was located on Indiana Avenue. It opened its doors on February 3, 1953 and closed on September 3, 1978. Ruth has been a faithful member of St. Mark's Baptist Church since 1956.



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